S **APPENING** A newsletter for the Maine Medical Center family

A New Year's Message from MMC President Jeff Sanders



I am honored to share this special New Year's message with you as we begin another year filled with promise and potential.

This is a special message for me, not because I am addressing our full organizational team for the first time as president of MMC, but because I wanted to share with you my personal story about why I am so incredibly invested in and proud of the lifesaving work we do together, every day.

Many of you know that my professional career began at Maine Medical Center in 2000 as an intern and that I returned in 2010 to serve as MMC's chief operating officer. But only some of you know that my personal connection with MMC actually began shortly after I

was born in Millinocket. When I was an infant, I was diagnosed with hydrocephalus, a condition where spinal fluid builds-up in the brain. This was a frightening diagnosis for my parents. Fortunately, they had access to a high-quality provider of complex, tertiary care: Maine Medical Center. Throughout my childhood, I had a series of surgeries at MMC to relive pressure on my brain - about a dozen by the time I was 12 years old. I know each one took a toll on my parents and my older sister, but they were comforted by the quality of the care team who treated not only my diagnosis but also me and my family as individuals. I still remember the excellent experience we had with my neurosurgeon, Dr. Carl Brinkman. I am very grateful for his medical expertise, although as a very active child who Dr. Brinkman restricted from contact sports, I didn't always express that sentiment at the time.

Today, my condition as a child is in my rearview mirror, and my wife Monica and I am are proud parents of two young daughters who were born at MMC.

My story is one of hundreds to celebrate our collective that are connected to MMC every day. You know these stories well because you are part of them, and often you play the hero. The work all of us do, no matter our role, and will at times make mistransforms lives. That is an incredible responsibility, but it's also an incredible opportunity to make a real difference.

'I wanted to share with you my personal story about why I am so incredibly invested in and proud of the lifesaving work. we do together, every day."

As I begin this new role, I want to make a commitment to each of you that I will do everything in my power to support you and the important work of this institution. It is my intent to lead by example, to operate with both humility and humor, to encourage collaboration and active learning,

success and to always embrace the values we share that are the bedrock of our patient-centered culture. Like all of you, I am human, takes. But I won't be afraid to take ownership of performance and acknowledge opportunities for improvement.

As we stand at the start of a new year, thank you for making MMC a special place for care and healing. I hope you will continue to embrace our mission, vision and values and to do what you do best to support our patients and their families who are counting on us. Excellence is a journey worth continuing, and I am looking forward to continuing that journey with all of you. Happy New Year.

Respectfully,

ff D. Sanders

Jeff Sanders President, Maine Medical Center

Join Our Junior Volunteers! The Application Process Starts 1/18



2018's Junior Volunteers gather outside MMC's Dana Center.

Do you have a teen who is interested in volunteering this upcoming summer? Maine Medical Center is looking for candidates for our Summer Junior Volunteer Program.

The application window for new and returning teens starts at 3 p.m. on Friday, Jan. 18 and is open until 4 p.m. on Thursday, Jan. 24. We will not be able to accept applications after the are looking forward to an-Jan. 24 deadline.

Last year, we had 143 Junior Volunteers working throughout the hospital. The eight-week program gives teens the opportunity to learn responsibility and skills in the workforce and gives them exposure to the healthcare industry. This year the program will run from June 24 - Aug. 16.

For more information, visit mmc.org/volunteers. We other great year!





Snowy Days Are Here Again



Winter is here to stay for many weeks to come. Thank you to everyone who has braved winter weather to support our patients this season.

Remember to check mmc.org/weather for the latest updates when wintry weather approaches.

What's Happening is published weekly by the COMMUNICATIONS AND MARKETING DEPARTMENT

Comments, questions, and story ideas: Caroline Cornish, Communications Manager mmcnews@mmc.org