

MaineHealth

## MaineHealth Knowledge Connection

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Costas T. Lambrew Research Retreat 2022

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### Adolescent and Young Adult (AYA) Cancer Survivorship Survey

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# AYA cancer survivors in Maine are following up with a PCP.

## Adolescent and Young Adult (AYA) Cancer Survivorship Survey

Lauren Boehm MD, Amy Haskins PhD, Christina Holt MD, Ashley Speckhart MD

### Introduction

- AYA cancer survivors face unique healthcare challenges following curative therapy
- High loss to follow up rate despite importance of survivorship care

Survey developed by Family Medicine and Pediatric Oncology to:

1. Describe demographics of a cohort of Maine AYA cancer survivors
2. Describe follow up patterns with primary and specialty care
3. Identify potential barriers to follow up care
4. Gauge interest in Telehealth for survivorship visits

### Methods

1. Survey developed in-house
2. Following IRB approval, Epic query for current 18-39 year old Maine residents ever diagnosed with cancer (identified by problem list) and treated at MCCP or AYA survivorship clinic
3. Chart review to ensure participants met inclusion criteria (n=172)
4. Patient information sheet and survey mailed to eligible participants
5. Respondents returned survey via mail or inputted responses directly into REDCap® via QR code included on patient information sheet
6. Overall characteristics (percentages) analyzed by the project team

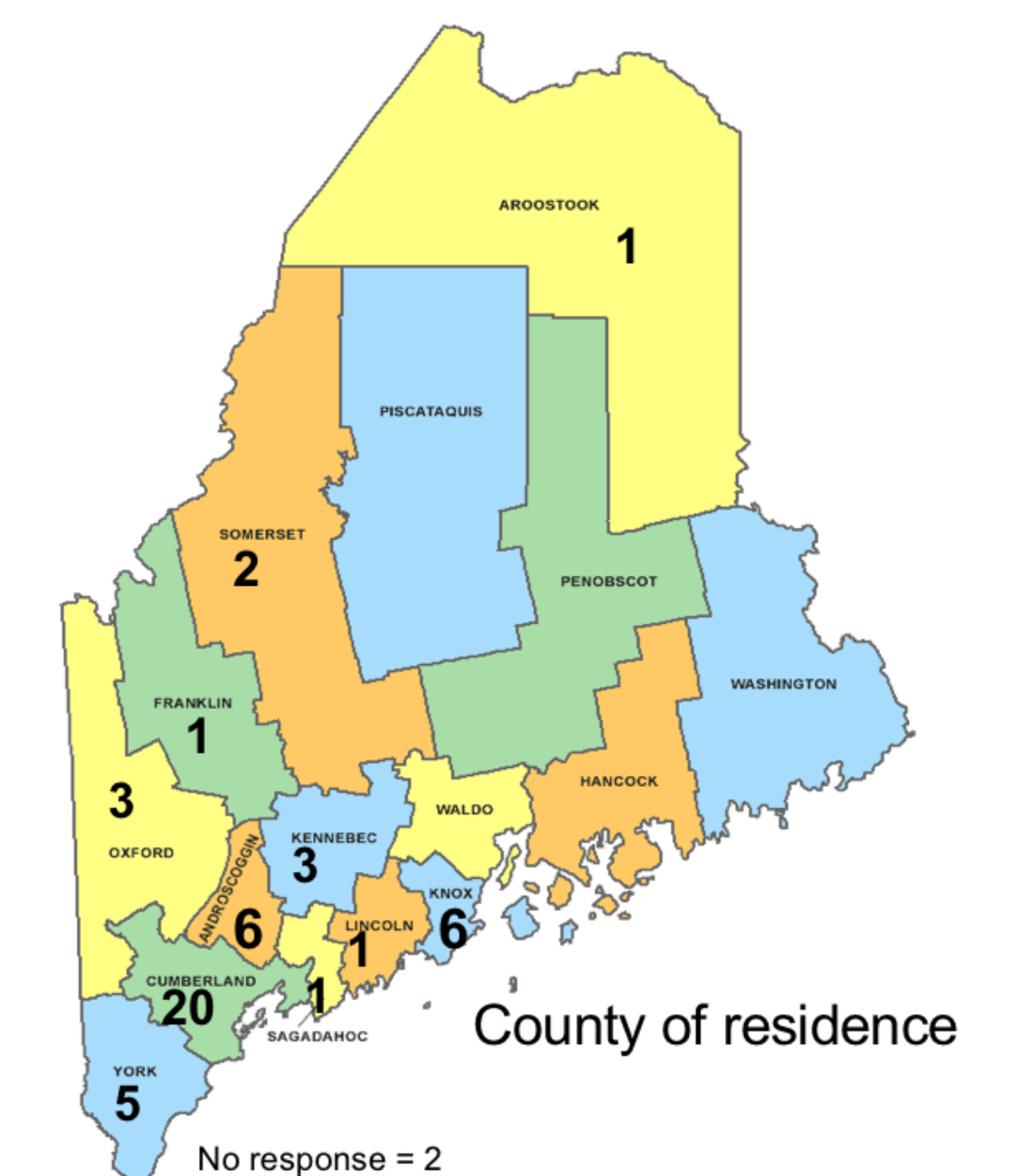
### Results

- 30% response rate (n=51)
- 32 mailed surveys, 19 REDCap® submissions
- 92% respondents have a PCP
  - 72% reported PCP visit within the past year
- 35% respondents reported survivorship visit in the past year
- 12% respondents have never had a survivorship visit

### Discussion

- Description of a cohort of Maine AYA cancer survivors
- High response rate suggests effective method for data collection among this population
- Preference for Telehealth as a care delivery model is split-likely biased by relatively local participants (see map)
- Limitations: selection bias, sample size

### Figures



Survivorship Visit Type Preference

