

MaineHealth

MaineHealth Knowledge Connection

Interprofessional Research and Innovations Council

2017

Development of a Traumatic Brain Injury (TBI) Order Set at Maine Medical Center

Sarah Bockian
Maine Medical Center

Emily Esslinger
Maine Medical Center

Martha Weatherhead
Maine Medical Center

Follow this and additional works at: <https://knowledgeconnection.mainehealth.org/iric>



Part of the [Psychiatric and Mental Health Nursing Commons](#), and the [Trauma Commons](#)

Recommended Citation

Bockian, Sarah; Esslinger, Emily; and Weatherhead, Martha, "Development of a Traumatic Brain Injury (TBI) Order Set at Maine Medical Center" (2017). *Interprofessional Research and Innovations Council*. 17. <https://knowledgeconnection.mainehealth.org/iric/17>

This Article is brought to you for free and open access by MaineHealth Knowledge Connection. It has been accepted for inclusion in Interprofessional Research and Innovations Council by an authorized administrator of MaineHealth Knowledge Connection. For more information, please contact mckeld1@mmc.org.

Development of a Traumatic Brain Injury (TBI) Order Set at Maine Medical Center

Sarah Bockian, RN, SCRNP

Emily Esslinger, RN

Martha Weatherhead, RN

Background: Traumatic brain injury (TBI) occurs when an external force causes brain dysfunction. TBI management in the critical care setting focuses on treating the initial, or primary brain injury, as well as secondary injuries, caused by hypoxia, hypotension, and swelling. Due to the lack of consensus within the literature, in addition to numerous attending and resident physicians at Maine Medical Center (MMC), variability in care often occurs. Nursing staff within the neuro-intensive care unit at MMC noticed this variability, and approached leadership within the surgical-trauma service to create an order set focused on TBI management.

Purpose: In the TBI population, does development and implementation of an order set decrease variability in care among providers?

Methods: A literature search was conducted regarding TBI management using PubMed and the Cochrane Review. Practice guidelines from the Brain Trauma Foundation and the United States Military Joint Trauma System were also examined. Further, other trauma centers within the United States were contacted to obtain TBI management order sets used in practice. An interdisciplinary team met in order to review and create a TBI order set for MMC. A second meeting is being scheduled to discuss the remainder of items within the future order set.

Results: Results are ongoing at this time.

Timeframe: The project began after a meeting with Dr. Rappold on April 12, 2017. Our end date is to be determined.