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Nursing

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The Challenge: No Harm Index Relay Race

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Engage staff in a fun, interactive opportunity to reduce No Harm Index events!

The Challenge: No Harm Index Relay Race

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Introduction

- The Challenge: No Harm Index Relay Race is an evidence-based learning program developed to provide a group of learners the opportunity to solve a series of skill-related puzzles and complete tasks related to the National Database of Nursing Quality Indicators.
- The goal of the relay was to enhance active learning, critical thinking, communication, and teamwork amongst the nursing staff at Southern Maine Healthcare.

Methods

1. The staff development team designed a relay race consisting of seven stations covering components of the No Harm Index.
2. Each station required learners to solve a series of skill-related puzzles incorporating evidence-based practice principles, hospital policies, and department equipment.
3. The Challenge was facilitated for Nurse Residency Program cohorts and Student Nurse Associate Program participants.

Results

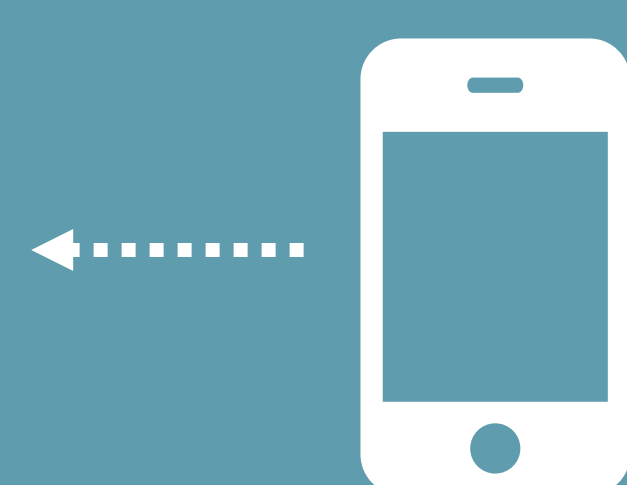
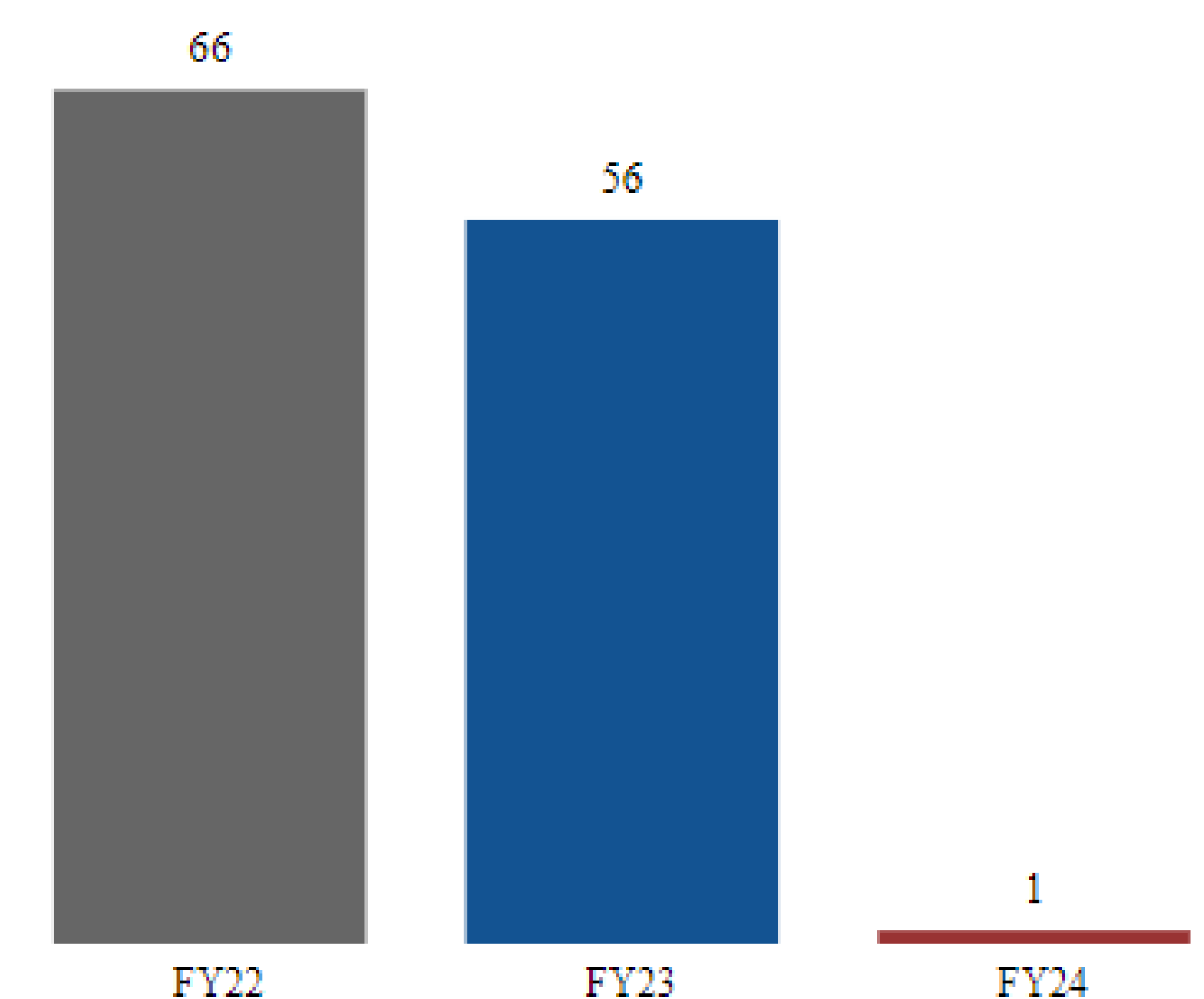
- Achieved a greater than 15% reduction in No Harm Index events from FY22 to FY23.
- Engaged nursing staff in a fun, interactive educational opportunity significantly impacting the no harm events, resulting in improved patient outcomes.

Discussion

- Facilitating active learning into No Harm Index education has reduced measurable harm events within Southern Maine Healthcare.
- Incorporating innovative educational strategies provides an interactive learning environment that empowers the adult learner, while striving to meet the healthcare system's patient safety goals.

In Action!

Event Count by Fiscal Year



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