Maine Medical Center welcomed the 40 members of the Tufts School of Medicine – Maine Medical Center Maine Track Class of 2023 at the 11th annual McKusick Lecture and Incoming Class Reception on Thursday, July 25.

Edison T. Liu, MD, President and CEO at The Jackson Laboratory, was the keynote speaker. His lecture, entitled, “Genomic Future for the New Clinician,” featured some of the latest research into personalized medicine through the study of the human genome.

“Change is the only thing that’s constant in medicine,” Dr. Liu said. “You might as well embrace it.”

This year’s class is the first to enter the Maine Track program under a new curriculum that gives students greater exposure to the clinical environment here in Maine.

In the past, Maine Track students spent most of their first two years studying at the Tufts School of Medicine in Boston. Starting with this class, Maine Track students will spend their entire second year of medical school at MMC, and their third and fourth years at locations throughout Maine.

The goal of Maine Track is to encourage students to consider a medical career in Maine by offering generous scholarships and by giving students the opportunity to learn in clinical settings throughout the state.
Maine Medical Partners (MMP) and Maine Medical Center (MMC) are integrating their Operational Excellence (OpEx) programs into a unified program. OpEx helps to advance safe and effective patient care through establishing goals that track areas departments want to improve.

OpEx has emerged as a way to help hospitals and practices address community health needs, such as improving mental health care and fighting the opioid epidemic. For example, the consultation-liaison psychiatry team has established a project to create a best practice around prescribing the overdose antidote Narcan to patients with opioid use disorder.

“Operational Excellence provides guided process improvement, which has resulted in benefits for both hospitalized patients and the community at large,” said Devon Gillis, NP, a member of the consultation-liaison psychiatry team at Maine Medical Center. MMC and MMP are ensuring the voices of patients in the community are heard as they use OpEx to improve patient experience with the help of patient advisors.

“It is exciting to collaborate with caregivers and administration to champion patient safety and care with an emphasis on policy, planning and improvement,” said patient advisor Linda Simonsen. “I truly believe that some of the most dramatic changes in healthcare have been inspired by patient feedback on their experiences, in the hospital and as outpatients.”

MMC and MMP will be holding their fourth annual Quality and Safety Celebration on Sept. 5 from 2:30 p.m. – 4 p.m. in the Dana Center Auditorium at 22 Bramhall Street in Portland. All are welcome to come and learn more about the growing portfolio of work at MMC and MMP.

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Thank you to everyone who participated in this year’s Miracle Treat Day at Dairy Queen!

At least $1 of every Blizzard sold on July 24 in Maine and in Carroll County, NH directly benefitted The Barbara Bush Children’s Hospital.

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What’s Happening is published weekly by the Communications and Marketing Department

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