

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Spring Harbor Academy Celebrates Its 10th Anniversary



It's been 10 years since Spring Harbor Academy (SHA) was established to provide educational programming to students admitted to the

Developmental Disorders Unit at Spring Harbor Hospital. Modeled after the Bradley School in Rhode Island, the program provides a full-time school

program in a psychiatric care setting. The school has served more than 600 students since it began.

Special Education Administrator Ann Nunery, M.S., said, "It has been such a unique experience running a school within a hospital. Our students are patients first; by definition they come to us when they are in crisis. It's our job to integrate two worlds – hospital and school – to prepare them to re-enter their local school system."

Each student at the academy receives developmentally appropriate educational programming.

*'10th Anniversary'
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PEOPLE NEWS



Katharina Trede, MD, has joined Maine Medical Center – Department of Psychiatry. Dr. Trede will be

working in Emergency Psychiatry, serving as Chief of Emergency Psychiatry. She received her medical degree from René Descartes University, Necker Enfants Malades Medical School, Paris, France, where she also completed a post-doctoral residency in Adult Psychiatry.

Here in the states, Dr. Trede completed a clinical fellowship between Cambridge Hospital, Cambridge, Mass. and then McLean

Hospital in Belmont, Mass. She completed residency in Psychiatry at Maine Medical Center, where she served as chief resident.

She comes back to MMC from Beth Israel-Deaconess Medical Center, where she worked in both the emergency department and ran a Latino mental health clinic. She carries an academic appointment as an Instructor in Psychiatry at Harvard University.

Patrick Mailloux, DO, of Chest Medicine Associates was newly appointed to the Maine Medical Center Medical Staff. Dr. Mailloux received his medical degree from New York College of Osteopathic Medicine and will provide critical care.

Michael Goldfinger, MD, of Spectrum Healthcare Partners, PA was newly appointed to the Maine Medical Center Medical Staff. Dr. Goldfinger received his medical degree from Harvard Medical School and will provide diagnostic radiology care.

'10th Anniversary'

From Front

The school is licensed by the Maine Department of Education (DOE), and serves an average of 12 students between the ages of 5 and 20. Academic tasks are coupled with sensory, behavioral and communication strategies to assist the students in learning positive coping strategies to increase their independence and ability to access their educational programs through improved emotional regulation.

SHA works diligently with each child's home school to ensure the student's successful transition after leaving the hospital. The home school is contacted during the hospital stay and invited to observe the child's behavioral plan during the hospitalization. At discharge, a copy of the plan and supporting materials is sent to the home school.

"We're considered a laboratory school by the DOE," Nunery said. "What that means is that we are an incubator for best practices. We work closely and share our tools and techniques with the local schools, and they learn how to best manage similarly challenged students."

Patients Say Thank You to Healthcare Heroes



MMP — Urology Clinical Manager Meg Curtis congratulates Healthcare Hero Jonny Doherty, RN.

Congratulations to two Maine Medical Center nurses who recently received recognition as Healthcare Heroes!

Healthcare Heroes, a program through MMC's

Philanthropy Department, provides an opportunity for patients and their families to honor someone at MMC or MMP who had a meaningful impact during their experience with our hospital.

Jonny Doherty, RN, of MMP — Urology, was nominated by the family of her former patient, who wrote, "Jonny was helpful, kind, and empathetic to both my brother (former cancer patient) and me. She was gentle as well as concerned. I'll never forget her."

The former patient of PACU's Elaine O'Connell, RN, wrote, in part, "Though all of my care there has been outstanding, I will never forget this woman. I was feeling so vulnerable... Elaine was my angel, so comforting and reassuring. She is a blessing, I am sure, to all those she has cared for."

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