Maine Medical Center would not be the same without our volunteers. Volunteers at MMC logged 45,868 hours in 2017 and supported 73 departments. In honor of National Volunteer Appreciation Week, here are some of their stories about why they love to volunteer:

**Anne Wadleigh**  
*Therapy Dog Volunteer*

So many patients have expressed huge thanks for bringing my dog to visit. Families enjoy it a great deal, as well as visitors. The staff love it, too. I believe we have a truly positive impact on everyone we visit.

One day, just as we went into the visitors waiting area, a person came in and said it was perfect timing. This person was quite traumatized by what had happened to a family member, and they and their friends were really happy to see my dog and be comforted by her. Another patient, who had many animals and animal stories, cried when I gave her the card with my dog’s picture on it. She was very happy to see us.

**Karen St. Clair**  
*Reiki Volunteer*

Reiki provides a sense of control for patients to be a part of their healing. When I walk into their rooms, patients are relieved and eager for an alternative to the medical regiment. They are impressed and grateful that MMC offers Reiki.

**Nigar Tabatabai**  
*Patient Experience Volunteer*

I feel that I am part of a community. We are designed to help one another. Bottom line, it just feels good inside to help others. I enjoy meeting people from different backgrounds and cultures while volunteering. It keeps me mentally stimulated and provides a sense of purpose. It has given me one of the best experiences of my life.

---

**Coming Soon!**

**Employee Appreciation Week**  
Look for the calendar in next week’s “What’s Happening.”
## April Anniversaries

### 40 Years
- Robin Grigsby, Quality Customer Service
- Martha Mita, Endoscopy

### 35 Years
- Denise Bourgoin, Endoscopy
- Daryl Cook, IS
- Lynne Gobeil, PCS Administration

### 30 Years
- Ruth Smillie, Family Birth Center

### 25 Years
- Shelley Chorney, CPI
- Wendy Osgood, Adult Medicine

### 20 Years
- Beth Burke, Occupational Therapy
- Lisa Burnett, P3CD
- Sandra Coombs, Coding
- Paul Creedon, R3
- Sheila Descoteaux, Pediatric Specialty Care
- Janine Garceau, HR
- Georgia Golder, ED
- John Lanham, IS
- Igor Prudovsky, MMCRI
- Martha Taylor, Anesthesiology

### 15 Years
- Jane Andersen, Employee Health
- Virginia Field, Viral Disease Treatment Center
- Antonio Floridino, IS
- Rachel Gagne, NICU

### 10 Years
- William Jeanblanc, Geriatric Psychiatry
- Tina McGowan, Scarborough Surgery Center
- Sean Petone, Engineering

### 5 Years
- Justin Spaulding, Enterprise Pharmacy
- Earl Wright, General Mechanical

### 1 Year
- Reegan Hebert, Kids Co-Op
- Melissa Henry, Neurosurgery
- Jayne Heselton, ED
- Desaray Hinkley, Cardiology
- Maria Hyatt, Turning Point
- Anna Kent, MMP Administration
- Lori Kim, Pediatric Specialty Care
- Da Kong, Linen Processing
- Shannon La Belle, Neurology
- Joannah Lapham, Outpatient Care
- Joseph Martin, Nursing
- Jennifer McDonald, Perioperative Administration
- Malinda McKinnon, MaineHealth ACO
- Heather Meader, Nursing
- Kelly Megquier, PICU
- Lisa Miele, Radiology
- John Morton, Operating Room
- Marissa Noel, PICU
- Patrick Quinn, Integrated Project Management
- Sara Schrock, Neuroscience Institute
- David Terwilliger, Hospital Medicine
- Michael Valentine, Neurosurgery
- Heather Vickerson, Inpatient Care
- Elitsa Voynova, Café
- Stephen Washburn, Clinical Engineering

---

**Maine Medical Center**

**MaineHealth**

---

**What’s Happening is published weekly by the Communications and Marketing Department**

Comments, questions, and story ideas:
Caroline Cornish, Communications Manager
mmcnews@mmc.org