March 19, 2018

Prepare for Emergencies this Poison Prevention Week, Mar. 18-24

This is National Poison Prevention Week. Every day the Northern New England Poison Center, a department of Maine Medical Center, helps people across Maine, New Hampshire and Vermont, providing quick, expert treatment advice to people at home, school and work, as well as in-depth consultations to health care providers.

The best way to be prepared for a poison emergency is to have the poison center number handy:

- Store 1-800-222-1222 in your contacts on your phone. You also can text 85511.
- Order a magnet to put on your refrigerator. Call 1-800-222-1222, chat online at nnepc.org or email nnepc@mmc.org.

The Northern New England Poison Center is staffed with specially trained nurses and pharmacists 24 hours a day, 7 days a week.

People call with questions about everything from medication errors to whether a plant in their home is poisonous to them or their pets. Learn more online at nnepc.org.

March Anniversaries

Barbara Conley, MMCRI
Kathleen Glick, Maine Children's Cancer Program
Cinderella McCabe, Adult Medicine Clinic
Andrew Scotton, IS
Pamela Tozier, Lactation Consultation

20 Years
Margaret Coyne, Health Information Management
Robert Jones Jr, Operating Room
Katherine Legere, Emergency
Linda Pease, R1
Linda Stover, IS

William Williams, 15 Years
Sharon Crichton, R1
Theresa Dec, Endocrinology & Diabetes
Eileen Dockendorf, Quality & Safety

25 Years
Nathan Burrill, Pharmacy
Ann Clifford, Legal Affairs

30 Years
Debora Beaulieu, MRI

45 Years
Donna Irish, Care Management

35 Years
Cathleen Chapman, Hospital Billing

15 Years
Tammy Hill, Neurosurgery
Linda Hodgkins, Coding

Cristy Koffler, Nursing Floats
Nicholas Maravell, Scarborough Surgery Center
Gary Marshall, Gibson Pavilion
Nancy Matteson, Maine Children's Cancer Program
Peter Paradis, Supply Chain
Sally Prokey, Nursing Informatics
Andrew Reed, Pharmacy
Donna Rousseau, Cape Elizabeth Internal Medicine
Mary Verdi, MMCRI
Carie Washburn, IS

‘Anniversaries’
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Karen Dmytrasz, M.D., has joined Maine Medical Partners, Geriatric Medicine. Dr. Dmytrasz will be seeing patients at the outpatient Geriatric Center, St. Joseph’s Rehabilitation and Residence and other nursing home locations.

She will also be the interim Medical Director at Hospice of Southern Maine.

Dr. Dmytrasz completed her Geriatrics Fellowship and Family Medicine Residency here at Maine Medical Center. Prior to relocating to Portland, Dr. Dmytrasz received her medical degree from Tufts University School of Medicine in Boston, MA.

Her clinical interests include optimizing quality of life for older adults living in nursing homes and applying a systematic approach to manage symptoms in the hospice setting. Dr. Dmytrasz also has a passion for teaching medical students and residents at the point-of-care.

In her spare time, Dr. Dmytrasz enjoys biking, reading, travel, cooking with friends and spending time with her family.