

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

MMC OpEx teams invited to present at IHI National Forum

Ten MMC Operational Excellence teams will present their successes at the 29th Annual Institute of Healthcare Improvement (IHI) National Forum on Dec. 12 and 13 in Orlando, Fla. This is the first year that the IHI accepted every MMC team that applied to share its storyboard outlining successful improvements in patient care.

The storyboards show that small changes can lead to significant outcomes.

For instance, in October 2016, clinical staff on P6 committed to reducing the number of falls on the inpatient psychiatric unit. The solution was to outfit patients who were deemed to be at very high risk for falls with a yellow shirt and a yellow bracelet. The change made those patients easy to identify, and staff members were able to keep closer watch over them.

As a result of this KPI and the improvement steps taken, there was a marked

decrease in the number of falls in that unit.

Other storyboard topics that will be presented in Orlando include:

- Aligning Opioid Prescribing Pathways
- Streamlining Cardiology Patient Flow
- Care for Patients with Poorly Controlled Diabetes
- Communication about Medications with Patients and Families
- Elective Surgery Type & Screen for Timely

Blood Transfusion in the OR

- Improving Interprofessional Communication
- Hardwiring Interprofessional Rounds
- Reducing Delirium in ICUs

The storyboards will be displayed concurrently in the Atrium at the 110 Free Street Education Center I Portland on Dec. 12 and 13. They will be staffed for Q&A on both days from 9-9:30 a.m., 10:45-11:15 a.m. and 2:45-3:15 p.m.

MMC annual holiday tree lighting will be Dec. 11

Join us for MMC's tree lighting on Monday, Dec. 11, at 4 p.m. in the Main Lobby of 22 Bramhall St.

The gathering will feature light refreshments from our friends at Nutrition & Food Services while holiday

favorites are played on the piano by one of our talented volunteers. We also will provide ornaments for

people to place on the tree after signing them with the name of a loved one.

PEOPLE News

Guy W. Tillinghast, M.D., of Midcoast-Parkview Oncology was newly appointed to the Maine Medical Center Medical Staff. Dr. Tillinghast received his medical degree from Warren Alpert Medical School of Brown University and will provide hematology and oncology care.

For the health and safety of our patients, visitors, and staff with **severe allergies**, we ask that you

REMAIN FRAGRANCE FREE



This includes perfume, cologne, lotion, oil, and smoke odor.

MMC held its annual holiday window decorating party on Dec. 6. Departments from all over the hospital showed off their artistry!



Pulitzer Prize-winning journalist shares his film about autism

Pulitzer Prize-winning journalist Ron Suskind will be coming to MMC for a special screening of his book-turned-movie *Life, Animated*, “the true story of a young man with autism and his family who uses his passion for Disney movies to

better understand language, emotions and life.”

The free showing will be held at the Dana Health Education Center at 22 Bramhall Street at 5:30 p.m. Those attending also are invited to participate in the

SPARK for autism research project. Visit the SPARK table from 2:30 - 8 p.m. to learn more about this landmark study that seeks to advance understanding of autism by collecting DNA samples (a simple mouth swab) those with autism

and their parents.

Registration is required to attend the screening. To reserve your seat: sparknne@mmc.org; (207) 661-7620.


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