

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

TD Beach to Beacon Community Amplifies Race Donation to Let's Go!



Fifty runners received entry into the sold-out race by committing to raise a minimum of \$500 for Let's Go!. Additional runners who already had a bib also wanted to get involved, so Let's Go! invited all interested runners to run the 10k on behalf of childhood obesity prevention. More than 200 runners joined the Let's Go! Beach to Beacon team. The team rallied around the organization, sporting the team shirt on race day. While Let's Go! team members were not required to donate, many chose to do so.

Hospital, Oakhurst, Capozza Tile, Baker Newman Noyes, Garrand Partners and XPress Copy also stepped up to sponsor the field of 200 runners, as did TD Beach to Beacon race sponsor Hannaford and race partners such as Shipyard and Clynk.

Longtime supporters of The Barbara Bush Children's

This funding will support Let's Go! in its mission to offer healthy eating and active living training across Maine, specifically focusing on increasing physical activity in response to Maine state data that suggests declining physical activity levels across all ages.

Let's Go!, a childhood obesity prevention program of The Barbara Bush Children's Hospital at Maine Medical Center, has exceeded its goal for fundraising through the TD Beach to Beacon 10K. The race secured \$68,000 for Let's Go!,

including a \$30,000 donation by the TD Charitable Foundation and an additional \$38,000 donated by like-minded community members.

Fundraising started with the charitable bib program.

United Way Food Drive

The MaineHealth United Way Food Drive has started and will continue until Wednesday, September 13.

Drop off locations include Bramhall, all MMP practices and offices, Brighton, and more. See the MMC Intranet and eNews for all locations.

Most-needed foods include: canned tuna fish, 12-oz. cans of soup, vegetables, beans and chili,

canned fruit, peanut butter, granola bars, brown rice, applesauce, whole grains, pasta, pasta sauce, nuts and seeds.

Your canned donations will help us build a sculpture as part of the United Way of Greater Portland United We Can sculpture contest. The contest will kick off our MaineHealth United Way campaign in September.

MaineHealth
Works on Wellness

TAKE ACTION
on your health

WOW! REWARDS

FINAL REMINDER
TO DO BY
AUGUST 31

MMC Retirees Recognized

Recent MMC retirees had a chance to catch up with their former colleagues on August 23, as MMC hosted a retiree recognition reception.

About fifty employees, past and present, stopped by the Dana Center lobby to enjoy hors d'oeuvres, coffee and cake. They were welcomed by MMC Chief Operating Officer and Executive Vice

President Jeff Sanders.

Afterwards, the group moved to the Dana Center auditorium to see this year's Honor Night video, featuring employees who have reached milestone anniversaries. Sanders also answered questions from the group, and retirees left with MMC tumblers, honor night glasses and flowers from the tables.



Steve Rohman and Linda Woods share a laugh.



MMC EVP and COO Jeff Sanders addresses the group.



Dianna Clukey, Bill Foley and Anita Morin catch up.

PEOPLE NEWS

Allison Caldwell, M.D., has joined Maine Medical Partners — Palliative Medicine. She will be working with both adult and pediatric populations. Dr. Caldwell is Board certified in Pediatrics and is a graduate of Albany Medical College.

She completed her residency at Brown University Hasbro Children's Hospital and fellowship training in Pediatric Hospice and Palliative Medicine at the University of Tennessee and St. Jude Children's Research Hospital. Dr. Caldwell's

special interests include medical ethics, advance care planning, pediatric pain management and narrative medicine. She enjoys bird watching, baking and reading.




Maine Medical Center
MaineHealth

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