

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Welcome to the Maine Track Class of 2021



The Maine Track class of 2021. 23 of the 34 students are from Maine.

The Tufts University School of Medicine Maine Medical Center Program 9th Annual McKusick Lecture and Incoming Class Reception welcomed the class of 2021 yesterday. This year's class includes 34 students, 23 of them from Maine.

“We are fortunate that 20 of these students received approximately half tuition scholarships due to the generosity of individuals, businesses, foundations and state government in the State of Maine,” said Peter

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For Dr. Mylan Cohen, Volunteering at the TD Beach to Beacon 10K is a Family Tradition

Mylan Cohen, M.D., and his wife, Maya, moved into their home in Cape Elizabeth the day of the very first TD Beach to Beacon 10K. That was 20 years ago, and it didn't take long for them to get involved. By year two, they were a host family for runners. These days, Dr. Cohen is the co-medical director of the race and his wife is the volunteer coordinator.

race, but we're giving to the state of Maine by supporting a race that contributes to worthwhile charities.” Since the race takes place the first Saturday in August, Dr. Cohen has learned a lot about how to treat overheated runners over the years. He and his team discovered that putting them into an ice bath in the medical tent rather than sending them to the hospital greatly

Dr. Cohen told Maine Magazine in July, “We feel like we're not only helping people who are running the

improved their outcomes.

“In fact, a lot of the things that we learned about tak-



Dr. Cohen instructs the medical team at the 2016 TD Beach to Beacon.

ing care of overheated runners at the Beach to Beacon, those things that we've

learned have been

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The Maine Track Class of 2021 after receiving their stethoscopes.

'Maine Track Class' from front

Bates, M.D., Senior Vice President, Chief Academic Officer and Academic Dean at Maine Medical Center. The 9th Annual Victor A. McKusick, M.D., Lecture featured George E. Thibault, M.D., President of the Josiah Macy Jr. Foundation. The foundation's mission is to improve the

health of the public. It is the only national foundation dedicated solely to improving the education of health professionals. Dr. Thibault told students that they were entering a profession at a critical time, when science and technology have made a huge difference in public health, but the needs of the public are not always being met.

"We must move from being profession-centered to being community and patient-centered," Dr. Thibault said.

Dr. Thibault praised the Maine Track program for taking steps to make medical education more community based. He said medical educators need to do more to help students learn how to fight chronic illness and

to help them learn how to work as a team with other professionals to ensure patients are getting the best possible care.

After the lecture, each member of the new Maine Track Class was introduced to hospital leaders and received a stethoscope. The event was followed by refreshments and a meet and greet.



The medical team at the 2016 TD Beach to Beacon.

'For Dr. Mylan Cohen' from front

transitioned into use at the Boston Marathon and have saved lives there," Dr. Cohen said.

Let's Go!, a program of The Barbara Bush Children's Hospital at Maine Medical Center, has been chosen as the beneficiary of this year's TD Beach to Beacon 10K, and Maine Medical Center will have a strong contingent of runners and volunteers at the race.



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