

May 9, 2016

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Cystic Fibrosis Center Awarded Grant to Support Mental Health

Maine Medical Center's cystic fibrosis (CF) clinics have been awarded a two-year grant from the Cystic Fibrosis Foundation to support a mental health coordinator for the adult and pediatric CF programs. The grant was competitive; 160 CF centers applied across the country and only 80 centers were funded. An epidemiological study across nine countries in patients with cystic fibrosis and parent caregivers showed an increase in depression and anxiety that leads to an increased rate of

hospitalization, poor adherence to care, and increased health care costs. The study also showed that the mental and emotional health of kids with CF was impacted by the mental health of their parents. The Cystic Fibrosis Foundation has recognized the importance and recognition of mental health in their goal of prolonging life expectancy and improving health outcomes.

"We can now proactively screen patients for CF mental health and develop systems of care to treat mental

illness, because it has been shown to have an adverse effect on pulmonary health and outcomes," says Ana Cairns, D.O., Maine Medical Partners - Pediatric Specialty Care. "The concept of screening and offering treatment to parents of children with chronic illness with the goal of improving the health of their children is a completely new approach to chronic illness."

Meg Hall, LCSW, the current pediatric CF social worker at MMC, will be working with the CF clinics

to implement the use of the Generalized Anxiety Disorder Questionnaire (GAD-7) and the Patient Health Questionnaire-9 (PHQ-9) for screening and referral base for treatment. Patients 12 and older and parents of all CF children will be offered screening and therapy as indicated.

Additionally, the clinics plan to continue to enhance their relationship with MMC Psychiatry and to expand their referral base in the community for treatment.



CELEBRATING NURSES WEEK MAY 9 - MAY 13

MAY ANNIVERSARIES



Wanda Antone
40 Years



Deanna Rogers
40 Years

45 Years

Wendy Heyworth,
Outpatient Clinic

40 Years

Wanda Antone,
Central Supply
Mary Jayne Gould, IS
Deanna Rogers, OB/Gyn

35 Years

Ann Bishop-Kodis, ED
Donna Michaud, Oncology

30 Years

Marguerite Anderson, R3
Joanne Connolly,
Heart Cath Lab
Lisa Cox, IS
Sena Hansen,
Care Management
Elizabeth Larsen, BBCH
Suzanne Lashua, Psychiatry
George Moreau, BMC
Suneela Nayak, CPI
Barbara Senko, BMC
Lisa Townsend,
Scarb. Primary Care

25 Years

Richard Boisselle, ED
Deborah Brewer, FBC
Joanne Daigneault, SSC
Kevin Irish, BMC
Donna Larrabee, IS
Angela Logue, ACU
Kimberly Provencher,
Transplant
Norine Seymour, R7
Sheila Sjoberg, R3
Barbara Tolan,
Circulatory Diseases

20 Years

Celine Carland, OR
Stephanie Jordan, ED
Anthony Murray, Finance
Ann Marie Sellinger,
Anesthesia and Pain
Management
Jyll St Cyr, R4
Ashley Tran, R7
Christina Vachon-Sotir, R6
Catherine Whorf,
Neurosurgery

15 Years

Karen Beggs, R4
Dana Davis, BMC
Monica DiSanto,
Gibson Pavilion
Goran Djuranovic, IS
Kimberly Fournier,
Cardiology
Joel Hanson, IS
David Morse, SCU
Alicia Murry,
Adult Cystic Fibrosis
Clinic
Rose Tanguay,
Poison Control

10 Years

Sherrie Beaugard, Dialysis
Diane Benner, Finance
Amanda Bennett, R2
Audra Buschagen, BBCH
Susanne D'Angelo-Cooley,
Endocrinology & Dia-
betes
Duane Dufour,
Nutrition Services
Deborah Fralich, FBC
Kathleen Garnsey, BMC
Jennifer Hildreth,
Nuclear Medicine
Sandra Johnson, Cardiology
Corrine Kuhl, IS
Patricia League,
Partnership for Healthy
Aging
Madalena Moto, EVS
Kristen Moulton, Finance
Eric Mukai, Scarborough
Primary Care
Debra Mullen, HIM
Kevin Murray,
Nutrition Services

Cheryl Poitras, FBC
Carolyn Sanford, IS
Harry Sizemore, OR
Marybess Skaletsky,
Neurosurgery
Margaret Sparks, Finance
Thomas Stilkey, SCU
Robert Waggener, Nursing
Ann Wilkie, HR
Deanna Williams, MMCRI

5 Years

Katharine Addicott,
Palliative Care
Autumn Bridges, Oncology
Ryan Card, Neurosurgery
Amber Lynne Carrier, ED
Chris Coon, Finance
Brittany Giroux,
Cardiothoracic ICU
Melissa Graham, MMCRI
Trisha Harmon, Finance
Nathan Haynes,
Orthopedics
Steven Hess, Hospitalist
Kristen Holt, NICU
Emily Kelley, R9
Megan Kyles,
Gibson Pavilion
Tamothy Louten, BBCH
Dawn Mangan,
Saco Pediatrics
Douglas McDonald, HIM
James Muehle, IS
Teddi Myers, ED
Jennifer Nichols, Radiology
Tanya Richard,
Saco Pediatrics
Lara Schneider, FBC
Brenda Steeves, Finance
Sharon Worthing, Finance



Maine Medical Center
MaineHealth

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