

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Nurses Week Kicks Off With Recognition Wall Ribbon Cutting



Each year, nurses around the globe are celebrated for their hard work, compassion, and quality patient care for one week in May. MMC is celebrating our nurses all this week with events recognizing the amazing work they do every day.

The celebratory week kicked off with staff welcomes and the opening of our new "Recognition Wall" on MGB2. The wall displays photos of staff who receive honors such as

the DAISY and PETAL awards, and has space reserved for Nursing Excellence Award winners.

Marge Wiggins, Senior Vice President, Patient Care Services and Chief Nursing Officer, (right) cut the ribbon at the new wall Tuesday morning. Other events this week include an awards ceremony, unit celebrations, and the premiere of a video celebrating our more than 3,000 nurses (find the video link on the MMC Intranet).

BBCH Recognized as Safe Sleep Institution

The Barbara Bush Children's Hospital (BBCH) Inpatient Unit has attained Gold Level Certification as a Safe Sleep Institution through the Cribs for Kids Association. The recognition is based on hospital

policies, quality improvement work, and community outreach and reflects the unit's commitment to make sure that every infant born or seen in BBCH has a safe crib and parents who understand safe sleep

practices.

The safe sleep program is endorsed by the American Academy of Pediatrics (AAP) as the national model in safe sleep for infants.

"The Pediatric Inpatient Unit is proud to be recognized for our policies and practices that keep our patients safe while they get the sleep necessary for growth and healing," says Jennifer Hayman.

PEOPLE NEWS



Philip Anson, M.D., has joined Maine Medical Partners - Neurosurgery & Spine. Dr. Anson has been a practicing orthopedic surgeon in Portland since 1984.

He received his BA from the College of Wooster in Wooster, Ohio, and his

medical degree from State University of New York at Buffalo. He completed his orthopedic surgery residency at the University of Rochester in 1983, followed by an additional year of training in England and Switzerland.

Dr. Anson is board certified by the American Board of Orthopedic Surgery and

serves as an oral examiner for the Board. He is a member of the American Academy of Orthopedic Surgeons, the North American Spine Society, and the Scoliosis Research Society.

Dr. Anson has subspecialty training in the management of spinal deformity, scoliosis, and spine trauma.

Weight and Wellness Program Aims to Reduce Readmissions With Informational Bundle

MMC's Weight and Wellness Program is participating in a quality improvement project to reduce readmissions for primary bariatric surgery patients. Reducing readmissions helps cut down on medical complications and lessens cost of service.

The project, called DROP (decreasing readmissions

through opportunities provided), was launched last month by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program. More than 130 hospitals are participating in DROP.

In a pilot version of the project, an informational bundle given to patients that spans pre-op, inpatient,

and post-op care, reduced readmissions by 69 percent. The bundle includes an educational video, discharge checklist, follow-up phone call, and multiple nutritional consults. By using the bundle, MMC aims to reduce all-cause 30-day readmissions for primary bariatric surgery by 20 percent in one year.

“We’re proud to join a project that will further standardize our patient education and increase multidisciplinary collaboration,” says Weight and Wellness Program Manager Karol Call, R.N. “But most importantly, these efforts will benefit our patients and their family members.”

2015 WOW! Rewards Screening Going on Now

- **Employee** screening is easier this year – just your height, weight, blood pressure, and tobacco screening.
- **Spouses** must complete a full health and tobacco screening.
- **Everyone** must complete the online health assessment.

Screening Details

- You can have your screening done by your provider through August 31.
- NorDx WOW! Rewards screening runs from May 1 to July 31. (Tobacco screenings run through August 31. Tobacco screening must be completed at the same time as the health screening, if screening at a NorDx or Hospital Lab.) See the MMC Intranet for NorDx screening locations and schedules.
- After August 1: Health screening must be done through your provider only.
- If your provider uses SeHR, your screening results will be available in your medical record.



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