

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Exceptional Patient Care: Highlighting MMC's Specialties

Part 7 – Collaborative OB/GYN Program Helps Women Across the State

Maine Medical Center is continuously putting patients and families first by investing in our three-part mission: Caring for our community, Educating tomorrow's caregivers, Researching new ways to provide care. Now we're taking time to highlight the hard work of specialties which live that mission. For eight issues of What's Happening, we'll share how each specialty is exceeding national standards of patient care through hard work and dedication, as recognized by the U.S. News and World Report's Best Hospital rankings.

One in every five babies born in Maine is born at MMC, and a baby is born every 3.5 hours each day at MMC's Family Birth Center. This is a testament to the trust the community has in our gynecologic and obstetric services.

MMC's OB/GYN program consists of care in obstetrics, gynecology, urogynecology, and reproductive endocrinology and infertility. We also boast the

only maternal fetal medicine (MFM) and gynecologic oncology programs in Maine.

The practice is unique as it is a union between MMC's own gynecologists and private practices in the community. Doctors, nurses, and staff work together to provide the best-possible care for patients with leading technology, evidence-based care, and compassion.

"We take a collaborative approach to caring for women," says Hector Tarraza, M.D., FACOG, FACS, Chief of Obstetrics and Gynecology. "We form longstanding relationships with our patients and have a continuum of care that includes many facets of women's health needs including surgery, wellness and prevention, reproductive care, and counseling."

In addition, the team trains and is supported by residents. The obstetrics and

gynecology residency program started more than 30 years ago, and currently has 16 residents a year with more than a quarter of them staying in Maine after residency. The program is directed by Kalli Varaklis, M.D., a gynecologist and educator.

"Our faculty members are wonderful role models for our trainees and for future generations," says Dr. Tarraza. "Many of our residents go on to complete subspecialty fellowships."

The division of gynecologic oncology at MMC, under the direction of Emmanuel Soultanakis, M.D., sees more than 70 percent of gynecologic cancer patients in Maine, contributing to its high rates of success. The group has the largest gynecologic oncology robotic program in Northern New England, spearheaded by Christopher J. Darus, M.D., and does more robotic surgeries than any other discipline at MMC. Survival

rates for cervical, uterine, and ovarian cancers are above the national average.

The MFM practice, headed by Michael Pinette, M.D., is recognized by the March of Dimes for making Maine one of only three states in the nation to receive a Grade A for low-term birthrates. MFM specialists read ultrasounds for various hospitals around the state, allowing patients to stay close to home while benefiting from highly specialized doctors. They also participate at monthly outreach clinics at EMMC, Inland Hospital, Maine General, and CMMC.

The OB/GYN Program at MMC is designed to meet the health needs of women throughout their lives. Using modern technology and compassion, they deliver babies, care for women with gynecologic cancer, and provide preventive medicine with the highest standards of care at MMC.

**United
Way**



2014 United Way Campaign

Look for an email with your personal pledge link.
The campaign ends October 3. The sooner you donate, the more chances you have to win extra PTO!

SEPTEMBER ANNIVERSARIES



Susan Brown
40 Years



Caroline Baker
20 Years



Thomas Eslinger
20 Years



Lisa Prentiss
20 Years

45 Years

Natalie Twaddel, FBC

40 Years

Susan Brown, SCU
Dorothy Herrick,
Radiology
Nancy Hersey, IS

35 Years

Colleen Colbath, Finance
Sally Fitzgerald, NICU
Margaret Halpin, BMC
Linda Josti, SCU
Elizabeth Winchenbach,
ED

30 Years

Olia Cobb, Dialysis
Christine Lord, CICU
James Lyden, CPI
Julie Newcomb, Pharmacy
Shirley Spiers,
Cardiography

25 Years

Michelle Bell, R4
Matthew Casper,
Clinical Engineering

Jeanne Higgins,
Central Supply
Claire King, Radiology
John Mollica, Jr.,
Vocational Services
Catherine Palleschi, R9
Coleen Simpson, SCU
Michele Weikel, FBC

20 Years

Caroline Baker,
Digestive Disease
Lori Barron, Cardiology
Thomas Eslinger, ED
Michael Harriman,
Heart Cath Lab
Edward Helmreich, BBCH
Patricia Napolitano, HIM
Lisa Prentiss,
Adult Medicine
Kathleen Ramsdell, Finance

15 Years

Marcus Baker, Radiology
Patricia Briggs, OR
Heidi Brown, IS
Askalu Ezra,
Nutrition Services
Carole Flanagan, Finance

Jayne Heatley, Finance
Tammie Infantine, OR
Nikki Ledbetter, SSC

10 Years

Patricia Allen,
Linen Processing
Elizabeth Bridge-
Koenigsberg,
Occupational Therapy
Lee-Ann Fiore, Radiology
Cheryl Gurney, P6
Catherine Hickson, Nursing
Roberta Hoyt, HIM
Delina Hurder, SCU
Carey Lightbown, OR
Kelley McDaniel, NICU
John Peters, IS
Stacy Ryan, MMCRI
Donald Saunders, ED
Robert Skelton,
Central Supply
Mary Walker, Radiology
Misty Weeman, Clinic
Laura Weymouth, R5
Norma Winslow,
Linen Processing

5 Years

Kelly Ancil, R1
Kathryn Andrews,
Pharmacy
Raymond Brown,
Radiology
Teri Cole,
Care Management
Stephanie Doyle, OR
Geeta Godara, Housestaff
John Hatzenbuehler,
Family Medicine
Heidi Kessler, Let's Go
Cathy Kline,
Geriatric Assessment
Pema Lakha, R7
Alan MacDuffie, IS
Alana McKeen, NICU
Krista Moore, FBC
Christopher Moore,
Linen Processing
Leah Nichols, GPV
Robert Pariseau, EVS
Kathryn Recknagel, FBC
Julie-Ann Rutherford,
Pulmonary Medicine
Robert Smart, Security
Heather Smith, Nursing
Lucy Stover, OR



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