

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Exceptional Patient Care: Highlighting MMC's Specialties

Part 6 – Cardiology Institute Features Advanced Treatments, Personal Care

Maine Medical Center is continuously putting patients and families first by investing in our three-part mission: Caring for our community, Educating tomorrow's caregivers, Researching new ways to provide care. Now we're taking time to highlight the hard work of specialties which live that mission. For eight issues of What's Happening, we'll share how each specialty is exceeding national standards of patient care through hard work and dedication, as recognized by the U.S. News and World Report's Best Hospital rankings.

MMC's Cardiovascular Institute, composed of experienced caregivers from our MMP - MaineHealth Cardi-

ology, MMP - Cardiothoracic Surgery, MMP - Surgical Care practices, and Congenital Heart program, has a long history of "firsts" in Maine. From the first heart transplant in 1959, to the first trans-catheter aortic valve replacement (TAVR) in 2012, they have always provided leading-edge cardiovascular care. Board-certified, fellowship-trained cardiologists and cardiothoracic surgeons, together with a Magnet Award-winning nursing staff, care for more people with heart disease than any other hospital in Maine. A large patient volume has led to vast experience and the knowledge to tailor the best

personal care to each patient.

The depth of the clinical cardiovascular programs at MMC is impressive, including:

- The MitraClip program for mitral valve repairs.
- An advanced heart-failure program, including an Extracorporeal Membrane Operation (ECMO) and ventricular assist device (VAD) program coming this fall.
- An advanced cardiac electrophysiology program with a focus on the treatment of atrial

fibrillation.

- A strong pediatric/congenital cardiology and cardiac surgery program that accounts for more than 80 percent of such patients treated in Maine.

In addition, MMC is the only hospital in the state performing TAVR. TAVR is a valuable option for patients with severe aortic stenosis (narrowing of the aortic valve), who are not candidates for open-heart surgical Aortic Valve Replacement (AVR). In TAVR, a new valve is implanted inside the patient's own

Continued on back

We're Ready for Anything

September is National Preparedness Month, a good reminder to evaluate our level of preparedness both at home and at work.

The Emergency Management department is preparing for all possible scenarios here at MMC. Teams are identifying situations that could affect hospital operations and creating action

plans for disasters. Active groups, like the Hospital Emergency Response Team for decontamination, have been developed to come together in adverse conditions to ensure our patients and workplace remain clear of harm.

In addition, they have collaborated with outside agencies to test the hospital's ability to handle patient surge and extraordinary situations such as mass casualties or bioterrorism.



Coordinator Brian Dougher (left) and Director Josh Frances of the Emergency Management department take inventory of pop-up decontamination tents. In the background are protective masks, radios, and other emergency supplies.

PEOPLE NEWS



Sue Doliner, FAHP, CFRE

Sue Doliner, FAHP, CFRE, Vice President of Development, has been selected by the Association for Healthcare Philanthropy (AHP) to receive the prestigious Si Seymour Award for excellence and outstanding leadership in fundraising.

Sue has played key roles in the establishment of

The Barbara Bush Children's Hospital, Maine Medical Center Research Institute, and a \$40 million scholarship endowment to help Maine students attending the Maine Medical Center/Tufts University School of Medicine. She has overseen numerous capital campaigns and combined private philanthropy commitments topping \$165 million dollars. Prior to joining Maine Medical Center, Sue led development efforts at Wheaton College and other organizations.

"With her proven record of successful, donor-centric fundraising and dedication to our profession, Susan Doliner is an outstanding choice to receive the 2014 Si Seymour Award," says

Steven W. Churchill, MNA, president and chief executive officer of AHP. "She has built a distinguished 24-year career with Maine Medical Center, while generously sharing her knowledge and experience with countless practitioners of the health care development profession."

AHP is a professional organization that represents development officers at nonprofit hospitals, medical centers, health systems, and related facilities.

Caitlin Willard, M.D., MPH, has joined Maine Medical Partners Primary Care practice at Scarborough Family Medicine.

Dr. Willard received her medical degree from Albany Medical College and a master's in public health from Dartmouth College. She

completed her residency at MMC, and further honed her clinical, teaching, and



Caitlin Willard, M.D., MPH

leadership skills by staying on for an additional year to serve as Chief Resident.

Dr. Willard's special interests include women's health, geriatrics, preventive health, and integrative medicine. In her free time she enjoys hiking, reading, cooking, crocheting, playing tennis and basketball, skiing and traveling.

"Exceptional Patient Care" from front

narrowed valve, increasing blood flow through the heart and body, by passing the new valve through an artery in the leg up into the narrowed valve. The team has already performed more than 100 TAVR procedures.

Despite being a large organization and providing a wide array of services, MMC CVI remains patient-centered. A unique blend of physicians who are subspecialty trained, compassionate, experienced nurses and advanced practice professionals, and the most current technology means patients

get treatment that is custom made. With cardiologists serving six communities and surrounding towns from Scarborough to Rockland, patients don't have to travel far to get the care they need.

"It's rewarding to be recognized by external groups for the hard work that we do

every day," says Tim Kafer, MHA, Vice President of the Cardiovascular Institute. "But most rewarding is to see our patients, both children and adults, return home with the optimism that comes with a healthy recovery."

MMC's United Way 2014 Campaign is Going on Now

Your donation goes further when we give together.

Check your email Monday, September 15, for your personal pledge link or paper pledge information.

Visit UnitedWayGP.org for more information.



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