

WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

Exceptional Patient Care: Highlighting MMC's Specialties

Part 5 – Nephrology Services Partner with Education and Research for Meaningful Outcomes

Maine Medical Center is continuously putting patients and families first by investing in our three-part mission: Caring for our community, Educating tomorrow's caregivers, Researching new ways to provide care. Now we're taking time to highlight the hard work of specialties which live that mission. For eight issues of What's Happening, we'll share how each specialty is exceeding national standards of patient care through hard work and dedication, as recognized by the U.S. News and World Report's Best Hospital rankings.

"We deliver high quality care because we have a talented staff with broad expertise who integrate education and research into the clinical model, while providing leadership in hospital administration and medical education," says Mark Parker, M.D., Division Director of Nephrology.

MMC's Nephrology services include Maine's only transplant program, kidney stone prevention, dialysis/plasmapheresis, and interventional nephrology (a subspecialty in which nephrologists perform diagnostic and other procedures nor-

mally done by radiologists, preventing diagnostic delays and helping control costs). In conjunction with a prominent fellowship, teaching, and research structure, Nephrology is exceeding national benchmarks and continually improving patient care.

MMC nephrology physicians are involved in education and research through the fellowship program, teaching medical students, and training residents. About 30 percent of MMC fellows have stayed on to practice in the state of Maine, fulfilling a core mission of MMC training programs. Dr. Parker is nationally recognized for his work in medical education and workforce assessment and is part of a national policy committee for fellowship oversight (Training Program Director, Executive Committee for American Society for Nephrology). The team is also involved in multiple research projects, including rehabilitation for dialysis patients led by James Wasserman, M.D., and work by Robert Zimmerman, M.D., in acute kidney injury.

The Maine Transplant Program (MTP) is the only transplant program in the state. Active since 1971, the program has excellent patient and graft survival rates when compared nationally. The program has introduced vigorous quality standards, reducing length of stay and readmission rates dramatically in recent years.

In addition, the MTP has double the transplant rate and half the waiting time compared to the national average. This is in large part due to their "fast-track" process, which allows the team to work up candidates rapidly so they can be added to the waiting list as soon as possible.

Continued on back



The Campbell family welcomed three new little ones last week at our Family Birth Center. Triplets Colton, Ainsley, and Brinley joined their siblings Mackinna, Kaden, and Jameson to make it a Brady Bunch-like total of six kids for mom, Christine, and dad, Mark.

PEOPLE NEWS

Jarrold Ferrara, M.D., has joined Maine Medical Partners - MaineHealth Cardiology. He earned his medical degree in 2008 at University of Massachusetts Medical School. He continued at the UMass Memorial Medical Center where he completed his residency and fellowship in cardiology.

Dr. Ferrara's interests include general clinical cardiology and non-invasive cardiac imaging. He will primarily work out of the practice's Augusta office, and he will see patients in the Waterville office.

Prior to his postgraduate education, Dr. Ferrara served two years as a volunteer for the U.S. Peace Corps in Honduras, engaging in programs to address infant mortality and HIV-AIDS health education. He is fluent in Spanish and has a basic level of proficiency in Portuguese. He is very excited to be starting a new



Drs. Subrahmanyan and Ferrara were classmates and became friends at UMass Medical School. The two are excited to be reunited and working together here in Maine.

life here in Maine with his wife and two young children, and looks forward to serving the people of greater Augusta.

Lakshman Subrahmanyan, M.D., has also joined Maine Medical Partners - MaineHealth Cardiology. He received his medical degree in 2008 at University of Massachusetts Medical School and completed his residency and fellowship training in both internal

kind in New England. Under the direction of Eric Taylor, M.D., MSc, who is nationally recognized for his clinical work, and in close collaboration with MMC Urology, endocrinologists, pediatric nephro-

medicine and cardiology at Yale-New Haven Hospital.

Dr. Subrahmanyan's clinical interests include cardiac imaging, diagnostic cardiac catheterization, pacemaker implantation, and congestive heart failure. He will primarily work out of the practice's Waterville office, and he will see patients in the Augusta office. He is fluent in French and conversant in Spanish.

gists, and a dietician, the team works to identify the cause of the stones and to formulate an individualized, effective treatment plan to prevent kidney stone recurrence.

COMING UP AT MMC

2nd Clinical Symposium for Advanced Practice Professionals & Others Colleagues
Friday, September 12
7:30 a.m. - 4 p.m.
Dana Auditorium

2014 Oncology Symposium
Monday, September 15
7:30 a.m. - 12:30 p.m.
Hannaford Hall, USM
Portland

2014 MMC Nutrition Symposium
Wednesday, September 17
7:30 a.m. - 3:30 p.m.
Dana Center

Third Annual Let's Go! 5210 National Childhood Obesity Conference
September 18 and 19
MaineHealth
110 Free Street
Portland

For details on all upcoming event, check out the Calendar on the MMC Intranet.

"Exceptional Patient Care" from front

The Kidney Stone Prevention Program at MMC, opened in 2013, is the first and only comprehensive prevention program of its



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WHAT'S HAPPENING IS PUBLISHED WEEKLY BY THE COMMUNICATIONS AND MARKETING DEPARTMENT

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