HAT'S HAPPENING

A newsletter for the Maine Medical Center family

MaineTrack Class of 2014 Recognized Ahead of Graduation

The past four years of medical school have been "a bit of a blur," according to Michael Nielsen, (soon-to-be) M.D. But he does remember answering one key question a little differently at the outset than he does today. "No matter what, I was not going to be a surgeon," he noted before revealing that his surgical residency begins July 1 at Maine Medical Center.

Nielsen was this year's peernominated student speaker as friends, family, MMC representatives, and the community celebrated the 2014 Maine Track class of the Tufts University School of Medicine on Saturday, May 3. The 29 students, who spent their final two medical school years working in Maine, continued their journey toward residency with a Maine-centric ceremony two weeks ahead of the official Tufts graduation.

Nielsen delivered a heartfelt and lighthearted speech on a morning for celebration. The students were able to meet with benefactors who provide scholarship money to enhance the focus on medical education in Maine. According to MMC President and CEO Rich Pe-



Peter Bates, M.D., MMC Chief Medical Officer and Academic Dean, and Christopher Buttarazzi, Maine Track Class of 2014, speak with U.S. Sen. Angus King before the senator delivered the keynote address at a celebration of this year's soon-to-be graduates.

tersen, \$25 million has been advice: raised in the nearly eight years since the idea for the program was hatched.

Before Nielsen took the podium, Maine Sen. Angus King delivered a keynote speech that addressed the "10 things I want my doctor to know." King kept the class laughing and thinking throughout his remarks, mixing jokes about politicians with practical, thoughtful advice for the future physicians of the state and the country. Among the Senator's

- "Keep me from getting sick and figure out how you can get paid for that."
- "Join the conversation on health care in this country."
- "Help me to understand my role in keeping healthy."
- "Drag your profession into at least the 20th Century — and maybe even the 21st."

Sen. King noted that this year's class is entering the health care industry at "a time of enormous change" and that each student has a wonderful opportunity to put their learning and beliefs into action.

"When you get to be my age, see that you regret the things you did, and not the things you didn't do," he said, encouraging the group to have their mistakes be related to action, not inaction.

The Maine Track students Continued on back.

Facebook Kudos — Nurses Week Edition

See what visitors are saying about our nurses on Facebook ...

"Thank you to all the great nurses that saved my life in your ICU."

"Thank you all for all the good work you do everyday making patients feel special. Keep up the good work!"

"I owe my life and quality of life to the caring compassionate care that I received from all of the nurses that cared for me."

"A big thank you to all the wonderful nurses on R3. I was there twice in 2011 and was blessed to receive such compassionate and expert care from all the staff. It made all the difference in my recovery."

"Thank you to all the nurses in Gibson, you are amazing!"

"Thank you so much to all the exceptional nursing staff that took care of my dad for almost 2 months in SCU ... and Scarborough Surgery."

"Thank you to all the wonderful nurses — especially those from the prenatal floor and labor/delivery. Couldn't ask for more caring people."

"Was at MMC a lot last year. I had some terrific nurses who helped me through the most difficult months in my life."

Nurse leaders, on behalf of all MMC Nursing Councils, delivered a goody bag and the book "The Florence Prescription: From Accountability to Ownership" to nursing units Monday.

Celebrating Nurses

Pictured (l-r): Sandra Colello, R.N., BSN; Bobbi Shirley, *M.S.*, *R.N.*, *CNL*, *OCN*; Jean Tourangeau, R.N., R9.

"MaineTrack" from front

begin their residencies on July 1. Several members of matched at locations

the class will remain at Maine Medical Center with ing one as far away others having been

across the country, includas Alaska.

Coming Up at MMC

MMC Celebrates Nurses' Week

Nursing Quality Fair Tuesday, May 6 11:30 a.m. - 4 p.m. Dana Lobby

Compassion Fatigue Tuesday, May 6 2-3 p.m. Dana Auditorium

Lunch and Learn: Clinical Nurse Advancement Program Info Sessions Wednesday, May 7 Two sessions:

- 11:30 a.m.
- 12:15 p.m.

MGB2, Room 2615 Registration required, 662-2336

Nursing Excellence Awards Thursday, May 8 Ceremony: 2:30 - 3:30 p.m. Reception: 3:30 - 4 p.m. Dana Auditorium

See the MMC Intranet for the full event schedule.



What's Happening is published weekly by the COMMUNICATIONS AND MARKETING DEPARTMENT

Comments, questions, and story ideas: Chelsea Miller, Communications Specialist (207)662-4096 millec7@mmc.org