# WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

## ACS Verifies MMC as State's Only Level I Trauma Center

Maine Medical Center has once again been recognized for our dedication to providing the best care for injured patients, earning verification from the American College of Surgeons (ACS) Committee on Trauma as the state's only Level I Trauma Center.

In early 2014, a verification review team comprising experts in trauma care conducted a comprehensive and objective external review of Maine Medical Center. The team assesses relevant features of the program, including timeliness and quality of patient care, institutional commitment, readiness, resource availability, and relevant policies. In addition, the center must demonstrate a commitment to quality care and a robust performance improvement process.

"This verification is a reflection of the tireless efforts of the hundreds of people, including staff and providers at all levels, who participate in the care of trauma patients 24 hours a day, 365 days a year," says Brad Cushing, M.D., Chief of Surgery. "Maine Medical Center has once again demonstrated its ongoing commitment to provide safe, high-quality care in the most critical of situations to the most severely injured



patients in Maine."

MMC's Level I Verification status is a reflection of our greater depth of services and our commitment to teaching and research. Eastern Maine Medical Center in Bangor and Central Maine Medical Center in Lewiston both are currently verified as Level II trauma centers. The other nearest Level I centers include the major teaching hospitals in Boston, Dartmouth-Hitchcock Medical Center in New Hampshire, and Fletcher Allen in Vermont.

"We are pleased and proud to once again be verified by the ACS," says Robert Winchell, M.D., Chief of the Division of Trauma and Burn. "This re-verification is confirmation of what we already know about Maine Medical Center: patients and families can count on us to provide the right care at the right time."

#### Sit and De-Stress

Mary Bitterauf, Program Manger of the MaineHealth Community Education Program (seated on floor), leads a meditation session for MMC employees on Thursday, March 26.

Mindful meditation is offered Tuesdays, 12:15 -12:45 p.m., in the East Tower Meditation Room.

Learn more at an info session Thursday, April 3, Noon - 1 p.m., in Dana 9.



#### MMP Neurology MS Center approved as a Comprehensive MS Care Center

The National Advisory Committee and the National MS (Multiple Sclerosis) Society recently met to review applications from MS Centers and MS providers to be one of the designated Partners in MS Care.

Through that review process, MMP Neurology was approved as a Comprehensive MS Care Center, the highest level that an MS Center can attain within the Partners in MS Care designation. The MMP Neurolo- is just one milestone on

gy MS Center is the first (and currently only) center in Maine to receive this recognition.

"I am very excited about this confirmation from the National MS Society about the level of quality care that we are achieving and always trying to improve upon," says Biljana Beretich, M.D., Medical Director for the MS Center at MMP Neurology. "Although incredibly important, this designation

becoming one of the premier MS care centers in the United States. Maine has one of the highest incidences of Multiple Sclerosis in the nation and it is our objective to meet head on the needs of our clients and all Mainers in fighting this disease. We have a heavy weight on our shoulders in doing what's best for our patients. I think the designation of our center by the MS Society helps us feel that we are headed in the right direction."

### MyChart Now Automatically Offered to All **MMC** Inpatients

MyChart is being launched at Maine Medical Center on Tuesday, April 1. MyChart is a free, online tool that patients within many MaineHealth services including MMC and many MMP practices can use to track their health information any time from a computer, tablet, or smartphone.

MyChart allows users to:

- View information • from their hospital visits to MMC
- View lab and test • results

- Send secure, non-• urgent messages to their MaineHealth ambulatory provider
- Renew prescriptions ٠

Beginning April 1, a My-Chart activation code will automatically print on the bottom of an inpatient's After Visit Summary (AVS).

There will be supplemental materials about MyChart located at each nursing station within the hospital for support staff members who are asked questions about MyChart by patients and their families. These materi-

als will be readily available for employees to provide to patients.

"MyChart is a terrific tool that patients can use to track their health information online.," says Rob Hubbs, MD, SeHR Inpatient Medical Director. "It allows them to stay connected with their providers and gives them easy access to important information when they need it."

To find out what MyChart can do for you, visit mychart.mainehealth.org.

# Coming Up at MMC

Wall of Honor Ceremony Tuesday, April 1 10-10:30 a.m.

9th Annual **Geriatrics Day** Wednesday, April 2 7:30 a.m. - 3:30 p.m. Dana Center

Meditation Demo Thursday, April 3 Noon - 1 p.m. Dana 9

Orthopedics Symposium "Partnering With You: MMC Joint Replacement Program, Occupational/ Physical Therapy Themes That Matter" Monday, April 7 8 a.m. – Noon Dana Center mmc.org/jrcevents

Kidney Health Check Saturday, April 12 10 a.m. - 2 p.m. Maine Mall

For details on all upcoming event, check out the Calendar on the MMC Intranet.

Maine Medical Center MaineHealth

What's Happening is published weekly by the Communications and Marketing Department

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