

# WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

## Family Birth Center Reaches Delivery Milestone



*Jennifer Lalancette cradles her newborn son Sawyer at the Family Birth Center on October 3.*

The Family Birth Center delivered more than 2,600 babies at MMC during fiscal year 2013. This is the highest number of births the hospital has since it started keeping track in 1997, when there were 2,194 deliveries. Volume has steadily been maintained or increased since then. The milestone was reached despite the birthrate in Maine dropping significantly over the past

five years.

“A very special thanks should go out to all of the East Tower nurses, staff, OB/GYN residents, OB/GYN attendings, pediatricians, peds residents, NICU staff, and Family Medicine residents and attendings,” says Hector Tarraza, Chief of OB/GYN. “Their hard work and dedication has led to the Family Birth Center being a wonderful and safe place to have a baby.”

Other notes of interest about our Family Birth Center for the past year:

- The primary C-section rate was 19.6 percent, a significant drop since 2007 when it was 23

percent. The number has been steadily decreasing thanks to evidence-based parameters for C-sections. The national average is currently 21 percent.

- The overall C-section rate has dropped to 34 percent, down from its high at 37.8 percent in 2007. The national average is 35 percent.
- In the past fiscal year, 82 percent of mothers at MMC were breastfeeding their newborns. This success has been in large part to our WHO Baby Friendly Initiative, a part of our Annual Implementation Plan Population Health Initiative.

## Telethon Raises More Than \$30 Thousand for BBCH

The Cares for Kids Telethon presented by Rowe Westbrook & Rowe Auburn raised more than \$30 thousand for the Barbara Bush Children's Hospital on October 3.

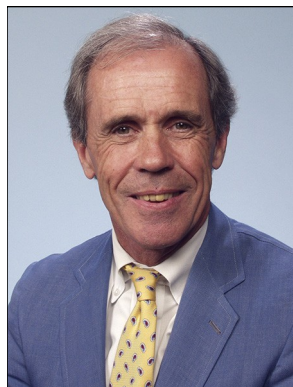
Radio stations 107.5 Frank FM and 99.9 The Wolf, and TV station WGME-13 all

broadcast live from the BBCH atrium throughout the day, sharing inspiring stories of our young patients and their families.

*Pictured: Kim Block and Dave Eid of WGME-13 with BBCH patient Grace during the telethon.*



# OCTOBER ANNIVERSARIES



*George McNeil*  
35 Years

## 35 Years

Ann Marie Branigan,  
Pediatrics  
George McNeil, Psychiatry  
Sharon Monn, IS  
Roxanne Rogers,  
Cardiac Services  
Bruce Small, Distribution  
Karen Strattard, Dialysis

## 30 Years

Deborah Barris, Radiology  
Nancy Bickford, NICU  
Gregory Warming,  
Nutrition Services  
Tina Whipkey, Nursing

## 25 Years

Gayle Barstow, R1  
Candace Bragdon,  
Outpatient Registration  
Cindy Cherner, HR  
James Coyle, EVS  
Dana Hurtubise, SCU  
Steven McGrath,  
Pulmonary Medicine



*Kenneth Lombard*  
20 Years

## 20 Years

Kenneth Lombard, MMP  
Arlene McCormick-Miller,  
Family Birth Center  
Laurie Nadeau,  
Outpatient Registration

## 15 Years

Robert Blow, EVS  
Jennifer Caiazzo, OR  
Paul Cuenin, ASU  
Sue Haney, ED  
Lynn Letourneau, CICU  
Gary Marchand,  
Financial Services  
Anita Morin, Health Infor-  
mation Management  
Valerie Poulos, ED  
Kristen Truman, BBCH  
Irina Yurkevich,  
Family Birth Center

## 10 Years

Faduma Ali, EVS  
Kathleen Berube,  
Volunteer Services  
Sara Bourgoin, Nursing



*Valerie Poulos*  
15 Years

Cynthia Dexter, Clinic  
Meagan Dick, BBCH  
Ray Esperanza, Health In-  
formation Management  
Donna Gilbert,  
Care Management  
Merissa Harmon, R7  
Melanie Krum, ASU  
Meridy Lippoldt,  
Vocational Services  
Yegana Mammadova,  
Health Information  
Management  
Edith Okenquist,  
Health Information  
Management  
Marilyn Otis, R5  
Susan Perron, IS  
Amugimo Rasu, EVS  
Barbara Skop, Admitting  
Debra Works,  
Central Services

## 5 Years

Helene Boucher, R5  
Timothy Daigle,  
Nutrition Services



*Marilyn Otis*  
10 Years

Erika Dick, CICU  
Heidi Dobson,  
Central Services  
Michael Dunnington, SCU  
Sarah Finnegan, R4  
Xianghua Han, MMCRI  
Ahmed Hassan,  
Patient Care Services  
Michele Higgins,  
Nursing Floats  
Julia Koger, Nursing Floats  
Lisa Lemieux, OR  
Lisa Libby, Radiology  
Kimberly Murray, MMCRI  
John Osterman, ED  
Matthew Pare, Transplant  
Alice Persons, Radiology  
Lien Hoa Pham,  
Patient Care Services  
Efren Ramos, EVS  
Sharlene Smith, ED  
Juanita Stevenson, R5  
Eugene Walls, R7  
Nancy Wilburn,  
Financial Services

## Flu Blitz Going On Now

Protect yourself and your patients with a flu vaccine. See the MMC Intranet for locations and times.