

# WHAT'S HAPPENING

A newsletter for the Maine Medical Center family

## United Way 2013: Aspirations for Greater Portland

Maine Medical Center and Maine Medical Partners' annual United Way campaign is an effective way to make a positive difference in our community and support our Population Health initiative. This year MMC and MMP are holding a joint United Way "Aspirations" campaign to create an even bigger impact. The campaign kicks off Tuesday, October 1, and you'll have several opportunities to help fulfill your aspirations for Greater Portland: you can give, you can advocate, you can volunteer.

Soon you'll receive an email with your ePledge link, which you can use to donate through payroll deduction, PTO, or by check. Your generous donation helps the United Way make strategic investments with

the ultimate goal not only of helping individuals, but of strengthening the systems that help us all.

Donating is just one way to fulfill your aspirations. This year the United Way Committee, led by Wendy Osgood, VP of Adult Medicine, Alex Szafran, Director of Radiology, Steve Kasabian, VP Physician Practices & CAO, Maine Medical Partners, and Lynne Tetrault, MMP Practice Leader, Saco Primary Care, Maine Medical Partners, is arranging volunteer opportunities for employees. Volunteering is a hands-on way to see the direct impact of your efforts. You can gather school supplies for Project Education, make cards for Meals on Wheels, or sort medical supplies with Partners for World Health. Keep an eye out for more

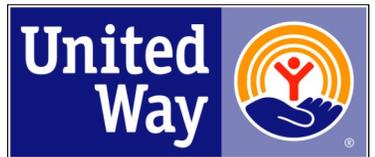
details on these and other events through your department reps.

The volunteer projects kick off with a food drive on several campuses. All October, you can drop off food that will go directly to Wayside Food Programs in Portland. Foods that are most needed include: tuna (canned or in pouches), peanut butter, rice, pasta and sauce, cereal, canned vegetables, canned fruit, and canned pudding. The Employee Store at Bramhall will stock many of these items, which you can purchase with your employee card. See the MMC Intranet for a list of drop-off locations, including the Bramhall Main Lobby, 100 Campus Drive, and Brighton Medical Campus. If you are interested in hosting a collection box in your area,

contact Paul Saucier in Nutrition Services, 662-2647.

Finally, the United Way Committee is seeking reps to help spread the "Aspirations" message. As a rep, you can facilitate volunteer projects, gather and share the aspirations of your coworkers, and encourage others to give. Come to a rep meeting Tuesday, October 1, 3 – 4 p.m., in Dana 7 to learn more.

Wendy Osgood says, "Together, we can be part of the change and continue our strong tradition of advancing the common good in our community."



## Flu Blitz Begins October 1 — Get Vaccinated Early

MMC offers influenza vaccines free to all employees, volunteers, and students beginning Tuesday, October 1. Anyone with an MMC badge may receive the vaccine free during our clinics or through the embedded staff on your unit. See vaccination times and

locations on the MMC Intranet.

Our goal this year is to obtain 100 percent compliance with policy. The Maine CDC reports that we may be in for a similar flu season to last year, which had the highest number of hospital-

izations since the 2003 – 2004 season. There were more than 100 pediatric deaths nationwide because of the flu last season.

Don't wait to get vaccinated. Unvaccinated health care personnel will be required to wear a mask when

within six feet of a patient in patient care areas. Infection Control will identify when we are in the active influenza season and masking is in effect. All employees must either obtain vaccination or sign a declination by December 1.

## GETTING TO KNOW



### *Deborah Khadraoui*

**Position:** Credentialed Trainer, Epic ADT/Prelude

**Years at MMC:** One year

**What does your job entail?** I'm responsible for training an assigned Epic application and assisting in go-live events, preparing training materials for end-users, and training specific end-user classes. I also participate in end-user support and offer support resources.

**What people may not know is that:** I have served as the community representative to the Portland Press Herald editorial board. My hobbies are the beach, my family, and the Abyssinian Meetinghouse Restoration.

**I decided to be a United Way Loaned Executive because:** I have the ability to put to use the professional skills that I have developed over the past 15 years including fundraising,

public speaking, and community development, and I am able to represent MMC

**If I could have lunch with anyone it would be (and why):** I'd like to have lunch with Jesus Christ. I would ask him the big questions regarding life's challenges broadly — poverty, discrimination, and bigotry.

**I love working at MMC because:** MMC has afforded me the opportunity to reinvent myself.

## COMING UP AT MMC

**United Way Food Drive**  
Tuesday, October 1—  
Thursday, October 31

**Clinical Symposium for Advanced Practice Professionals**  
Friday, October 4  
8 a.m. – 4 p.m.  
Dana Auditorium

**Let's Talk About Suicide: Help. Healing. Hope.**  
Thursday, October 10  
6 – 8 p.m.  
Hannaford Hall  
USM, Portland

**Quitting Tobacco Informational Session**  
Tuesday, October 15  
5:30 – 7 p.m.  
Dana Center

**Walk From Obesity**  
Sunday, October 20  
9 a.m.  
Westbrook High School Track

*For details on all upcoming events, check out the Calendar on the MMC Intranet.*



Maine Medical Center  
MaineHealth

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