

What's Happening

at Maine Medical Center



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Class of 2014 Inducted into MMC-Tufts University Medical School Program



Thirty-one students were inducted into the second class of the Maine Medical Center -Tufts University School of Medicine Medical School Program at a ceremony on August 2.

The Class of 2014 includes 24 students with strong ties to the Pine Tree State; hometowns range from York Harbor to Fort Kent. Eleven members of the class graduated from Maine colleges. Last year's class - the first in the new program - had a similar Maine flavor, one that the hospital and university feel will benefit the state.

"Maine has a serious shortage of physicians, particularly in rural areas," says Peter Bates, MD, the medical school's Academic Dean, as well as MMC's Vice President of Medical & Academic Affairs and Chief Medical Officer. "Medical students tend to practice where they train, and our hope is that by offering an affordable, quality education close to home, we'll retain some of the state's best and brightest minds."

Each year, 20 of the program's undergraduate medical openings are reserved for Mainers, who also receive scholarship support. Those scholarships reduce what Maine students pay to an amount comparable to in-state tuition for a medical school at a public university. That's typically half of the out-of-state burden Maine students would face in another state — a savings of roughly \$100,000 over four years.

The majority of the students' four years will be spent in Maine. The medical school's innovative curriculum provides students with patient contact beginning in the first year, and utilizes a network of clinical training sites, including in rural areas, where the state's physician shortage is greatest. "Every clinical experience I had left me wanting more," says Scarborough native Matt Buttarazzi, who's heading into his second year of the program. Buttarazzi's brother, Christopher, is a member of the newest class.

Cape Elizabeth's Chelsea Kotch and Amy Case from Brunswick are among the 31 outstanding students who enter the program this year. Kotch graduated from Boston University with a degree in Biology, specializing in Neuroscience. Case earned a degree in Chemistry from Bryn Mawr College.

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President's Message



Teaching the Best and Brightest is Vital Part of MMC's Mission

Earlier this month, we inducted 31 bright and talented young people into the second class of the Maine Medical Center – Tufts University School of

Medicine Medical School Program. Although it makes me feel a bit older each year – seeing these young faces – I look forward to welcoming these terrific young adults to the medical center.

Like last year's group, each member of the Class of 2014 represents the best of what will become our next generation of caregivers. As I learned about each of them, I was impressed by what they've already accomplished. The class boasts trained EMTs, researchers, a cardiac surgery nursing aide, a physician's assistant, and some pretty good athletes as well. I was struck by how much the students have given back to the communities they've lived in through volunteer work. It's truly an impressive roster.

Helping these students realize their dreams, hopes, and ambitions becomes our responsibility, a task we take very seriously. The potential of this class — of both classes — is tremendous. It's our job, working with the folks at Tufts, to develop this potential, and prepare them for their future as practicing clinicians.

I know that in four years, when these 31 young women and men graduate, they'll be well prepared to care for their patients.

Part of the students' training will take place in our new simulation center, scheduled to open this fall. The Hannaford Center for Safety, Innovation and Simulation is a state-of-the-art facility, located at our Brighton Campus, which offers a hands-on learning center for a variety of medical scenarios, ranging from trauma care to surgery to patient examinations. It has operating rooms and patient rooms that are identical to the "real" ones with all the actual equipment and technology currently housed in those "real-life" environments. The most exciting feature will be the medical mannequins that do almost anything a live patient does — breathing, bleeding, and exhibiting symptoms of minor or major illness or injury.

This simulation center, one of only about 125 in the nation, is expected to support the educational needs of students from a wide variety of disciplines throughout the state. It is a vital part of our academic infrastructure and our academic programs are a vital part of our mission — Caring for our Community, Educating Tomorrow's Caregivers, and Researching New Ways to Provide Care.

I can't think of another hospital in New England that does it better.

Respectfully,

Richard W. Petersen

President and Chief Executive Officer



Why are Sandra Clark and Allie Diffin smiling? They're the Grand Prize winners of the WOW! Fit For Life Weight Loss Challenge. Read more on page 3.

Getting to know . . .

Donna McGrew



Position:

Administrative Specialist III
(Assistant to the Vice President
for Finance)

Years at MMC:

32

What does your job entail?

I work as the Assistant to the VP/Finance, which is hands-down the most challenging position I have had at the medical center. Based on health care reform and the economic environment, the Finance arena is a primary player in a large number of projects and initiatives. Reporting to a high-level Finance Committee every month and to the Board of Trustees demands that our office be on its toes at all times: efficient, organized, and constantly in planning mode.

What people may not know is that:

When my Dad was in the process of selling our family

piano, I thought it would be a perfect opportunity to take lessons — at age 49. Beethoven I am not, so my audience is limited to my three grandchildren ... they are too young to notice any mistakes! Cycling has also become a favorite pastime. This year, I participated in my fifth Trek Across Maine and served as one of the MaineHealth Freewheelers' Co-Captains. And cycling the MS Bike to the Breakwater fundraising event was especially meaningful as my younger sister and I were both diagnosed with MS within the last two years.

If I could have lunch with anyone, it would be:

George Clooney ... it is time for George to meet a woman closer to his own age! Joking aside, having lunch with one of my favorite American R&B/soul musicians, Aretha Franklin, would be my choice. She has always been one of my favorite artists, she is a legend in her own time, and her music always makes you want to get up and dance. Who knows, perhaps I will be able to play a piano version of "Think" before too long.

I love working at MMC because:

Unlike any other corporation, the heart of our business is taking care of people. No matter what my position has been over the past 32 years, clinical or non-clinical, I always keep in mind that the patient is my most important customer!

WOW! Fit For Life

Weight Loss Challenge – Final Results

Thanks to all who participated in the first WOW! Fit For Life Weight Loss Challenge. Forty-two teams, with 420 people, participated in the 12-week event, losing a total of 1,880 pounds.

Top Team

Chubby Chasers
(Nutrition Services)

Melissa Allen

Sandra Clark

Allie Diffin

Dave Eddy

Marc Fields

Heather Halloy

Kathleen Halpin

Betty Lindsley

Stephen Pellegrini

Jennifer Proulx

Individual Awards

Women

Grand Prize Winner

Sandra Clark, Nutrition Services

1st Place

Bessie Ouellette, ASU

2nd Place

Lori Sweatt,
Emergency Department

3rd Place

Kimberly Chesterfield, Radiology

Men

Grand Prize Winner

Allie Diffin, Nutrition Services

1st Place

Stephen Pellegrini,
Nutrition Services

2nd Place

Lee Tingley, P3CD

3rd place

Larry LaPointe, Employee Health

MMC Seeks Magnet Redesignation

MMC's Nursing division is spearheading an effort to earn, for the second time, one of the most prestigious distinctions in health care.

Magnet designation is the highest level of recognition given to health care organizations for nursing excellence and quality patient outcomes by the American Nurses Credentialing Center. MMC earned the designation in 2006 — becoming the first acute care hospital in Maine to do so — and is currently one of just three in the state. Nationwide, there are only 372 Magnet hospitals, representing 6 percent of all facilities.

The focus of Magnet has shifted since 2006, as inspectors have moved from an emphasis on Structure and Process to:

- Quality Measurable Outcomes
- Organization
- Benchmarking
- Innovative Practice
- Clinical Research

Magnet designation also reflects the satisfaction of staff. The original designation was created in the 1980s to address a shortage of nurses and retention issues at many of the nation's hospitals.



In addition to its focus on patient care and clinical excellence, a Magnet hospital is synonymous with being an employer of choice.

Although generally associated with Nursing, Magnet designation reflects the work of the entire medical center. A recent community survey found our Magnet designation provides a competitive advantage: those

responding to the survey cited it among the top three reasons for selecting MMC for their care.

“Everyone here contributes to the care of our patients, either directly or indirectly,” says Marge Wiggins, VP, Nursing & Chief Nursing Officer. “I’m optimistic that we’ll be re-designated, and when that happens, I hope all staff celebrate that success.”

A Magnet site visit is expected this fall, and any employee may be approached by the inspectors. If approached, be yourself and tell inspectors what working at MMC means to you. The inspection will likely last three or four days, and all campuses will be visited.

We hope to complete the process, and have our Magnet redesignation approved, by the end of the year.





Wii Makes Rehab Fun

Geriatrics' Erica Levesque demonstrates a new Wii game that was donated to help patients undergoing rehabilitation. The Wii was a gift from nursing students from the University of Southern Maine, and participants can try archery, bowling, boxing (non-contact, of course), tennis, and more.



MMC's annual United Way campaign begins on September 14. Stay tuned for details.

Running's Done, Work Begins

Amy Robinson of Brighton FirstCare attends to a runner following the Beach To Beacon road race in Cape Elizabeth in August. Amy was one of many MMC and MaineHealth volunteers who staffed the medical tent, located near the finish line.



MMC – Tufts University School of Medicine Medical School: Year 2 Begins

The Class of 2014 officially began its journey on August 2, with an induction ceremony at the Dana Center.



Christopher Buttarazzi, right, a member of the Class of 2014, gets a lighthearted lesson in the use of a stethoscope from older brother Matt, a second-year student in the program.



Renee Thibodeau speaks with reporter Chris Rose from WCSH-6. Renee is from Fort Kent, and says the affordability of the Maine Track program will reduce the debt that new physicians face. This allows them to return to rural areas, where the pay is generally less than big cities.



The first day wrapped up with a reception in the Dana Center. Among those attending were John Bancroft, MD, Chief of Pediatrics, Amy Brennan, a member of the Class of 2013, and Bob Bing You, MD, Associate Vice President of Medical Education.



Bethany Roy poses with her parents, Dawn and Mike Roy, MD. Dr. Roy is MMC's Chief of Medicine.



Michael Neilson is photographed with his parents, Dr. Robert and Peg Nielson. Dr. Neilson is Chief of Surgery at Stephens Memorial Hospital in Norway, Maine.



Lynsey Waite poses with her parents Lisa and Chuck. The box Lynsey is holding contains a stethoscope that each new medical student was given by the school.

Ad Says 'thanks' to Med School Supporters

One of the goals of the MMC - Tufts Medical School Program is to provide an affordable, quality education for Maine students. This ad, which will run in the *Maine Sunday Telegram*, *Down East* magazine, and some other regional publications, thanks those who have provided financial support to students. Look for the ad later this month, and through the fall.

Thanks for helping us keep a
local resource close to home.



Supporting scholarships for students in the Maine Medical Center-Tufts University School of Medicine "Maine Track" Program means a lot for our state. It means giving Maine youth an opportunity to pursue a career in medicine at a reasonable cost. It means providing communities across the state with a pipeline of sorely needed medical professionals. It means that because of you, we will be able to develop a precious commodity for Maine – locally grown doctors.

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Medical Group (Endowed)
State of Maine (Doctors for Maine's Future Program)
Unum
Vincent & Barbara Welch Foundation


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August Anniversaries



Ann Skelton, MD



Debra Pyle

40 Years

Ruth Corbett, P6
Martha Johnston, ASU

35 Years

Dale Ellis,
Environmental Services
Stephen Snyder, Maintenance

30 Years

Bev Bartley, Admitting
Juanita Briggs,
Health Information
Management
John Chasse, Central Supply
Robert DiMauro, Carpentry
Anthony Martin, Central Supply
Joseph Murphy, Pharmacy
Dennis Rebello,
Building & Grounds

25 Years

Mary Buckley, Radiology
Andrea Doria, Radiology
Scott Jordan, Central Supply
James Maddin,
Information Services
Daniel Spratt,
Obstetrics/Gynecology
Beth Sullivan, Newborn Nursery

20 Years

Colleen Allen, ASU
William Brown,
Operating Room
Laura Ely, Psychiatry
Debra Pyle, Clinic
Patricia Roach, Central Supply
Ann Skelton, Family Medicine
Delia Smith, MRI
Leslie Weeks, Oncology

15 Years

Carole Dighello, Birth Center
Rachel Goode,
Post Anesthesia Care
Eric Gunnoe,
Pediatrics Critical Care
Eugene Paluso, MD, Pediatrics
Glenn Prentice,
Psychiatry - Geriatric
Virginia Reed,
Radiation Therapy
Cynthia Tenney,
Communications and
Marketing
Carol Wishman, Nursing

10 Years

Grace Brown, ASU
Paula Brown, Central Supply
Brian Castro, Communications
Barbara Davis, Psychiatry
Edwin Emerson III, R4
Tracy Hall, P3CD
Sharon Hopwood, Finance
Michael McKay,
Brighton FirstCare
Maria Otero,
Health Information
Management
Pamela Palamountain,
Health Information
Management
Tamas Peredy,
Emergency Department
Shirley Peterson, Pharmacy
Corinne Pray, Clinic
Kristin Reynolds,
Outpatient Registration
Joyce Reynolds, CAT Scan
Deneice Tarbox, Sleep Institute

Clare Wales, Pediatrics, BBCH
Katherine Warner,
Operating Room
Cynthia Widdows, Social Work
Elizabeth Winship,
Physical Therapy
Mezmure Workneh,
Central Supply
Jessica Yocz, Physical Therapy

5 Years

Asho Ali, Birth Center
David Argereow,
Emergency Department
Alan Buck, Information Services
Michelle Clark, Admitting
Kyle Coelho-Herron, R3
Stephanie Cooper,
Operating Room
Brenna Croteau, Pharmacy
Mallori Dahms, Nursing
Mladenko Damjanovic,
Environmental Services
Karen Gardner, NICU
Christina Holt, Family Medicine
Wendy Holt, Care Coordination
James Kavanagh,
Radiation Therapy
Bethany Lavigne, Family Center
Natalie Leveille, R4
Darlene Mantis,
Continuing Care Nursery
Sarah Martin, R6
Debra McNamara,
Operating Room
Lynda Morgan-Moore, NICU
Kelly Mula, Nuclear Medicine
Clyde Ramsdell, Linen Processing
Teresa Regan, Operating Room
Jacki Lyn Rogers, MRI
Jennifer Saunders,
Operating Room
Deborah St. Peter,
Human Resources
Mihret Stiles, Nursing
Yuefeng Tang, MMCRI
Mary Thibodeau, Radiology
Thomas Tipton,
Cardiography-Echos
Dennis Vachon,
Environmental Services
Kelly Viricel, Birth Center
Darren Volkay, REMIS

People



Bob Groom

Bob Groom, MSN, CCP, Interim AVP of Cardiac Services, was presented The Award of Excellence at the American Society of Extra-Corporeal Technologies meeting in Reno, Nevada. The award is “In honor of a perfusionist who demonstrates that work of excellence which best exemplifies creativity and intellectual honesty in perfusion.” For 13 years, Groom has been the Chief of Perfusion Services, providing both MMC and the worldwide perfusion community with scientifically proven methods of improving perfusion practices.



Jefferson Howe

Jefferson Howe, MSA, CMT, has been promoted to Director of Health Information Management (HIM). Howe had been a Manager in HIM for the past 12 years, responsible for Transcription, Chart Completion and Analysis, and the Enterprise Patient Index. He’s received national recognition and exposure in his role as President of the Association for Healthcare Documentation. Howe is the author of numerous articles for trade journals, and has participated on national committees for benchmarking and electronic health care record development standards and operational protocols. Howe has served as Interim Director of HIM since April.



Paul Colombe

Paul Colombe and Steve Rand have obtained certification with the International Association of Health Care Security and Safety (IAHSS). IAHSS is a professional organization comprised of security, law enforcement, and safety professionals dedicated to the protection of health care facilities worldwide.



Steve Rand

Matt Sholl, MD, was named state emergency services medical director. He’s an emergency physician at Maine Medical Center. In 2005, Matt became Maine Medical Center’s EMS medical director and he’s also the medical director for the MaineHealth Emergency Medical Services Program.



Matt Sholl, MD

Jan DeVinney, Deaf Services Access Coordinator, was presented the 2010 Denis Pratt ADA Award by Governor John Baldacci for her work to improve service for the public. The award, given on behalf of the Maine ADA Coalition, marked the 20th Anniversary of the signing of the Americans with Disabilities Act. Governor Baldacci said, “Jan has consistently been a strong advocate for improved accessibility and services for the Deaf, late-deafened, and hard of hearing citizens of Maine. Because of her personal advocacy efforts for better access for deaf individuals at Maine Medical Center, the hospital is proud today to be a national model for hospitals in providing Deaf Services.”



Jan DeVinney

Luke Foure of Nursing Floats has been selected as Maine Medical Center’s Loaned Executive for the United Way campaign.

Elisabeth Belmont, Esq., Corporate Counsel, MaineHealth, has been appointed to the Technical Expert Panel for the federal Office of the National Coordinator for Health Information Technology (ONCHIT).

Voc Services Earns Accreditation

Vocational Services has been accredited by CARF for three years for the following services:

- Employment Services: Community Employment Services: Job Development
- Employment Services: Community Employment Services: Job Supports
- Employment Services: Community Employment Services: Job-Site Training

The accreditation said “This achievement is an indication of your organization’s dedication and commitment to improving the quality of the lives of the persons served. Services, personnel, and documentation clearly indicate an established pattern of practice excellence.”

Maine Medical Center
Neuroscience Institute

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Neuroscience Institute

Complex neurological conditions such as stroke, traumatic brain or spinal injury, epilepsy, brain tumors and stroke, require an extraordinary depth and breadth of clinical expertise from multiple specialists. To deliver this care, The Neuroscience Institute is built on a partnership between Maine Medical Center and community-based physicians.

Sophisticated resources for the diagnosis and treatment of neurological disorders have been available at Maine Medical Center for decades -- earning the hospital, its physicians, and other providers national recognition for their expert care in such areas as stroke, neurocritical care, neurosurgery, and neuropsychiatry.

With the establishment of the Neuroscience Institute, MMC took the necessary steps to ensure these services continue to grow and exist in Maine's healthcare community. Patients and providers alike can take comfort in knowing we have the infrastructure and physicians in place to provide a comprehensive and coordinated system for delivering neurological care using evidence-based clinical guidelines and integrating medical education and research.

Neuroscience Institute
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The Neuroscience Institute recently launched its new website, featuring informational videos, patient testimonials, and updated program information. Check it out at www.mmc.org/neuro.

Sim Center on Track for October Opening

Construction of MMC's new simulation center — The Hannaford Center for Safety, Innovation and Simulation at Maine Medical Center — is on track as we move toward an October opening.

The operating room, ICU/Trauma area, and patient rooms are near completion, and we've already held some training at the site.

Perhaps the most talked-about feature, the medical mannequins, have arrived, and staff at the simulation center are learning how to operate them. The mannequins mimic human patients; they breathe, bleed, and exhibit symptoms of minor or major injury, as well as mild to life threatening diseases.

All staff will be invited to an open house on October 5th.

Look for more information about the Simulation Center in eNews and next month's issue of What's Happening.

Looking Back . . .

Before Red Polos and Khaki



Photo courtesy Maine Medical Center Archives

Today, our Junior Volunteers, are decked out in casual knit shirts and pants. In the 1960s and 1970s, girls volunteering at most hospitals were known as Candystripers in their pink and white striped pinafores. Then, as now, they worked in various different departments to bring cheer to the patients and help staff with routine tasks.

This 1973 group of Candystripers is preparing to deliver roses to 200 patients at Maine Medical Center. The flowers are a gift from Stewart and Williams, Inc., of Augusta as an apology for noise and commotion created by the removal of the collapsed roof of the New Diagnostic Facility. A week earlier, the contractors had been pouring concrete when a section of the new roof that connected to the Maine General building fell to the ground. Two of the men were slightly injured, treated, and released. Patients within earshot of the pneumatic tools and other noisy equipment were pleasantly rewarded for their understanding.

Pictured: Nancy Washburn, Theresa Spaulding, Flonne Soule, and Linda Warden.


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What's Happening is published monthly at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England.

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