

# What's Happening

at Maine Medical Center



February 2010 | VOLUME 43, NUMBER 2

## Simulation Lab Brings Hand-On Learning Experience

MMC's Brighton Campus will soon be home to a state-of-the-art simulation learning center that provides practical experience on a variety of medical techniques, ranging from surgery to patient examinations.

The \$5.82 million, 18,000-square-foot facility — The Hannaford Center for Safety, Innovation and Simulation at Maine Medical Center — is slated to open in the fall. Last month, Beth Newlands Campbell, President of Hannaford and a member of the Hannaford Charitable Foundation's Board of Trustees, presented a check to MMC

President and CEO Rich Petersen, representing a \$500,000 gift from the Hannaford Charitable Foundation.

### New Way to Learn

Simulation training, a practice commonly used to teach pilots how to fly, is playing an increasingly important role in medical education.

"Evolving medical education research data indicates that simulation centers may turn out to be one of the best, most efficient, and safest ways to learn medical techniques and gain medical knowledge," says Randy Darby, MD, MMC's Director

of Medical Simulation. "We'll be able to teach students in a controlled — but completely realistic — environment. In the same way the pilots learn to fly and sharpen their skills through simulation drills, our students and staff can practice deliberately and repeatedly, fully learn a concept, perfect a technique, and be much more skilled when they treat patients in the real world."

CONTINUED ON PAGE 6

## MMC Responds to Haiti Disaster

MMC joined the worldwide effort to aid those affected by the tragic earthquake that struck Haiti.

In addition to much-needed medical supplies, the hospital made a \$25,000 donation to Konbit Sante, a Maine-based volunteer partnership dedicated to saving lives and improving health care in northern Haiti. MMC staff also provided financial support, donating 2,233 hours of PTO time to the relief effort, or \$62,436.



*Marieta Atienza, a nurse from R3, poses with a new friend during a recent trip to Haiti. Marieta was one of several MMC employees who traveled to the earthquake-stricken country to provide care.*

### On the Scene

Pulmonary Medicine's Dave Kissin is a member of a federal disaster response team, and was among several Maine Medical Center employees who traveled to Haiti. "These people started with nothing and lost that," says Kissin, who calls this the worse disaster site he's seen.

CONTINUED ON PAGE 5

### In This Issue:

President's Message	2
Getting To Know...	3
VeriScan Barcode Technology Enhances Patient Care, Safety	4
Lifeline Workplace Wellness Program Joins MMC	5
MaineHealth Named #26 Nationwide	6
Researcher Receives Heart Association Award	8
Marketplace	10
People	11
Looking Back	12

  
Maine Medical Center  
MaineHealth

*centered around you*

[www.mmc.org](http://www.mmc.org)



## Our Commitment to Quality Care is Clear

TRANSPARENT (TRANS-PAR-ENT \ ADJ. \ SYN. SEE "CLEAR") – A: TO SHOW ONESELF; B: FINE OR SHEER ENOUGH TO BE SEEN THROUGH; C: FREE FROM PRETENSE OR DECEIT; D: EASILY DETECTED; E: READILY UNDERSTOOD

Transparency is a word you're hearing more and more in health care. For many, this term is easily

understood. Transparency means something you can see through; not hidden; in the open; uncovered. Health care quality data (like complication rates, mortality rates, infection rates and lots of other measures) is now publicly reported. Quality data appears in public forums like websites, newspaper, and magazine articles. Individual hospital information is compared side by side with national and state averages, benchmarks, and in many cases, direct comparisons with other hospitals.

This is the right thing to do. Maine Medical Center continues to support and encourage publicly reporting quality data to help patients and families make more informed decisions regarding their health care.

And with that commitment, it's important to know there are subtle (and often unnoticed) differences in how quality data is reported; where the information comes from; and the reliability of that data. All data is not created equally. I'll give you three examples of these distinctions:

1. **Risk-adjusted data**
2. **Self-reported data**
3. **Process measures vs. outcomes measures**

First, let's talk about risk-adjusted data (also often referred to as severity-adjusted). At the core, risk-adjusted data takes into account how sick patients are. Statistical analysis is used to ensure that patient outcomes from different hospitals are compared fairly. In other words, an "apples-to-apples" comparison. Risk-adjusted data is generally more reliable than data that is not risk-adjusted.

Second, is the issue of self-reported or non-specific measures. Mortality rates and infection rates are good examples of this. Mortality is a specific outcome – there is no gray area here.

Infection rates, however, can be much different. Infections can be hard to recognize. In some cases, putting more effort and expertise into finding infections results in identifying more infections.

I'm not questioning the integrity or honesty of other hospitals and their reporting, I'm just pointing out that sometimes there are no hard and steadfast rules. So, generally, self-reported data should be looked at with caution.

Third, is the issue of process versus outcomes measures in quality data. Process measures report on the things we do to take care of patients—how well were protocols followed or checklists completed. Outcomes measures report on the result of the care delivered to the patient. Did the patient get an infection? Did they get well? And here is the gray area – generally, when you follow certain processes, you get positive outcomes. But not always. Sometimes, you can follow processes, and the result may not be as expected. And other times, you can fail to follow certain processes and get a positive result. It's not always clear, so it's good to report both process and outcomes measures.

All of this is to say that the public reporting of health care quality data is a good thing. At Maine Medical Center, we will continue to be open, honest, clear, and transparent about both the things we do to take care for our patients and the result of that care. And along with this commitment to quality and its public reporting, comes the knowledge that "all data is not created equally."

Respectfully,

Richard W. Petersen  
President and Chief Executive Officer

# Getting to know . . .

## Paul Cuenin



### **Position:**

Customer Service Representative in the Ambulatory Surgery Unit (ASU).

### **Years at MMC:**

Eleven

### **What does your job entail?**

I serve as a liaison in the ASU waiting area, helping families whose loved ones are having surgery. On my NaviCare screen I can follow patients from pre-op, to the operating room, to post-op, and eventually their hospital room. I also coordinate family visits to patients in the post operative area.

### **What people may not know is that:**

I am a retired US Army colonel. I served 20 years in the Dental Corps as a general dentist and, later, as an oral pathologist. I think my prior experience as a health care provider has helped me greatly in my work in ASU.

### **If I could have lunch with anyone, it would be:**

I am a student of American presidential history, so I would be eager to meet one of our most influential leaders, Franklin D. Roosevelt. I would ask him about some of the important decisions he made while President and get his insight on the challenges our country now faces.

### **I love working at MMC because:**

I always felt that it was an honor to have the opportunity to treat patients and I now feel the same way about taking care of family members here in ASU. I'm grateful to be part of such an outstanding health care team.

## MMC Leadership Academies 2010

MMC leaders: plan to attend one of our two Leadership Academies, March 9 and 10.

MMC's Training and Organizational Development Department is sponsoring a series of Leadership Academies, with the goal of furthering leaders' knowledge, enhancing leadership skills, and providing new tools and techniques.

The four-hour leadership conferences will give participants an opportunity to:

- Hear from, and interact with, nationally known speakers
- Discuss and gain insight into health care trends
- Gain new methodologies, tools, techniques, and knowledge, that can be used immediately on the job
- Network with peers

Pre-registration is required in order to attend the Leadership Academies. We are unable to accommodate walk-ins for these events. The last date to register for the March 9 or 10 Leadership Academy is March 3, 2010.

# VeriScan Barcode Technology Enhances Patient Care, Safety

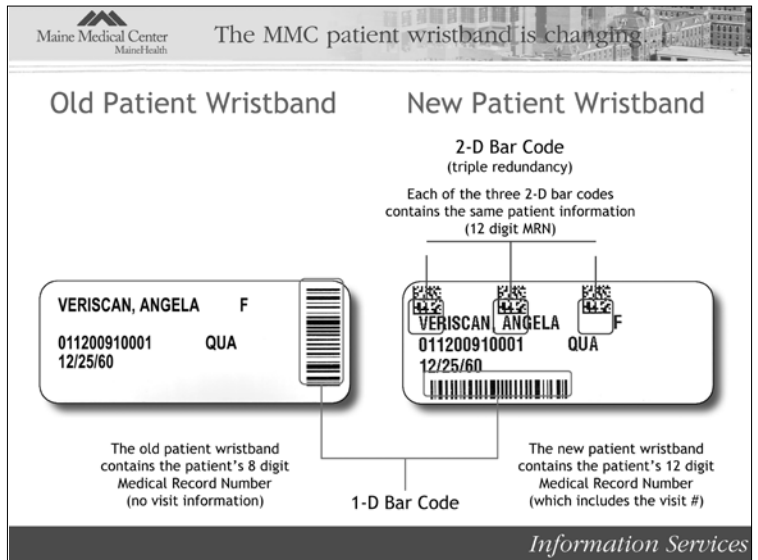
A new barcode system for patient wristbands and medication will provide MMC with an added element in our care.

VeriScan, a Barcode Medication Administration system (BCMA), has been called the “gold standard” in the industry’s effort to ensure the right patient is receiving the correct medication in the proper dosage.

A new patient wristband comes with four barcodes (see image, right). Three of these are “two dimensional,” meaning that, despite their size, they hold more information than a traditional barcode. The three contain the same data, providing an important level of redundancy, and a better way to verify the accuracy of medication administration.

Like the new wristband, our medication also contains barcodes. By scanning both, we’ll have an important double-check to ensure each patient receives the proper medication and dosage, at the correct time, and through the proper route (intravenous or pill, for example).

“This system gives doctors and nurses the tool they need to reduce medication errors. Maine Medical Center will become an even safer place to get care,” says Doug Salvador, MD, MMC’s Associate Chief Medical Officer and Patient Safety Officer. “Our new bedside barcoding verification system will dramatically improve our ability to give patients the right medications at the right time, every time.”



Looking down the road, VeriScan also has the potential to help us track specimens, program our IV pumps, and manage blood transfusions.

## Rollout Underway

Our Short Stay Unit (SSU) has been using VeriScan since late January. P3CD and R4 are slated to go-live in mid-March, and beginning in May, two units will go-live every other week until the hospital-wide rollout is complete, by November.

“Staff have been showing the patients as they use the VeriScan — and teaching the patients about what it does,” says Tara Herman RN,BSN, Nurse Manager at SSU. “Patients are enjoying the extra safety measure put into place.”



## Going Up

Members of the hospital’s Wow! Council recently joined Sue Pelletier, Human Resources Associate Vice President, for a ceremonial ribbon cutting to officially unveil Stairwell 27, a new exercise option at MMC. Stairwell 27, located in the Richards Wing, provides nine floors of stairs to climb. The stairwell, which begins at the basement level near ASU, is newly-painted and marked with motivational signs.

# Lifeline Workplace Wellness Program Joins Maine Medical Center

The Lifeline Workplace Wellness Program has joined Maine Medical Center, bringing one of the region's oldest and best-known community programs to the state's largest hospital.

The program, located at the University of Southern Maine (USM) for 33 years before moving to Maine Medical Center in late 2009, works with local companies to help improve the health of an organization's employees. At its peak, Lifeline provided wellness services to 75 companies throughout the state.



“Seventy-five percent of Maine people die from four chronic — and mostly preventable — diseases: heart disease or stroke, cancer, chronic lung disease, and diabetes,” says Tom Downing, Director of the Lifeline Workplace Wellness Program. “Three major risk factors — tobacco use, poor nutrition, and lack of exercise — are contributing

factors. Lifeline works with companies to help their employees lead healthier lifestyles by addressing these and other areas via a menu of onsite wellness services.”



A second piece of the Lifeline program at USM, a fitness center, is not part of the new venture at MMC.

“By delivering health education and wellness programs in the workplace, we extend health care beyond our offices and hospitals into the community,” says Ann Skelton, MD, Chief of Family Medicine at MMC. “To achieve the best possible health status for Mainers, we must adopt preventive approaches and reach people in innovative ways.”

---

## HAITI DISASTER CONTINUED FROM PAGE 1



R3's March Treudsson jokes with children in Haiti.

to Haiti for 16 years as a medical volunteer, and recently returned from his 12th trip. His words recently appeared in the Portland Press Herald: “As a health care volunteer in Haiti, seeing the reality on the ground, I am already discouraged about how long this recovery will take. It is all very personal for me; I have been on the verge of tears for days. What Haiti needs most is a long-term commitment from the international community, and from people like you and me, that it will not be forgotten, and that this international response will be sustained for many years and decades to come.”

R3's Marieta Atienza, RN, also spent time in Haiti: “My experience was unimaginable, overwhelming but in control and very rewarding at the same time,” says Marieta. “We put in long hours and hard work, but that is very little compared to the loss they had. The 10-day mission ended with tears, joy and hope for Haitian people.”

Damage estimates from the January 12 earthquake continue to come in, but officials say the death toll from the 7.0 magnitude quake could climb as high as 300,000.

“A medical system that was barely able to provide even basic services has now been strained beyond anything I have ever experienced working here,” says Samuel Broaddus, MD, Director of MMC's Division of Urology. Dr. Broaddus has been traveling

# MaineHealth Named #26 Health Care Delivery Network Nationwide

MaineHealth, the parent of Maine Medical Center, is ranked among the nation's best performing health care systems for the fourth year in a row. Based on an annual survey conducted by SDI, a health care market insight and analytics firm, MaineHealth's ranking stands at 26, up from 59 in the 2009 survey.

MaineHealth was ranked third in a listing of the top ten health care systems in the Northeast.

The ranking is based on quality, scope of services, and efficiency.

MaineHealth is honored and proud of the integrated health network ranking. "We have done a great deal of work to ensure our health system maximizes and shares our resources throughout our MaineHealth family and beyond," says Bill Caron, president of MaineHealth. "While we greatly appreciate the recognition, the value for the average Maine citizen is that MaineHealth providers have been recognized for high-quality healthcare that's delivered efficiently."

The 2010 edition of the survey identified the top 100 integrated healthcare networks out of

593 non-specialty, local, and regional networks in the United States. SDI's report, regarded as the nation's premier rating system, evaluates integrated health care networks on performance and degree of integration.

"MaineHealth is a leader in integrating best practice clinical protocols," says Vance Brown, MD, Chief Medical Officer for MaineHealth. "We readily share this information within and outside our health system, which helps us in our goal of making Maine communities the healthiest in America."

The ratings are based on SDI's Integrated Healthcare Network Rating System, which evaluates each network's ability to operate as a unified organization in eight categories: integration, integrated technology, contractual capabilities, outpatient utilization, financial stability, services and access, hospital utilization, and physicians.



Maine Medical Center  
MaineHealth

---

## SIMULATION LAB CONTINUED FROM PAGE 1

Features of the simulation center include operating rooms that are identical to those at MMC: a skills lab, where students practice procedures such as stitching sutures or performing colonoscopies; and patient rooms where students can build their patient communication skills and develop a patient and family centered bedside manner. Only a handful of hospitals in the nation have similar facilities housed in one comprehensive location.

"This center brings an amazing innovation in learning to our community that will support positive health care outcomes for generations," says Newlands Campbell. "Studies show that teaching hospitals have better patient outcomes and The Hannaford Center for Safety, Innovation and Simulation at Maine Medical Center will support continuous improvement in health care, better preparing our medical school graduates and helping current staff hone their skills."

The Hannaford Center for Safety, Innovation and Simulation at Maine Medical Center will also house a dozen medical mannequins, at a cost of over \$300,000 each, that mimic humans. "These mannequins are incredibly life-like," says Dr. Darby. "They breathe, bleed, and exhibit symptoms of minor or major injury, as well as mild to life threatening diseases — almost anything we see in live patients from kids to adults. They will provide invaluable experience to our future caregivers."

# Former Maine Medical Center President Dies

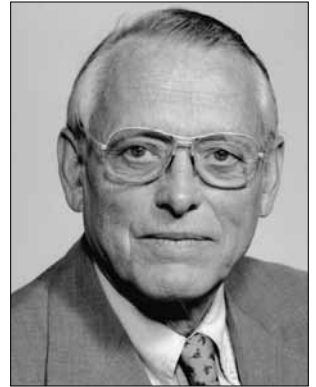
The Maine Medical Center community was saddened to hear of the February 19 passing of Ed Andrews, MMC's president from 1975 - 1988.

He was a wonderful man — just a really down-to-earth person,” says Beth Turner, of MMC's Center for Clinical and Professional Development. “He was a great leader but had a real way with people. That's what I always admired about him.”

Dr. Andrews graduated from the Johns Hopkins School of Medicine. According to the *Portland Press Herald*, he began his career at Johns Hopkins Hospital and Johns Hopkins University School of Medicine as Chief Resident and instructor in pathology. He later moved to the University of Vermont College of Medicine, where he served as professor of Pathology, Associate Dean, and Dean, and became President of the University of Vermont in 1970.

In 1975, he returned to Maine to become President of Maine Medical Center and served in that role until his retirement in 1988. During his tenure, MMC built the Bean Building and Dana Center.

“Dr. Andrews was a very forward thinker,” says George “Bud” Higgins, MD. “He envisioned the continued transition of MMC from a community hospital to a larger and more comprehensive academic medical center, including strengthening our medical education and research programs. During my career here, I have been privileged to witness his vision become reality.”



---

## MMC Honored for Organ Donation Work



Once again, MMC has been recognized for its commitment to organ donations.

In the photo, Posy Durning of the New England Organ Bank presents a Silver Medal of Honor award from the Department of Health and Human Services to MMC President and CEO Rich Petersen. Maine Medical Center received the Silver Medal of Honor for achieving a conversion rate of greater than 75 percent of potential organ donors.

In addition, MMC achieved a Donation after Cardiac Death (DCD) rate of more than 10 percent during that same time period. DCD is considered for patients who have suffered a non-survivable devastating neurological injury, but don't meet the criteria for brain death. In these circumstances, when the patient's next-of-kin makes the decision to withdraw mechanical support, donation after cardiac death can be considered. With DCD, it's possible to recover the liver, kidneys and in some cases lungs, for transplantation.

Maine Medical Center has been awarded the Medal of Honor for the past five years.

# Researcher Receives Heart Association Award

Why does obesity lead to heart disease? Ilka Pinz, PhD, a researcher at Maine Medical Center Research Institute (MMCRI), received a prestigious award from the American Heart Association (AHA) to study this question.



*Ilka Pinz, PhD*

We know there's a link between obesity and heart disease. Dr. Ilka Pinz is asking "why?". More specifically, why does an increase in lipids — compounds that make up the fat — cause the heart to become diseased?

"Having too much saturated fat in your body disturbs the balance of natural fat that makes up part of the cell membrane," says Dr. Pinz, "This is what causes the heart to lose its ability to pump blood efficiently."

Dr. Pinz' research suggests that early treatment for the effects of obesity could prevent the development of associated medical problems, such as heart disease. And she believes that her research may eventually lead to the development of that treatment.

Dr. Pinz's research is funded by an AHA "Scientist Development Grant" which is awarded to highly promising young scientists, to help them move from completion of their research training to the status of independent investigator. She was granted \$308,000 for her four year project. "Dr. Pinz is an innovative and very capable scientist, and her research has enormous promise," says MMCRI Director Donald St. Germain, MD. "It's very gratifying to see her work recognized by the American Heart Association with this prestigious award."





# February Anniversaries

---



Bonnie Jewett,  
Newborn Nursery, 35 Years



Richard Saklad,  
Facilities Development,  
15 years

## 40 Years

Geraldine Pompeo, Family Center

## 35 Years,

Leisa Archambault, Cardiothoracic ICU  
Norma Francis, Newborn Nursery  
Bonnie Jewett, Newborn Nursery

## 25 Years

Jane Christensen, Newborn Nursery  
Sovann Meas, Linen Processing  
Timothy Rasmussen, Distribution

## 20 Years

Carol Allen, Patient Accounts  
Nancy Goodspeed, Financial Planning  
Francis Henry, Operating Room  
Michael Jackson, Operating Room  
Catherine LaVopa, CRNA Staff  
Barry Worthing, Emergency Department  
Elaine Zappala, Cardiothoracic ICU

## 15 Years

Erica Campbell, NICU  
Scott Evans, NICU  
William Fyler Jr, R7  
Victoria Hunt, P3CD  
Earl Moulen, Telecommunications  
Richard Saklad, Facilities Development

## 10 Years

Sheron Andrews, R4  
Therese Chasse, Employment  
Heidi Gallant, Environmental Services  
Kelly Geary Gray, Emergency Department  
Sandra Gerrish, Viral Disease Treatment Center  
Stephanie Mollica, Social Work  
Rebecca Violette, SCU

## 5 Years

Tamara Adams, MMCRI  
Nicole Boutet,  
Center For Performance Improvement  
Donna Burton, Nutrition Services  
Lori Carrier, R6  
Jennifer Civiello, Pharmacy  
Kellie Coombs, Operating Room  
Maryam Darjazi,  
Interpreter/Cross Cultural Services  
Kelly DeRice, Anesthesia/Pain Management  
Katrin Fesmire, Operating Room  
Shannon Garnsey, R1  
Jennifer Hardin, R4  
Susan Hodge, Employee Relations  
Bradford Hughes, Distribution  
Charlotte Joy, R1  
Alexander Kirov, MMCRI  
Robert Kramer, Cardiac Services  
Michael Lightbown, Operating Room  
Joyce Mendoza,  
Center For Performance Improvement  
Lori Nappi, Nursing  
Tonda Olson, Information Services  
Jill Prescott, Patient Services  
Sokhany Sieng, Interpreter/Cross Cultural Services  
Michael Skarbinski, Information Services  
Vicki Stevens, Out Patient Registration  
Alfred Wolff, Center for Tobacco Independence

# Marketplace

Marketplace provides a forum for MMC employees to connect and exchange goods or services. It is intended for the use of Maine Medical Center employees, as well as those in the MaineHealth system. To place an ad in Marketplace, email [marketplace@mmc.org](mailto:marketplace@mmc.org).

Note: Beginning in April, Marketplace will be available only online. The website will be updated weekly, giving buyers much quicker access to sellers' ads. To access the online version, click "Shopping" in the left-hand column of the MMC intranet, then select "Marketplace".

## FOR SALE

1996 Volvo 850 Wagon in exc. cond. 194,000 ml., automatic with power everything, heated seats, maroon with gray interior 712-8912. \$2500 firm.

Brand new contemporary leather couch, paid \$500. asking \$400. It won't fit in my small apt. 883 9419.

2002 Nissan Xterra, 4wd, 5 speed, 99,000 ml., new tires, new sticker. 727-4001 evenings.

191K 4 door sedan, 4 cylinder standard Honda Accord. Dk green, moon roof, front airbags, 4 wheel ABS, AC, Power windows, mirrors, doors, CD player, Thule racks, no rust, just serviced, new sticker, \$3000. 865-1076 for more info.

1999 Pontiac Sunfire, black, sun roof, cd player, good cond., 1000+ ml., automatic \$2300 OBO. 415-6496.

## FOR RENT

Room to rent, short term basis, full K privileges, off st pkg, quiet, dead-end st, 10 minute commute to MMC, \$125/week, 854-1192.

Looking for roommate to share a nice 2-BR apt. at 1390 Forest Avenue not far from Morrill's Corner. \$400 /mo incl. utilities, no lease & no down payment, N/P, is on bus line. Parking avail. 253-5657 for details.

Sunny, spacious apt close to Brighton Campus. LR, DR, eat-in K, 2 lg BRs & 1 small office/BR. Hdwd, Fully applianced K incl. DW.& W-D hookup and storage space in basement. Off street parking included. Nice residential neighborhood. 1-yr lease, references, and sec. dep. req. N/P. Available immediately. \$925/mo + utils. 797-2883 or 232-3119.

Lg. 1 BR apt. on State Street in Portland. Lg. eat in K with new cabinets and counters, hdwd in the LR, faux fpl., BR / sitting area on the 2nd fl. On site coin op laundry & a small back yard. Rent is \$935 / mo. Incl.util.H/HW & elec. Secure non smoking building. On street parking. To see:775-2325, ext 211.

Brackett St. Portland: 2 BR All utilities are included. 831-9815 or [chiplawrence@netzero.com](mailto:chiplawrence@netzero.com) with subject: Apt.

One BR Deluxe Apt. \$775./mo located in a historic mill building on Saco Island in Saco on the 4th fl. Completely furnished. All util. incl., new appliances, laundry on site. Inc. 1 pkg space. Ref. req., Lease & sec. dep. 350-5535 & LM. Sorry N/P.

Mellen Street. Portland: Furn. 3 rooms, one-BR condominium. Unit is located in a 1850s brick federal, has hdwd throughout, period moldings, granite countertops in K. & on-street pkg.

Rent of \$1300/mo. incl. H/HW, gas, electricity & internet. Sec. dep. \$1300 req. Short-term rental (minimum of 60 days) allowed. For more info: 671-1679.

## ROOMMATE

Portland: House share w/ Prof. F \$525 inc. H/HW, electricity, wireless internet, cable, shared BA, K, Laundry, hdwd, snow removal, parking-ban parking. Immediate occupancy possible Quiet prof. F pref., N/S, N/P and I have a mini poodle. References & background check req. 671-4113 or [amakynen@hotmail.com](mailto:amakynen@hotmail.com). LM.

West Falmouth: 2 BR home \$650/mo. Inc.: Heat/HW, Electricity, Basic Cable, and Wireless Internet. Garage pkg & W/D available. Prof. F I am laid back, clean but not obsessive, & very easy to live with. Pets considered. [kristinahoppe@yahoo.com](mailto:kristinahoppe@yahoo.com).

## REAL ESTATE FOR SALE

West End quiet 2-bedrm condo, 851 sq. ft., great fl. plan, freshly painted, all-new carpeting, hdwd LR, ceramic-tiled K & BA, plenty of closet space, off-street parking, 7x10 storage in cellar, ½ mile walk or bike ride to MMC, \$158 monthly association dues which also inc. use of laundry facilities in building, \$189,900; 860-673-9717 or 860-463-1335.

Clearwater Florida: Clean & neat 1 BR mobile home sleeps 4 (+) in small mobile hm. pk. Club house, heated pool, minutes from Clearwater beach. Just move in, great vac/retire. retreat. E-Z shuttle from Tampa airport. \$2000. furnished w/mo. lot fee \$450. to Park MGT, age 55+. 767-4558.

## ST/SEASONAL RENTAL

Skiers, Sunday River Winter Getaway, Bethel Maine. 5 ml. to skiing, x-cross country, etc., heated outdoor swimming pool, 2-BR condo available for rent: weekends, weekly, or monthly 712-6661 or [suziecurves@myfairpoint.net](mailto:suziecurves@myfairpoint.net) for more information and rates.

## SERVICE

Homestead Hairstyling 1129 Broadway SO. Portland. 799-2255 Very reasonable rates.

Mulkern's Property Services. For those jobs that never seem to get done--carpentry, landscaping, painting, and more. Throughout the Greater Portland area. Satisfaction guaranteed. 632-7467 or [paulmulkern@yahoo.com](mailto:paulmulkern@yahoo.com).

# People

---



*Mylan C. Cohen, MD*

**Mylan C. Cohen, MD**, was named President of the American Society of Nuclear Cardiology (ASNC). Dr. Cohen is Medical Director of Noninvasive Cardiology at MMC and is a Clinical Professor of Medicine at the University of Vermont College of Medicine. Dr. Cohen practices in South Portland with Maine Cardiology Associates.

**Barbara Kirby, CNII - PCCN**, has become MMC's first Progressive Care Certified Nurse. Kirby works on R4.



*Jessica Stevenson*

**Jessica Stevenson** has been named Nurse Director of the Float Pool. Stevenson has been a nurse manager on P3CD for three years. Jessica graduated from University of Southern Maine with a Bachelors Degree in Nursing and has nearly completed her Masters in Management and Health Care Administration at New England College.

**Rhonda DiPhilippo, RN, BSN**, has been named Interim Manager on P3CD.

The following officers have obtained certification with International Association of Health Care Security and Safety (IAHSS). IAHSS is a professional organization comprised of security, law enforcement and safety professionals dedicated to the protection of health care facilities worldwide.

**Jamie Grant**

**James McGinley**

**Scott Holmes**

**David Oliver**

**Vicky Huff**

**Abraham Salami**

**Keri Kennedy**

**Cory Stone**

**Judith Blanchard** is the recipient of the 2009 Julius Varwig Award of the United Church of Christ Professional Chaplains and Counselors (UCC PCC). The award is presented to a United Church of Christ Professional Chaplain or Counselor "who has demonstrated dedication and commitment to serve persons in the name of Jesus Christ and in the spirit exemplified by the first full-time Protestant chaplain in the United States, Rev. Julius W. Varwig."



## ***Panoramic view***

People visiting the new Joint Replacement Center website will see panoramic views like the one above, part of a virtual tour offered online. The new site, which debuted in late January, offers more patient education materials, patient and family testimonials, and easier navigation.

## Looking Ahead

March is National Nutrition Month and MMC is celebrating. Here's an overview of what you'll see:

### Visiting Chefs

Chefs from five local restaurants prepare healthy menu offerings on Mondays in March. Check eNews for details.

### Nutrition Open House

March 4

Noon – 1 p.m.

Dana Classroom 2

Clinical staff will talk about calorie needs, portion control, tips and resources for weight loss, free healthy dessert options, door prizes, and more.

### Take the Stairs

Nutrition staff will be handing out Impressions Café coupons to people they catch using stairs

# Looking Back . . .

## A Healthy Heart



*Photo courtesy Maine Medical Center Archives*

*Patient Priscilla Bowden pauses for a photo as she leaves the medical center in 1961. Six months earlier, the 26-year-old became just the 21st person to have an open-heart procedure at MMC.*

*In the early 1960s, open heart surgery was in its infancy — MMC had performed its first procedure in 1959 — and Bowden was given a 50-50 chance of survival.*

*Maine Medical Center was one of the first hospitals in the nation to perform open heart surgery when its program began in 1959. To date, the cardiac services program has performed nearly 40,000 open heart surgery procedures.*

*MMC is rated one of the top 100 cardiac hospitals in the nation and is recognized as the strongest program of its kind in Northern New England.*



*centered around you*

22 Bramhall Street  
Portland, ME 04102-3175

*What's Happening* is published monthly at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England.

Comments, questions and suggestions may be addressed to Communications & Marketing. (207) 662-2196  
Editor: John Lamb