

# What's Happening

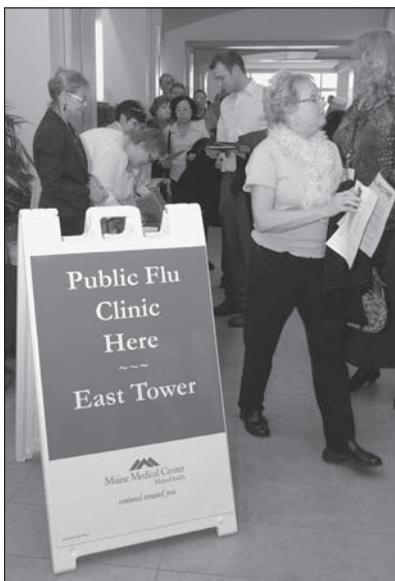
at Maine Medical Center



January 2010 | VOLUME 43, NUMBER 1

## A Shot in the Arm for Community

At the request of the Maine CDC, Maine Medical Center held a free community H1N1 influenza vaccine clinic on January 5 and 6. Over the course of two 8-hour periods, our staff immunized 3,300 people of all ages.



This effort was organized and carried out by a multidisciplinary group, and utilized components of the hospital's pandemic plan and resources.

All involved — organizers, clinicians, volunteers, administrative and operational staff, and attendees — felt very positive about this community event. "The response was amazing," says Josh Frances, MMC's Director of Emergency Preparedness. "People were lining up an hour



before we opened on the first day. Fortunately, our staff stepped up and we were well prepared."

Despite the large volume of participants, the lines moved very quickly. MMC provided water for those waiting, and MMC staff was posted along the waiting line to chat, answer questions, and address any needs.

Feedback from those who came to be vaccinated was extremely positive. Comments overheard by staff included: "I cannot believe how easy that was", "It was the quickest flu shot I've ever received", and "That was so organized."

"It was great seeing the smiling faces and hearing the positive comments," says Josh. "It's important for us to be a good neighbor and provide care for those in our community, and the H1N1 clinic was one way we do that."

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# President's Message



## 'A Moose Walks Into a Bar ...'

There's a saying that when you're president of an organization you never know if your jokes are funny or if people laugh because you're the president. I often ask a parallel question about my monthly column.

We've just turned the calendar on another year, and I thought this might be a good time to step back and ask if the President's Column is effective and serving a useful purpose. In the past, I've written about topics ranging from employee recognition and the importance of flu vaccines, to our Annual Implementation Plan (AIP) and the economy. I generally don't get a lot of feedback from people, although the results from last fall's communication audit said that many find the column interesting and useful.

You'll be hearing more about the audit results in the coming weeks, but one thing you'll notice is the formation of a team to help gather news from around the medical center, especially in locations off the Bramhall campus. Part of this team's work will be to pass along feedback on my columns, as well as ideas for future topics. I hope you'll be sharing your suggestions and feedback, because *What's Happening* is your newsletter, and we want to make it better for our readers.

Before closing, I'd like to extend my thanks to the many who helped make our recent H1N1 Public Clinic a success. As you read in our cover story, 3,300 people received a shot in what many said was the smoothest clinic they'd attended. The credit for that goes to our team, which again demonstrates the high caliber of staff we have here at the medical center.

Finally, as I write this, we are looking at ways to help those impacted by the devastating earthquake in Haiti. The outpouring of support is heartwarming, and reminds me how proud I am to be a member of the MMC family.

Respectfully,

Richard W. Petersen

President and Chief Executive Officer

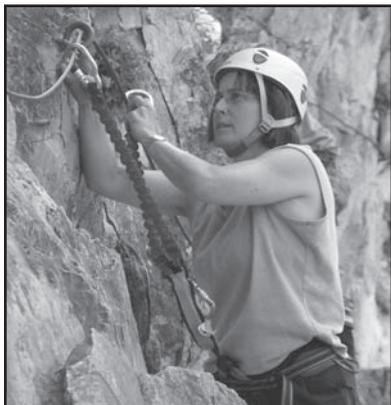


## Ahoy, Matey

*Crackers, mascot of our Portland Pirates hockey team, visits with Tucker Kennedy, a patient at The Barbara Bush Children's Hospital (BBCH) as players from the American Hockey League All Star Game look on. Crackers and the All Stars stopped by BBCH to meet our patients, sign autographs, and pose for photos before the January 19 game.*

# Getting to know . . .

## Nananda Col, MD



### **What people may not know is that:**

My lovely but pixilated daughter Yvonne writes Zombie love stories for Disney. Her first book, *Dead Beautiful*, is set in Maine.

### **If I could have lunch with anyone, it would be:**

I guess I'm supposed to name someone like Albert Schweitzer or Rachel Carson, but actually my top lunch date would be Carl Hiaasen. He writes absurdly funny books about my native South Florida that make me laugh uncontrollably. I'd like to see if he's that funny in person. If I really could resurrect the dead for a mere lunch date (what a concept!), it would be Giuseppe Verdi, who wrote amazing music that somehow taps into the fundamental cords of human existence and that never seems to get old. I'd like to know how he translated raw emotion into music, and, more importantly, to thank him for the many hours of pure listening pleasure that he's given me.

### **I love working at MMC because:**

I have THE best job at MMC. Each and every day I get to do things that really matter and work with creative people who are passionate about their ideas about improving health and health care. This means I get to spend most of my time playing with really cool ideas and passionate people. How many people can say they can do that for a living?

### **Position:**

Director of the Center for Outcomes Research and Evaluation (CORE), a part of MMCRI, and Chief of the Division of Health Services Research, within the Department of Medicine.

### **Years at MMC:**

Just over two years. I still get lost finding my way around town.

### **What does your job entail?**

I take ideas about how to improve health outcomes, combine them with the latest scientific and statistical/modeling tools, and try to transform those ideas into workable plans. It's an amazing job. I see myself as a catalyst for clinical/epidemiological research at MMC, with CORE serving as the incubator. I work with all sorts of health care professionals — surgeons, nurses, urologists, oncologists, pediatricians — so I'm always meeting new people and learning new approaches to problem solving. I'm also involved in teaching medical residents, and I also work with the state legislature on shared decision making initiatives.

## Cardiology Practice Groups Partner with MaineHealth

The cardiologists of Maine Cardiology Associates and Cardiovascular Consultants of Maine plan to join MaineHealth and enter into an employment arrangement with the system.

Cardiovascular Consultants of Maine currently has 19 practicing specialists and Maine Cardiology Associates has 21.

They work closely with Maine Medical Center and other regional hospitals and practices to build a coordinated, nationally-recognized network of care. As a result, Maine Medical Center has consistently ranked in the top 100 cardiac programs in the United States.

"This is good news for our patients and for Maine Medical Center," says Rich Petersen, MMC's President and CEO. "This arrangement will provide the resources necessary to improve the quality of services available to the people of southern, central, and western Maine — helping Maine Medical Center remain a nationally recognized cardiac care program. And, it will allow a more coordinated, robust teaching and research function — two very important components of our three-part mission."

MaineHealth will seek approval of this action from the State of Maine's Department of Health and Human Services in a proceeding in which the Office of the Attorney General will be closely involved. An approval may come by spring.

# Wellins Named Medical Director of Care Coordination

Christopher A. Wellins, MD, has been named Medical Director of Care Coordination at MMC. This is a new position for the medical center, developed to provide critical links between caregivers, physician leadership, and the hospital on matters related to the improvement of safe patient transitions through our complex health care system.

A graduate of the University of Vermont College of Medicine, Dr. Wellins completed his training in Internal Medicine at MMC and earned a Masters Degree at the Center for the Evaluative Clinical Sciences at Dartmouth College. He has been in practice with the Greater Portland Medical Group since 1997, and has served on numerous MMC patient safety and quality committees. Dr. Wellins is also a member of the Quality Council and Co-Chair of the Patient Safety Team.

“Dr. Wellins’ expertise in patient safety and his record as a highly-respected physician in the community make him the perfect individual to lead our efforts in improved care coordination for our patients” says Doug Salvador, MD, MPH, Associate Chief Medical Officer and Patient Safety Officer. “Successful care coordination is essential to health care reform, and we are thrilled to have Dr. Wellins join us in this effort.”



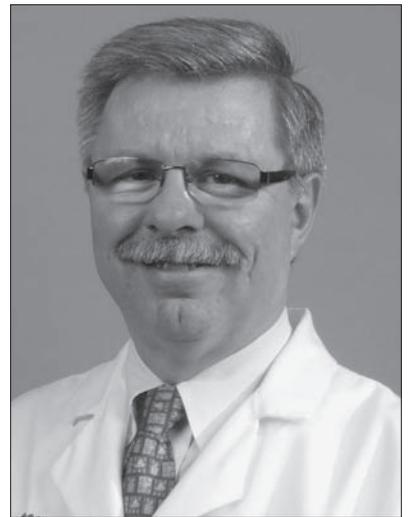
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# Roy Named Chief of Medicine at Maine Medical Center

Michael A. Roy, MD, has been appointed Chief of the Department of Medicine. Dr Roy has been serving in this role in an interim capacity since 2008 and assumes the position permanently this month.

Dr. Roy graduated from Tufts Medical School of Medicine and completed his internship in internal medicine at St. Elizabeth’s Medical Center in Boston, his residency in internal medicine at Maine Medical Center, and a post-doctoral fellowship in gastroenterology at the Lahey Clinic. He served as Division Director of Gastroenterology and Director of the endoscopy unit at MMC from 2002 through 2008 and is the founder and Co-Director of the Maine Digestive Health Center. Additionally, Dr. Roy is an Assistant Professor of Medicine at Tufts University School of Medicine and a Clinical Assistant Professor of Medicine at the University of Vermont College of Medicine.

“Over the course of more than 20 years of clinical practice in the Portland area, Dr. Roy has made significant contributions to both MMC and the community at large” says Peter Bates, MD, Vice President of Medical and Academic Affairs. “Dr. Roy’s striking insight into the impact of our current political and economic climate on health care delivery and the education of future physicians combined with his clinical achievements makes him the ideal Chief of Medicine for Maine Medical Center at this pivotal point in time.”



## MMC Named Top 100 Hospital

Maine Medical Center has been named a recipient of Thomson Reuters' Top 100 Hospitals Cardiovascular Benchmarks Award.

To qualify, hospitals must achieve high scores across eight equally weighted categories that reflect use of evidence-based medicine, superior clinical outcomes, high procedure volume, great efficiency, and reasonable cost.

The analysis is focused on two prevalent cardiovascular conditions – acute myocardial infarction and heart failure – and two high volume interventions – coronary artery bypass graft (CABG) and percutaneous coronary intervention. In addition, their research indicated this year that



the winners, as a group, have significantly lower readmission rates. This is the fifth year in a row that MMC received this honor.

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## Maine Abusive Head Trauma Efforts Receive National Recognition

Maine's Abusive Head Trauma Prevention Workgroup was recognized by the National Center on Shaken Baby Syndrome (NCSBS) for outstanding implementation of the Period of PURPLE Crying program in birthing hospitals all over the state. The program aims to eliminate Abusive Head Trauma (AHT), more commonly known as Shaken Baby Syndrome.

MMC's Perinatal Outreach Nurse Kelley Bowden, MS, RN, and Lawrence Ricci, MD, child abuse

pediatrician from Spurwink, traveled the state providing education to each birthing hospital's team, as well as public health nurse offices, home visitors, and other community partners on the Period of PURPLE Crying. Each newborn's family will receive the Period of PURPLE Crying materials when they leave the hospital. The program includes a 10 minute DVD and 11-page booklet given to parents along with a short presentation.



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## SWAT Drill at MMC

Members of the Portland Police Department's SWAT Team wait inside an Emergency Department (ED) as part of a drill conducted at the medical center last month. In the scenario created for the drill, a five-year-old girl was brought to the ED with a broken arm. When an "employee" from the Department of Health and Human Services becomes involved, the "girl's father" shoots her and a hostage situation is created. The drill was held overnight in a patient care area that is not used during the early morning hours, and provided an important learning exercise for both MMC and the Portland Police.

# Celebrating the Past: 2009 wa

Here's a small sampling of what we accomplished l

## January

- Maine's first baby born in East Tower at 12:36 a.m.
- Nursing Professional magazine names MMC in its "Top 100 Hospitals to Work for" list.
- MMC's Therapeutic Hypothermia Program cools its 100th patient.

## February

- Installation begins on a new two-ton On-Board Imager at the Bramhall campus. The device provides cancer patients with a broader range of radiation treatment options and can also take X-rays and perform radiosurgery.
- MMCRI Researcher Ilka Pinz, PhD, receives grant from American Heart Association for a project that examines the connection between obesity and the heart's ability to pump blood throughout the body.



Former first lady Barbara Bush reads to children on her 84th birthday.

## May

- MMC celebrates the 50th anniversary of our first open heart surgery.
- Online Patient Pages give patients a way to stay connected with family and friends.
- MMC replaces our outdated mainframe computer with a remote mainframe, housed in New Jersey.
- MMC named Employer of the Year by the Coastal Counties Workforce Investment Board for its work with "new Mainers".

## March

- The Cares for Kids Radiothon raises \$172,929 for The Barbara Bush Children's Hospital.
- MaineHealth announces the formation of Maine Mental Health Partners.

## April

- MMC unveils new History Wall, meshing the history of our hospital, the nation, and the world.
- MMC celebrates Employee Appreciation Week.
- MMC implements a Code Yellow, in response to the H1N1 outbreak.
- Friends of Maine Medical Center celebrates 50 years.

## June

- Rich Petersen is named President and CEO.
- MMC receives full accreditation from the Joint Commission.
- Volunteer Recognition Celebration honors MMC's 800 volunteers.
- *Time* magazine shares story of PIER program.
- The MaineHealth cycling team, 71 members strong, raises \$44,747 for the American Lung Association of Maine during the Trek Across Maine.
- MMC hosts Medical "Camp" for college students.



Scarborough  
its 10,000th  
Pictured: GI

# as a Busy Year at MMC

ast year.



h Surgery Center performs surgery in January. enn Dash, Jill Binford.

## July

- Climb for Cancer Care fundraiser raises \$31,500 for the Gibson Pavilion.
- Don St. Germain, MD, joins MMC as Associate Vice President of Research and Director of MMRCI.
- MMC begins rollout of Patient Journals, part of an effort to improve patient and family communication with the physician and health care team.

## August

- MMC and Tufts welcome the first class of students into the new medical school.
- MMC's Ventricular Assist Device (VAD) program receives Joint Commission certification.
- MMC's reaches its 100th high dose radiation (HDR) therapy treatment.

## September

- MMC and Maine Pediatric Specialty Group honored with Cystic Fibrosis Foundation's Quality Care Award.
- MMC chosen as model prostate cancer program by the Association of Community Cancer Centers.
- MMC performs its 1000th robotic-assisted surgery.

## October

- MMC reported that researchers at MMCRI are working on what may someday be a blood test for breast cancer.
- Health Information Management (HIM) was named HIM Department of the Year by *Advance Magazine for HIM Professionals*.
- Local media report that MMCRI researchers are working on a study that examines the link between active video games and family health.



In June, "An Evening of Stars" honors MMC's longest-tenured employees, including Kim Bockus of our Neonatal Intensive Care Unit.

## November

- Impressions Café introduces the Spotlight on Nutrition program, which provides color-coded information for food selections.
- MMC announces news of a research study that examines the use of advertising techniques to help young women quit smoking.
- United Way campaign raises an MMC-record \$275,000.

## December

- MMC celebrates completion of expanded Emergency Department.
- M. Parker Roberts named President of Medical Staff.
- Bariatric Surgery Center earns highest accreditation from American College of Surgeons.

# Suspense Thriller Uses Fictionalized Maine Medical as a Key Setting

Author James Hayman set his new suspense thriller, *The Cutting*, in Portland, with a fictionalized version of Maine Medical Center as a key location.

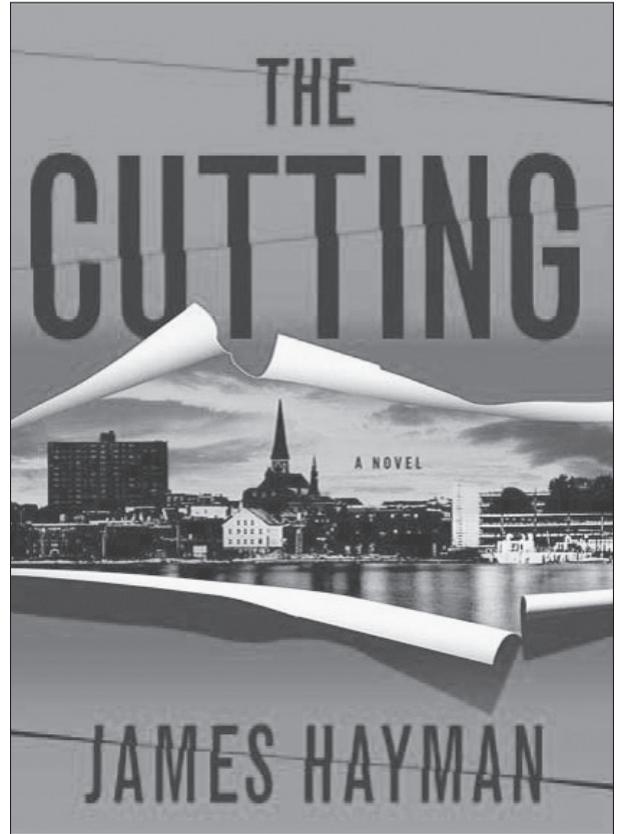
*The Cutting* tells the story of a brilliant but morally corrupt cardiac surgeon who murders healthy, young athletes to use their hearts in an ugly and illegal organ transplant scheme.

The author of *The Cutting* freely admits the descriptions of his fictional Cumberland Medical Center are based on MMC. “The similarities are obvious,” says Hayman. “Both hospitals are located on Bramhall Hill at the edge of Portland’s Western Prom and both have nationally recognized cardiac programs. For example, when the hero of *The Cutting*, Portland Police Detective Michael McCabe, researches Cumberland on the internet, he learns that ‘its cardiac unit was named one of America’s one hundred best three years running.’ That rating should sound familiar to anyone who knows Maine Medical Center. In real life, MMC consistently earns high national scores for cardiovascular and other services.

“There are important differences between the two institutions,” says Hayman. “The key one is that, in the book, Cumberland Medical Center is described as a major heart transplant center while no heart transplants are actually performed at Maine Med.”

Hayman gained much of his knowledge about Maine Medical Center while researching and writing for a soon-to-be published history of MMC. He also depended on two MMC doctors, Emergency physician George “Bud” Higgins, MD, and cardiac surgeon Bob Kramer, MD, to provide expert advice in their specialties.

“In the book,” says Hayman, “a key witness is seriously wounded by a sniper’s bullet which passes through her brachial artery causing severe, life-threatening arterial bleeding. She is rushed by ambulance to Cumberland Medical Center’s ER where her life is saved. Bud Higgins provided



me with the right language to use and the right procedures to describe as the EMTs and ED docs scrambled to save her life. For his part, Bob Kramer gave me detailed instructions on the right way to remove a human heart.”

*The Cutting* was published earlier this year by St. Martin’s Press in New York under their Minotaur imprint. So far it has garnered excellent reviews in the Maine press.

*The Cutting* was named to the American Booksellers Association’s IndieNext List for July 2009. According to the ABA, the IndieNext list is compiled from nominations sent in by independent booksellers across the country and consists of the twenty or so best-liked books published each month in all categories.

# January Anniversaries

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Sandra Colello, R6, 30 Years



Melida Dorr, Radiology,  
25 years

## 40 Years

Paulette Gallant, R1  
Valerie Hodgdon, Operating Room

## 35 Years

Cynthia Bridgham, Risk Management  
Sandra Dudley, Admitting  
Sandra Jordan, Operating Room

## 30 Years

Dorrit Buckley, Financial Services  
Sandra Colello, R6  
Ricky Dahms, Environmental Services  
Janice Doherty, Operating Room  
Christine Johnson, R6  
Carolyn Kelley, Pulmonary Medicine  
Debra Pettengill, MRI

## 25 Years

Melinda Dorr, Radiology  
Jane Quirk, SCU  
Lucretia Salvatore, Operating Room  
Julie Williams, MRI

## 20 Years

Sandra Bryan, Dialysis Nursing  
Anne Bureau, Pulmonary Medicine  
Brian Cyr, Pulmonary Medicine  
Diane Dagneau, Gibson Pavilion  
Wendy Farr, Pediatrics  
Wendy Haskell, Patient Services  
Christine Kuhar, Pediatrics  
Elizabeth Matheson, Pediatrics  
Paul Peaslee, Information Services  
Cecile Rossignol, P4C  
Simonne Sansoucy, R9  
Caroline Wagner, Nursing Floats  
Kellie Welch, Diagnostic

## 15 Years

Poh Chang, MD, GPP Falmouth  
Dayle Dewey, MD, GPP Falmouth  
Tina Gagnon, Outpatient Registration  
Anne Lawrence, Radiology  
Deborah Lucas, NICU  
Charlene Myers, Health Information Management  
Jeannette Ramey, Health Information Management  
Suzanne Smith, Materials Management  
Mary Storms, Psychiatry

## 10 Years

Dennis Barbour, Information Services  
Nancy Beaudoin, Adult Medicine  
Ann Callnan, Pulmonary Medicine  
Joseph Fish, Information Systems  
Karl Hatch, R1  
Cheryl Jones, Circulatory Disease Administration  
Kathleen Kiernan, Pulmonary Medicine  
Lora Manning, Anesthesia  
Kevin McBride, Admitting  
Christine McKenzie, Vocational Services  
Leanne Noyes, ASU  
Kathryn Palmer, Radiology  
Karen Rosario, SCU  
Lisa Roy, Pulmonary Medicine  
Chester Scamman, Sleep Institute  
Mary Stimson, Admitting

## 5 Years

Michael Best, Information Services  
Dave Chandler, Building and Grounds  
Diana Coit, Interpreter/Cross Cultural Services  
Janel Crowley, R5  
Kathleen Cyr, Family Center  
Lisa Decesare, Nursing Floats  
Shannon Fields, Gibson Pavilion  
Kelly Gillian, R7  
Shannon Graham, Information Systems  
Adam Hoeflick, Pharmacy  
Amy Horstmann, Purchasing  
Paul Lesneski, Information Systems  
Amy Liston, Psychiatry  
Janet Macleod, Information Systems  
Nancy Palumbo, Outpatient IV Therapy  
Cheri Parise, Ultrasound  
Christine Robbins, Oncology  
Rosemarie Smith, MD, Geneticist  
Elizabeth Tardif, Audit and Compliance  
Katie Trask, Pediatrics  
Jaimee Watts, Audit and Compliance

# Marketplace

So that everyone has an opportunity to use the Marketplace, ads may be placed once. Repeats will be permitted only as space allows. To submit an ad, email [marketplace@mmc.org](mailto:marketplace@mmc.org)

## THE DEADLINE FOR THE NEXT ISSUE IS THE FIRST FRIDAY OF THE MONTH.

### FOR SALE

2003 Yamaha 350 Warrior: 6sp, w/ reverse, "too fast for me" Great Shape \$1200 or BO. 590-8721.

Gorgeous Antique Brass Bed, early 1900's, head board, footboard & rails full size \$150. Gold/brown tweed armless LR chair, 2 yrs old, exc. cond. paid \$250 new, asking \$100. 400-7622.

Trek 5000D Road bike, 54" carbon frame w/ Shimano parts. Super light. Exc. cond.. Rarely used. \$1100 OBO. [kolbeg1@mmc.org](mailto:kolbeg1@mmc.org) or 773-9669.

Volvo wheels & caps 8x16, that will fit 2001 through present S70's, V70's, Cross Country, S60's & maybe others. All 4 wheels & caps in exc. cond. All for \$250. 712-8912.

Bauer-Supreme One05 Mens hockey skates. Size 9.5. Like new/worn 3 times. \$35. 854-2041.

4 Wheeler for Sale. 499-7170.

Bruins tickets for all home games. 3 tix for each game, exc. seats. 934-8038 or email [djt@sdinc.biz](mailto:djt@sdinc.biz).

24 ft. above ground pool. Never taken out of cartons. Bought on line 3 yrs. ago & never setup. Beautiful tan color w/ sand filter & deck ladder. Paid \$5200. will sell for \$2200. [jenna04222@hotmail.com](mailto:jenna04222@hotmail.com) or 333-0202.

Queen size bed that was barely used for \$75, 899-1716 eve or weekends.

Treadmill, only 1 yr old. High quality, bought from fitness store. Original price \$1,000. Asking \$400. 615-6988.

Apple 13.3" MacBook Pro Notebook. 2.53GHz Intel Core 2 Duo Mobile, 4GB DDR3, 250GB HDD, DVD±RW DL, Mac OS X v10.5 Leopard, 13.3" LCD - MPN: MB991LLA. Retail value is \$1500 looking to sell for 1000 OBO. [moulee@mmc.org](mailto:moulee@mmc.org) or 662-6428.

### FOR RENT

Ptld, 77 Carleton St: 2 BR, 1.5 BA West End recently renovated 2 story apt, 3 frplcs, hdwd, private stone patio, attached office/studio, OS pkg incl 1 garage space, full bsmt w/ W/D. visit <http://www.postlets.com/rtpb/3002342> \$1800/mo. 801-232-3943.

Wells, near Ogunquit & York line. 3 spacious BR, full BA w/ whirlpool tub, W/D hookup, full K w/ eating bar, dining area, LR, slider w/ deck. Spiral stairs to 10'x10' widows walk. Wooded area. \$1300/mo incl heat. <http://maine.craigslis.org/apa/1489218727.html>.

Ptld, High St: unique brick Victorian condo, high ceilings, lg. windows, 2-3 BR, 1 BA, 3 fls, 1 pkg space, pets considered, W/D, natural gas heat. Sec dep required, \$1200/mo + util. Email [ticklefisfarm@aol.com](mailto:ticklefisfarm@aol.com). 615-8000.

Windham: Beautiful, peaceful, contemporary 2+ BR, 2 BA, partially furnished, \$1400/mo+util. [swetts1@mmc.org](mailto:swetts1@mmc.org).

Ptld, Spruce St: 2 apts on west end close to MMC. First is a lg., open concept 2-3 BR, K, several classic features such as marble frplc. Newly refinished hdwd \$1100/mo + util. Incl Internet. Second is a 3-4 BR unit.

Working on installing a W/D. New fls in K & BA. \$1000/mo + util. Incl Internet. 401-787-0393.

Ptld, 227 Brackett St: Sunny, quiet, 2nd fl 1 BR w/ study, galley K, built in bookcases, hdwd fls & laundry on site. Rinnai gas heater \$925/mo + util, 1 year lease & sec dep, NS/NP. Avail 31/10. 871-5064 or [bixbywhite@cs.com](mailto:bixbywhite@cs.com).

Ptld, near Congress St: 2nd fl of a 3-level house (1200 sf). 3 BR, 1 BA apt. Private layout for roommates. Lots of storage space. Updated K & BA, lg walk-in closets, 2 LR, & wide pumpkin pine fls. \$1050/mo + util. Efficient gas fired hot air heat. 318-7191.

Gorham: Single mom renting a room out of nice house on dead end street. Rental room is upstairs, our BR's are downstairs. Shared K & occasionally the LR & DR. \$125/wk incl Heat, H/W, Satellite TV. Room has full size futon, closet & lighting. Porch, grill & plenty of pkg & storage. Call 332-4238.

Ptld: 1 BR apt in old Victorian w/ full BA. Hdwd flrs. W/D in bldg. 4 blocks to MMC. \$860/mo incl Heat & OS pkg. 749-3004 email [flyhalfprop@gmail.com](mailto:flyhalfprop@gmail.com).

Ptld: Split-level 3 BR, 1.5 BA, W/D, 2 OS pkg spaces, hdwd flrs, SS appliances, granite counter tops, open concept living area, plenty of storage space. \$2000/mo incl cable TV, internet, electric, heat & water.

Furnished or unfurnished. Call 749-3004 or email [flyhalfprop@gmail.com](mailto:flyhalfprop@gmail.com).

Ptld, 2 Crescent St: Sunny 1 BR apt near MMC. Hdwd flrs. Eat-in K w/ lg pantry closet, garbage disposal, DW, microwave & W/D. Bsmnt storage. Frplc. Pets considered. NS. 1 OS pkg space. \$850 + util. 450-3522 or 332-1424.

Ptld, 27 Nevens St: Sunny 2 BR apt. Hdwd flrs, Eat in K w/ DW, garbage disposal, lots of storage/counter space. BA has W/D. OS pkg, A/C, economical monitor heat. Pets considered, NS. \$950/mo + util. 450-3522 or 332-1424.

Ptld: 2 BR apt in West End. Eat-in K & dining area. \$875/mo incl heat, hot water, & Pkg. 831-4339.

Ptld, 204 Deering Ave: Sunny, clean 1 BR, 1 BA apt on 3rd flr. Open K, LR, DR w/ skylight. New hdwd flrs, carpeting, paint. NS. New fridge. \$875/mo incl heat. References & credit will be thoroughly researched. 272-5799.

Gorham Center. Beautiful, 3 BR apt. 1st flr. Modern Isl& K. Hrdwd fls. Laundry. Lg. deck & yard. Ample OS pkg. Great for family or shared by 2 or 3 professionals. NP, NS. \$1450/mo. 831-4803.

Ptld, 13 Hemlock St: 7 min walk to MMC. New 1st fl apt in 2 unit owner occupied home. 3 BR, 2 BA, LR, DR, new granite-top K, new W/D. NS. Cats OK. \$1200/mo+util. Lease, references required. 773-5177.

Ptld, corner of Winter St & Pine St: Sunny 1 BR condo, spacious - 820 sq ft, OS pkg for 1, SS appliances, updated BA, energy efficient W/D, \$1150/mo incl H&HW. 617-699-2924.

Newly renovated Studio apt available Feb 1st \$595 + sec. includes heat. Owner occupied building. Steps away from MMC. 831-8377 or [peoplesproperties@gmail.com](mailto:peoplesproperties@gmail.com).

South Portland: Clean & cozy small cape. Located near parks, beaches, greenbelt, & grocery stores w/ easy access to MMC. Open K & DR, LR, 1 lg. & 1 small BR, & BA, hdwd fls, W/D in basement, off street pkg, small porch & private backyard. N/P N/S, lease/security deposit/ references. \$1,000/mo. + utilities. 662-4897.

227 Brackett St. Sunny, quiet, 2nd fl 1 BR w/ study, galley K, built in bookcases, hdwd fls & laundry on site. Easy walk to MMC. \$950 +utilities, Rinnai gas heater, 1 year lease & sec. dep., N/S N/P Historic brick building w/ nice gardens & outside space. 871-5064 or [bixbywhite@cs.com](mailto:bixbywhite@cs.com).

### ROOMMATE

Ptld: Looking for M or F roommate to share 3 BR West End apt w/ 2 pro. males 26 & 30. Clean, quiet, respectful. \$400/mo incl HHW, laundry & pkg. Close to MMC. 751-7341.

Downstairs BR for rent w/ shared LR, K & BA. OS pkg during the winter. \$400/mo incl utilities, water & heat. 415-7599.

### REAL ESTATE FOR SALE

So Ptld: Charming Cottage/ Bungalow, walking distance to Mill Creek Shopping Village, biking distance to MMC, & nearby beaches & lighthouses. 3 BR, 1.5 BA, new K & BA, skylights, & huge deck overlooking white mountains, sunsets, & city lights. \$329,500. Dog friendly neighborhood. In pristine cond. 773-9669.

OOB: This condo is located w/in walking distance to beautiful OOB, but in a quiet setting. 2 BR, 1 BA, eat-in K, frplce, skylights & cathedral ceilings w/ a Lg deck located off the LR. Pets & children ok. Seller is very motivated & this is priced to sell quickly at \$132,900. 934-0447.

Ptld-Cape-74 Euclid Ave, Nice residential neighborhood, 3 BR, finished basement \$179,999 \$\$ toward closing. 807-7370 or [dkilmartin@msn.com](mailto:dkilmartin@msn.com).

# People

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Mark Buck

**Mark Buck** has joined Maine Medical Center as a Programmer/Analyst-Sharepoint Administrator. Buck previously worked as a Web Developer at Florida-based Nappi International.

**Brian Marden, Pharm.D.**, has been appointed Director of Pharmacy. Brian joined MMC 2007 as the Medication Safety Pharmacist, and became Pharmacy Manager in 2008. Brian was integral in the development of a three year automation plan for medication management which was endorsed as a strategic initiative for MMC in 2009. This plan, when fully implemented will greatly enhance the safety of medication use for all patients by forming a “closed loop medication delivery system”.



Brian Marden, Pharm.D.

**Alan MacDuffie** has joined MMC as Manager of Platform Services in the IS Department. MacDuffie was previously the IS Infrastructure Manager at National Semiconductor in South Portland.

Four staff at The Maine Heart Center have been nationally certified as Cardiographic Technicians: **Airton Pacheco, Cherie Thomas, Elaine Thompson, and Sheila Waterhouse**. This marks the first time that all MMC staff members working in the regular stress lab and the nuclear stress lab are nationally certified.

**Stephanie Nichols, PharmD, BCPS**, passed the board certification examination as a Board Certified Pharmacotherapy Specialist. Stephanie is a graduate of the SUNY Buffalo, School of Pharmacy and completed the Pharmacy Practice Residency program here at Maine Medical Center. Stephanie joined MMC in 2006, and is a unit-based pharmacist in Psychiatry, Medical /Surgery, and Family Medicine.

Ptld 2 family, 22 Bailey Ave. Nice building, 3 BR/2 BR, completely furnished rentals, great #’s separate utilities, landscaped yard, deck, OS pkg, \$284,999. 807-7370 or dkilmartin@msn.com.

Old Orchard Beach. Beautiful condo on ocean, 2 BR, granite, hardwood. Priced to sell. \$399,999. 289-8615.

Ptld. house lot. 22 Bailey Avenue, water/sewer at street, permit approved w/ town \$65,000. 807-7370 or dkilmartin@msn.com.

Scarborough: 3 BR, 2 1/2 BA condo 7 minutes away from MMC. 2 OS parking spaces & one garage space. Condo completely furnished. M or F \$500/mo + util. 807-1970.

Scarborough, Route 1. 3 BR ranch. Ten minutes to down-town Ptld. \$600/mo incl cable, electric, internet, H, water, W/D, pkg. I have one cat. 632-9930 or cknapp82@yahoo.com.

So Ptld, Willard Beach. Seeking prof housemate to share home with prof single mom with 18 month son. 500 sq ft finished daylight basement room furn with bed, couches & TV. W/D, shared K & 1.5 BA, OS pkg, fenced yard with lg deck & BBQ.

\$600/mo incl all util (H, HW, cable & WIFI) esteele77@yahoo.com.

Ptld: share condo. \$650/mo incl H&H, cable/wireless, parking, W/D, fully appl. K, open LR/DR, 1.5 BA, storage, room is 14X16 w double closet, deck, yard, lawn care & snow removal, 1.5 miles from MMC. \$650 deposit. Lease terms negotiable. pedsnurseali@yahoo.com.

Room in shared House 26 Plymouth Street Portland, Northgate/North Deering Area \$550/month Includes H/HW, Electric,

Internet Access, Off-street pkg, Bus line, 899-4101(h) 229-4386(c) balih@maine.rr.com.

**ST/SEASONAL RENTAL** Skiers, Sunday River winter get-away, Bethel ME. 5 miles to skiing, x-cross country, etc. Heated outdoor swimming pool, BR condo. Rent weekends, weekly, or monthly. 712-6661 or e-mail suziecurves@myfairpoint.net.

Embden Lake, 3 BR cottage right on Embden Lake, 30 minutes to Sugarloaf, sleeps 7. Winter rentals \$450 week, \$99 night min 3 days, Summer rentals \$700 Call 807-7370 or dkilmartin@msn.com.

Raymond Lake. 2 BR log cabin, sleeps 5, open concept, 200 ft frontage, boat dock. April-June \$700 week June-August \$1200 wk. 807-7370 or dkilmartin@msn.com.

## SERVICE

North Atlantic Montessori School has opened it's new child care facility for infants through 6 years old. We are staffed w/ certified teachers & are CPR & First Aid certified. We are located at 209 Western Ave., 1/2 mile from #295. In the same plaza as Costa Vida Restaurant & Snip Its. 10% discount for MMC employees. 518-9573.

David Riley Rubbish Removal: refrigerators, stoves, etc. 499-7170

## ODD JOB SERVICE

Specializing in Painting/ Staining, etc. Also attic, garage, basement cleaning, everything you don't use will take to the dump. Exc. References. Insured. Free Estimates. 749-6811.

It's the second most wonderful time of the year! If you'd like to order Girl Scout cookies I'd be happy to help. 885-8540 or birona@mmc.org

## MMC Gains Distinction for Spine Surgery and Knee and Hip Replacement

Maine Medical Center has met the selection criteria necessary to be designated a Blue Distinction Center for Spine Surgery and Blue Distinction Center for Knee and Hip Replacement by Blue Cross and Blue Shield of Maine. These two programs met objective, evidence-based criteria that demonstrates reliability in delivering knee and hip replacement and spine surgery with better overall outcomes for patients. Co-marketing activities are being planned including designation on Blue Cross Blue Shield Association public web site at [www.BCBS.com](http://www.BCBS.com), as well as the Blue National Doctor and Hospital Finder.

## Looking Back . . .

### 'Must-see' Television, 1954



Photo courtesy Maine Medical Center Archives

Before Leno and Oprah, staff from the new Maine Medical Center served as talent on a program broadcast as a public service by WCSH-TV each Thursday at 6 p.m. Most shows featured a particular treatment or condition, ranging from arthritis to heart disease.

Those in this program were (seated) Left to Right: James Parker, MD (Surgery); George Maltby, MD (Neurosurgery); Calvin Eels (WCSH); unknown; Robert Lorimer, MD (OB/GYN). Back Row: Llewellyn Cooper, MD; unknown; unknown; William Taylor, MD.



*centered around you*

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