

What's Happening

at Maine Medical Center



February 2009 | VOLUME 42, NUMBER 2

Scarborough Surgery Performs 10,000th Surgery



Marita Marino prepares to remove a tray of dental instruments from a sterilizing machine at the Scarborough Surgical Center.

MMC's Surgery Center in Scarborough performs a wide variety of outpatient procedures, including:

- Gall bladder surgery
- Gastric reflux surgery
- Spinal surgery
- Breast reconstruction
- Hip and knee arthroscopy
- Lap banding procedures (weight loss surgery)
- GYN surgery, including hysterectomy
- Pediatric surgeries (eyes, tonsils, ear tubes, etc.)
- Prostate cancer radiation seed implant
- Eye retinal surgery

MMC's Scarborough Surgery Center (SSC) reached a milestone last month, when Benjamin Huffard, MD, performed a procedure to repair the shoulder of a man from Scarborough.

The operation, an open shoulder reconstruction, is a fairly common procedure. But this one was special, as it marked the 10,000th surgery at the Scarborough location.

"Although we pride ourselves on the quality of our work, the news of reaching our 10,000th procedure certainly brought smiles to the faces of our staff," says Diane Fecteau, Executive Director of Surgical Services. "That's a lot of procedures and credit goes to the great staff and wonderful facility we have here."

Just 18 months ago, in August 2007, our Brighton surgical team packed up and headed south on Interstate 295 to MMC's Scarborough Campus. The new location offers everything from 10 state-of-the-art operating rooms and specialized surgical nurses, to private patient care rooms and some of the region's best board-certified surgeons. In addition, SSC has six modern overnight rooms and a separate pediatric recovery area.

The most common procedure at the Surgery Center is a knee arthroscopy, which also happens to be the first operation performed there by John Padavano, DO. ■



Maine Medical Center
MaineHealth

centered around you

www.mmc.org

President's Message

MaineHealth Growth is Positive for System and Maine Medical Center

Working together so our communities are the healthiest in America is a very bold and decisive statement. And, as many of you know, it's the vision of MaineHealth.

As a system, MaineHealth is now over ten years old and is nationally recognized as one of the top 100 health systems in the nation. The efforts of the system in clinical integration and health status improvement are well ahead of other systems in the country and we should be proud of these achievements and accomplishments. I say "we," because Maine Medical Center is an integral part of the State's largest integrated health care delivery network.

As the flagship hospital in the MaineHealth system, we are often the clinical and financial engine at the heart of our system. The work we do here at the medical center has an important and profound impact on the rest of the system and the entire State of Maine. But I want to let you know that the medical center also benefits from our membership in MaineHealth, and I would like to give you just a few examples.



In patient care, we participate (and in some cases to a very large degree) in the clinical integration activities within MaineHealth. Our clinicians are working side by side with others from around the system to research and discover the best practices in clinical care and then transfer that knowledge throughout our health system. Often, that work directly benefits those we care for, and the return on that investment is measured in the smiles of our patients and their positive outcomes.

And there is another – more traditional – return on investment as a result of our membership in MaineHealth. Because we are part of a much larger entity, Maine Medical

Center saves money on the costs of purchasing medical equipment and technology. Through our group purchasing division, led by Tom Guare, our health system saved over \$3 million dollars last fiscal year alone, and the medical center realized over \$1.6 million in savings. In addition, all the member organizations of MaineHealth are on the same health care benefit plan. That means we're able to share the costs of health care spending across a much larger pool of employees. This lowers our costs and allows us to enjoy one of the best health care benefit plans in the State. These are just two of the many examples in financial benefits of being part of MaineHealth.

More and more, other organizations are recognizing these benefits. Over the past few months, there has been a flurry of activity at MaineHealth with announcements of new members and negotiations with potential new members to the system. Waldo County Healthcare in Belfast recently joined as a member; PenBay Healthcare in Rockland joined as a strategic affiliate last year; and the Southern Maine Medical Center move from strategic affiliate to membership is currently in the State of Maine's Attorney General's Office for approval. This is good news – not only for the system – but for Maine Medical Center.

As more and more organizations realize the benefits of

Member organizations of MaineHealth include Maine Medical Center, Stephens Memorial Hospital, St. Andrews Hospital, Miles Memorial Hospital, Waldo County General Hospital, Spring Harbor Hospital, HomeHealth Visiting Nurses, NorDx, Synernet, and the Maine Physician Hospital Organization. Affiliates include Southern Maine Medical Center, MaineGeneral Hospital, Mid Coast Hospital, St. Mary's Regional Medical Center, and Penobscot Bay Medical Center.

Getting to know . . .

Chris Barnaby

Position: Administrator Cardiac Imaging and Information Systems

Years at MMC: 7 years



What does your job entail?

A large part of my job is making sure all images and data gathered in the Cath Lab (Catherization Laboratory) are readily accessible for clinical diagnosis and statistical analysis. I will spare you the rest of my responsibilities as it involves the “computer-geeky” stuff which causes most people to cringe ... and sometimes fall instantly into the fetal position!

What people may not know is that:

I was born in Jamaica, raised in New York City. I have been/still a member of the Army National Guard for the past 20 years!

If I could have lunch with anyone it would be:

Sidney Poitier. Have been a fan of his since watching “To Sir, With Love”. Read his autobiography “The Measure of a Man: A Spiritual Autobiography” recently. Mr. Poitier was a controversial first in so many aspects, hearing his tales firsthand would be ... amazing!

I love working at MMC because:

The people are awesome; and the support the administration gives to the many soldier/citizens/employees is amongst the best I have encountered in my 20 years of being part of the military. ■

membership in MaineHealth, we can seek to positively impact the health and well-being of more and more residents of the State of Maine. And that gets us closer and closer to realizing our collective vision – *Working together so our communities are*

among the healthiest in America.

Respectfully,

Richard W. Petersen

Interim President and Chief Executive Officer

Joint Commission: Progress Notes Need Information

As a medical center, MMC does a lot right. However, one big area of improvement focuses on our Progress Notes.

During its July visit, the Joint Commission handed MMC a “Requirement for Improvement” when it examined the way we maintain complete and accurate medical records.

The Joint Commission and the Centers for Medicaid and Medicare have strict standards regarding entries in medical records, and Maine Medical Center has a policy that **all** entries in the medical record must be **dated, timed, and signed** by the proper authority.

“When the Joint Commission reviewed random medical records, the inspectors found a deficiency in the area of handwritten notes not being dated or timed – and many even lacked a signature,” says Doug Salvador, MD, Associate Chief Medical Officer and Patient Safety Officer. “It’s critical that everyone take an extra few seconds to complete this important step.”

As a Requirement for Improvement, we must measure our progress for four months, through mid-March, and submit our data to the Joint Commission. If we fail to meet a 90 percent compliance rate, the Joint Commission will

PROGRESS NOTES CONTINUED ON PAGE 5

Neurosciences Research Seminar Stresses Collaboration

Teamwork might be the key to unlocking some of the mysteries of neuroscience, and several prominent Maine research groups are looking for ways to work toward that common goal.

The Neuroscience Institute at Maine Medical Center, in collaboration with MMC's Research Institute (MMCRI) and the University of New England (UNE), recently sponsored a seminar to explore potential areas of collaboration in neurosciences research among the three organizations.

The keynote speaker, Edward Bilsky, Ph.D., Associate Professor at UNE, oversees seven National Institutes of Health-funded investigators, who work in a variety of neuro-related areas, such as pain, addiction, neuroimmunology, and neuropharmacology.

Dr. Bilsky provided an overview of the neuroscience research program at UNE, which includes 11 faculty members, representing over 350 peer-reviewed publications and approximately \$1.2 million in extramural funding per year.

Robert Friesel, PhD, and Cliff Rosen, MD, reviewed the major neurosciences-related research at MMCRI, with a particular focus in the Center for Molecular Medicine and Center for Translational Research, and with major grant funding in vascular biology, stem and progenitor cells, and marrow adiposity.

William Cook, Ph.D., from MMC's Portland Identification and Early Referral Program (PIER), discussed the program's mission to reduce the incidence of psychotic illnesses in Greater Portland — such as schizo-

phrenia and bipolar disorder — as well as other areas of research interest within the Department of Psychiatry at MMC. Those in attendance then heard an overview of research interests from clinicians affiliated with the Neuroscience Institute (NSI), provided by Rajiv Desai, MD, Medical Director, and Barbara Grillo, Director.

Several physicians also briefly discussed their research interests in the areas of neurocritical care/neurotrauma, neuroncology, spine/bone, and stroke/vascular.

The seminar served as a launching point to identify areas of mutual interest in the neurosciences, with the goal of further developing the research mission of these organizations through collaborative efforts in the future. For more information, contact Barbara Grillo at NSI, 662-6924. ■

A Good Sport

Development's Sally Meredith has her hands full at the 15th Annual Swish-Out Childhood Cancer Challenge, held Feb. 8 at the University of Southern Maine campus in Gorham. Thirty-two teams of area businesses, families, and friends took to the hardwood to raise \$25,172 for the Maine Children's Cancer Program. The event, presented and coordinated by Maine's credit unions, has raised more than \$148,000 since 1994.



Imaging Device Brings Treatment Closer

Bramhall patients requiring radiation therapy will soon receive treatment on campus, thanks to a new imaging device that's scheduled to be operational in April.

The two-ton On-Board Imager, located in the basement of the Dana Center building, provides cancer patients with a broader range of radiation treatment options, and can also take X-rays and perform radiosurgery.

“The new linear accelerator system is an imaging and treatment machine combined into one. The state-of-the-art imager enables us to see and target tumors more precisely during treatment sessions,” says Steven Ryan, Chief Radiation Physicist.

The On-Board Imager rotates around the patient to take X-ray images and deliver treatments from any angle. It produces high-resolution images of the tumor and tracks changes in tumor shape, size, and position due to shrinkage or shifting over a multi-week course of treatment. The accuracy of the radiation system allows doctors to treat smaller lesions and tumors that are very close to vital structures. That can mean substantially fewer side effects for patients. ■



Pierre Charpentier, Clinical Physicist, and Steven Ryan, MS, DABR, Chief Radiation Physicist, pose in front of MMC's new On-Board Imager.

PROGRESS NOTES CONTINUED FROM PAGE 3

require another four months of data collection, until we reach the 90 percent goal.

“We all know that dating, timing, and signing all pieces

of the medical record are key parts of safe patient care.” says Dr. Salvador. ■

Computer To Be Replaced By Remote Mainframe

MMC's outdated mainframe computer — which runs our MIS (E7000) patient registration system, and Medipac, the Patient Accounting system — soon will be replaced by a newer mainframe computer in New Jersey. Last summer, preparations began for the move of these two systems off MMC's mainframe computer, which needs expensive updates. Our vendor, Eclipsys, will begin hosting MIS and Medipac in May. MMC's Information Services staff will continue to maintain these applications.

Once these applications are relocated, the mainframe computer will be removed from MMC's computer room, which will no longer be staffed by Computer Operators. Plans are being developed to ensure that additional support provided by the Operators is covered.

What does this mean for users of these systems? There will be an extended down of MIS and Medipac the weekend of cutover (date to be determined), which will affect patient registrations and data flow to all systems that receive registration data. The SCM patient care system *will remain operational* during the down with information available on existing patients.

Stay tuned for additional information regarding the system downs. Questions? Contact Liz Wooley at 662-6407 or woolee@mmc.org. ■

Boutique Offers Something For Every Mom, Baby

Looking for something special for a new or expectant mother? Or perhaps an outfit for a newborn? Or having trouble finding unique items or equipment for small or premature babies.

The Boutique, conveniently located on the first floor of the East Tower, offers a merchandise assortment that ranges from adorable to practical, all at competitive prices. The Boutique also carries a wide selection of lactation supplies and apparel, and rents breast pumps.

Run by The Women's Board of Maine General Hospital Auxiliary and staffed by MMC employees and volunteers, The Boutique has been well received by patients, visitors, and employees. Proceeds benefit Maine Medical Center and nursing scholarships.

Payroll deduction is available for MMC employees. ■



Volunteer Maureen Eckroth hangs a baby's outfit at The Boutique, located on the first floor of the East Tower.

Boutique Hours:

Tuesday/Wednesday/Thursday: 10 a.m. – 8 p.m.

Friday/Saturday/Sunday/ Monday: noon – 8 p.m.

MMCRI Researcher Receives Heart Association Grant

MMC Researcher Ilka Pinz, Ph.D, has received funding from the American Heart Association for a research project that examines the connection between obesity and the heart's ability to pump blood throughout the body.

Dr. Pinz, of MMC's Research Institute, is studying the connection between obesity and cardiomyopathy — a condition in which the heart cannot contract with enough strength to supply blood to organs. She hopes to determine whether an increase in lipids — a group of organic compounds that makes up the fat found in the body and in cell membranes — leads to an increased risk for the development of obesity-related issues such as cardiomyopathy.

"Obesity is the new epidemic," says Dr. Pinz, who completed her postdoctoral training at Brigham and



GRANT CONTINUED ON PAGE 8

Two Hearts Are Better Than One

Cupid has made many stops at MMC through the years. Just for fun, we asked MMC couples to gather for a photo. Fourteen responded, and we know of many more pairs who were unable to join us.



Front Row: Alan Marsh and Julie Scott (Environmental Services, Psych), Nicholas and Jessica Trepanier (Distribution, Birth Center), Robert and Maryann Fusco (Central Supply, Emergency Department), Sondra and Richard Pinkos (Central Supply, Central Supply) Nancy and Peter Beaupre (Central Supply, Operating Room)

Middle Row: Gary and Joy Harmon (Clinical Engineering, Finance), Nicholas and Lori Nappi (Distribution, Nursing), Steve and Barbara Parker (Engineering, Health Information Management), Kathy and James Maddin (Admitting, Information Services), Karen and Michael Beggs (R4, R4)

Back Row: David and Vickie Young (Security, Barbara Bush Children's Hospital), Byron and Deanna Rogers (General Mechanical, Clinic), Pat and Greg Gelinas (Medical Technology, Unit Manager), Mary and Paul Saucier (Communications & Marketing, Nutrition Services).

Use CONFMSG To Make Email More Confidential

Protect your confidential email messages with two steps. First contact the HelpDesk to register for our Confidential Message service. Then, add CONFMSG to the subject line if your email message contains confidential information. Confidential email includes those with patient identifying information, such as name, address, date of birth, medical record number, diagnosis, financial information, physician, etc. ■

People

Jeff Aalberg, MD, has been named Senior Medical Director of the MMC Physician-Hospital Organization. He will also continue to practice continuity Family Medicine in our Falmouth Center.



Mark Bouchard, MD

Mark Bouchard, MD, has accepted the position of Medical Director for the Family Medicine Centers in Portland and Falmouth.

In Human Resources:

Tom Ellis will assume the position of Interim Compensation Manager and **Karen Koulovatos** will assume the role of Interim Employment Manager.

In Information Services:

Rolvin “Mac” McIntire has been promoted to Director of Client Services. In this role, McIntire will be responsible

for the Help Desk, Desktop Strategy and Architecture, Installation Services, Remote Access and Ambulatory Support, and MMC’s Desktop Support Technicians.

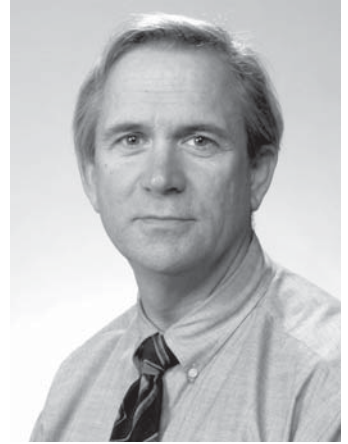
Eric Anderson will be transitioning from Director of Applications to a newly created position of Director of Quality Data Management, effective March 1. In this new role, Anderson will be responsible for Database and Integration, Decision Support, and Data Warehousing & Registries.

IS has restructured the two Manager positions under the Director of Hospital Applications. **Pat Bruce** will be the Manager of Clinical Systems, and **Jack Wright** will be the Manager of Financial & Administrative Systems.

Kim Tierney, RN, received the Cardiovascular Nursing Excellence Award at the 59th annual Maine American Heart Association conference.

Claire Berg, RN, received the Horizons AMI Trial 2008 Best Coordinator Award from The Cardiovascular Research Foundation at the Transcatheter Cardiovascular Therapeutics Conference.

An article by **David Tapley, RCIS**, entitled “Looking Through a Different Lens; What I learned from my day as a STEMI patient”, was published in the February issue of Cath Lab Digest. ■



Jeff Aalberg, MD



Eric Anderson

GRANT CONTINUED FROM PAGE 6

Women’s Hospital and Harvard Medical School in Boston before joining MMC in 2005. “But there’s a very limited knowledge of obesity’s impact on cardiovascular disease.”

The American Heart Association’s Scientist Development Grant, Dr. Pinz’s first, came as

a very memorable and pleasant surprise. “The email I received only said that I had to go to the website and check the status,” Dr. Pinz recalls. “I thought, ‘Oh well.’ Then, I went and it said ‘Funded.’ It took a couple of seconds for that to sink in, and I was excited. I was totally blown away.” ■

February Anniversaries

Congratulations to those MMC employees celebrating milestone anniversaries during February:

30 Years

Anita Johnston, Operating Room
Christine Rinaldi, ASU

25 Years

Brian Ault, Central Suppl
Rolayne Estes, Pulmonary Medicine
Sharon Farrell, Cafeteria

20 Years

Lorraine Brooks, Environmental Services
Martha Davoli, Public Information
Wilfred Lewis, Environmental Services
Rickey Morin Sr, General Mechanical
Dennis Pfeffer, IS Comp Technology
May Robb, IS Proj Dev & Cust
Anne Scheinman, Nursing Offices
Debra Smith, P4C

15 Years

Heidi Bowen, R7
Michele Flaherty, SCU
Shawn Smith, Distribution

Dorothy Springer, SCU

10 Years

Wayne Bachner, Psych Adult O/P
Heather Boisot, ER Nursing Sal
Steven Brewster, Health Info Mgmt
Lawrence Chartrand, Patient Accounts
Claire Chiofar, Ben/Comp/HRIS
Christopher Dumais, IS Proj Dev & Cust
Kay Faulkner, Diag Exam Room
Kimberly Gullikson, ER Nursing
Constance Hebert, Operating Room
Deborah McDougall, Sleep Institute
Yueer Ren, SCU
Dennis Ryan, IS Comp Technology
Donna Talbot, R5

5 Years

Vilena Abalova, R1
Brian Benson, Patient Accounts
Merrill Briggs, Health Info Mgmt
Mark Candeloro, SCU

Lynn Carter, Admin - Animal Facility
Louis Dudek, P6
Rebecca Dufour, Switchboard
Amy Fournier, Operating Room
Lindsey Freeman, Cardio-thoracic ICU
Charles Gilbert, R7
Angela Hainer, Operating Room
Tabrea Kirby, Ped/BBCH
Melissa Lachance, R4
Kathleen LeVasseur, Newborn Nursery
Hawo Madulow, Environmental Services
William Nevins, Psy Cons & Liason
Tracy Ouellette, CICU
Elizabeth Pavao, Surgery - Admin
Catherine Pelletier, IS Med Info Systems
Elizabeth Powers, R4
Irene Segarra, Psy Cons & Liason
Harry Sundik, Voc Rehab
Cuong Ta, Central Supply
Georgia Taylor, Palliative Care
Heather White, CT Salary ■

January Anniversaries

Oops, we goofed. The anniversaries listed in the January issue were for 2008, not this year. The people listed below are those who celebrated a significant MMC anniversary last month.

35 Years

Cherry Moreno, ER Nursing Sal
Carole Tubbs, Childbirth Ed Prog

30 Years

Gloria Brown, ASU
Sharon Gaudette, Cafeteria
Debra Irish, Operating Room

25 Years

Stanley Fortuna, Heart Cath Lab
Thomas Guare, Purchasing

Margo Kellar, NICU
Anthony Otis, EICU
Liana Ross, Operating Room

20 Years

Ann Bowman, Post Anesth Care
Alice Burrowes, Child Life Program
Janice Charek, Ped/BBCH
Robert Cronin, Pulmonary Medicine
Elizabeth Dermanelian, SCU

Carol Doane, Ped/BBCH
Regina Houston, Food Services
Susan Huckaby, Ped/BBCH
Thomas Johnson, Diagnostic Salary
Jacqueline Lundgren, SCU
Helen Pendleton, Gibson Pavilion
Nancy Prior, R5
Cynthia Westlund, Card Access Coor
Julie Wildes, Radiation Therapy

ANNIVERSARIES CONTINUED ON PAGE 11

Marketplace

So that everyone has an opportunity to use the Marketplace, ads may be placed once. Repeats will be permitted only as space permits. To submit an ad, email marketplace@mmc.org

FOR SALE

Sofa 90" green floral good condition \$100. Matching dk green rug 9'X12' in excel cond. \$125 Call 774-2724

2002 Ford F150 Super Crew Cab, 4 full doors, 4.6L V8, auto, 4X2, ABS disc brakes, pw windows, door locks, remote mirrors, adjustable tilt steering, cruise, CD, 40/60 bench seat, rear fold down seats, bed tonneau cover, comes with 4 mounted all season radials on steel rims, 47,500 miles \$10,500. Call 662-2593 Or email clarkmd@gwi.net

Nursing scrub uniforms: All like new x-lg 9 pants, 16 tops and 10 scrub jackets & 2 pairs of nursing shoes size 8 1/2. Asking \$125.00 for everything. Call 499-8110.

Suede Jacket: Large Camel color, good condition. \$50. OBO Call 774-8902.

Volvo for sale: 1995 940 Wagon. Auto, 208 K. Runs great. \$1,900.

Call 615-1016

Flip phone with charger, \$18 & Bakers rack New cond. \$70. Call 885-5862.

FOR RENT

Old Orchard Beach: 1 BR efficiency. Close to beach. Small pets allowed. \$600/mo. First mo & Sec. Incl. H/HW& cable. Call 934-0360.

So. Portland: 2 BR apt. near Cash Corner. Private deck, laundry, off-street parking, and util. N/S. Call 772-0454 or e-mail nmineart@maime.rr.com.

Falmouth: House with 2 BRs & 2 BAs, new cabinets, hdwd & tile, granite counters. FHA oil heat & hot water. New insulation, windows, doors, and paint. \$1,200 + util. and Sec. dep. Call 450-0692.

Portland: 2BR plus loft, 1.5BA condo. LR, dining & K area, private

deck & yard. New gas furnace, microwave & gas stove. Association takes care of trash removal, plowing and shoveling & landscaping. Avail. 3/09. Cats and dogs welcome! Sec. dep required. \$1200/mo. plus util. Please call 939-8697

Ptld: 3 BR, 1.5 BA. Hdwd & tile. Lg yard with attached deck and plenty of storage. W/D. Ref and sec dep req. \$1300/mo + util. Email gregtosi@hotmail.com or call 651-0854.

North Deering Portland: 2 BR Condo. 1200 sq feet. w/DW, new stove, W/D, small deck, snow plowing, landscaping, huge basement (for storage) and off-st. pkg. Hdwd & tile. 1 yr lease & Sec. dep. \$1250 Heat Included N/S N/P. Email or 415-4396.

Portland, Woodfords: 2BR.1300+sf of living space, bright & sunny, updated, 2nd floor apt. LR, DR w/hdwd. Eat in K w. gas stove & DW. BA Basement, W/D hookups. New windows & doors. Off-street parking, N/S \$990/mo +, Small pets allowed. Call 767-3003.

Cape Elizabeth: 3+ BR, 3 BA furn. home (sleeps 7). Granite K opens to DR & LR. W/D, Wifi & cable incl. \$4,200. Avail 9/09. mainece@gmail.com. Or Call 741-5009.

Ptld, East-End, 72 Waterville St: 1st fl. apt, 2 BR/1 office, Laundry access, storage, quiet street. \$1,150/mo & sec dep req. H/HW. NS, NP. See pics on: <http://maine.craigslist.org/apa/1023555623.html> Email: karsny@yahoo.com.

Portland, Woodfords: 2-4 BRs, Lg & sunny, updated, 2nd & 3rd fl. apt. LR, DR, Eat in K w/ gas stove & DW. 1 1/2 BA, w/d hookups. New windows & doors. NS \$1200/mo for 2 people or \$1500/mo for 3/4 people, + util. Small pets allowed. Call 767-3003.

The Portland House: 2 BR, 2 BA condo end unit, \$1800/mo. Contact 892.3465 or view <http://www.postlets.com/rts/1674647>.

Westbrook: 2 BR apt, 1 BA, apt. hdwd, frpl, 1st floor, good neighborhood. 1 mo Sec. dep. NS/ NP. \$900/mo. + util. Call 854-1192.

So. Portland: Lg 3 BR, pkg, W/D hookup \$950 Call 318-6966

ROOMMATE

Male, Linen Services worker looking

She's Got A Big Heart



Margaret Arsenault of Cardiac Surgery poses with Ticker, the mascot of the American Heart Association, on National Wear Red Day, Feb. 6. The Heart Association created Wear Red Day as a way for people to show their support of ongoing research and education about women and heart disease by wearing red. Heart disease is the Number 1 killer of women in the U.S. Incidentally, Margaret was MMC's top fundraiser at last year's Heart Walk, raising \$2,400. This year's Southern Maine Heart Walk is Sunday, May 17, at Payson Park in Portland.

for roommate to share an apartment close to Maine Medical Center. Non-smoker preferred, Call 846-4541.

Portland: roommate needed, 3 min walk from Maine Med! Owner occupied. Everything included except cable. \$550/mo. Call 272-4862 for details.

Cape Elizabeth. 1 BR apt. Hdwd, walk in closet, big private yard, storage, ample parking & garage, looking for a private, quiet professional. \$850 incl. HHW, electricity. Avail 4/09 Call 780-4642. pmedina@usm.maine.edu.

Looking for quiet, responsible roommate to share spacious, 2 BR apt. w/ married couple in their mid-20's. \$425 incl. H/HW, cable internet/TV, electricity, etc. Lg K, LR DR. frpl & hdwd. Call 491-1147.

REAL ESTATE FOR SALE

New Gloucester: 3 BR, 2.5 BA Cape on 6.5 acres. Asking price: \$395,000. Call 926-3577.

Portland: 3-BR, 1.5-BA 1925 colonial w/ modern updates. Master BA with an original ceramic tub, spacious closets, & many extras \$239,900 Please visit <http://20wallstreet.vpweb.com/default.html>. Call 409.0720.

Portland: 2 family near USM. Asking \$299.00 Call 885-5862.

OOB: This condo is located within walking distance of beautiful Old Orchard Beach, but in a quiet setting away from the hustle and bustle of the summer crowds and activities. This is a sweet 2 BR, 1 BA, eat-in kitchen, frplce, skylights and cathedral ceilings with a large deck located off the living room. ets and children ok. Seller is very motivate3d and this is priced to sell quickly at \$138,000. A unique opportunity while it lasts! Call 934-0447 or x0415.

SERVICE

Machine quilting in my home. Quick turn around and reasonable rates. Call 899-3067

Experienced LCSW accepting new clients for individual outpatient therapy-- MMC employees given priority status. Anthem accepted, MMC employees pay NO-COPAY! Offering 8,9,10 pm appointments for 3rd shift employees. Very private office near MMC. Call Jana at 653-8047 for an appointment. Voicemail is confidential. Slots fill quickly so call or email: harbaughccc@yahoo.com

Mothering the Mother house calls: A unique service for new mothers. Help with light housework, care for mother & baby & even walk the dog. Call 749-NICE (6423).

Home Improvements: Additions, Remodeling, Finished work, Decks, Tile 25 yrs experience -References Call 318-2549 ■

HR Corner

Flexible Spending Accounts – Plan Ahead

This is a good time to set up a file to track your receipts and expenditures, so you'll know whether you have received reimbursement for claims, or if you need to submit claims for payment.

Employees who participate in the dependent care plan might find it more convenient to submit a monthly or quarterly bill from your daycare provider to CBA, rather than sending in a receipt and reimbursement claim form each time a daycare expense occurs.

You have until March 31 to submit claims for reimbursement to EBPA for services incurred from January 1 – December 31, 2008. Claim forms are available outside the HR Reception Office (Room 1657) on the first floor of the Maine General Building. ■

ANNIVERSARIES CONTINUED FROM PAGE 9

15 Years

Jo Palmacci, Psych Adult O/P
Thomas Parks, Environmental Services
Melinda Rankin, EICU
Lynn Smith, Physical Therapy

10 Years

Dina Burlock, Brighton PreAdmission
John Carlson, Heart Cath Lab
Michelle Dupuis, Birth Center
Daniel Forgues, Financial Planning
Julie Garber, R5
Christopher Hirsch, Pulmonar-Medicine
Bruce Manley, Emergency - Admin
Juanita McLeod, Float Interns
Debra Perreault, SCU
David Potelle, IS Comp Technology

Laurie Sanderson, SCU
Charlene Scamman, SCU
Allison Shutts, P4C
Sherrill Taub, Ped/BBCH
Jill Terranova, Anesth & Pain Mgmt

5 Years

Amina Ali, Environmental Ser
Jennie Beaulieu, R4
Rebecca Bragdon, Gibson Pavilion
Pei-Yu Chen, MMCRI Friesel
Benjamin Crocker, Psych Adult O/P
Tina Fitzgerald, R7
Kristin Frazier, Psych - Child
Jennifer Goddard, R3
Jane Ho, Gorham Family Practice
April Hothersall, Gibson Pavilion

Louise Jensen, Switchboard
Ellen Knight, CT Salary
Lawrence LaPointe, Clinic - Emp Health
Lado Lupai, Environmental Ser
Edmond Martell, Speech Therapy
Amy McDonald, Ped/BBCH
Richard Pojasek, Pharmacy
Jennifer Powers, Breast Care Center
Danielle Tabor, R6
Angel Vail, Birth Center
Kristie Wilson, Birth Center
Verian Wing, Central Supply
Annabelle Winne, Psych Central Ser
Elizabeth Wyrick, Physical Therapy
Mahamed Yusuf, Distribution
Widad Zige, Birth Center ■

March Calendar

5

Colorectal Cancer: Awareness and Options, 6 – 8 p.m., Dana Center, 885-8570

6

Promoting Health: Whose Job Is It? The State of the State and the County, 7:15 a.m. – 4 p.m. Dana Center. FMI: preventive-medicine@mmc.org or 662-2696

11

Safeguard Their Tomorrows - Infant Abduction, Dana Center Auditorium, turneb@mmc.org or 662-2696

13

Clinical Update 2009 - Advances & Challenges In Acute & Critical Care Practice, 7:15 a.m. – 4:15 p.m. Day 2: March 20, Dana Center. bowdoa@mmc.org, 662-2290

23 –30

TB Blitz Screening

- All Outpatient Clinic Staff
- Emergency Dept. staff born October - March
- Brighton FirstCare staff born January - March

26

Injury Prevention: Priorities in Clinical Practice - Annual Howard R. Ives, M.D. Lecture, 9 – 10 a.m., Dana Center, 662-4078 or camerj@mmc.org ■

Looking Back . . .

Lacing up

General Newsense

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February, 1958

Our Presidents Relax



"Busy executives need periods of relaxation" —so say the three class presidents in the School of Nursing at the Maine Medical Center. (Left to right) Martha Pillsbury, president of the class of 1959, Lucy Philippon, president of the class

of 1958, and Anne Wainwright, newly-elected president of the class of 1960, take time out to prove their cheerful expression that a snow bank and a spruce tree in Maine is more than a match for palms and tropical seas when it comes to fun.

A pleasant afternoon, bright skies, and a frozen pond created a near perfect setting for this February 1958 cover of General Newsense, the official publication of MMC. The image features the three class president at the School of Nursing at MMC, lacing up their skates.

Photo courtesy of the Maine Medical Center Archives



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