

### Construction Starts on Scarborough Ambulatory Surgery Center

The sitework is underway for the new Ambulatory Surgery Center in Scarborough. The center is expected to open in the fall of 2007. The center will house 10 operating rooms and six overnight stay beds. When the building is complete, we will close the 5 operating rooms that are currently on our Brighton campus and move that activity to Scarborough along with many of the ambulatory cases now done at our main campus.

This is very good news for our patients and for the surgeons who do their work at Maine Medical Center. We started this project because our operating rooms are running at capacity, and the need for surgical services at MMC continues to rise with no end in sight. We expect that when the new center opens, it will improve access to the operating rooms on our main campus, minimizing delays and cancellations. These problems, largely due to the disruption of the operating room schedule by emergency cases, cause disruptions in scheduling for patients, surgeons, and staff.

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The rainy weather didn't keep a hearty crowd from attending the groundbreaking ceremony earlier this month. From left to right: Carl Bredenberg, MD, John Allyn, MD, Chief of Anesthesiology; Vince Conti, MMC President and CEO; Brad Cushing, MD, Chief of Surgery; Marge Wiggins, Chief Nursing Officer; Meg Baxter, Chairman of MMC's Board of Trustees; Deb Irish, RN, Operating Room; and Diane Green, RN, Post-Op.

# Maine Medical Center



### Earns Highest Honor for Nursing Excellence

Maine Medical Center was awarded Magnet designtion on May 16 by the American Nurses Credentialing Center (ANCC) - the nation's preeminent accreditation organization - for its excellence in nursing service and practice. This gold standard for nursing is an honor that has been granted to approximately three percent of hospitals worldwide and represents an ongoing commitment by Maine Medical Center not only to provide patients and families with superbly expert, compassionate nursing care, but also to assure the most satisfying and positive environment for its nurses to practice.

More than 200 nurses and other staff were on hand to hear the announcement. The live telephone call came via speaker phone from the Chair of the ANCC's Magnet Recognition Team. The room immediately burst into applause.

"The news we received today certainly is the product of the very hard work of so many nurses and other MMC staff over the three years we have

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been pursuing Magnet recognition. But more importantly, I could not be more convinced that it reflects the fundamental superb quality of the nursing care – and the wonderful collegiality of all staff - here at the Medical Center. For that reason, this isn't just great news for our nurses, but also for our patients, and for our community," Vincent S. Conti, President and Chief Executive Officer of Maine Medical Center told the exuberant staff present for the announcement. "We're so very proud of what Magnet designation means, because it's what we're all about – excellent care, everyday."

"From the day I walked into Maine Medical Center, I knew this hospital had a Magnet staff," said Marge Wiggins, RN, Vice President and Chief Nursing Officer. "Now everyone knows it." Wiggins has championed pursuit of Magnet status since her arrival four and a half years ago at MMC.

The designation is the result of an intensive review of documentation, data, clinical practices, and extensive on-site visits. Maine Medical Center's Magnet application consisted of 19 volumes of documentation, totaling more than 2,800 pages. It highlighted the attributes of MMC nurses and the care they deliver throughout the hospital each day.

One of the types of evidence the Magnet surveyors examined is interdisciplinary relationships between nurses, physicians, and others. Work by MMC staff across clinical disciplines has led to reduction of deep sternal wound infections in cardiac surgery patients by giving a continuous insulin infusion for one to three days after surgery. MMC has reduced this infection rate from 1.7% to 0, and the length of stay by one day. When nurses are able



More than 200 people filled the Dana Center Auditorium on May 16 to hear if MMC earned the Magnet designation. Above, just seconds after the announcement, the room burst into applause. The Magnet designation signifies years of work on behalf of Nursing and all staff at MMC. Congratulations!

to provide evidence-based care, such as for these cardiac surgery patients, patient outcomes are improved.

The Magnet Recognition Program recognizes healthcare organizations that demonstrate excellence in nursing philosophy and practice, adherence to national standards for improving patient care, leadership, and sensitivity to cultural and ethnic diversity. According the ANCC, there are clear attributes of hospitals awarded Magnet status, each of which bring real value to the communities they serve. These attributes include hospitals:

- Which consistently deliver measurably better patient outcomes;
- Where nurses spend more time at the bedside of patients;
- Where patients have shorter lengths of stay, lower mortality, rates and lower rates of needlestick injuries;
- Which consistently demonstrate greater ability to recruit and retain nurses;
- Where patients are more satisfied.

To achieve Magnet status, Maine Medical Center completed a vigorous, multi-faceted evaluation, including an on-site inspection. Those who earn the designation must re-apply every four years. Successful hospitals must meet 95 criteria in 14 areas, such as how many employees have bachelor's degrees; how involved staff are in decisionmaking; how often errors are made and what kind of errors; and if a member of the nursing staff is at the executive level at the hospital.

Maine Medical Center is the only acute care hospital in Maine to earn the Magnet designation. Nationally, MMC joins 205 other Magnet hospitals including: Massachusetts General Hospital in Boston, Johns Hopkins Hospital in Maryland, Mayo Clinic College of Medicine in Minnesota, Dartmouth-Hitchcock Medical Center in New Hampshire, and Mount Sinai Medical Center in New York.

### **Ethical Dilemma?**

What would you do...

- If a patient offers you a gift to thank you for the excellent care she received?
- If your spouse asked you for health information on his boss who is recovering from a recent operation?
- If you were told to change a diagnosis code without first obtaining physician consent?
- If a family member insists you provide medical care that may not be in agreement with the patient's advance directive?
- If you were told to change figures on a report that you know to be incorrect?

Can you feel absolutely certain that you will make the right decision if faced with any one of these examples? Keep in mind that making the wrong decision can potentially carry severe civil and criminal penalties not only to the organization, but also to individuals. MMC operates in a heavily regulated and rapidly changing health care environment, and every day we face a variety of questions that are both ethical and legal in nature.

Employees who wish to seek advice before making a difficult decision have many resources available where they can turn to for help. Employees should always be able to seek advice from their supervisor or senior management. MMC's Code of Ethical Conduct and Ethics at the Center documents are resources available to help assist you in understanding legal requirements, company policy, and expectations on personal behavior, and will help you learn to apply these standards to real life situations. Other resources you can utilize include Human Resources, the Privacy Officer, the Security Officer, the Clinical Ethicist, Legal Affairs, and Audit & Compliance Services. Employees may also choose to call the Ethics and Compliance Helpline at 662-4646.

Compliance is everyone's responsibility! We must all remain committed to performing our responsibilities in a legal and ethical manner, and we must stay focused on our organizational values of honesty, integrity, ethical conduct, and legal compliance.

National Compliance Week begins on May 21. Make this week a time to reflect on ethical and legal situations that you may encounter at MMC, and how you may utilize some of the resources that are available to you to help handle those situations.

#### ASC, CONTINUED FROM PAGE 1

This center will increase MMC's overall operating room capacity from 26 to 31 rooms. By centralizing ambulatory surgery in Scarborough, we will be able to accommodate more inpatient surgery on the main campus. This is especially important as demand for complex, emergency, and trauma surgery continues to increase. At the same time, the Scarborough

location will provide a more customer-friendly location for less complicated surgeries.

This new capacity also will help us remain one of the four safest hospitals in the country. Over-utilization has been identified as a potential patient safety issue, and our expanded program will address that problem. ▶

# MMC Celebrates Nurses during National Recognition Week in May

Today and every day throughout the year, the nursing staff at Maine Medical Center demonstrate excellence in patient care. Our skilled nursing professionals show the diverse roles that nurses play in taking care of our community. Certified nursing assistants, licensed practical nurses, nurse anesthetists, nurse practitioners, registered nurses, instructors, and many others have one common bond when they come to MMC: they are nurses - strong, dedicated, intelligent, and caring. We are proud of our nursing staff and every day we witness their expertise and compassion in the care of our patients.

Thank you – for your countless contributions to our patients and their families!

## Foundation for New Women and Infants Building Takes Shape

What once was the Charles Street Building is now a large hole that will soon hold the foundation for the new Women and Infants Building. To date, more than 30,000 yards of material have been removed from the site and the excavation has reached its lowest elevation of 27 feet below street level. This spring, construction crews will continue to prepare the foundation for concrete, which will be poured in late summer.



# MMC Changes Patient ID Bracelet for Safer Patient Care

New technology available in many healthcare systems can use barcodes to ensure that patients are correctly identified when tests or treatments are performed. This emerging technology will make its debut at Maine



Medical Center in the coming weeks on many nursing units.

Individualized patient barcodes will be printed on all patient identification (ID) bracelets. The barcodes will match the patient's medical record number and name, and is what we will use as the ultimate in patient identification. So, if the patient is to receive a medication, our clinical staff will check his or her bracelet barcode to match their name and number with their prescribed medication list. Or, when preparing for an EKG, the caregiver will scan the person's ID band to ensure he or she is the right patient, and that there is a matching EKG order.

These new patient ID bands will help make a safer environment for patients and ensure that they get the right dose, the right procedure, the right medicine, at the right time.

For questions or more information, please contact Dan Bergeron, Nursing Informaticist, 662-2751. ▶

# Thank you, MMC!

My mother, Hermine Sammut, recently passed away after a week-long stay at the hospital before her final days at a nursing home.

This very sad time for my father, sister and myself was made so much more comforting because of the genuine kindness, care and concern that we all received.

My family wants to especially recognize the following people on your staff: Cindy Frost, Palliative Care; Will Connolly, P3CD; Nurse Bellifiore, P3CD; and last but not least, Christine Kaufman, P3CD.

These people are wonderful human beings and I/we want you to know that we feel indebted to them.

Thank you, Lega Medcalf

# Labeling of Medications in Peri-Operative Areas



There have been recent national reports of serious medication errors because medications were inadequately labeled and incorrectly administered. That's why

the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) has identified the labeling of medications in perioperative areas as one of their 2006 National Patient Safety goals.

To avoid these types of preventable errors, JCAHO is requiring the labeling of all medications, medication containers (syringes, medicine cups, basins), or other solutions on and off the sterile field in peri-operative and other procedural settings if they are not immediately used. (Immediate use is defined as the continuous movement of removal of the medication from the original container to a second container to direct administration to the patient *without interruption*.)

Although the focus of the safety goal is on peri-operative areas, JCAHO Medication Management Standards pose the same requirements for medication labeling in all areas of the hospital including nursing and pharmacy.

#### When should medications be labeled?

Whenever they are removed from their original container and not immediately used.

#### What should be included on the label?

At the minimum; drug name, strength, amount, and the date and time the medication container was prepared.

#### When do the prepared medications expire?

Prepared medications may be used for 24 hours if properly stored unless otherwise recommended by the manufacturer. Medications prepared under aseptic conditions in the pharmacy may be used until the beyond use date on the pharmacy label. When in Doubt, Throw it Out!

Medications should be discarded when:

- The medication container is not properly or completely labeled
- A medication is found with **no** label
- The label is illegible
- The label is unclear
- It is 24 hours beyond the date and time the drug was prepared
- You have any question about the label or the container contents.

For more information, please ask your manager about the Maine Medical Center PowerPoint presentation, "Guidelines for Medication Labeling in Patient Care Areas".

Join the OPD/Pedi Clinic for a Retirement Tea for

### Judy Sanborn, RN, Pediatrics,

a member of the MMC family since 1973 Friday, May 26, 2006 -- 0830 -- 1100 hours Dana Center Lobby

### New Associate CMO/Patient Safety Officer Named



Maine Medical Center has selected Douglas Salvador, MD, as the hospital's new Associate Chief Medical Officer and Patient Safety Officer. After a thorough national search for this position, Dr. Salvador was chosen as the number one candidate.

Dr. Salvador is currently an Assistant Professor of Medicine in the Department of Geographic Medicine and Infectious Diseases at Tufts-New England Medical Center. He also serves as Chief Quality Officer for Kindred Hospital Northeast.

He is a graduate of the Johns Hopkins University School of Medicine. He completed his residency at the University of Rochester and his fellowship at Beth Israel Deaconess Medical Center in Boston. Dr. Salvador also holds a Masters in Public Health from the Harvard School of Public Health.

As one of the leaders of the Center for Performance Improvement, Dr. Salvador will collaborate across disciplines to ensure that MMC provides the safest possible care for our patients.

Dr. Salvador, his wife Erin, and their two young children will move to the Portland area this summer as they prepare for his start at MMC in mid-July.



58<sup>th</sup> Annual Honor Nig

Maine Medical Center will be celebrating An Evening of Stars at the 58<sup>th</sup> Annual Honor Night on Friday, June 2. Employees with five years or more of service are invited to join the celebration at the Holiday Inn by the Bay in Portland. This year 3,519 employees are eligible to attend.

The evening begins at 1700 hours with dinner at 1730 hours. Guests are invited to join employees for dancing after the awards ceremony, at around 2000 hours. This year's theme is **An Evening of Stars: A 70's Disco Party**. Formal attire is optional.

Many departments celebrate Honor Night together. Make plans with your co-workers and friends to have fun, dance the night away, and be celebrated for your service at MMC!

Congratulations to the MMC employees celebrating service anniversaries!

20 Years Eileen Albert Beth Andreasen Linda Aspinall **Roland Auger Ronald Bailyn** Elizabeth Ballard **Douglas Bartley** Marideth Beals Elisabeth Belmont **Janice Broda** Herbert Brooks Denise Brown Mary Buckley Jacqueline Campbell Darlene Carver Esther Cheney Troy Clark Charles Cole Deborah Cole Michael Collier Joanne Connolly Lisa Cox Joseph Dalton Marguerite Doliner Andrea Doria Linda Edgerton Martine Eon Nancy Farr Sharon Ferrante Randy Fowler **Gilles Fraser** Rachel Girard Celeste Glover Carolann Goodine Sarah Gowell Gerald Greenberg Susan Guertin Sena Hansen Sylvia Harmon Lukrecija Hitchcock

Kathleen Holt Nicole Irvin Nancy Jedrey Cynthia Jesseman Kristin Johnson Scott Iordan Elizabeth Larsen Suzanne Lashua Nancy Lord Linda Lovett Lisa Lozier Mary MacFadyen James Maddin Gail Marchigiano Susan Martin Celine McFarquhar Dorothy McLaughlin Debra McPherson George Moreau **Joanna Morrill** Maria Morrow Suneela Nayak Linda Norton Beth Otis Carol Parcher Kelly Patchell Pamela Perkins Carrie Porcelli Donald Quigley Nancy Quint Ellen Rathbun Patricia Rickards Carol Ritter Ann Rooney Cynthia Rubinoff-Myers **James Sanuk** Kristina Schwartz Kristina Scrutchfield Barbara Senko

Susan Skowronski James Smith Deborah Smith-Walker Tina Sprague Daniel Spratt Brenda Tanguay Marianne Tufts Margaret Turkewitz Bonita Valls Rosemary Webber Bridget Weisser Bobbea Wilcher Mary Woodward Bradley Young

25 Years Sandra Ahlquist **Bev Bartley** Marie Bernatche Ann Bishop-Kodis **Constance Bond** Dianne Breggia Juanita Briggs Joanne Burgess Ann Carroll Mary Charest John Chasse Corinne Conley Dennis Creeden Patricia Crosby Margaret Crowley Helen Deering Gail DiFiore Robert DiMauro Cynthia Dongo Margaret Estee **Rena Estes** Jacqueline Flaherty Francis Fontaine George Gerrish Zoi Gervais

ht – An Évening of Stars



#### 30 Years

Gayla Ames Wanda Antone Marieta Atienza Janet Beecher Jane Begin Patricia Bernard Rosalie Blenkhorn **Diane Bonville** Patricia Burnham **Elaine** Conner **Diane Davies** Torry DiDonato Suzanne Dube **Elaine Duguay** Dale Ellis **Jane Fortmiller** 

David Foster Janet Gildard Mary Jane Gould Linda Hanscom Cathy Hibbard Gene Joyner Debra Kimball Lynn Lagerstrom David MacKinnon Bruce Martell Norma Meehan Carole Messenger-Rioux Jutta Nappi Sally Nason Anh Nguyen **Rita Pramis** Viola Rice Deanna Rogers Kenneth Sawtelle Stephen Snyder **Judith Staples Claralee Street** Nancy Sturdevant Karen Taylor N. Jean Tourangeau Margaret Warchalowski James Welch, Jr. **Ioanne Wheeler** Celine Whitehead Cynthia Wintle Iulie Wooden

#### 35 Years

Donald Bernier Maureen Bien Deborah Boroyan Margaret Bradstreet Mary Brown Joanna Chantal Ruth Corbett Jeanie Coyne Deborah Dambrie Louise Delaney Mary Duffy Linda Farley Edwin Gallant Suzanne Gokey Wendy Heyworth Martha Johnston



Patricia Jordan Susan Libby Barbara Lypscon Kathy Nadeau Linda Philbrick Wilma Reed Donna Richardson Barbara Sevigny Linda Siddons Rosalie Trask Linda Woods

**40 Years** Sidney Leighton Dianne Roussel

**41 Years** Diane Tupper\*

\* Recognizing retiring employee with combined years of service (an Honor to Sustain Team program).

#### **Shuttle Bus**

There will be a shuttle to and from the Honor Night celebration at the Holiday Inn.

Details:

Departs MMC: 1645 hours, Metro Bus Stop

Departs Holiday Inn: 2100 hours

Thank you to Outside Services for arranging this service!

## Looking for some fun in the sun?

Gearing up for summer fun? Whitewater Rafting sound like your speed? Camping near Mt. Katahdin more your style? Want to take your kids to a zoo? The Benefits Office is happy to give you some new Employee Discounts that will make for a fun-filled summer.

For an updated Discount Book, contact Laura at caspal@mmc.org.

If <u>Six Flags of New Eng-</u> <u>land</u> has been calling your name, then hop over to HR Reception and purchase a discounted pass. This saves you almost half on the park admission price.

Purchase your **Funtown**/ **Splashtown Tickets.** Combo pass; Funtown only; Splashtown only; These discounted tickets are available at the following locations: Bramhallthe Cashiers Window, Brighton, and MMCRI

Pick up a coupon in HR for <u>Canobie Lake Park</u> in Salem NH and get \$4.00 off the regular adult priced day pass.

FUN, CONTINUED ON PAGE 11

# Nursing Scholarship Application Available

If you are an MMC employee who has successfully completed six months or more of service and are enrolled in a nursing program, you are eligible to apply. Applications can be obtained from a Nursing Director or Nurse Manager, from the Nursing Office, 662-2336 or from our Nursing webpage.

Application deadline for applying is June 30. Scholarships will be awarded in August. If you have questions about the scholarship program, contact Suneela Nayak at 662-4588 or email nayaks@mmc.org.

– Save the Date –

4th Annual Perinatal Nursing Conference

0800-1600 hrs Dana Center Auditorium

Contemporary Issues in Perinatal Care: Safe Patient and Family Centered Care of the Late Preterm Infant and Mother

Monday, June 5, 2006

Maine Medical Center Charles A. Dana Health Education Center

For more information email turneb@mmc.org or call 662-2696

# First Scrapbooking Fundraiser for Children's Hospital a Success

The 1<sup>st</sup> Annual Scrapbooking Fundraiser to benefit the Barbara Bush Children's Hospital at Maine Medical Center, helped raise more than \$700. More than 50 attendees spent an entire day in late March across large 8-foot tables as they cut, glued, and exchanged creative ideas for a good cause. Door prizes were awarded throughout the day. Some of the prizes awarded were gift certificates to Cinemagic, Craft-Mania, Applebees, AC Moore, Amato's, Panera Bread and many more.

The event was organized in part by Corinne Pray, Outpatient Clinics. Special thanks to Hannaford Supermarket, Portland; Subway, Scarborough; Pizza Hut, South Portland; and Shaw's Supermarket, Scarborough for luncheon donations.

Plans are already underway for next year's event. If you are interested in participating, please contact Corinne Pray at 662-2911. ▶

### HR Corner Employee Benefit News

COBRA Notifications to Departing Residents

Resident physicians who are leaving the end of June will receive all relevant information on continuation of health, dental, and voluntary life insurances under COBRA during the month of June. Please be sure that we have vour current address on file so that you will not miss this important mailing. COBRA provides for the continuation of coverage for up to 18 months from the date insurance ends. There is a sixty day window in which to return enrollment forms to the insurance providers. Please refer any questions regarding COBRA to the Employee Benefits Office, 662-2310.

#### LifeBalance Employee Assistance Plan

MMC's new Employee Assistance Program became effective April 1. The services are easy to access by a 24 hour dedicated telephone support line at 1-877-259-3785, or at the website: www.lifebalance. net. user ID: mainehealth. password: lifebalance. Your contact with EAP services is completely confidential. No information will be released about your call or the nature of your call, without your written permission. In addition, LifeBalance offers language translation services. The website contains over 2,000 pages of online content, including LifeArticles, books, booklets, audiotapes and CDs. Log-on or call to access this expanded and improved program!

#### Changing Primary Care Physician

If you are enrolled in the HMO plan and wish to change a primary care physician for yourself or a family member, you may do so directly with Anthem by calling 1-800-622-0797 or 822-5172. The change will be effective the first of the month after Anthem is notified of the change. There is no form required to be completed, and no need to inform the Employee Benefits Office, unless you have a question.

#### **Prescription Benefit Tips**

Try to use generic equivalent medications whenever possible in order to take advantage of the lowest prescription copay amount. For employees taking medications on a regular basis, your benefit dollars will stretch even further if your primary care physician writes your prescription for a 90-day supply, where possible. You will be able to obtain a 90-day supply of "maintenance" medications for only 2 copays, rather than 3. For a generic med, a 90-day supply will cost only 2 copays, or \$20, instead of three copays, or \$30. In addition, if you purchase the generic versus a brand or non-formulary medication, your savings could be as much as \$40 per prescription. For more information on the safety and effectiveness of generic medications, log onto the www. anthem.com website.

#### Health Care Spending Account

A reminder to employees who participate in the health care spending account: You may use your account to purchase certain over-thecounter health supplies such as: first aid kits or creams, bandages, pain relievers, cough drops and syrups, sinus medications, thermometers, and many other items. Just remember to keep your receipt so that you can submit it if requested. A complete list of the allowable OTC medications may be found on the HR/Benefits Link on the MMC Intranet home page. Also, remember to use your debit card for allowable purchases and services! It is easier to present your card at the pharmacy or physician's office, rather than filing claims on paper by mail or fax to obtain reimbursement.

#### Maximizing Your Employee Benefits

Newly hired employees (current employees too!) may wish to attend the next session of "Maximizing Your Employee Benefits," on June 20 from 9-11 a.m. in Dana Center (DC) Classroom 4. This 1 1/2 hour program goes into the detail of how your benefits work, as well as how to make your benefits work for you by coordinating and planning your participation in different plans. To register, email "HRTraining." For dates and times, refer to the Spring 2006 Learning Opportunities Catalog, or contact Employee Benefits at 662-2310.

#### Lincoln Alliance 403(b) Plan

Jenny Billings, representative from Lincoln Alliance, will be available in Employee Benefits on June 30 and July 28 by appointment to answer your 403(b) questions or to obtain information about participating in this very important benefit plan. If you would like to meet with Jenny in Employee Benefits on any of these dates, please contact her at 774-1113. Or, plan to attend one of the upcoming informational sessions on June 27 from 8-9 a.m. in DC #5 or on July 26 from 10-11 a.m. in DC #5.

# Marketplace

So that everyone has an opportunity to use the Marketplace, ads may be placed once. Repeats will be permitted only as space permits.

#### FOR SALE

2001 Honda CRV 4x4 - Red - 38,200 mi - 4 Cyl 2.0 Liter - 5 speed manual - Alloy Wheels Sport Package - Roof Rack - Moon Roof – PS/PW/PL, cruise, CD player - AM/FM Stereo - \$14,900 - call 774-8382 or Imartin@maine.rr.com.

2002 Ford Taurus wagon 64K miles good cond great family vehicle asking \$6500 bengj@mmc.org or 829-6832.

1996 Olds Cierra SL 4 door Sedan w/3.1 liter V6 Engine, Auto, Front wheel drive, 71500 miles, Air cond., tilt wheel, PS/PW/PL, AM/FM Stereo w/cass, ABS (4 wheel), ex cond. Asking \$3000. Call 854-5367.

Solid Oak Mission Style Computer Credenza with Hutch. Exc cond \$2,000 OBO. 883-8968.

FinePix 3800 digital camera, 3.2 MP, 6X optical zoom, case, 32 MB memory card, perfect working cond. Trading up. \$100 Call 767-6723 or 4714.

2004 Chevy Cavalier 4Dr Sedan, 32,000 miles, still under warranty, \$7,800. Contact crosss@mmc.org or 899-1461.

Adorable AKC registered beagle puppies. Great family and hunting dog. Ready for homes-mid June. \$300. Call 721-3132.

1995 Ford Taurus GL sedan. Very well maintained, runs great! 112K. Have all maint receipts. PS/PW/PL, cruise, cassette/radio, all works fine except AC. \$1600 OBRO. kidsrn4u@maine.rr.com.

1995 Coachman Catalina 28ft 5th wheel, double slideout, AC, furnace, gas/elec fridge, gas/elec water heater, stove, oven, microwave, AM/FM Cass., awning, new tires, cable hookup. \$8450 OBO. Call 282-5083.

1971 Dutchcraft Camper, many extras remodeled sleeps 5 \$1600/OBO Call 854-4913.

La-Z-Boy Couch w/ recliner on 1end, chaise on the other end. Navy blue, suede-style fabric, asking \$600.00 Call 642-5219.

BUNK BEDS Sturdy twin bed with lower twin bed. Includes mattresses - like new. \$400 Call 829-5455. 2004 VW Jetta Wagon GL, 24K miles, 5 speed, 4 door, roof rack, FM/AM/Cassette/CD player, regularly serviced. \$14,500 Call 353-4090.

Rascal Motor Scooter 3 wheels used 4 mo like new w/extra parts. Asking \$1200. Call 885-5584.

#### FOR RENT

House In-town Portland. 3 BR. TV room, living room, full basement with W/D. Pine floors, 11/2 BA, pkg. Avail immed \$1400 & utilities. 781-2874 or 772-4334 or lisa@porlandpottery.com

Apt In-town Portland. 2 FIs 3BR, Kit, 2 ex rooms, full BA, pantry, and sun porch. Pkg, Wood floors, \$1500 & util. 781-2874 or 772-4334 or lisa@ porlandpottery.com

2 BR Apartment big backyard, Pkg, \$895.00 /mo. N/S, No dogs, heat not incl, call 727-4142.

Scarb Executive Home Quiet, Clean, Walking distance to Scarb Campus 4 BR with Master suite 2 1/2 Baths 2 Car Heated Garage N/S N/P \$2500/mo Call 939-4867.

Westbrook 2 family 2nd floor apartment. 2 BR/1 BA, sunny, quiet, private yard, W/D hook up, garage \$875/mo heat incl. NP, NS Call 767-4622.

Lg, 1 BR, DR, LR, spacious K, W/D in unit, near back cove/USM. Hdwd floors, Fplc, off street Pkg (2) vehicles, storage, pets negotiable with non refundable pet deposit, N/S. \$950.00 H/HW incl, avail 7/1/06Call 653-2010.

Apt. in old historic hillside village in beautiful Tuscany Italy. 1 BR, full K and BA. Also incl outside patio and beautiful views. Near Lucca, Florence and Pisa. \$675/wk. Call 767-3915.

Large 1BR, Avon St; sunny; high ceilings; marble mantel; new K w/ DW; deck; on-street pkg; \$900/mo; avail. 6/1. 871-1364.

Fully furnished, 2 BR condo avail for Lease June 1st. Western Promenade. Elevator, Granite Countertops, SS Appliances, Hdwd On site management and laundry. \$2300/mo Call 774-1790 or email erome@maine.rr.com In Portland (East Deering) fully Furn, 2BR, 2 BA house. Eat-in-kit, fenced yard, water views, private beachfront access. N.S., year lease, sec. dep + utils \$1,450/mo. Call 253-5565 or www. CascobayCottage.com.

CE 3 BR Cape 1.75 BA, Newly remodeled, 2 car garage, prvt yard, Frpl/ hdwd floors, W/D incl. cats ok, \$1750/ mo + utils +Sec Dep Call 939-5822.

Outer Ocean Avenue, lg 1 BR, eat-in-kit, LR, hdwd floors, W/D in owner occupied building with garage \$775/mo + utilities. NS, NP Avail July. Call 775-7427.

Convenient Old Port condo. 1 BR w/loft. Furn \$1200/mo H incl. Avail 6/1 Call 632-0748.

1 BR condo in West End Historical Bldg. Deck w/water views \$750 incl H/HW N/P N/S Call 860-524-6744.

Apartment for rent; lovely, bright, spacious, 2 BR, big backyard, Pkg, \$895/mo. N/S, No dogs, heat not incl, call 727-4142.

Portland: Brighton Medical area 1 BR, LR, DR, front porch garage & off street parking. N/S, No pets \$800 + util. Call 773-3557.

Yarmouth, 1 BR apt attached to main house, deck, \$675 all utilities (including cable) N/S, one pet possible.

West End 2 BR furn. condo N/S N/P free laundry \$595 + ½ util Dep & Lease Call 272-5165.

No Yarmouth 1 BR apt or office space \$625/mo + security incl utilities, trash & pkg Avail 5/20 Call 829-3577.

Cape Elizabeth: John Calvin Stevens Cottage w/in-law apt, 4-5 BR, 2.5 BA, 2 FP, 1 GAR, W/D, yes/pets, lg fenced yd./12 tall pines. \$2200/mo. 799-5898. jdarlin@usadatanet.net

#### SEASONAL RENTALS

Cottage 2 BR, LR, Kit, Porch, 1 BA, sleeps 5-6, Hopkins Pond. Clean, all amenities. water front, Deck, 3 kayaks, a canoe and a paddle boat are avail. \$675 per week. Call 353-9720 days or email kathryn.taylor@fnf.com.

3 BR Lake St George, Liberty, Kit, BA w/ Shower, Close to Lake. Lg deck w/BBQ great fishing, row boats, canoe, NS NP June-Oct \$700/wk Call 799-6972.

Rangeley Lakes Resort, very comfortable, 3 BR. Log cabin with all amenities, including pool and lakefront. Avail August 12 to 19. \$1000 Call 774-4501 or www.ticklefishfarm@aol.com.

Sebago Lake 3 BR cottage with sleeping loft for 10 people, with BA and shower. Well behaved pets welcome. Dock and boat mooring. \$1000/wk June or Sept \$1500/wk July or Aug Call 839-5964.

Pine Point Scarborough 2BR cottage, close to beach. Sleeps 5. Avail Aug. \$750/wk & Sept \$700/wk Call 883-8131 or bobeth@maine.rr.com.

Little Sebago Lake Cottage private w/dock 2 BR sleeps 5, New Kit Close to Windham Center \$1000/wk Call 797-7617 or 846-4915 or 232-8840

Norway Lake sleeps 8. 1 hr from Portland Aval June, Aug 12-19 \$1600/wk Call 885-5584.

#### ROOMMATES

F looking for person to share 2BR apt in No Deering. Nice yard, parking, W/D. \$575monthly includes all utilities. Call 831-0352

#### **REAL ESTATE FOR SALE**

Portland, West End, exec 2 BR / 1 BA Condo Victorian building hdwd, High ceilings Lg LR \$232,000 Call 272-5165.

Danforth, 1.25 acres of land on Hot Brook Lake. New homes in the area. Private gated road, electric at street \$51,000. Call 693-3401.

South Portland, cathedral, stone Fplc, 4 BRs, 3.5 BA, 2 full masters, gourmet K w/ commercial appliances, 3 car garage, cherry floors, no carpet..etc \$599,900 (a non realtor price). 879-4241 or phodge@maine.rr.com

Limington Nearly completed full dormered cape w/att 2 car full dormer, H garage w/roughed in utils on 2nd floor; Hdwd floors and tile on 1st floor, fully applianced K, sundeck, energy efficient heat situated on 3 acre corner lot. Asking \$249,900 Call 637-3177 or emeryv@mmc.org

Exclusive 5 BR / 4+ BA 5000+ sq ft home located in the West End. 2 car garage, off street pkg, Furn or unfurn Call 699-1324 or 970-759-2647

Cape Elizabeth, 3 BR, 1 Full Bath, 1 1/2 Bath. Hdwd. Daylight basement

with family/BR and one car garage. \$249,900. Call 749-0212.

Windham cape, 3 BR 1.5 BA ovrszd 1 car garage; deck, paved drive. One owner, \$235,900 Call 329-7622.

#### **SERVICES**

Available for housecleaning AM's Experienced, Dependable, Honest, Excellent References 879-2229.

EXTERIOR/INTERIOR PAINTING. Excellent References, Free Estimates, Insured, Great Rates. 749-6811.

Roofing & Siding Free estimates, Insured, Great Rates. Quality work Call 329-9328.

Portland Middle School Nordic Ski Team is seeking an exp. Nordic skier for a volunteer assistant coach for the 2006-07 season. Call 761-9939 or 879-0134.

Painting classes. Sunny S. Freeport studio. 4 AM sessions 8:30am-12:30 Wed or Sat in June. Class limited to 8 adults. Fee \$160. Call 221-5172 or vsteverlynck@hotmail.com

Summer Pottery & Metalsmithing camp for the kids. Call 772-4334

The deadline for the next newsletter is the second Friday of the month.

To submit an item, sent it by interoffice mail to the Public Information Department, by e-mail to marketplace@mmc.org, or by fax to 662-4094.

Look for Marketplace on the Intranet under Quick Links. SUMMER FUN, CONTINUED FROM PAGE 8

Is it raining? Cruise on into <u>Maine Indoor Karting</u> 23 Washington Ave. 1-888-2-GOKART and receive \$2.00 off the Arrive & Drive Rate or \$5.00 off annual Race License. Check them out at www. maineindoorkarting.com

Penobscot Adventures Are you looking for White Water Rafting, Kayaking, Rock-Climbing, and Paintball? 1-877-FLOW-FUN is offering 10% off any trip check our the website www.penobscotadventures.com

<u>York's Wild Kingdom</u> Route 1 York Beach, Maine 363-4911

\$10.00 admission for zoo/ride package for ages 4-adult with coupon. Coupons available in HR Reception. One coupon needed per person. Includes admission to the zoo, unlimited rides, and paddleboats. Go-karts and animal rides not included in coupon price.

Hidden Spring Campground Millinocket, Maine 1-888-685-4488

15% discount at a full-service campground located in the Katahdin/Baxter State Park area. New facilities free hot showers, flush toilets, and pool. Tenting and RV sites available. Call for availability.

<u>Oak Hill Outfitters</u> 871 Sabattus Rd, Sabattus 1-866-375-4930 or 375-4930 Over 100 canoes & kayaks to offer. 10% discount on all normally priced items, including the many accessories.

We Dig Daylilies 1395 Sabattus Rd. Lewiston email: kjtruong@wmconnect.com Purchase daylilies to be dug at the time of purchase. They also offer a small selection of potted perennials. 10% MMC discount applies. ▶

### Calendar

#### All month

Healthviews. Cable Channel 4, Thurs, 1400 & 2000 hrs, Fri., 0200 & 0800 hrs.

#### June 1

Mended Hearts Cardiac Support Group 100 Campus Drive Scarborough Campus 7 p.m. FMI: www.mendedhearts.org

#### June 2

Creating Healthy Work Environments Dana Center 8 a.m. – 3:45 p.m. FMI: 662-2290

#### **June 2** 58<sup>th</sup> Annual Honor Night See story, p. 6

#### June 14 MMC's 16<sup>th</sup> Annual Cancer Symposium Current Topics in Screening and Treatment of Lung Cancer Dana Center 7:30 a.m. – 2:30 p.m. Registration suggested, seating limited. FMI: 885-7697

### June 27

Spotlight on Heart Health Dana Center, 6:15 p.m. FMI: 885-9700

22 Bramhall Street Portland, Maine 04102-3175

The MaineHealth® Family

Do you have anything to share? Whether it's a professional accomplishment, an award for your department, a paper presented, or some other noteworthy item, we'd be happy to report it in What's Happening. Just email the information to Abby Greenfield at greena@mmc.org, or fax it to her at 662-4094.

• **Bob Trowbridge, MD**, Associate Director of Medical Student Education in the Department of Medicine at Maine Medical Center, has been named Clinical Teacher of the Year by the 2006 graduating medical school class of the University of Vermont. He was scheduled to be recognized at the Senior Awards Ceremony on May 18 in Burlington, Vermont. Dr. Trowbridge will also participate in the commencement ceremony on May 21, assisting in the placing of academic hoods symbolizing the Medical Doctorate degree on graduates after they have received their diploma.

Dr. Trowbridge joined the teaching faculty of MMC in 2002 following completion of his Fellowship in Hospital Medicine at the University of California, San Francisco. He teaches and provides patient care as a member of the Maine Hospitalist Service and directs the Department of Medicine's Faculty Development Program. Dr. Trowbridge was previously recognized by MMC Internal Medicine residents for teaching excellence in 2004.

- Lisa Letourneau, MD, Senior Director of MaineHealth Clinical Integration, was named a Hanley Fellow by the Daniel Hanley Center for Health Leadership. Letourneau was one of three Fellows selected for this honor. The Fellow designation is awarded to emerging leaders in Maine who have ten or more years of professional experience in healthcare, has demonstrated substantive leadership in their current position and holds great promise for assuming greater leadership roles in the next several years. A committee of highly regarded health leaders reviewed Fellows applications and made recommendations to the Hanley Center Board in early May.
- Lorraine L. McElwain, MD, was named Associate Chief of the Department of Pediatrics earlier this month. Dr. McEwain will provide leadership for the clinical operations for the Barbara Bush Children's Hospital Inpatient Services and coordination of services among the inpatient and critical care units for children and neonates. Dr. McElwain will continue as Director of the BBCH Inpatient Unit and Director of the Pediatric Hospitalist Service. Dr. McElwain completed her undergraduate and medical training at the University of Vermont followed by Pediatric Residency at Maine Medical Center. She joined the attending staff of the Department of Pediatrics as Director of the Inpatient unit in 1992 and initiated the Pediatric Hospitalist Service in 1999. Dr. McElwain serves as Director of Pediatric Fourth Year Medical Student Clerkships, Assistant Pediatric Clerkship Director for third year students and has been medical student advisor for a dozen UVM medical students. Her teaching expertise was recognized recently when she was awarded the Excellence in Teaching Award by the Dartmouth Medical School Class of 2007.
- Patrick O'Brien, MBA, has accepted the position of Administrative Director, Department of Family Medicine. Dr. O'Brien has extensive experience in medical administration and consultation. Most recently he served as Executive Director of the Russell Medical Center in leeds. In that role, he developed two new prmary care sites, implemented on electronic health record, led transition to Community Health Center status, integrated a behavioral health program, and obtained grant funding to support those initiatives. As Administrative Director for Family Medicine, Dr. O'Brien will participate in strategic planning and development for the department, oversee financial resource allocation and reporting, and teach residents and fellows in practice management. He will collaborate with our Nurse Manager, Practice Manager, Medical Director and Maine Medical Partners to oversee the operations of the Family Medicine Center in Falmouth and Portland. **)**

*What's Happening?* is published the third week of the month at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England.

Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 662-2196. Editor: Abby Greenfield.

