

What's Happening?

A NEWSLETTER

FOR THE MAINE MEDICAL CENTER FAMILY

Nursing Assistant course produces valued employees

Maine Medical Center Nursing Services began offering a free Nursing Assistant course in 2000. So far, 106 people have graduated from the CNA course. Another 20 began the course on March 18.

Why is MMC offering the CNA course? Primarily it's to recruit CNAs to work at MMC. This is an opportunity to educate men and women here on our own units to deliver the best possible care to patients.

We know that working in long-term care is very different from working in a large tertiary care center. Starting out here at MMC shapes the perspective of the student from the beginning. CNAs are a vital part of the nursing team.

What do CNA students learn? All classes, skills labs, and clinicals are held at MMC. Students are taught to take vital signs, and help with patient mobility, hygiene, and nutrition. They learn to use their senses to report significant information to the RNs they assist. The State of Maine has a 150-hour curriculum that covers the life cycle so students are prepared to care for patients of all ages. Our course lasts ten weeks.

CNA COURSE, SEE P.4

Joint Auxiliary Committee awards annual gifts

Maine Medical Center's three auxiliary boards have a long and proud history of providing aid, assistance, and funds to the hospital and its patients, each in its own area. But each year since 1971, the boards have joined together to bring a special benefit to MMC.

The Joint Committee of the Auxiliary Boards meets annually to consider requests for funding from departments throughout the hospital. Each auxiliary contributes funds to a pool to be disbursed to satisfy a medley of

requests for equipment, educational materials, and projects that cannot be accommodated in the normal budget cycle or that fill special needs.

At this year's meeting, the Joint Committee made awards for five requests. They granted \$600 to the Office of Interpreter and Cross-cultural Services for two multicultural training resource videos and a subscription and institutional license to *Culturally Competent Care*.

The Geriatric Program

GIFTS, SEE P.5



Next time you come in the employee entrance, stop by the MMC Community Park and check out the signs along the "park trail". You may learn something new! And have you spotted the canoe in the mural yet? We have Rocky Giguere, Painting Services, to thank for the nature scene. AV Photo.



Winter 2002 Employee Referral Quarterly Bonus Winner

Congratulations to Norma Ball, Emergency Department Representative, winner of a \$300 cash prize for the Winter 2002 Quarterly Bonus drawing!

As a reminder, for every eligible applicant an employee refers the employee will be entered in a quarterly random drawing.

The Spring 2002 winner could be you! Submit your referral today!

Here's how to make a referral:

Complete an orange Employee Referral Form (available in HR) and submit it along with your friend's resume or application. If we hire your eligible referral, everybody wins!

- \$500 Referral Bonus for full-time
- \$250 Referral Bonus for part-time
- Double Bonus for "Hot Jobs"

Plus the opportunity to win the quarterly bonus simply by submitting a referral!

For complete details, pick up a referral card in Human Resources or contact Beth Michaud at 871-6183.

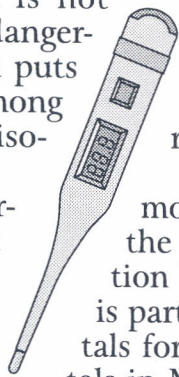
Trade in your mercury thermometer!

If you have any mercury thermometers in your household, you'll soon have the opportunity to trade for a digital model. Why trade in your mercury fever thermometer? If mercury spills from a broken thermometer and is not cleaned up, it will evaporate, potentially reaching dangerous levels in indoor air. Flushing it down the drain puts our waterways at risk for contamination. Maine is among the 40 states that currently have fish consumption advisories due to mercury contamination.

MMC will hold a thermometer exchange for employees on Tuesday, April 23, at New England Rehabilitation Hospital, Scarborough, and Falmouth locations. This is part of a statewide effort organized by Maine Hospitals for a Healthy Environment.

The collection tables at each location will be staffed for two-hour blocks (0600-0800 hours, 1100-1400 hours, 1600-1800 hours).

Please note: no matter how many mercury thermometers an employee brings in, they will receive ONE digital thermometer in exchange.



thermometer exchange for employees at the Bramhall, Brighton and Scarborough, and Falmouth locations. This is part of a statewide effort organized by Maine Hospitals for a Healthy Environment.

The 33rd Annual Spring Surgical Symposium

Thursday, May 9
Dana Center Auditorium

Isaac M. Webber, MD, Lecture

Minimally Invasive Parathyroidectomy

Robert Udelsman, MD, FACS

Lampman Professor of
Surgery and Oncology,
Chair, Dept. of Surgery,
Yale University
School of Medicine,
Surgeon in Chief,
Yale-New Haven Hospital

*For registration information,
contact Tanya Khula, 871-2934,
or email khulat@mmc.org.*

Find something new on MaineHealth website

MaineHealth has a new and improved web site! A new section entitled "Managing Your Health" now appears on MaineHealth's homepage, found at www.mainehealth.org. The new web pages provide information for healthcare providers and patients about MaineHealth's Clinical Integration programs, beginning with the AH! Asthma Health Program. Information on MaineHealth's other Clinical Integration programs will be added to the web site over the next several months.

Here's what you can expect

WEBSITE, SEE P.5

Free Skin Screenings

If you have freckles, sunburn easily, notice a change in a mole, or have a family history of skin cancer, this screening is an important step in protecting your health. You'll receive a thorough visual exam from a qualified health professional, and learn important tips to help you avoid skin cancer.

The screenings will be offered from 1800-2100 hours: April 23, Falmouth Family Health Center, Falmouth; April 25, MMC Family Practice Center, Portland; April 30, Lakes Region Primary Care, Windham; and May 2, MMC-Scarborough Campus. Appointments are recommended. Call 885-8517. Sponsored by the MMC Oncology Program and community dermatologists.

Nursing scholarships available

MMC's Nursing Services Scholarship Committee will soon consider grants for the 2002-2003 school year.

Any MMC employee enrolled in or accepted to an accredited nursing program (MS, BS, AD, Diploma, LPN, CNA) is eligible and invited to apply. The committee considers grants for both the Spring and Fall semesters at the same time, so applicants should anticipate their needs for the full year.

Applications are available in the office of the Vice President of Nursing/Chief Nursing Officer. The application deadline is Friday, July 5. For further information, contact committee chair Suneela Nayak, MSN, RN, in Nursing Resources, 871-2397.

Elevator etiquette: A courtesy to our patients

Hospitals are busy places. We're all in a hurry and need to get where we're going and, naturally, we want to use the quickest route to get there.

Imagine you're transporting a patient for a test or procedure, or you have equipment that must be delivered stat to a nursing unit. You wait at the Bean elevator lobby. You wait, and wait, and wait. When the elevator finally arrives, you've waited upwards of 10 minutes with a patient who is uncomfortable or in pain. Or, the staff on a patient unit are wondering what has happened to their stat delivery.

And, when the elevator door opens, standing inside are a number of employees returning from their break, coffee cups in hand. When the escort asks staff to exit the elevator so they can transport the patient, they are ignored or receive a negative response.

Central Supply staff face these situations all day, every day. It's particularly difficult to get an elevator in the Bean Wing during shift changes. These elevators are still considered primarily for patient and supply transport, with exceptions being visitors and staff traveling to the

Gibson Pavilion and the Barbara Bush Children's Hospital Inpatient Unit.

Employees and medical staff members are encouraged to use the Richards elevators to travel to other floors, especially between 0630 and 0830 hours and 1400 and 1700 hours daily. The Richards elevators may be a longer walk from where you are, but there are six of them compared to the four Bean elevators, so you may get a ride sooner and arrive at your destination just as quickly or even faster.

Please consider common courtesy, thoughtfulness, and confidentiality for patients, both in elevators and while waiting in elevator lobbies. The best way to give patients their privacy is to wait for another elevator or to give your elevator to a patient being transported. In fact, the transport aide may request that you leave the cab or wait for the next car for the patient's benefit.

Not only will you show you care for our patients in this way, they will arrive at their own destinations more quickly. Isn't that worth just a few minutes of your time?

American Red Cross Blood Drive

Monday, April 29, 0800 -- 1500 hours

Dana Classrooms 7 & 9

All those who come to donate will be eligible for a drawing for a prime parking spot for one month!

Please give the gift of life.

About People

- **John Jurczyk, RPh**, Director of Pharmacy Services, has received "Special Recognition" from the Maine Society of Health-System Pharmacists for making significant contributions to the practice of pharmacy in Maine. He and MMC's Pharmacy were cited for providing a consistently high level of pharmaceutical care to patients.

- **Laura Huckestein, RN**, Maine Transplant Program, has passed the Certified Procurement Transplant Coordinator exam. Donation coordinators who have worked in the field of organ procurement/transplantation for at least one year are eligible to take this exam. The CPTC exam tests for proficiency in a variety of areas including organ donor management, organ preservation, allocation, consent, etc.

- **Gail Clark, RN**, passed the Certified Clinical Transplant Coordinator exam which certifies proficiency in clinical transplantation. *Janet Kennerling*

- **Roxanne Taylor, RN, CPTC, CCTC**, and **Carla Cutting, RN, CPTC, CCTC**, already hold both certifications. Less than 20% of all coordinators are dual certified.

Practitioners are certified by the American Board of Transplant Coordinators. The clinical practitioner's primary responsibilities are directly involved with coordinating the multi-disciplinary approach in the evaluation, treatment, and facilitation of the transplant process and follow up care of those patients and their families receiving organ transplants. At least one year of experience in the field is required for exam candidates.

- **Lisa Paquet, RN**, and **Diane Vasile, RN, ASU**, have been granted Certified Ambulatory Perianesthesia (CAPA) Nurse status by the American Board of Perianesthesia Nursing Certification, Inc. CAPA certification validates knowledge gained through professional education and experience. Nurses who seek a voluntary board certification credential demonstrate a commitment to their profession and to promoting quality patient care. To achieve certification, RNs must have a minimum of 1,800 hours of perianesthesia nursing experience and complete a rigorous exam.

- Do you have anything to share? Send it to *What's Happening*. Just email the information to davolm@mmc.org or fax it to Public Information at 871-6212.

MMC staff to speak at women's conference

At the 22nd Annual Women in Management Conference, Marge Wiggins, RN, Vice President of Nursing/Chief Nursing Officer, will be a member of the Panel of Maine Women and Laurie Davis, Training and Organizational Development, will facilitate the discussion, Ethics at Work. Davis and Jodi Lerman, also of Training and Organizational Development, are members of the WIM planning committee. The conference takes place April 30-May 1.

For a brochure or registration information, call 780-5951 or email conferences@usm.maine.edu.

CNA COURSE, FROM P.1

Who teaches the course? Course instructor Gail DiFiore, RN, has developed a style of caring that she passes on to students in the classroom and when they go out to clinical units. Anita Cornish, RN, assists with the skills labs and the clinical experiences. Two clinical instructors are new to the course this year: Cathy Hoffman, RN, and Judy Sinclair, RN. All of the MMC faculty have shown the students how to put caring and competence together.

How many CNAs has MMC hired from this course? Of the 106 graduates, approximately 80% have taken positions here. They work all over MMC, from The Barbara Bush Children's Hospital Inpatient Unit to ASU.

Finally, how do MMC's students measure up to others in the state? All of our graduates have passed the state certification examination; one class passed with grades of 90% and above! All have been listed on the State Registry. Best of all, many are now employed at MMC, delivering excellent care to our patients.

*Find your name,
win a prize!*

Look for your name in every issue of *What's Happening* and call 871-2196 if you find it. You'll win a gift certificate to the Coffee Shop, Flower Box, or Impressions Cafe!

Two winners every issue!
*Names will be hidden within
articles and announcements upside
down in italic type.*

received \$350 for ten Listen Aiders and headsets. Patients with significant hearing impairment will use these devices to hear what their healthcare providers are saying to them. An award of \$615 was made to the Companion Program to purchase diversional activities to be used in therapeutic intervention with patients.

The Archives Section of the Library will receive a grant for \$300 to purchase a conservation vacuum that will be used to clean MMC's historical artifacts. Another gift, in the amount of \$1,300, will be used to purchase educational materials to support the curriculum of the SMILED OC program, a Family Practice outreach program with medical students and residents bringing health messages to fifth graders in Portland schools.

Our three volunteer boards are the Friends of Maine Medical Center, which provides a number of services and educational offerings, the Visiting Board of the Children's Hospital, which operates the Flower Box, and the Women's Board of the Maine General Hospital, which runs the Coffee and Gift Shops.

The combined gifts to MMC by these three boards over 40 years add up to well over a million dollars, not to mention the hours of volunteer service given by their members.

Spring into Action

With the huge success of the last Women's Wellness Day in October, the MaineHealth Learning Resource Centers are happy to bring you the 3rd Annual Women's Wellness Day!

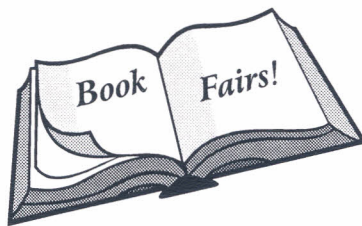
Spring into Action MaineHealth's 3rd Annual Wellness Day

Saturday, May 4, 0800 to 1500 hours
Sheraton Hotel, South Portland
\$20 (includes breakfast & lunch)

Some program highlights

- Internationally recognized women's nutritionist and best-selling author Debra Waterhouse, RD, MPH, will be the keynote speaker. She will discuss "The Miracle of Being a Woman: Fat Cells, Food Cravings, and the 5 Stages of Female Passage". She will also lead a breakout educational session on Outsmarting the Mother Daughter Food Trap.
- Breakout educational sessions on Menopause, Self Defense, Nutrition, Stress Management, Communication, and Goal Setting will also be offered.
- Dick Roy will lead a voluntary T'ai Chi demonstration.
- Free chair massages.

For more information or to register, please call 781-1730 or 885-8570.



Books Are Fun Book Fairs

MMC-Scarborough Campus:

April 23 & 24

Bramhall Campus: May 1-3

Brighton Campus: May 14 & 15

The Bramhall Campus Book Fair takes place in the second floor bypass corridor. These fairs benefit The Barbara Bush Children's Hospital and it's Children's Miracle Network.

You'll find thousands of books including: educational books, cook books, religious books and inspirational titles, sports, photo albums, stationary, toys, videos, music, executive gifts and much more. All at a 20-70% discount!

For more information, please contact Tammy Murray at murrata@mmc.org or 871-2101.

to find on the new site:

- Locally developed clinical tools and patient education materials in easily downloaded formats
- Links to other valuable health sites and resources
- Links to Laurus CommunityVision consumer health information
- Link to CareVision (aka "Ehealthlink"), MaineHealth's secure clinical messaging system

Visit www.mainehealth.org and see what's available!

The Barbara Bush Children's Hospital proudly presents

The Best Of Broadway

an evening of song and dance

featuring some of Maine's best talent.

The program benefits the children and families
cared for at Maine's only children's hospital.

Saturday, May 11, 1930 hours

Merrill Auditorium, Portland

Tickets on sale now (\$30, \$25, \$20);
email porttix.com, or call 842-0800.



Get your sleep, and drive safely

It is an essential part of life, but far too many of us aren't doing enough of it, especially on a regular basis. The National Sleep Foundation says sleep is the fuel we need for good health, safety, and optimum performance. Yet, most Americans say they do not get the recommended eight hours of sleep recommended each night, and more than 66% of study respondents say they have sleep problems.

MMC's Maine Sleep Institute recognized National Sleep Awareness Week, April 1-7, and offers some information about drowsy driving.

Who's at risk? Drivers who are: sleep-deprived, tired, driving long distances, driving at times they normally would be asleep, drinking, or taking medications that increase sleepiness; young people; shift workers; commercial drivers; people with undiagnosed sleep disorders.

Before driving: Get a good night's sleep, bring a companion, schedule stops every two hours, avoid alcohol and medications, consult your physician if you think you have a sleep disorder.

The Drowsy Driver should: Look for warning signs of fatigue, recognize they are in danger of falling asleep, not count on the radio or an open window to keep them awake, find a safe spot for a break or nap, drink coffee for short-term alertness if needed.

Drive safely!

--from the National Sleep
Foundation's Drive Alert...
Arrive Alive Campaign

Family Practice Grand Rounds

Basic & Clinical Science of Medical Acupuncture

Joseph Helms, M.D

Tuesday, April 16

0800-0900 hours

Dana Center Auditorium

Dr. Helms is a nationally and internationally recognized speaker and instructor on medical acupuncture. He is the author of *Acupuncture Energetics: A Clinical Approach for Physicians* and the Director of the UCLA CME Medical Acupuncture for Physicians Course, designed to teach healthcare practitioners trained in allopathic or osteopathic medicine effective ways to incorporate acupuncture into their clinical practices. He also directs the Helms Medical Institute in Berkeley, California.

Following Grand Rounds there will be a workshop for Family Practice residents and faculty.

Research Project: Metabolic Syndrome

People with Metabolic Syndrome are at an increased risk for
developing diabetes and coronary heart disease.

- Are you overweight?
- Do you have high triglycerides, high cholesterol,
or low HDL cholesterol?
- Are you currently being treated for high blood
pressure (hypertension)?
- Are you interested in participating in a research study with an
investigational study drug that may help people with Metabolic Syndrome?

If you said YES to any of these questions and would like to
participate in a Maine Medical Center-sponsored research study,
call 871-3834.

Marketplace

In order to ensure that everyone has an opportunity to use the Marketplace, ads may be placed *once only*. Repeats will be permitted only on a space-available basis.

FOR SALE

Queen sleep sofa, turquoise w/beige/pink floral pattern, exc cond. Young's Furniture. Scotchguarded. \$150. Call 799-6453 AMs.

Persian Bijar. 9'11" x 8'4", 275 knots per inch. \$4,250. Mehmeah Joshuaquan 6'8" x 4'8". \$1,600. Various Persian Bijar runners starting at \$1,600. Can email photos. jshortil@maine.rr.com.

Queen sleep sofa, loveseat, chair, coffee table, 2 end tables. Plaid, earthtone. Exc cond. \$1,000 or BO. Floor lamp, \$25. Call 892-6429.

1997 Yamaha V-Max 700 triple snowmobile. New track, good cond. \$3,100. Call 415-2578 or 727-6632.

Mannlicher-Schoenauer MCA sporter. 1966, 30-06. DST, Tang safety, Redfield bases, peepsight. \$950. NIB Winchester 1886 High grade 45-70. 1/1,000. Fancy stock. \$1,300 or BO. Call 799-2083 or jshortil@Maine.rr.com

Raised ranch to be built on wooded, priv. 1.14 acre lot near Highland Lake, Windham. 6 rms/3BR, 1BA, daylight basement, oil heat. \$149,900. Call 838-9435.

1999 Pontiac Bonneville SSE 4 dr sedan. V6, 3.89 liter, 50K miles, ext. transferrable warranty. Loaded. \$16,500. Call 883-9504 or 653-5419.

1998 Honda Civic HX. 2dr coupe. Exc cond. Silver. 28,500 miles. \$11,800 firm. Call 780-9954.

1996 VW Jetta GL. Auto, power locks & roof, remote starter, keyless entry, AC, hiway mi. \$6,900. Call 797-4049.

1994 VW Golf III GL 4D. 75K miles. Airbags, FWD, CD player, power roof, new tires & muffler. Good cond, minor problems. Blue Book: \$4,360. Call 799-7708 or mccusker@maine.rr.com.

1994 Mitsubishi Mirage, 5 sp, 2 dr. CD player, good cond. \$1,500. Call 839-7471.

1994 Mitsubishi Expo LRV. Like Plymouth Colt Vista. Exc cond. 81K miles, 5 speed, AC, AM/FM/Cass. \$3,800 or BO. Call 772-5326.

1985 Chevy conversion van, camping outfit. Needs some work. \$1,000. Interior exc. Call 780-9947.

FOR RENT

2BR apt. Hdwd, new K. LR, DR, foyer. Pantry, W/D. Porch, pkg. Storage. \$825/mo. + util. Lease, sec dep, ref req. NS, NP. Call 874-2197.

Cape Eliz, Oak Hurst. 4 BR, 1.5 BA Colonial. Hdwd, fplc, garage, basement, rights to Casino Beach. Avail 5/1. \$1,850/mo. Call 767-4777.

3BR Scarboro cape, quiet neighborhood, 2 mi to beach. Avail 6/15-8/15. \$1,400/mo. NS, NP. Call 885-0868.

2BR, 2BA w/loft, W Prom area. Avail 5/7. NP, lease. \$1,295/mo. Call owner at 667-2495 or mgr at 866-490-2980.

Pleasant Ave. 1BR apt. Hdwd, quiet, nice neighborhood. Heat incl, pkg. Avail May 1. \$650/mo + sec dep. No dogs. Call 871-1848.

Deering. Colonial, 4BR, 2+BA, LR, DR, den, porch. Storage, W/D, garage, \$1,800/mo + util. Lease & sec dep. NS, NP. Call 774-4022 VM#3.

2BR, pkg, W/D hookup, near MMC. \$750/mo + util. NS. Avail 6/1. Call 775-2199 eves.

Furn. efficiency, SPtld. \$450/mo + gas heat. Other utils incl. Pkg for one car. NS, NP. Sec dep. Call 767-2431.

Waterfront, Little Sebago. Furn. cottage. Sleeps 5. 30 min to MMC. \$575/wk or \$495/wk w/4wk rental. Avail 5/25-6/29 and 8/31-9/21. Call 871-2951 days or 428-3828.

Ptld, West End, near MMC. 4BR apt. Hdwd, new appliances, decks, laundry, night pkg. Well behaved pets ok. \$1,600/mo incl. utils. Call 541-4796.

Lg 3BR house, Prides Corner, Westbrook. Lg yard, quiet neighborhood, dead end street. NS, NP. \$1,050/mo + util. Call 854-8928.

The deadlines for announcement-length items and **MARKETPLACE** are

April 16 for the April 24 issue

and

April 30 for the May 8 issue.

All items must be in writing

and may be sent by interoffice mail to the Public Information Department, by e-mail to barstj, or by fax to 871-6212.

Furn, 2BR, 1BA cape. Walk to Old Port. K w/fplc, hdwd. Renovated. Yard. Utils incl. W/D, cable. 6/1-8/31 \$6,000 or \$2,500/mo. Call 633-6568.

Thornton Heights, SPtld. 2nd fl, 2BR, LR, DR, K, sunporch. W/D, storage. Pkg. NS, NP. \$800/mo incl water, sewer. First/last month, sec dep, lease. Call 878-3552 or 233-5811.

Ptld, Carriage House. 2+ BR, 1.5 BA, lg studio space, observation deck. Quiet, private. \$1,650/mo. Avail 5/1. Call 797-6751.

Walk to MMC. Cable, stained glass, pine floors, new K & BA, balcony. One space avail now, one avail 6/1. \$575/mo incl utils, W/D use. Sec dep, refs. Call 775-0503.

Scarborough, Black Point area. 2BR ranch duplex, priv., wooded. 10 min to MMC. New paint, carpet. NS. \$1,095 + util. Call 233-4985 or 799-2457.

ROOMMATE WANTED

Ptld: Prof F, teen daughter, & pets seek resp, tidy person. Share BA, living space, garage, storage, W/D, gardens. \$500/mo. + utils, modest sec dep. Call 773-6733.

Lg 2BR home. Share with NS M/F. Outer Forest Ave, W/D, pkg, yard. \$450/mo + 1/2 utils. Call 878-4483.

SERVICES

Neat, prof. painter. Big & small jobs, interior & exterior. 17 yrs exp. Call 767-5105.

What's Happening?

at Maine Medical Center

- All month** Healthviews. Cable Channel 4, Thurs., 1400 & 2000 hrs; Fri., 0700 hrs.
- Apr. 22** National Linen Services Week
- Apr. 23** Thermometer exchange. *See p.2* Watch for location details.
- Apr. 29** Blood drive, 0800-1500 hours, Dana Center. *See p.3*
- May 4** Women's Wellness Day, 0800-1500 hours. *See p.5*
- May 9** Spring Surgical Symposium. Call 871-2934. *See p.2*
- May 15** Annual Luncheon for MGH-MMC School of Nursing RN Graduates. Call 797-2352 or 846-9618 by April 30.
- May 16** United Way Day of Caring. Sign up by April 10. Contact Cindy Bridgham, 871-4887 or bridgc@mmc.org.
- May 16** I Love Food: Kids' Night Out, 1700-1900 hours. Watch for registration details!
- June 7** Honor Night 2002, 1700 hrs, Holiday Inn By the Bay.

Vascular Access Center (Dialysis)

Open House

Thursday May 9, 1700-1900 hours

MMC Brighton Campus

335 Brighton Avenue, Portland

- Tour • Refreshments • Procedure information •
- Meet our staff •

Join us in celebration of our new unit!

Virtual Reality Tour

Learn what disorientation is like and try to complete simple tasks while simulating the confused states experienced by patients with Alzheimers Disease or Dementia.

Monday, April 29, 0900-1200 hours, Dana Classroom 3

Lecture on Dementia

Kathy Nadeau, RN, MSN, MMC Geriatric Center

0900-1000 hours, Dana Classroom 4

Sponsored by MMC Nursing Services and American Medical Surgical Nurses' Association, Maine Chapter.

For all RNs, LPNs, and CNA partners. Call 871-2319 to register; 1 contact hour awarded for lecture attendance.

Bach-Lien Duong

Ethics at the Center

The Ethics Confidential Helpline is available for your questions and concerns. Call the Helpline at 871-4646.

What's Happening is published every other week at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 871-2196. Editor: Wayne L. Clark.

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MAINE MEDICAL CENTER 22 BRAMHALL STREET PORTLAND, ME 04102-3175