

# What's Happening?

A NEWSLETTER

FOR THE MAINE MEDICAL CENTER FAMILY

## New plan provides greater security

Maine Medical Center's Security Department recently completed an assessment of the hospital's security needs. This process included feedback from several customer groups, with a great deal of helpful information provided by nursing focus groups. The result is a new Security Management Plan for MMC that focuses on increased access control and perimeter surveillance, and includes a new policy concerning when we request assistance from the Portland Police Department.

"Employees have shared with us concerns for their or their patients' safety," says David Young, Security Director, "and numerous patients tell us they have had restraining orders served against specific people. Domestic situations seem to be following our patients and staff into the hospital. We think the new plan will help us address these concerns and help people feel more safe here.

"In order to efficiently manage after-hours access in a medical center as large as MMC," Young continues, "we must reduce the number of entrances used after hours. The new plan will provide just one after-hours

SECURITY, SEE P. 3

## Emergency preparedness exercise to involve MMC, Spring Harbor

How would the Greater Portland community respond if a jet airplane carrying 125 passengers and crew crashed upon landing at the Portland International Jetport? A group of local agencies will find out when they take part in an aviation disaster drill, slated for Thursday, June 7, and Friday, June 8.

The simulated plane crash will occur on the 7th to test the community's emergency response systems, including those of the MMC Emergency Department and Spring Harbor Hospital. MMC will receive about 100 "patients" to triage.

On the 8th, the SH/MMC mental health network will be asked to participate with the Red Cross in a "Family Assistance Center" at the Embassy Suites Hotel in Portland to simulate the creation of an emergency grief/counseling center for crash survivors and family members of victims.

This well-orchestrated drill is an excellent opportunity for the hospitals to test for disaster preparedness.



These are the kids who came to work on April 26, Bring Your Kids to Work Day. They learned about disabilities with New England Rehabilitation Hospital, had an EKG taken with the Maine Heart Center at MMC, toured the kitchen with Nutrition Services, learned about physical plant maintenance with Engineering, and heard about surgical techniques from Operating Room staff. Public Information Photo.



## Tuition Assistance Benefit

Now that the school year is ending, many Maine Medical Center employees will apply for tuition assistance for the courses they have taken this semester. MMC offers tuition assistance to regularly scheduled employees to support them in furthering their education to enhance their job knowledge and skills. We thought you'd like to know about this benefit.

### Who is eligible?

You are eligible to receive tuition assistance if you:

- have been employed at MMC for six months
- are classified as a regular (not per diem) employee
- are an active employee, regularly scheduled for 20 or more hours per week
- are enrolled in a course or program that meets the reimbursement criteria.

### What types of courses are covered?

To be reimbursable, a course must lead to a substantial new skill or to knowledge development/enhancement. You must pass a course to receive reimbursement. Courses that qualify for tuition assistance include:

- any courses voluntarily taken to complete an academic degree (undergraduate or graduate) related to a current or reasonably predictable future position at the hospital
- individual courses voluntarily taken at a college to en-

hance job competence or to prepare for a future position at Maine Medical Center (for example, statistics, anatomy and physiology, accounting, computer science)

- multi-session certificate programs voluntarily taken at a college (for example, USM's certificate in management, housekeeping, or human resources)
- training in specific skills (for example, word processing or medical transcription) voluntarily taken to enhance job satisfaction or to prepare for internal transfer
- intensive, in-depth seminars or workshops in specialized clinical procedures not covered in regular academic coursework (for example, specialized physical therapy techniques).
- you must pass the course to receive reimbursement.

### What types of programs are not covered?

- courses required by a manager to improve the employee's performance. The manager should pay for this out of the department's budget.
- concurrent, short or half-day workshops at a professional conference. These costs should be covered by a department's own budget.
- a course specifically designed as preparation for a certification or registration exam. Exam fees, lab fees, and other registration fees are not covered.
- courses that lead to recertification of technical skills.

### How do I apply for tuition assistance?

This is a reimbursement program. Therefore, you pay for the course when you register and submit an application for reim-

bursement when you complete the course. MMC covers the first \$100 of a qualified course plus 75% of any remaining amount up to the eligibility limit. The IRS treats tuition assistance reimbursement as taxable income. Therefore, if you use this benefit, your year-end income statement will reflect the money you have received in reimbursement.

1. Determine whether the course is reimbursable before enrolling. Talk with your manager or Human Resources Training & Organization Development to determine reimbursability.
2. Send a completed Tuition Assistance Application Form to Human Resources within three months of completing the course. First attach proof of successful completion and proof of tuition payment (cost per credit hour) and get your manager's signature before sending the application to Human Resources.
3. The amount of reimbursement is determined based on your years of service and scheduled hours when the course began, and any tuition assistance you have already received during the current fiscal year. Refer to the Maine Medical Center Policy and Procedure Manual 603:3 for the reimbursement schedule.

If you have any questions about this program, please call Dawn Demers (871-6202) or Laurie Davis (871-4789) in Human Resources. Or...

Come to a  
Tuition Assistance  
Lunch & Learn Workshop  
Thurs., June 7, 1200-1300 hours  
Dana Classroom 2

Bring your lunch and get answers to your questions about MMC's tuition assistance benefit.

## Focus on these winners!

Hopefully you had a chance to stop by the Dana Center Lobby to view the 199 photographs entered in the 20th Annual Employee Photo Contest. They were all great!

Judges Lawrence Gorton and Cindy Tibbetts, Audio Visual Resources, and Linda Spring, CD&M Communications, chose three winners in each category: Scenic, People, Animals, and Open.

You judged your favorites, too. This year, 201 votes were cast by employees, volunteers, medical staff, and others for People's Choice.

In the Scenic category, Pamela Davis, Utilization Review, Spring Harbor Hospital, won first prize for *Foggy Morning*. Mark Noonan, Human Resources, took second place with *Stirling Cemetary, Stirling, Scotland*, and Michael DeCesere, Information Services, was awarded third place for *Marshall Point Light*. The People's Choice prize also went to Pamela Davis for *Foggy Morning*.

In the People category, Jennifer Roy, R7, took first with *Catch. Performance Improvement's Kathryn Harris's First Harvest* was the judges' second choice. Tod Sweeney, Family Practice, came next with *Afternoon Delight. Ringing in the New Year*, from Mary Brown in Pulmonary Medicine, was voted People's Choice.

John Reed, NorDx Scarborough, won first prize in the Animal category with *Nubi: Guardian Spirit*. Lynn Frist, School of Surgical Technology, came in second with an untitled

*Please take time to give blood.*  
American Red Cross Blood Drive  
Friday, June 1, 0730--1730 hours  
Expanded hours!  
Dana Center Classrooms 7 & 9

SECURITY, FROM P.1

entrance for visitors and patients and three entrance points for employees and all other authorized personnel."

When visiting hours are over in the evening, at 2000 hours, all visitors and patients must enter the hospital through the Emergency Department entrance. Visitors seeking late visits will be checked in by security officers and permitted to visit patients in patient units only if approved by the nursing unit. Valet Service will be extended to help manage after-hours parking.

Employees will be able to enter the hospital after hours through the Emergency Department entrance, or through the L.L.Bean Wing employee entrance or the Admitting entrance using the MMC ID card access system. ID badges will be required to gain access to the rest of the hospital from the ED.

You will soon see signs at the Admitting and Bramhall entrances directing patients and visitors to the Emergency Department after 2000 hours. Surveillance cameras at the Bramhall and Admitting entrances increase the ability of Security to monitor those areas. Emergency phones also have

been added at the Bean employee entrance and at the Admitting entrance. When the receiver is picked up, these phones ring automatically to the Security Office for assistance.

The Portland Police Department was included in meetings to review the level of support MMC can expect to receive when they are called. The police have assured us that whenever there is a threat, they will respond to all MMC calls for assistance. A new Security policy covers requests from the units for emergent assistance. It gives the Security department guidance on prioritizing responsibilities, working with Nursing in emergent situations, and when to call in the police for their support.

Many employees have expressed interest in crisis intervention training. Security periodically provides this class to Security Officers; it will now be open to other employees. The class involves eight hours of training focusing on keeping patients and staff safe. It covers listening skills, body language, personal space, limit setting, and other topics. Crisis Prevention Institute materials are the primary resource for the training. A schedule of available class dates will be posted soon.

Commute Another Way Every Day

Join a carpool.

Call RideShare, 775-7433.



## Outreach Education Council

presents

### *The Crisis in Nursing: Restoring Balance & Rekindling Spirit*

June 15, 0800 – 1600 hours

Maine Medical Center Dana Health Education Center

featuring

Judith "Ski" Lower, RN, MSN, CCRN, CNRN

Johns Hopkins Hospital, Baltimore, Maryland

The present status and future of professional nursing are issues of universal concern and debate. Given today's chaotic healthcare environment, the nursing shortage, and a multigenerational workforce, we face critical challenges in recruitment, ongoing development, and retention of expert nurses at the forefront of care delivery. Although there is no panacea for the matters at hand, there are ways to make things better for patients and professionals. This program will examine key variables that drive present conditions and emphasize a spectrum of possibilities, not problems, for improvement. Ms. Lower's well-recognized expertise in revitalization of work structures and professional practices and practical style will offer realistic and constructive strategies for application.

For more information, visit MMC's Internet website or call 871-2290.

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## Nursing scholarships available

The Scholarship and Loan Committee of Maine Medical Center's Department of Nursing Services will soon consider grants for the 2001-2002 school year.

Any MMC employee enrolled in or accepted to an accredited nursing program (MS, BS, AD, Diploma, LPN, CNA) is eligible and invited to apply. The committee considers grants for both the Spring and Fall semesters at the same time, so applicants should anticipate their needs for the full year.

Applications are available in the office of the Vice President for Nursing. The application deadline is Friday, July 6. For further information, please contact committee chairperson Suneela Nayak, MSN, RN, in Nursing Resources, 871-2397.

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## School of Surgical Technology

### accepting applications

The Maine Medical Center School of Surgical Technology is a one year program which prepares men and women to work as surgical technologists in the Operating Room, and to sit for the National Certification Examination. The course is one year in length. Classes begin every September and March. Applications for the September 2001 class will be accepted until the first week of August. For more information, a brochure, and application, call the school at 767-9589.

*For you or someone you love  
who suffers from  
Depression or  
Manic Depression*

A group meets confidentially  
every Monday, 1900--2100  
hours, in the Dana Center.

FMI call 774-HELP or  
1-888-568-1112.

## Are you at risk for a silent disease?

- Do you have high blood pressure?
- Do you have diabetes?
- Do you have a parent, grandparent, brother, or sister with high blood pressure?
- Do you have a parent, grandparent, brother, or sister with diabetes?
- Do you have a parent, grandparent, brother, or sister with chronic kidney failure?

If you answered "yes" to any of these, you should take advantage of the free health screening offered by the National Kidney Foundation of Maine.

*Kidney Early Evaluation Program*  
Thursday, May 31  
1000-1500 hours  
MMC Dana Center  
Call to pre-register, 772-7270 or  
1-800-639-7220

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## Medical Services Federal Credit Union

### *Info Tables*

Thursday, May 10

1100-1330 hours

Friday, June 8

1100-1330 hours

Ground Floor Bypass Corridor,  
Bramhall Campus

# The Children's Miracle Network Broadcast Weekend

## June 1, 2 & 3

Watch the Children's Miracle Network Broadcast! It airs June 1, 2, and 3 on WGME 13, beginning at 1900 hours Friday. You'll see hours of entertainment from DisneyWorld and patient vignettes filmed right here at MMC. And don't forget to call in your pledge to benefit The Barbara Bush Children's Hospital at Maine Medical Center.

Thanks to the generosity of hundreds of caring and dedicated people like you, the Children's Hospital is able to raise hundreds of thousands of dollars each year to directly fund the programs and services provided to children and families cared for at The Barbara Bush Children's Hospital.

### CMN Broadcast at the WGME Studio

Please join us at WGME for our 13th Annual CMN Broadcast. Volunteers for the phone bank are still needed for all shifts on Sunday, June 3. If you can help, please contact Tammy Murray (see below).

### CMN Carnival & Safe Summer Fun Fair, Sunday, June 3 Biddeford Wal-Mart Parking Lot

The CMN Carnival & Safe Summer Fun Fair is an opportunity for Maine families to learn about bicycle, water, and car seat safety, play carnival games, be entertained by Rick Charette, eat great food, and more! Proceeds benefit The Barbara Bush Children's Hospital.

Please consider volunteering for this event. Choose from: Carnival Games, Safety Fair Booth, Food Booth, Hospitality, or Face Painting. Families with older children will have a great time staffing booths. We even sign community service requirement forms for students!! Volunteers are needed for the 0830 - 1300 hours shift (includes some set up time) or the 1230 - 1700 hours shift (includes some clean up time).

*FMI or to volunteer, please contact Tammy Murray at 871-2101 or email [murrata@mmc.org](mailto:murrata@mmc.org).*

## HP Hood teams up with Red Sox to benefit The Barbara Bush Children's Hospital

If you attend a baseball game at Fenway Park this year, be sure to check out HP Hood's 26' tall LightBlock® Bottle, otherwise known as the "White Monster," debuted at the end of last year's season at Fenway. This season, Hood's White Monster will provide more than just entertainment because it will attach a dollar value to the home-town team's success. Each time the Red Sox hit a home run, make a double play, or strike out an opponent at bat, the bottle will pour milk and \$100 will go into a fund for children's hospitals throughout New England, including The Barbara Bush Children's Hospital, so be sure to cheer for the home team at Fenway this year. Go Red Sox!

## Anecdotes from the Archives

In 1882, the first "special service" was established at Maine General Hospital. James Spaulding, MD, was appointed ophthalmologist.

Also that year, a children's ward opened. It was located on the fourth floor and had six beds. The idea was conceived by a group of young girls aged six to twelve.

--MMC Library, Archives Section

## The Race in Place

Lifestyles Fitness Center in Scarborough was the place for the first annual Race in Place on April 28. Participants rode stationary bikes the equivalent of \$642.9 miles to raise \$6,250 for at The Barbara Bush Children's Hospital at MMC.

Teams competed for distance covered and most funds raised. Teams from the Portland Police Department, Lifestyles Fitness Center, and Portland Fire Department managed to take the honors for distance. Individuals covering the most distance were John Haplin and Dean Mazziotti, Portland Police Department, and Pamela Bither and John Desjaroins, Lifestyles.

Individuals raising the most funds were Peggy Hilfrank, Lifestyles, Debbie Hegarty, MSFCU, and Richard Hannon, Portland Fire Department. The teams with the most funds raised represented Lifestyles, Portland Fire Department, and Medical Services Federal Credit Union.

Thank you to all who rode or helped out!

## ELKS donate \$181,572 to MCCP

On Saturday, May 5, at the Maine State ELKS Convention, Don Richard, ELKS Major Project Chairman, and Timmy Smyth, ELKS State President, presented the Maine Children's Cancer Program with a check for \$181,572. Along with the donation, the ELKS pledged to continue their efforts on behalf of Maine children who are fighting their battle with childhood cancer until a cure can be found. Thanks to their generosity and support, the Maine Children's Cancer Program can continue to provide the best medical care, support services, and access to clinical research for children with cancer and their families statewide.

The Maine ELKS Association has been involved with the Maine Children's Cancer Program since 1985 and has raised more than \$980,000 in support of the program. The Maine Elks Association has become a great friend and welcome resource for the children of Maine and their families who rely so heavily on the Maine Children's Cancer Program. The 22 ELKS lodges throughout the state focus their efforts to ensure that the Maine Children's Cancer Program will be here to provide medical treatment and support services for children today and in the future.

The Friday and Saturday night event was a tribute not only to the ELKS and its members, but also to all the people throughout the state who they are able to support. The ELKS have focused their fundraising

efforts in a number of directions such as youth scholarship programs, drug education, Americanism, support for the veterans, and the Maine Children's Cancer Program. They are one of the

best-kept secrets in the state, and the Maine Children's Cancer Program is proud to be associated with such a philanthropic organization.

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## Motor Mania raises more than \$2,200 for MCCP

Earlier this month, Signature Fundraising, Inc., with support from Anthem Blue Cross and Blue Shield, hosted Motor Mania, a scavenger hunt to raise much-needed funds for the Maine Children's Cancer Program. Motor Mania began and ended at the MCCP clinic in Scarborough.

The event had 23 teams of four participants each solving clues, including anagrams, math problems, and crossword puzzles, to find their way to the end of the course in the quickest time possible. Competitors traveled from Portland to Dunstan Corner to Portland Headlight trying to solve a series of ten clues and be the first team to get back to MCCP.

The entire group had a wonderful time. The event wrapped up with awards and two very special presentations. Motor Mania was won by an MMC team made up of Sharon Judkins, Mary Herbert, Jill Knutson, and Naomi Pellitier. Coming in second was a team from Anthem Blue Cross and Blue Shield comprised of Chris Dyer, Jim Wendel, Bonnie McVane, and Larry Williams. Rounding out the field in third place was the

team from The Portland Sea Dogs, made up of Kelli Hotschtetler, Jim Heffley, Chris Cameron, and Jim Beaudoin.

MCCP staff presented special awards to Dave & Becky Shennan and Janice Cox of Signature Fundraising, Inc, and to Jennifer Steele of Anthem Blue Cross and Blue Shield for their tireless efforts in helping to make this event a great success.

The money raised from this event will be used to fund research, charity care, outreach, education, psychosocial services, and new program initiatives not covered by insurance and patient fees. The focus of MCCP fundraising is to support clinical-based research, equipment needs, and the two full-time clinical social workers who provide lifetime support to the child with cancer and his or her family. Programs include family counseling, school visits, support groups, teen support groups, sibling days and much more.

Thank you to everyone who participated in making this scavenger hunt a very special event! With your continued support, there will one day be a cure for childhood cancer.

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*For a listing of MaineHealth classes, call 781-1730.*

# Marketplace

In order to ensure that everyone has an opportunity to use the Marketplace, ads may be placed *once only*. Repeats will be permitted only on a space-available basis.

## FOR SALE

Pride Dynamo Electric Scooter. Exc. cond. Like new. Paid \$3,300, asking \$1,950. Call 797-3784.

Electramatic twin bed. Raises head and feet. Helpful for sleeping problems, physical conditions. Price negotiable. Call 772-7087.

Lawnmower, standard power model, purchased from Sears for \$280. Used twice. Will sell for \$150. Call 871-3837 or 773-8284.

Oval dining table. 60" to 90", china cabinet w/4 glass doors, buffet base w/3 doors, 2 drawers, sideboard w/3 drawers. Cost \$3,600, asking \$1,200. 839-8323.

Prijon Samuri kayak, 2000, yellow. Exc. cond. Flat hull, lg. keyhole cockpit. \$450 firm. Call 892-5364.

WW kayak. Riot Glide w/skirt L, 140-220 lbs., adj, rodeo seat, 1 season in ocean, exc. cond. \$550. Call 797-3855.

1986 Mercedes Benz 190E 2.3, bronze/palomino leather, auto, sunroof, CD player, 2 studded snow tires, current sticker, repair records, v. clean & runs great. \$3,500. Call 879-8065 or 428-4363, or email [storemm@mmc.org](mailto:storemm@mmc.org)

1986 Chevy pickup, 4WD, V8, mech. sound, good cond., overdrive, sliding rear window, 113K miles, AM/FM cassette, tilt wheel, \$2,675 or make offer. Call 883-4232.

1997 Saturn SC, 1 owner, 47K miles, AC, power steering, std transmission. \$5,995. Call 767-0702.

1996 Ford Ranger XL pickup, 2dr, short cab, 2.3L/4 cyl., 5 speed, cap, rack, 2 new studded snow tires. 97K miles, exc. cond. \$3,500. Call 657-3939.

1997 Ford F150 XLT 4x4 cab 3<sup>rd</sup> door, loaded. 86K miles. Silver, 4.6L. \$16,500 or BO. Call 893-8293.

1986 Ford Escort 4dr, standard, needs some work \$200 or BO. Call 772-2593.

1990 Lincoln Town Car, 134K miles, incl. studded snow tires, exc. cond. Call 883-6621.

Gray: 4 BR Cape, breezeway, 2 car garage. 8 YO. 1.5 miles from turnpike. \$195,000. Call 657-5025.

Cottage with 2.4 acres on picturesque island of Islesboro, ME, just 5 miles north of Camden. Call 892-2345.

Time share, Attitash Mountain Village.

1 BR, week #13, Red Time, v. good trading power. RCI Affiliated. Value \$8,900, asking \$6,400. Call 797-2894 or 650-3674.

Brunswick: 1996 2 BR mobile home, well-maintained park. Cath. ceilings, K in front, LR & MBR ceiling fans. Incl. refrig, stove, 8x10 shed and satellite dish. W/D negotiable. Payments incl. lot rent as low as \$500/mo. Call 729-4142 or 729-2245 or email [dpagelon1@gwi.net](mailto:dpagelon1@gwi.net)

## FOR RENT

Room w/K priv. in nice S. Portland home with one easygoing woman, dog & cat. Prefer responsible, quiet honest F. \$95/wk, refs & sec dep. Call 772-2593.

Furn. lg. sunny room, Victorian house 2 blocks from MMC. Lg. closets, queen bed, cable, micro, fridge, tel & ans. mach., desk. Garden. NS, no pets. Refs. \$500/mo + sec. dep. Call 773-8529.

Cottage, secluded, Songo River in Naples. Sleeps 4-5. Access to Big Sebago, Brandy Pond, Long Lake. NS, no pets. Cable & dock. \$700/wk. Call 892-3115 or 321-3080.

Duplex, 2 or 3 BR, 2 full BA, LR, lg K, parking, walk to MMC. Quiet dead end road, sm yard with garden, will consider pets, avail. 8/1. \$850/mo. + utils. Call 767-3121.

Renovated 3 BR apt., city & ocean views. LR, DR, office, lg K, pantry. HDWD, new carpet, new appliances. Walk to Old Port. Parking, no pets, heat incl. \$1,300/mo. Call 761-0158.

Western Prom: 3 BR, 2 BA, 3 frpls, views of Fore River. \$2,100/mo. Call 878-7670.

Sunny 3<sup>rd</sup> floor. 2 BR, 1 block to MMC, HDWD, skylight, NS, no pets, lg LR, dining/K space. \$750/mo. + electric, sec. dep. Avail. 6/1. Call 799-3061.

1 BR condo, parking. Remodeled, stacking W/D. Open K/DR. Sliders doors to patio, yard. 12x17 LR, 11x14 BR. Avail. now. \$695/mo. Call 749-2237.

2BR, 1BA condo, 2 blocks to MMC. 3<sup>rd</sup> floor, stunning Victorian. New stove, DW, microwave, carpet, built-ins, stained glass, HDWD, views, sunroom, sauna, courtyard, parking. \$1,250/mo. + utils. Call 781-8842.

Ocean Ave, Portland/Falmouth line. 1 BR apt. avail. 7/1. Garage for 1 car, HDWD, gas heat & hot water, W/D, pantry, enclosed porch. Owner occupied. Quiet. \$650/mo. + utils. NS, lease, sec dep, no pets. Call 775-7427.

The deadlines for announcement-length items and **MARKETPLACE** are

May 25 for the June 4 issue

and

June 8 for the June 18 issue.

*All items must be in writing*

and may be sent by

interoffice mail to the Public Information

Department, by e-mail to [barstj](mailto:barstj),

or by fax to 871-6212.

Walk to work. Near Westgate. 1<sup>st</sup> floor, 2 BR, W/D hkup, NS, no pets, parking, newly renovated. \$850/mo. + utils. 772-4950.

360 Brackett St. Studio w/kitchenette & BA, \$400/mo. 1 BR, LR, K/BA, \$575/mo. Heat/HW/elec. incl. Call 878-2623.

1 BR avail thru June in 2 BR apt. W Prom. 3 blocks to MMC. Nice, 2 BA! \$400/mo. Call 842-6087.

## ROOMMATE WANTED

Share N Deering home w/2 active F seniors. Exc neighborhood, yard, patio, garden space. NS, good refs. required. \$500/mo + 1/3 utils. Call 797-3784.

F to share quiet, sunny duplex. 10 min to MMC. Nice deck, country-like setting, parking, etc. \$412.50/mo. + low utils. Call 756-6735.

## PETS

3 free F kittens. Call 797-9666 eves.

Free: 2YO Cocker Spaniel/Golden Retriever mix. Obedience school, house broken. Loves children, cats. Call 499-2778.

Free: 5½ YO M (fixed) Pom. Loves walks, riding in car. Gets along with other animals, even cats. Call 892-4425.

## CHILD CARE

Pre-school teacher/mother of 2 boys will care for your pre-school aged child in my S Portland home. Summer activities while you work. Reasonable, exc. refs. Call 761-2780.

## WANTED

Mature, quiet, resp. F, NS, 1 cat, seeks small 1 BR or studio apt, near MMC but will consider other areas. Will consider roommate situation. Call 775-4817.

## What's Happening?

at Maine Medical Center

- All month Healthviews. Comm. TV Network TV 4, Thursdays, 1400 and 2000 hours; Fridays, 0700 hours.
- May 22 Contest photos ready to pick up, Public Info.
- May 30 *What Women Should Know About Their Hearts*, 1800 hours.  
See p.8
- May 31 Kidney Early Evaluation Program. Call 772-7270.  
See p.4
- June 1 Blood Drive. 0730-1730 hours.  
See p.3
- June 1 CMN weekend. Watch the broadcast on WGME! To volunteer, call 871-2101.  
See p.5
- June 7 Tuition Assistance Lunch & Learn, 1200-1300 hours.  
See p.2
- June 15 "Crisis in Nursing" program, 0800-1600 hours.  
See p.4
- July 6 Deadline for Nursing scholarships.  
See p.4

Learn about jobs available at MMC:

[www.mmc.org](http://www.mmc.org)



- Change name or address as shown on address label.
- Remove my name from your *What's Happening?* mailing list.

Please return this address label in an envelope to the Public Information Department.

## What Women Should Know About Their Hearts

Wednesday, May 30, 1800 - 2000 hours

Dana Center Auditorium

*Nutrition for Women*, Cindy Rubinoff-Meyers

*Heart Differences Between Men & Women*, Jennifer Hillstrom, MD

*Heart Palpitations in Women*, Karen Kurkjian, MD

*How Female Hormones Affect Heart Health*, Daniel Spratt, MD

The program will be hosted by Jeannine Lauber, News 8 WMTW.

*Refreshments will be served. Please call 871-2196 to register.*

CONTEST, FROM P.3

entry, and Jennifer Roy, R7, took third with *New Life. Are You My Driver*, from Patrick Freeman, R7, was the People's Choice.

Taking first prize in Open was John Reed, NorDx, with *Breathe In*. In second place, Lynn Frist offered *Flea Market*. Third prize went to Pat Garrett, P3CD, for *Winter 2001*. The People's Choice was an untitled entry from Laura Lee Swan, Medical Education.

Three winners were chosen by the Friends of Maine Medi-

cal Center. These photos will be enlarged, framed, and hung in patient or family areas. The Friends' choices are: *Blue Heron*, by Diane Fecteau, Brighton SurgicalCenter, *Foggy Morning*, by Pamela Davis, and *Untitled*, by Laura Lee Swan.

The Friends have been funding projects throughout the hospital and providing educational programs since 1959.

Contest winners receive cash prizes; People's Choice winners are given movie passes.

Thank you to all for participating!

## About People

• **Bob Cormier RN**, Clinical Research Coordinator, Department of Surgery, recently passed the certification exam given by the Association of Clinical Research Professionals.

*What's Happening* is published every other week at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 871-2196. Editor: Wayne L. Clark.

## What's Happening?

MAINE MEDICAL CENTER 22 BRAMHALL STREET PORTLAND, ME 04102-3175