

(No pictures)

What's Happening

a newsletter for the employees of Maine Medical Center

April 5, 1995

Vol. 26, No. 7

(95-0701)

MMC, Hannaford Bros., and WGME tackle health issues

Maine Medical Center and Hannaford Bros. have teamed up with NewsChannel 13 in a new public health education initiative. "Healthy for Life" will combine the power of commercial television with the expertise of Maine Medical Center's healthcare professionals to reach people throughout NewsChannel 13's viewing area.

Shop'n Save



"It has become clear," says MMC President Don McDowell, "that personal responsibility for health will be key to holding down healthcare costs in the future. In order to take responsibility, people need information and motivation. We believe that television can be a powerful tool in reaching and motivating people to take control of their health."

"In the past, MMC has offered lectures at the hospital, conducted screening events, and provided information and experts wherever possible," says Public Information Director Wayne Clark. "What we found, however, is that education and awareness alone are not enough. We need to produce a desired behavior and then respond to that behavior."

"It also has become apparent that only those people who already are aware of their health will come to a lecture or a screening," he

says. "The people we need to reach aren't at the lectures or the health fairs. They may not even be at the doctor's office or the clinic. They are reachable in other places: at work, at church, at the mall, in their living rooms."

The program is designed as a true partnership, jointly produced by MMC and NewsChannel 13. Maine Medical Center is making a significant financial contribution to this program, and NewsChannel 13 is making an in-kind contribution. MMC's participation is made possible in part by a generous grant from Hannaford Bros.

The program is a year-round effort, broken into four quarterly campaigns. Each campaign will consist of four weeks of promotional spots, a multi-part news series, and a one-hour live prime-time special, hosted by Healthwatch reporter Kim Block.

Viewers will be encouraged during the special, the news coverage, and the follow-up promotion to call a special 800 number. They will then receive a packet of information that will provide education and also motivate them

HEALTH, SEE P.2



Presenting the Fourth Annual Employee Health & Wellness Fair

Tuesday, May 9
1000 - 1500 Hours
Dana Center Lobby

Stop by for a check-up of your emotional well-being, health and safety information, health screenings, nutrition information, and a chance to win a raffle prize!

Sea Dogs host MCCP Day

Sunday, April 23, is Maine Children's Cancer Program (MCCP) Day at the Portland Sea Dogs. This will be the Sea Dogs' first Sunday game at home, and a sell-out crowd is expected at Hadlock Field. Tickets are \$4 and game time is 1300 hours. Festivities will include appearances by Slugger and the Trashmonster. Tickets are available at Peoples Heritage Bank, MMC's Development Office (120 West Street), and MCCP (295 Forest Avenue). For details, call Margaret or Sue, x6274.

MCCP appreciates the efforts of the Sea Dogs, Peoples Heritage Bank, and the Maine Elks Association toward making this special day possible. Get *your* tickets now...over half the tickets for the season are already sold, and the Sea Dogs expect the entire season to be sold out by opening day on April 6!

Singers, storytellers, guitarists and other talented people are needed to entertain at P4CD's Coffee Hour, held Wednesday evenings from 1830 to 1930 hours. Interested employees and others may call Volunteer Services, x2205.

HEALTH, FROM P.1

to take the desired action. An attempt will be made in each campaign to tie a clinical intervention to the education, and to remove barriers to the intervention (time, money, access) to the extent possible.

The first topic is breast health, scheduled for April-May 1995. Despite aggressive educational campaigns, estimates are that as many as half of all women who should receive regular mammograms and perform regular self-exam do not. Breast cancer will affect one in nine American women, and the earlier it is detected the easier and more successful the treatment.

The campaign being designed will encourage women to call for an informational packet, and enlist a friend or relative as a "buddy". Their responsibility is to remind each other every month to perform self-examination. The materials they receive will include reminder stickers for their calendars, cards demonstrat-

ing self-exam, and information about mammography and the importance of regular physician visits.

The second topic is childhood immunization, scheduled for July-August. Data from the Maine Department of Human Services indicates that only 70% of Maine children have received adequate immunizations by age 2 (the health objective for the year 2000 is 90%). The goal for the campaign is to induce parents to call for a Child Health Guide that includes an immunization schedule, and develop mechanisms that reduce barriers to immunizations and offer some form of clinical follow-up.

"This is a new departure for Maine Medical Center," says Don McDowell, "and we're looking forward to working with our partners to make a real difference in the health status of our community. We have a quality partner in NewsChannel 13, who we know well from our work with them on Maine Medical Center's Children's Miracle Network Telethon. We expect to produce programming that is good television as well as good healthcare."

Subjects needed for research study

Volunteers are needed for a research study on the effects of exercise on protein metabolism in Type I Diabetic (IDDM) subjects, aged 18-45, at least four years' duration. Compensation for two separate overnight stays on the research unit is \$600. Call Diane Devlin, RN, x2721.

Calling all musicians!

The Maine Medical Center Singers will frequently be choosing music that has instrumental accompaniment other than piano. It would be helpful to know of employees who play musical instruments and would feel comfortable assisting us at our two concerts each year.

Most commonly needed are flute and percussion, though our May 17 concert has one piece calling for an oboe and one calling for a flute. If you play either, and can help out May 17, or if you would like to share your talents in the future, call Deborah Vickers, 282-8678.



NURSING BI-LINE

A publication of Nursing Services

Nurse To Nurse

By the time you read this, the Brighton Medical Center merger with Maine Medical Center will be a fact and discussions as to how we can best integrate our services will be underway. The early months of this new relationship will bring no substantive changes in clinical programs. Both hospitals will continue to offer the same services and care for patients as prior to the merger. Only after there has been careful analysis and planning will we determine what and how consolidation can occur. Our objective is to offer high quality programs for our community in a cost effective manner. This is an exciting time and working with our Brighton colleagues offers potential new ways to serve our patients.

Other activities of interest include progress in evaluating our facilities and prioritizing those areas that need most immediate attention. A Master Plan will be developed that sequences recommended facilities improvements over the next five years.

There are a number of facilities changes that were targeted for improvement prior to the Master Plan effort. Already in the final stages of design are the relocation of dialysis and the expansion of SCU. These projects have been in process for a couple of years and are

needed to support the continuing demands of being a major referral center.

Many staff are involved with the development of Clinical Pathways which plot the anticipated patient experience for specific diagnosis or treatments. These pathways assure standardization of care by all care-givers as well as provide a framework for evaluating individual patient progress. Pathways have proven to be an excellent tool for assuring the desired patient outcome. Teamwork is essential for developing and delivering the care identified in pathways. The coordination and correlation of all caregivers' actions will yield the best results.

If you would like to know more about any of these topics, please don't hesitate to contact me, a Nursing Director, or your Head Nurse. Also, I would invite you to attend the bi-monthly Open Forums that are designed to provide communication opportunities regarding current subjects of interest.

--Judith T. Stone, RN
Vice President, Nursing & Patient Services

*The next Open Forum is April 4
from 0800 to 0930 hours in the Auditorium;
all staff are invited.*

National Nurses Week 1995

The theme designated for National Nurses Week 1995 by the American Nurses' Association is *Nurses: Caring Hearts Touching Lives*.

Watch for postings including information on an MMC Nursing Poster Display as well as celebration activities on individual nursing units during the week of May 6 through 12.

Simple Things Can Make A Big Difference

Group classes on relaxation techniques are being offered twice a week to presurgical/preprocedural patients at MMC by members of Nursing Resources. Research has shown that relaxation techniques can benefit patients by helping to decrease anxiety and elicit the relaxation response. In the classes, patients learn strategies they can use to create their own relaxation programs. These strategies include

breathing exercises, affirmations, cognitive reframing, imagery, music, and aromatherapy. You may see more and more patients using these techniques throughout their hospital stays, including the use of a walkman with music during their surgery.

Follow-up telephone calls to evaluate the program have resulted in comments such as, "knowing these techniques has given me a feeling of participation in the process and greater control over my feelings as well as what was happening to me". Patients have reported using the techniques for help with pain management in the postoperative period.

Participants are encouraged to incorporate these strategies into their normal lifestyles as a preventive approach. These simple things can make a big difference.

If you would like more information about this program, please call Pat Todorich, RN, Clinical Nurse Specialist, x2425.

--Linda Banister, RN, Peg Bradstreet, RN, Janice Charek, RN,
Judy Thomas, RN, and Pat Todorich, RN, Nursing Resources

Nursing Council Activities

Governance Council

Process refinement continues as to how councils and teams communicate their work to all of Nursing and Patient Services. Currently, they are trying various modes of communication including electronic mail, maintaining copies of all councils' minutes in the library, voice mail, monthly service leadership meetings, department staff meetings, memos, and Open Forums. Staff who have other ideas for improving communications may share them with Anne Hascall, x2751.

Governance Council is evaluating a possible recommendation for an institutional multidisciplinary Ethics Committee. A review process for ethical dilemmas was approved by the Management Group and has been in place since September 1992.

Practice Council

The Practice Council is working on the Level III Peer Review Process. Members are

reactivating the Professional Practice Model Committee with Jean Kahn, RN, Labor and Delivery, as chair. An ongoing review of competency-based practice has been folded into the work being done to ready us all for the 1996 JCAHO survey. Lois Bazinet, RN, Staff Development, will work with the Practice Council on any new job descriptions that are created. The Practice Council is also attempting to identify a vehicle for the dissemination of important legislative information.

Care Council

The Care Council has formed three teams. *The Automated Documentation Team*: A site visit has been completed and a recommendation has been made to Nursing Administration to acquire a program from St. Luke's in Nebraska (for more detail, refer to Karen Johnson's article in this *BiLine* issue). This team will recommend a blueprint for development and implementation of an automated system for documentation by March 1, 1995. *Standards of Care*: The team is working to clarify its charge and to develop a plan for what needs to be accomplished. *Policies and Procedures*: Consideration is being given by the team to the content of policies and procedures versus the method of carrying them out, to scope of work with other disciplines, and to accountability. The Care Council is also preparing an implementation plan to streamline the forms approval process.

Quality Council

The Quality Council has interviewed every Nursing and Patient Services Department Head to assess what is -- or is not -- happening in those areas relative to quality, as well as to determine what support and guidance units and departments need from this council. The council plans to compare what is actually occurring with standards for quality improvement (CPQI and JCAHO) to determine what gaps may exist, and then the council will develop an action plan to eliminate those gaps. Nursing and Patient Services will be learning the details of this action plan soon.

Diabetes Education Program Recognized by American Diabetes Association

MMC's Diabetes Center has recently been notified that its Ambulatory Diabetes Education and Follow-up program (ADEF) has met the criteria for American Diabetes Association Recognition. The ADA will now include the program in its state and national database of recognized education programs.

The Diabetes Center is presently in its third year of operation, having served over 1800 individuals in the southern and central Maine area thus far. The Center accepts patients referred by primary care providers for consultation, evaluation, and education. One service, the outpatient ADEF class series, consists of an initial one-on-one assessment followed by a ten-hour class series. Diabetes Center staff Cindy Young, RN, Rachel Girard, RN, Mary Zamarripa, RD, and Jackie Merrill, RD, conduct the initial assessment and teach educational sessions. Following completion of the class series, each patient attends a post-assessment visit to review learning objectives and future self-care needs.

The goal of the program is for each patient to understand the various self-care activities required for optimal management of their disease. Barriers to compliance are examined and strategies for success are defined. Throughout the year-long post-class period, ADEF program participants attend dinner lectures, drop-in clinics, and support groups. A final visit is offered at year's end; patients are encouraged to return to the Center should relapses occur.

--Janet Beecher, RN, Rachel Girard, RN, and Cindy Young, RN, Outpatient Department

Charting by Exception and Focus Charting Come to MMC

This is the first in a series of articles on plans to change the approach of documenting patient care at MMC. Nursing and Patient Services made a commitment last year to *Charting by Exception* and *Focus Charting*, an approach where **if it is not charted it is done**.

What we have been most familiar with in our current charting has been a philosophy of **if it's not charted it's not done**. We are making a 180 degree turn in our framework for documentation with our new approach. As a result of this decision, a number of things have happened and will be happening. What are *Charting By Exception* and *Focus Charting*? In a nutshell, *Charting By Exception* (CBE) is: a method to communicate implementation of a patient's plan of care and his or her response to that care *and* a philosophy of documenting only significant findings or exceptions to established norms and to highlight the patient's problems and/or status.

Focus Charting is a documentation method for organizing documentation of significant findings or exceptions to established norms *and* a patient-centered approach using nursing terminology to describe patient status, nursing care, and patient response.

What are the advantages to this approach to documentation?

- It focuses on the patient and on patient outcomes, placing us in a good position to help patients attain measurable, predictable outcomes.
- It assures completeness of charting.
- It provides an up-to-date, accurate reflection of nursing care and patient condition that is easily accessible to other health care providers.
- It sets standards of care assuring consistency of care throughout the institution.
- It is easily understood.
- It integrates patient education and discharge planning in every care plan from the beginning of hospitalization. It can even handle pre-hospitalization and post-hospitalization plans.
- It will save charting time, allowing more time with the patient.
- It places our documentation system on a solid theoretical basis, reinforcing the professional level of practice of our RN staff.
- It places us in a strong position to meet the expectations of regulatory agencies.

Thus we begin the sharing of information about the direction we are taking to provide a system to meet staff needs for ease and effi-

ciency of documentation. The system will also provide a complete record of patient care received during the hospital experience. There will be more to follow, but if you have questions before the next column appears, feel free to contact any member of the Automated Documentation Team. They are: **Pam Batchelor, R7, Pat Bruce, OR, Nancy Houlihan, P4CD, Karen Johnson, NSI, Deb Kinney, Nursing Resources, Julie Longfellow, SCU, Sharon Mac Whinnie, R3, Ann McPhee, OPD, Donna Morong, Data Management, Dennis Nasto, Data Management, Karen Roy, R2 MAT, Andrea Varnum, P3CD, Vicki Webster, NSI, and Wanda Whittet, R1.**

--Karen Johnson, RN, EdD, NSI

Tom Alexander, RN, Assumes Role of Parenteral Therapy Nurse Clinician

For more than eight years I have worked in Section 1 of MMC's Special Care Unit with a superb group of critical care nurses who helped me grow both professionally and personally. Now I have an exciting new opportunity as the Parenteral Therapy Nurse Clinician in Nursing Resources. In this role, I will be responsible for developing and revising IV therapy policies and procedures, especially since constant advances in infusion technology affect how we practice nursing.

Using clinical evaluations, equipment trials, consultations, and group participation, I will serve as a resource to nursing staff in the delivery of care to patients with newer, even more complex IV therapy regimens, as well as help to resolve any IV therapy problems. Both patient and staff education will be incorporated into my role.

Am I just a little overwhelmed by all of this? At present, yes! But what a great way to creatively invest in what MMC is all about: providing the very best in healthcare to our patients. My goal is to be the kind of resource person you need and expect when dealing with any IV therapy matter. Don't hesitate to call me at x2774 or beeper #213. I look forward to working both *with* you and *for* you!

--Tom Alexander, RN

The Research Connection

Upcoming Conferences

*Nursing Research Trajectory: From Novice to Expert** April 23-25, South Portland. Cost: \$230. Eastern Nursing Research Society.

*Toward Research-Based Clinical Practice: 1995 Update** May 12, Nashua, NH. Cost: \$95. The conference is designed with the staff nurse in mind; presentations will be integrated reviews of literature pertinent to practice problems.

Congratulations to the following MMC nurses who will present in Nashua:

Accuracy of Coagulation Values from Central Venous Catheter by Sandra Burtchell, RN, Anne Esposito, RN, Sheila Lovejoy, RN, Susan Pendleton, RN (R3).

Following the Leader by Zoi Gervais, RN, Joanna Salamone, RN, and Cynthia Westlund, RN (CICU).

Determining the Necessity of Frequent Vital Sign Monitoring for Patients Following Angiography by Lana Ladd, RN (R3).

*Brochures for both conferences are available at the Nursing Research Office.

Call for Poster Abstracts

Due June 15 for *Clinical and Research Projects Related to Medical Surgical and Gerontological Nursing Topics* for presentation at the 7th National AJN Conference, October 13-16, in New Orleans. Call x2460 for more information.

Research Classes for Nurses

It is not too late to join several others who have already signed up for *Grant Writing or Reading and Critiquing Research Articles*. Call Kathy Glick, research secretary, x6011, for more information. Classes will begin in May. Once registered, you will be notified of class specifics.

--Alyce Schultz, RN, PhD, Nurse Researcher

Nursing Services publishes *Nursing Bi-Line* every eight weeks. Comments, questions, and suggestions are referred to Derreth Roberts, MS, RN, Editor, 871-2009-2.

MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

FOR SALE

1989 Nissan Pathfinder. 5-speed, power locks and windows, 62,000 miles. Good cond. inside and out. \$11,300 or BO. Call 774-4312.

Ektelon Racquetball with canvas bag. A place for racquet and balls. Used twice. \$20. Spaulding tennis racket with press, \$5.00. Call 797-7929.

Baby stuff: LL Bean baby bag, red, \$30; twin stroller, \$50; playpen, \$20; Snugli Legacy soft baby carrier, \$25; Century battery operated swing, \$40; walker, \$20; grab bag of developmental toys, \$20. All in exc. cond. Call x2674 or 371-2786.

Alfred, 2 1/2 YO 3 BR home. 5.5 private acres. High quality construction, natural pine floors, wainscoting, 2 baths, custom steam shower, 12' x 24' master BR w/skylights & built-ins. Daylight basement, gardens, small barn. 30 min. to Portland, 10 min. to exit 4. Add'l acreage avail. Call 490-5803 or 647-3504.

1977 26' Argosy. Gas heat, A/C, awning, self-cont. Sleeps 4, tires fine, exc. cond. Asking \$5,000. Call 353-4577.

1983 Suburban, w/hitch. Asking \$3,250. Call 353-4577.

Power Walk Plus treadmill. Non-motorized, new. \$200 or BO. Call 282-4023.

Cape Eliz. 2-3 BR ranch, exc. neighborhood. 10 min. from schools, State parks. Hardwood floors, lg. LR w/fireplace, new bath, new roof, fenced yard, deck, lg. family room w/built-ins. Mint cond. \$118,000. Call 799-5210.

1982 VW Jetta. 4 dr., 5-speed, diesel, no rust. Needs some work for sticker. Engine only 70K miles. New tires, clutch. Asking \$600 or BO. Call 774-4460.

1987 18' Chris Craft fiberglass bowrider w/120 HP in-board/outboard. All accessories and trailer incl. Well-maintained, exc. cond., ready to launch. \$5,300. Call 799-7582 after 6 PM.

1990 Isuzu Trooper. 5-speed, 4 cyl., A/C, 4 WD, 64,000 miles. Exc. cond. \$11,300. Call 985-6393.

1970 Seeburg jukebox. Very attractive! \$800 or BO. Call 774-1722 after 5 PM.

1986 Toyota Celica GT. Power sunroof, cruise, AM/FM stereo cassette, no rust, looks like new, runs great, 130,000 miles. \$3,300 or BO. Call 666-8122.

1984 Nissan pick-up w/cap. Stereo cassette. High mileage but runs great, doesn't burn oil. Good tires, stickered, no rust on frame. \$900 or BO. Call 666-8122.

FOR RENT

Bright, sunny apt. Loft w/skylight. Avail. 4/15. 22 Pine St. \$200/mo., incl. hot water. Monthly commitment OK. Call 772-0637.

Alfred, 2 1/2 YO 3 BR home. 5.5 private acres. High quality construction, natural pine floors, wainscoting, 2 baths, custom steam shower, 12' x 24' master BR w/skylights & built-ins. Daylight basement, gardens, small barn. 30 min. to Portland, 10 min. to exit 4. Add'l acreage avail. Option to buy. Call 490-5803 or 647-3504.

N. Deering. 2 BR, 1 1/2 bath, cellar, w/d hook-up, new

The deadlines for announcement-length items and **MARKETPLACE** are

April 5 for the April 19 issue
and April 19 for the May 3 issue.

All items must be in writing.

carpet, Monitor heat. No dogs. \$650/mo. + utils. One year lease, refs. Call 773-7134.

2 room studio. Clean, one block from hospital, parking avail. 18 Hill St. \$325/mo. + sec. dep. Call 893-1473 or 772-6958.

Portland. Exec. home. 3,500 sq. ft. Garrison. 5 BR, 3 baths. Finished basement, LR, FR, formal DR. Enclosed, heated, screened flagstone breezeway. Easy access to Jetport. \$1,500/mo. 1-2 year lease. Call 772-4663 or 772-1221.

Portland. 1 BR apt., ideal for one. Oak K, completely modernized, 2nd floor. Gas heat, parking. \$450/mo. + utils. Lease, sec. dep., no pets. Avail. 5/1. Call 774-6325.

Rosemont. Immaculate, quiet dwelling. 2 BR, oil furnace, parking. \$475/mo. Call 772-3133.

1860s midcoast farmhouse. Minutes from Pemaquid beach & lighthouse, lobster docks, Round Pond Harbor. 9 mi. from Damariscotta. 30+ acres of private trails. Lg. K w/woodstove, 3 BR. Dinghy & canoe avail. July/August \$2,000/mo. \$550/wk. Call 529-4206.

ROOMMATE WANTED

F N/S. Portland, Westgate area. No pets. Avail. immed. Call 879-5441 after 4 PM.

CHILD CARE

Need care in my home for my 4 children during summer vacation. Good pay for responsible teenager. Call 874-2220 evenings.

WANTED

Living situation for physical therapy student working at MMC for summer, beginning in May. Rent negotiable, also willing to work for room. Call 617-739-1941.

Houses to clean. Dependable, efficient. Exc. refs., reasonable rates. Call 761-0042.

2 BR apt. w/carpeting within walking distance of MMC for incoming residents. One indoor cat. Need for 6/1. Call 802-864-1533.

Clients for therapeutic massage and gentle relaxation. S. Portland. Call 767-2605.

Rideshare from Exit 12 (Auburn) to MMC. First shift, will share cost of commuter pass. Will switch off cars or pay gas. Non-smoker only. Call 783-5205.

2-3 BR home to rent in Riverton School district. Clean, good cond. w/ w/d hookup. Call x6560, 8 AM-4:30 PM, M-F.

Temporary housing for couple (medical resident and carpenter). 5/19-8/31. House/apt./sublet w/in 20 min. of MMC, prefer south. Call 883-7114.

3+ BR apt. or house w/garden for ped. resident. W/in 20 min. by bike from MMC. Call 775-6028.

What's Happening at MMC

- Apr. 9 **MMC's CMN Kids Photo Contest** begins. Call x2101 for info.
Apr. 30 WalkAmerica fundraiser for March of Dimes. Call Jean Kahn, x4852, or Terry Lynn McGarvey, x2196.
May 3 **MMC Talent Show**, 1900 hours. Polish your act! Call Sally Nason, x2869, or Terry Lynn McGarvey, x2196, to sign up.
May 9 *Health Matters* **Health & Wellness Fair**, 1000-1500 hours. Dana Lobby.
May 17 *New Advances in Stroke Management*, 0730-1630 hours, Dana Center. Watch for details. Call Kimberly Conley, 828-5630.
May 17 MMC Singers Spring Concert, 1900-2000 hours, Dana Center.

Shape up on your lunch hour!

An eight-week series of ENERJOY freestyle aerobics classes begins soon!

Where: McGeachey Hall Gym

When: Wednesday, April 26, through Friday, June 9
Wednesdays and Fridays
1210--1250 hours

Cost: Two times a week: \$56
Payroll deduction is available.

Instructor: Liz Bradford, ACE certified ENERJOY Health/Fitness Programs

To register: Call Sue Spear, x4347, Psychiatry Occupational Therapy, by April 19.

Come and learn our new "step-moves"!

About People

• **Jens Eldrup-Jorganson, MD**, Director, Division of Vascular Surgery, was elected Vice-President of the Maine Chapter of the American College of Surgeons at the organization's annual meeting in February.

At the same meeting, **Carl Bredenberg, MD**, Surgeon-in-Chief, completed his 1-year term as President of the Maine Chapter. Dr. Eldrup-Jorganson is also serving a 2-year term as President of the Maine Vascular Society.

What's Happening is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 871-2196. Editor: Wayne L. Clark.

Subjects needed for estrogen study

Volunteers must be postmenopausal (surgical or spontaneous) and healthy. One to two blood samples required. Compensation is \$20-30. Fill out questionnaire at Endocrine Laboratory, second floor of Maine General Building.

NEW EMPLOYEES

MEDICAL RECORD SERVICES: Abby Distasio

PHARMACY: Leisha Tucker

REHABILITATION MEDICINE: Frederick Wise

SWITCHBOARD: Rebecca Fay

The Employee Activity Committee will meet
Wednesday, April 19,
1500-1600 hours,
in Dana Classroom 1.

You're invited to come and hear Jeff Veilleux, Director of Internal Audit, talk about the ALA Bike Trek Across Maine.

- ☐ Change name or address as shown on address label.
☐ Remove my name from your *What's Happening* mailing list.

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What's Happening

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