Enhancing Interprofessional Collaboration and Communication with Art

Amy Moore
Maine Medical Center

Dina McKelvy
Maine Medical Center

Follow this and additional works at: https://knowledgeconnection.mainehealth.org/mmc

Part of the Arts and Humanities Commons, Communication Commons, and the Medicine and Health Sciences Commons

Recommended Citation
Moore, Amy and McKelvy, Dina, "Enhancing Interprofessional Collaboration and Communication with Art" (2019). Maine Medical Center. 684.
https://knowledgeconnection.mainehealth.org/mmc/684

This Poster is brought to you for free and open access by the All MaineHealth at MaineHealth Knowledge Connection. It has been accepted for inclusion in Maine Medical Center by an authorized administrator of MaineHealth Knowledge Connection. For more information, please contact mckeld1@mmc.org.
Art & Medicine
Enhancing Interprofessional Collaboration and Communication with Art

What is Art & Medicine?
Art & Medicine is a 4-session interprofessional dinner and discussion program with a mission to improve visual thinking strategies, encourage collaboration, and enhance team communication.

SESSION THEMES
Perception, Description, Listening and Communication
Drawing from clues; Visual Thinking Strategies with an emphasis on paraphrasing; "blind" contour drawing which requires extended focused looking.

Empathy and Understanding
Visual Thinking Strategies with an emphasis on seeing through each other's eyes; looking at difficult subject matter; poetry and writing activities which delve into emotional responses.

Cultural Awareness
Examining and sharing responses to photographs and objects from other cultures.

Complexity, Synthesizing and Interpreting
Visual Thinking Strategies with a focus on comfort with uncertainty or multiple interpretations, and the fallibility of first impressions; strategies for dealing with overwhelming information: lists, map-making, discussion.

SESSION ACTIVITIES
- VTS – Visual Thinking Strategies
- Reflective writing
- Contour drawing
- Sculpting
- Drawing from clues
- Map making
- Tableaux Vivant
- Evening at the Portland Museum of Art

What participants are saying...

"It has led me to the conclusion that there is much possibility to enhance employee wellness through the experience of art, as well as patient experience"

"I realize now – how important my ability to describe what I am seeing and to present a precise reflection of my thinking"

"I loved being pushed out of my comfort zone. Eye-opening. Using different part of my brain."

"Really opened my eyes – a way of developing skills to tolerate uncertainty."

"It has helped me to understand how to better explain concepts and listen actively"

"I [realized there is so much more to a situation – beyond the surface. You see so much more, the more you look at a situation."

"[E]ach class didn’t end at 7:30 – this course provided me with a full 2 weeks of reflection until the next meeting."

"…art can elicit a deep emotional response and healing is an emotional process as well as physical."

"It has given an appreciation for other ways of looking at things."

"It has helped me to understand how to better explain concepts and listen actively."

Which departments participated in this program?
- Finance
- Information Services
- Medical Education
- Nursing
- Pharmacy
- Physical Therapy
- Professional Development
- Radiology
- Spiritual Care
- Security

100% of surveys indicated that participation in Art & Medicine had a medium or large influence on imagining other people's perspectives

93% of surveys indicated that participation in Art & Medicine had a medium or large influence on communication with colleagues

79% of surveys indicated that participation in Art & Medicine had a medium or large influence on engagement in their work

"It has helped me to understand how to better explain concepts and listen actively"