

What's Happening

a newsletter for the employees of Maine Medical Center

December 16, 1992

Vol. 23, No. 25

Midcoast cancer center nears completion

After five years of planning, fundraising, and hospital cooperation, staff at the Coastal Cancer Treatment Center in Bath expect to see their first patients in February 1993. Construction has gone smoothly with very few delays. In fact, just last week the linear accelerator was delivered to the facility. This \$533,000 machine will take several weeks to install and calibrate before the first patients can be treated.

Radiation oncologist Stuart S. Gilbert, M.D., anticipates that as many as twenty to thirty patients will be treated there each day. The new center will be fully staffed by a physician, radiation therapists, technicians, and nurses.

Weather permitting, a building dedication is planned for January or February. In addition, there will be several "Open House" days when members of the midcoast communities can tour the facility and attend various healthcare- and cancer-related lectures.

The total cost for the facility construction and equipment will exceed \$1.3 million. Gifts and pledges now total just over \$650,000, including \$50,000 received last week from the Libra Foundation, a private operating foundation established by Elizabeth B. Noyce in 1989. The Foundation limits its grants to charitable organizations, activities, operations, or purposes which only take place within the state.

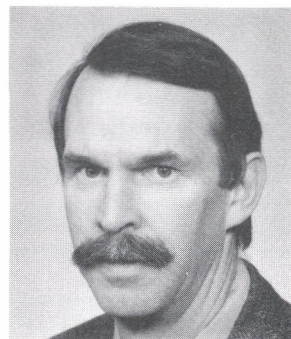
Many donors from the Midcoast area have made generous commitments to this important project. Its completion soon means that many patients will receive the treatment they need closer to their homes in the Midcoast region.

MMC names new Orthopedic Surgery Director

Jack Barrett, M.D., has announced that he will step down as Director of the Division of Orthopedic Surgery at Maine Medical Center as of January 1, 1993. Dr. Barrett led the division through ten years of vigorous growth, willingly giving the institution the benefit of his wisdom and leadership. Dr. Barrett is also the immediate past President of the Medical Staff at MMC.

Reed Gramse, M.D., has been named Director of the Division of Orthopedic Surgery. Dr. Gramse graduated from Williams College and received his M.D. in 1975 from Loyola University Stritch School of Medicine, in Maywood, Illinois. After internship at Hartford Hospital, Hartford, Connecticut, he went to the Mayo Clinic for a residency in Physical Medicine and Rehabilitation, followed by an Orthopedic surgery residency at Yale-New Haven Hospital, where he was Chief Resident in Orthopedics for 1983-1984. Dr. Gramse is certified by the American Board of Orthopedic Surgery and the American Board of Physical Medicine and Rehabilitation. He came to MMC in 1984, joining the Division of Orthopedic Surgery and also holding a secondary appointment in the Department of Rehabilitation Medicine here.

In addition to his active practice of Orthopedic surgery, Dr. Gramse has developed an innovative and thorough curriculum in Ortho-



GRAMSE, SEE P.3

Happy Hollideer to all!

More news on parking

Maine Medical Center no longer has a rental agreement with the City of Portland for the use of the EXPO or Ice Arena parking lots. Employees choosing to park in these lots do so at their own risk. MMC provides shuttle service for off-site parking at the Gateway Garage. Normal shuttle hours are 6:30 AM-6:30 PM. For shuttle service after 6:30 PM, call Security at x2124. If you have any questions regarding the shuttle or off-site parking, please call x2123.

Maine Medical Center's
Annual Fund is headed toward
a record year!

Gifts and pledges now total
\$351,450. The Annual Fund drive
will end December 31, 1992.
For further information, please call
the Development Office, x2669.

Employees invited to holiday meals

Many MMC employees are scheduled to work on Christmas Day. To show appreciation, MMC invites these employees to enjoy dinner as guests of the hospital.

For employees working during the day, dinner will be served from 10:30 AM until 1:30 PM. The evening meal will be served from 4:00 to 6:30 PM. Employees working the third shift Christmas Eve until Christmas morning are invited to attend whichever sitting is more convenient or to use their dinner tickets for a comparably priced breakfast on Christmas Day between 6:30 and 8:30 AM.

Department Heads and supervisors will request tickets for the holiday meals from Human Resources; employees will be given tickets if they are scheduled to work on Christmas Day.

MMC's storm policy undergoes change

Because of the difficulty in determining the severity of weather conditions in advance or in the early stages of a storm, Maine Medical Center's Storm Policy has been revised.

The Vice President for Operations and the Vice President for Nursing, or in their absence, the Administrator and Nursing Director or Supervisor on call, will make a decision *retroactively* as to whether the storm policy was in effect on a certain day. This decision will be made after the storm or weather conditions are determined to have been severe enough to make travel and accessibility to the hospital significantly difficult, requiring extreme caution.

An employee who is unable to travel because of a storm should notify his or her supervisor as far in advance as possible. The employee's supervisor may approve an excused absence without pay or the use of accrued vacation or holiday time.

An employee who is delayed by storm conditions, but arrives within two hours of the scheduled start of his or her shift, will be paid from the beginning of that shift, providing the storm policy was later determined to be in effect. Any necessary adjustments in compensation will be reflected in the following pay period.

It is expected that employees will remain at work until the end of their normal shifts or until relieved. An employee who wishes to leave work early because of stormy conditions may do so only with his or her supervisor's permission and may not be paid for that time except from accrued vacation or holiday time.

Notice that the Storm Policy was in effect will be posted on the HELLO screen on the hospital's VMTs and conveyed to Department Heads using Voice Mail.

Every job is a self-portrait of
the person who did it.

Families to be helped by group's efforts

Last week, a group of parents, medical professionals, and business leaders heard some good news. Stand By ME, Inc., a local not-for-profit organization, was granted a license to operate a Ronald McDonald House in Portland. The license was authorized by McDonald's Corporation and the Ronald McDonald House International Advisory Board.

Thursday's announcement kicked off the project's capital campaign. Al LeClerc, President of the McDonald's of Maine Operator's Association, announced that McDonald's Restaurants in Maine will contribute a minimum of \$150,000 toward the project over the next three years.

"We are committed to bringing a temporary housing facility for families to the Portland area and feel a Ronald McDonald House is the finest type of 'home away from home' available," said Joe Foley, President of Stand By ME. Stand By ME is composed of McDonald's owner/operators, volunteers with

diverse areas of expertise, medical professionals, and parents of children who have experienced serious illness.

The group will work with McDonald's restaurants and local healthcare organizations to organize and maintain a Ronald McDonald House locally. Once a license is granted, it takes approximately 18 months to open a House. The Portland House could have up to fifteen bedrooms for families to use.

At Thursday's press conference, Maine Medical Center President Don McDowell applauded the efforts of Stand By ME. "The medical community is very excited about the prospect of a place where families can stay near their hospitalized children," he said. "We have outstanding hospitals, pediatricians, nurses, social workers, and other staff. We do everything we possibly can to make the care of patients and families as good as it can be, but we can't fulfill all their needs. Only the community can do that.

"This is a fantastic community effort that will help families from all over Maine, and we are supportive of that."

MMC Medical Staff elects Executive Committee

The Medical Staff of Maine Medical Center recently elected new officers to its Executive Committee. Robert B. Waterhouse, M.D., was named Chairman of the Committee and President of the Medical Staff. Dr. Waterhouse is a plastic surgeon in South Portland.

Elected to the Committee were: George N. McNeil, M.D., Vice President; John W. Barrett, M.D., Past President; Keith N. Megathlin, M.D., Secretary-Treasurer; Carl E. Bredenberg, M.D., Chief, Department of Surgery; Robert S. Hillman, M.D., Chief, Department of Medicine; Warren D. Alpern, M.D.; Sandra P. Bagwell, M.D.; Richard C. Chandler, M.D.; Julius Damion, M.D.; Daniel M. Hayes, M.D.; Michael A. Jones, M.D.; Theodor M. Rintel, M.D.; and Peter B. Webber, M.D.

Also named were: F. Stephen Larned, M.D., Vice President for Medical Affairs; Donald L. McDowell, President, Maine Medical Center; Judith T. Stone, RN, Vice President for Nursing; Donald E. Quigley, Esq., Vice President for Legal Affairs; and Anne Gnassi, M.D., President, House Staff Association.

GRAMSE, FROM P.1

pedics for the medical students and surgical residents here and has been an active member of the operating room committee, helping to guide policy in that area. He is a member of the American Academy of Orthopedic Surgeons and the American Congress of Rehabilitation Medicine.

We at Maine Medical Center are grateful for the past contributions of Dr. Barrett to the leadership of Orthopedic Surgery and we look forward to his successor, Dr. Gramse.



AFTER 34 YEARS at Maine Medical Center, Catherine Sumpter, RN, OR Manager of Systems and Budgets, has retired. She is pictured above, standing, with Catherine Cohen, RN, Clinical Director. A/V Photo.

Health Matters

Programs Promoting Our Employees' Health

When women gather together to speak their truth, empowerment occurs and the broken silence creates room for healing. Gather together on January 14, 1993, for **Menopause: Moving into your Wisdom Years**, presented by Susan Doughty, RNCS, MSN, NP.

Learn what every woman needs to know about hormones. Learn how to keep your heart, your bones, and your entire body healthy through menopause and beyond. Learn how to tap your inner wisdom and discover that menopause can be a great time for exploring and creating. Dispel myths about emotional havoc and sexuality crises during and after menopause.

This *Lunch & Learn* will take place in Dana Classroom 7, from Noon to 1:00 PM. Bring your lunch and break the silence.

MMC's cytometry lab receives accreditation

The Cytometry Laboratory at Maine Medical Center has been awarded a two-year accreditation by the Commission on Laboratory Accreditation of the College of American Pathologists (CAP), based on results of a recent on-site inspection.

Laboratory director Edmund J. Lovett, III, Ph.D., was advised of this national recognition and congratulated for the "excellence of the services being provided." Maine Medical Center's Cytometry Laboratory is one of the more than 4,200 CAP-accredited laboratories nationwide.

The CAP Laboratory Accreditation Program, begun in the early 1960s, is recognized by the federal government as being equal to or more stringent than the government's own inspection program.

Inspectors examine the records and quality control of the laboratory for the preceding two years, as well as the education and qualifications of the total staff, the adequacy of the facilities, the equipment, laboratory safety, and laboratory management, to determine how well the laboratory is serving patients.

Participate in Research

MMC's Endocrinology Laboratory seeks healthy women between the ages of 25-30, not currently taking birth control pills, to participate in a study. Blood samples will be drawn four times during the menstrual cycle.

If you are interested in participating, please stop by the Endocrinology Laboratory and complete a questionnaire.

A \$50 fee will be paid to participants.

Call x2517 with any questions.

Bowling for Miracles goes over the top

The first event of the 1992-93 Children's Miracle Network campaign reach a new fundraising high, surpassing last year's total by reaching the \$7,000 mark!

On Saturday, November 21, nearly 100 bowlers hit the lanes at Prides Corner Bowling Center and by the end of the day, more than 21,000 pins had been knocked down in support of Maine Medical Center's Children's Miracle Network. High score honors went to Dave Sturgis of WCSO Radio.

In the race for top fundraising honors, the winners were Cathy Cohen, RN, Clinical Director, collecting \$750. Second place went to Peter Beaupre, OR, who raised \$553. In third place was Robert Schleicher of Falmouth with \$550, and Alice Cirillo, RN, Clinical Director, placed fourth with \$533.50.

Special thanks and deepest appreciation go to everyone who took the time to get involved and help the children's services provided at Maine Medical Center. In addition to the participants on the 21st, thirteen members of the Madison Congregational Youth Group showed their support by bowling at Waterville Bowling Lanes.

And the best part — it's not over yet!

The Bowling for Miracles program will continue as other groups have volunteered to do their own bowl-a-thons in the weeks and months ahead. In December, a Greely Junior High School student group will bowl for Maine Medical Center's Children's Miracle Network. In addition, the Young American Bowling Alliance and the International Order of Foresters will team up to sponsor their own bowl-a-thons through January, February, and March. If your group would like to get on the bandwagon and Bowl for Miracles, just call Maine Medical Center's Children's Miracle Network anytime. We'll give you everything you need to make your event a success.

"Before all is said and done, we may reach the \$10,000 mark," said Ned Gribbin, Bowling

for Miracles committee chairman. "I want to personally thank our committee members for their hard work and dedication to Bowling for Miracles, and give my warmest gratitude to every individual who participated to make this program such a huge success."

For more information about Maine Medical Center's Children's Miracle Network, or if you or your group would like to volunteer in some way, call the Children's Miracle Network, 871-2101. All funds raised stay at Maine Medical Center and are used to support children's programs and services.

Plan ahead for 1993

Public Information staff are asked all year long: "When's the next deadline for *What's Happening?*" We don't mind the questions, but we'll make it easier on you. Here's the list of publication dates for 1993. Now you can plan your needs for publicity.

January 13	July 14
January 27	July 28
February 10	August 11
February 24	August 25
March 10	September 8
March 24	September 22
April 7	October 6
April 21	October 20
May 5	November 3
May 19	November 17
June 2	December 1
June 16	December 15
June 30	December 29

Remember that we'll need your information two weeks prior to the publication date. For example, if you want your event or item covered in the issue distributed June 2, you must get the details to us by May 19.

Bid a fond farewell to
Ada Meserve
as she retires after 36 years at MMC
Friday, December 18
Dana Center Lobby
9:00--10:30 AM

Ask Away!

Maine Medical Center coffee mugs are on the way to Dianne Giddinge, Secretary, Internal Audit and CPQI, and Dee Roberts, CPQI Coordinator. Their question concerns the shipping and receiving of packages at MMC:

Our customers are confused (and so are we!) about the MMC receiving process. For example, customers are given 22 Bramhall Street as the MMC address, but when a package is sent to 22 Bramhall Street, Portland, UPS crosses off the Bramhall Street address and changes it to 78 Scott Drive, Westbrook. The customer then receives a change of address bill from UPS at \$3.50 per package.

- Should the customer send packages directly to 78 Scott Drive, Westbrook?
- Do Federal Express packages go to Westbrook too? If so, what address should the customer use?
- Do packages received in Westbrook get delivered to their destinations the same day? What about off-site offices (like CPQI)?

Thank you for any clarification you can give on these concerns!

Diane and Dee, your reply comes from David Blakney, Inventory and Distribution Manager: In May 1992, after a series of planning meetings between Materiel Management and a broad representation of departments utilizing Shipping and Receiving services, a decision was

made to move this service to the Offsite Distribution Center (ODC) in Westbrook.

In answer to your specific questions:

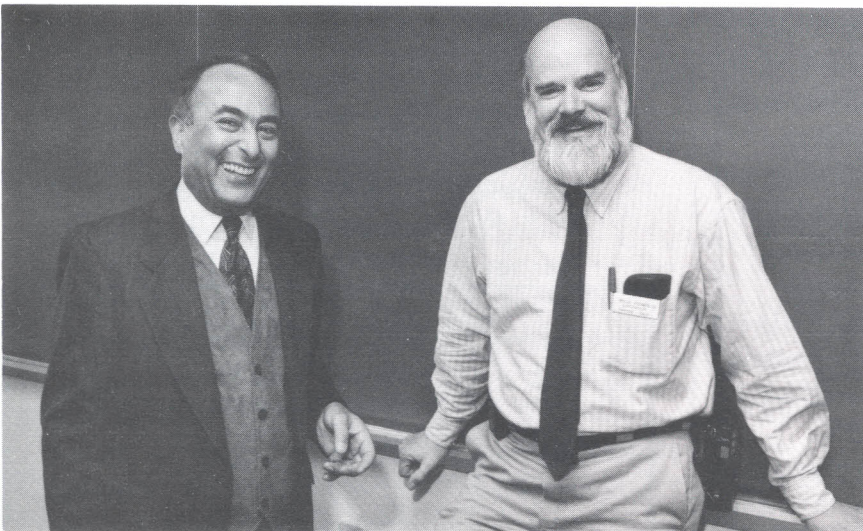
- With the exception of food, drugs, US mail, furniture, and certain other unique shipments, all packages should be directed to 78 Scott Drive, Westbrook. Delivery companies will indeed charge for address changes, therefore it is essential that companies be instructed to use our 78 Scott Drive address. Your Buyer can help with this determination.

- Yes, Federal Express packages also go to Westbrook and the same address should be used.

- Packages are delivered by the same schedule as when this service was located onsite. For example, same day or overnight packages are delivered immediately upon receipt. UPS or other common carrier shipments are delivered all day, every day.

With respect to off-site departments, priority or overnight packages are delivered the day they are received, UPS and other regular deliveries are made on Tuesdays and Thursdays by Outside Services.

Due in large part to customer involvement and questions such as yours, this change has resulted in many benefits to MMC. It is a detailed process with which we strive to maintain a high degree of flexibility. For further clarification, I would encourage you to call me at 775-1925. Thank you for asking!



AMONG THE WELL WISHERS at a farewell gathering for Medhat Mankarious, left, was Steve Rohman, Painting and Building & Grounds Supervisor. Mankarious served as MMC's Facility Designer for four years. A/V Photo.

MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

FOR SALE

Reliance 501 electric hot water tank, \$60. Full size box spring and mattress, \$60. Sears Coldspot freezer, \$75. Call 282-1068.

Dot matrix printer, IBM or IBM clone compatible, KXP1180 Panasonic NLQ mode, supports all software. 3 paper feed options: tractor, friction, or lower-level. Cable included. Original cost \$150. Asking \$100 or BO. Call 828-1250 or x6222.

Motorola America series transportable mobile telephone and magnetic roof mount antenna, many features, mint condition, \$100. Call 729-9613.

Cathedral Window hand made quilt for a king size bed. \$125. Call 729-2926.

Acer 710 computer, 360K, 20 MEG, 5 1/4 " floppy drive, 14" amber monitor, MS/DOS, & WP 5.0. \$1,200 or BO. Panasonic daisy wheel, KX-P3131, IBM compatible, \$175 or BO. Call 854-8055.

Brand new LR set. Couch, loveseat, Queen Anne chair, \$900. Call 799-2523 eves.

2 valley canoe sea kayaks, Nordkapp HM, 17'10" x 21", yellow & white, skeg, bulk heads, hatches, deck lines, pump, skirt, cockpit cover, etc. Very good cond. \$850. Selkie, 16'6" x 23", green & white, skeg, bulk heads, hatches, deck lines, pump, skirt, cockpit cover, compass, paddle, etc. Exc. cond. \$950. First \$1,600 takes both boats. Call 499-2491(home) or 772-3399(work).

Sega Genesis, like new, with 2 games, in original box, \$110. Call 761-1789.

Sealpoint Siamese kittens, ready for Christmas-time. \$85 each. Call 878-2453 after 3 PM.

Thule roof rack, fits cars with rain gutters. Exc. cond. \$100 or BO. Call 856-6264 eves.

Used Nordica white ski boots. Women's size 6. Model N/S 7:6. \$25. Call x2984.

Sears 16 HP lawn tractor. 42" snow blower, 48" mower deck, 42" bulldozer blade, wheel weights. Asking \$1,100. Call 642-3835.

FOR RENT

Efficiency 1 BR apt on Stanford St. near SMTC. Parking, yard. \$350/mo. Utils. incl. Avail. 1/1/93. Call 767-2431.

4 rooms & bath, skylights, W/W carpet, 3rd floor, close to MMC, partially furnished. \$350/mo. incl. everything. Call 874-8004.

1 BR, LR, DR, K, off-street parking, near MMC. \$425/mo. + negot. utils. Call 776-2234 days.

Unfurnished, Beacon St., Woodfords, 1st floor apt., private entrance, parking, FHW, hardwood, charm. \$520/mo. + utils., sec. dep. Avail. 1/1/93. Call 846-0801 or 773-6249.

Furnished, Beacon St., Woodfords, 1st floor apt., private entrance, parking, FHW, hardwood, charm. \$520/mo. + utils., sec. dep. Avail. 1/1/93 - 5/31/93. Call 846-0801 or 773-6249.

The deadlines for announcement length items and **MARKETPLACE** ads in *What's Happening* are Dec. 30 for the Jan. 13 issue and Jan. 13 for the Jan 27 issue. All items must be in writing.

ROOMMATE WANTED

M/F to share West End location. Off street parking, storage, deck, N/S, no pets. \$325/mo. incl. all except phone and cable. Avail. 1/1/93. Call 775-1034.

WANTED

Good homes for dwarf bunnies. Albinos, greys, and multis. Good Christmas gift. Call 892-2417.

Carpool from Steep Falls area. M-F, 7 AM-3:30 PM. Call 675-3178.

1992 calendars for use in recycling project. The year is almost up, so please save them for me. Call x2157 1-3 PM, M-F.

To buy, a cheap metal or wood cabinet with shelves. To hold dishes, glasses, dry food goods. Call 854-1345.

Homes to wallpaper. Professional paperhanger. Refs. free estimates, insured, all work guaranteed. Call 874-6688.

Marbles. Call 774-8948.

Jobs in carpentry, vinyl siding, window replacement, building staircases, sheet rocking, painting, etc. Call 883-4232.

Painting, wallpapering jobs. Ref. avail., free estimates, multi-room discounts. Call 767-5752.

Used crutches to be sent to the Marshall Islands where they have none. Call 846-9777.

Housecleaning jobs. Exc. refs., reasonable rates. Call 767-5752.

Medical transcription jobs. Pick up and delivery. Computerized system with laser-finished work. Call 839-3725 or 797-2697.

K, bath, other home improvement jobs. Call 774-6556.

Students to learn classical guitar. Call 878-5769.

Construction jobs, remodeling to new construction. Vinyl replacement windows. 12 years experience. Free estimates, refs. Call 892-0070.

Students to tutor in High School/College French as well as High School Spanish. Flexible hours and reasonable rates. Call 283-9060.

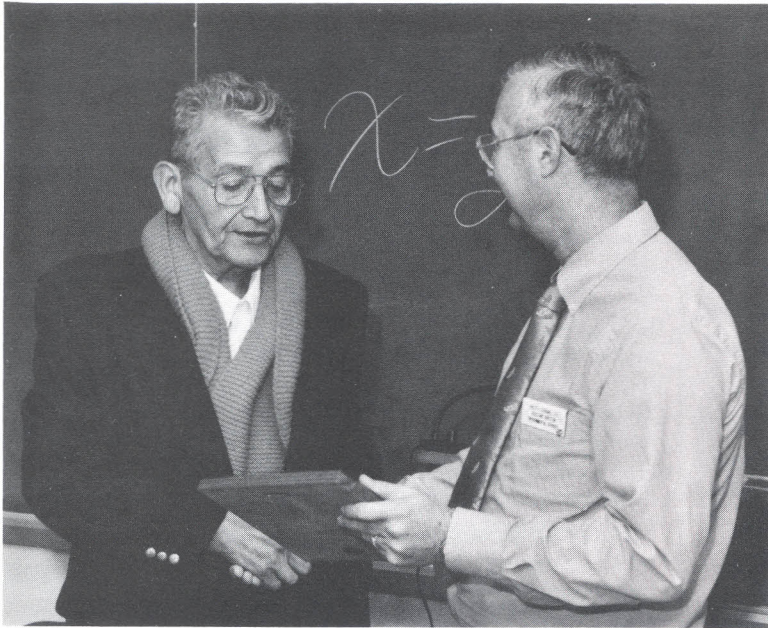
Your suggestions. Improv comedy group will create fun at your next gathering. Call 775-2878.

CHILD CARE

Full-time child care in our home for a two year old. Travel opportunities, paid vacation, benefits. References required. Call 865-3577.

What's Happening at MMC

- Dec. 16 **Happy Holideer!** MMC Holiday Reception: Third shift employees, 5:30-8:30 AM; retirees, volunteers, first and second shift employees, 2-6:00 PM. Cafeteria.
- Dec. 16 Advent meditation, 12:05-12:25 PM, MMC Chapel.
- Dec. 18 **Healthviews**, 8:00 PM, Public Cable Ch. 37.
- Dec. 23 Christmas Service, 12:05-12:25 PM, MMC Chapel.
- Dec. 25 Christmas Day.
- Jan. 14 **Menopause: Moving into your Wisdom Years**, *Health Matters* Lunch & Learn. Noon-1:00 PM, Dana #7. See p.4.



CO-WORKERS IN Environmental Services recently honored Henry Alcantara with a luncheon and an achievement award. Alcantara, who has worked at MMC since 1982, was cited for his loyalty and dedication to his department. A/V Photo.

About People

• A paper written by **Tim Blanchette, MS, RRT**, and **John Dziodzio, BA**, Pulmonary Medicine, has been recognized as one of the five best in 1992 by the **Journal of Respiratory Care**, the American Association for Respiratory Care, and others. The paper is titled "Transcutaneous PCO₂ and End-Tidal PCO₂ in Ventilated Adults."

- ☐ Change name or address as shown on address label.
- ☐ Remove my name from your *What's Happening* mailing list.

Please return this address label in an envelope to the Public Information Dept.

What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, ME 04102-3175

What's Happening is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 871-2196. Editor: Wayne L. Clark.

NEW EMPLOYEES

RADIOLOGY: August Flaherty

ENVIRONMENTAL SERVICES: Brenda Willey

PATHOLOGY: Joseph Cote

FOOD SERVICES: Dana Dery, Melanie Horne, Daisy Kelly

NURSING: Trang Nguyen, Elaine Clark, Denise Locke, Lori Verolini, Ronald Parker

EMERGENCY DEPARTMENT: Joseph Rolland

REHABILITATION MEDICINE: Donna Umbro

OB/GYN: Karen Anania

PHARMACY: Felicite Beaudoin

MEDICAL RECORD SERVICES: Victoria Britten

CARDIOLOGY: Leonard V. Sherwood III, Jessica Hymoff

PHYSICAL THERAPY: Mary Sacco, Helen King

SURGERY: Marilynn Paquette

Health Tip

Use the stairs, not the elevator, when going up or down one or two flights.

Work out at work!

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Portland, Maine
PERMIT NO. 35