

What's Happening

a newsletter for the employees of Maine Medical Center

September 25, 1991

Vol. 22, No. 20

MMC garage to get facelift

Maine Medical Center's parking garage will undergo a restoration this Fall and Winter. Work is expected to begin the first week in October and will continue until December 31.

What does this mean to employees who park in the garage? Up to 120 spaces will be unusable from time to time. Parking will be provided on a first-come, first-served basis. When the garage is full, staff will post a sign at the entrance.

Alternate parking will be available behind Union Station Plaza on St. John Street. Continuous shuttle service for employees will be provided from the parking area to the

hospital. Further details about the shuttle service will be distributed.

MMC's garage is twenty years old. When parking structures get to be this old, they typically require restoration, according to Associate Vice President for Administrative Services Michael Swan. Damage results from salt, water, rust, and hot and cold temperatures. Though the garage will continue to be safe while under repair, shoring will be visible. Shoring supports the areas being demolished and restored.

Due to the nature of the repairs, traffic patterns may alter. Signs and flag men will direct traffic. Proceed cautiously!

If you have questions about parking during this repair period, call Mike Swan, x2944, or Security Manager Dave Young, x2124.

Walk a mile in someone else's shoes at MMC

"Walk a mile in our shoes" and see what Medical Record Services is all about!

During National Medical Records Week, October 6 through 12, that's exactly what you'll be able to do. Each day of that week, the department will feature an open house between 1-3:00 PM so that Medical Record's "customers" can see what goes on in each area of the department.

Visual displays and "job descriptions" for each Section will demonstrate the specialized work done there. Hospital staff are invited to the afternoon tours all week long; refreshments will be served.

Celebratory events are scheduled throughout the week for Medical Record Services staff. On Thursday, staff will wear or display their most creative footwear. Co-workers will vote for the best shoes.

SHOES, SEE P. 5



CHILDREN'S MIRACLE Network Telethon hosts Terry Casey, left, and Felicia Knight display quilts made for them by Pediatrics Head Nurse Jan Grysk, RN, second from left, and Beth Thompson, RN, right. Casey, an "RN," and Knight, an "MD," received the first honorary degrees conferred by MMC at a CMN reception. A/V Photo.

Take the first step to a new career. See p. 3



PRO-ACTIVE
HEALTH CARE

National Physical Therapy Week
American Physical Therapy Association

OCTOBER 7-13 1991



Celebrate Physical Therapy at Career Night

Physical therapists in Maine and across the nation will celebrate National Physical Therapy Week, October 7 through 13, by hosting a variety of activities to promote public awareness of the benefits of physical therapy to people of all ages. The theme, *"Physical Therapy: Pro-Active Health Care,"*

emphasizes the profession's commitment to helping people lead active and injury-free lives.

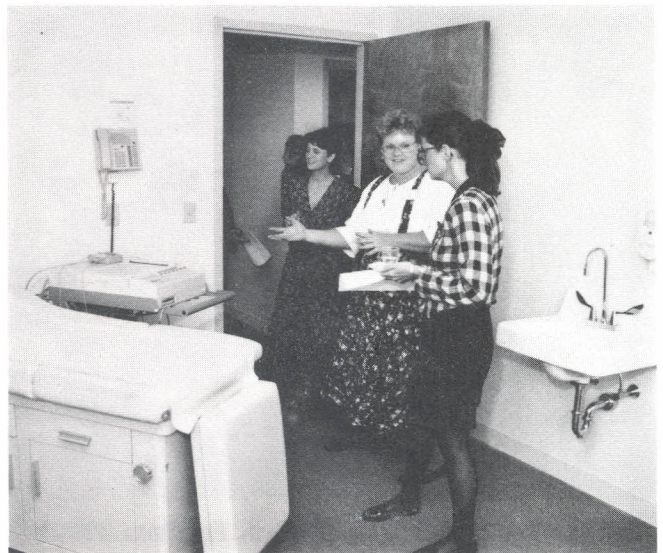
For their part, the Physical Therapy Division of the Rehabilitation Medicine Department at Maine Medical Center will offer an information sharing evening concerning various career options in Physical Therapy. The program will be held Wednesday, October 9, in the Dana Health Education Center Auditorium, from 7:00 to 8:30 PM.

There will be a video presentation about the profession, as well as comments from Richard Balser, Rehabilitation Administrative Director; Russ Baker, Director of the Physical Therapy Division; and Linda Simonsen, Clinical Education Coordinator. Additional speakers will include the Assistant Director of Admissions at the University of New England in Biddeford, two current senior students in UNE's Physical Therapy program, and the Physical Therapy Assistant Program Coordinator at Kennebec Valley Technical College in Fairfield.

There will be ample time for questions and answers and small group discussions concerning this high demand profession. For further information about Career Night and Physical Therapy Week, contact Linda Simonsen, x2266.



NURSING CLINICAL Director Cathy Cohen, RN, cuts the ribbon at the opening of Centralized Booking at MMC. A/V Photo.



MEDICAL OFFICE staff get a tour during the Open House for the new Pre-Admission Unit at the MMC Diagnostic Center in South Portland. A/V Photo.

Every journey starts with the first step

If it's answers to questions about healthcare careers that you seek, your first steps should be to the Maine Medical Center Career Fair on Monday, September 30.

The Department of Human Resources is holding a career information event for people interested in starting a career in healthcare. Whether you are a new entrant to the workforce, re-entering following some time off, or looking for a career change, this event will have what you are looking for—answers to your questions.

The fair takes place in the Dana Health Education Center from 10:00 AM to 2:00 PM. Department representatives will be on hand, you'll see demonstrations, and a host of information will be available for your review. You'll meet staff from Cardiology, Pulmonary, Radiology, Nutrition Services, Volunteer Services, Nursing Services, Medical Rehabilitation, Medical Record Services, and the School of Surgical Technology.

Discover the possibilities waiting for you in the healthcare field. It's easy and it's free. All you have to do is take the first step.



United Way

It means more when you give to United Way.™

All United Way pledge cards must be returned to solicitors by Tuesday, October 1. Thank you for making a difference in our community!



THE WINDHAM Reins in Maine and Gorham Blazing Saddles 4-H groups donated a truck-load of toys to the Pediatric Play Room in August. The toys were purchased with funds raised at horse shows. MMC's pediatric patients will find plenty to keep them busy with this donation! A/V Photo.

Celebrating Medical-Surgical Nursing Advances in Practice

Keynote speaker
Carol Polifroni, Ed.D., RN

Associate Professor of Nursing
University of Connecticut
School of Nursing

Concurrent sessions featuring current advances, innovative approaches, and research and practice modalities for medical-surgical nursing.

Friday, November 1, 1991
7:45 AM to 4:00 PM
Dana Health Education Center
Maine Medical Center

Call 871-2397 for registration information. Register by Oct. 18.
Presented by the Division of Nursing Resources

Portland String Quartet coming to MMC

If you enjoy chamber music, mark your calendar! The internationally known Portland String Quartet will give four concerts in MMC's Dana Health Education Center over the coming months.

The concerts will be:

Friday, October 11, 8:00 PM

Sunday, November 17, 3:00 PM

Sunday, February 16, 3:00 PM

Friday, April 10, 8:00 PM

Tickets are \$45.00 for all four performances or \$13.00 each concert, \$7.00 for children under 12 and seniors over 65, and will be available at the door or by calling the Lark Society at 761-1522.

"What's it all about?"

Information Sharing on
Surgical Technology

The School is
accepting applications for
the Class of March 1992
Wednesday, September 25
7:00 PM

Noyce Auditorium
Dana Health Education Center
Maine Medical Center
Call 871-2141 for further
information.

IUD Study

Women between the ages of 18 and 40 who have had at least one pregnancy are needed to volunteer for a five year study of a new intrauterine contraceptive device.

The study will be carried out by Phillip Stubblefield, M.D., Chief, Deborah Sepulveda, M.D., Kathy Beech, CNM, and Christine Kielt, CNM, of MMC's Department of OB/GYN. The study provides IUDs and all related medical care at no cost. Interested women can call the OB/GYN Office at 871-2749 for details.



THEN, AND NOW....This was the Emergency entrance to Maine General Hospital in the early part of the century. It was also the entrance to the morgue. The photo was donated by Joan Smith, RN, SMMC. Below, ambulances pull up to today's Emergency Department in the L.L. Bean wing. Ambulances have come a long way from the 1920s! So has MMC. A/V Photo.



New committee to meet

The first meeting of an employee housing committee will be Wednesday, October 9, from 6:00 to 7:00 PM in Dana Center Classroom 3.

Promises to Keep Wednesday, October 2

Are you and your family prepared for future healthcare decisions? Will your loved ones know what to do if you become seriously ill or injured? Do you have a living will or durable power of attorney? Our panel of experts—a physician, a nurse, a lawyer, a social worker, and a clergyman—will explain what to do to ensure that your wishes for the future are carried out. We'll also have forms and information to take home.

We offer complimentary healthy refreshments, an hour-long presentation, and plenty of time for questions. We'll test your blood pressure and cholesterol level free of charge, and even cover your parking. The session begins at 5:00 PM (testing starts at 4:15 PM) in the Dana Health Education Center.

Healthy Happy Hour



Learn about child care options

Janine Deas, of the CARESHARE Network, and Cathy Stead, of Child Care Connections, will be in the Cafeteria on Tuesday, October 1, between 11:00 AM and 2:00 PM to share information and answer questions about child care services and programs for MMC employees.

SHOES, FROM P. 1

Medical Record Services extends their invitation to all MMC employees to come and "walk a mile in their shoes."

Words of appreciation

To Dr. Tryzelaar, and the doctors and nurses of SCU:

We wish to express our gratitude and heartfelt thanks for your prompt and professional treatment of our mother. Your quick response to her medical needs and your personal encouragement have given us the reassurance we needed.

During this difficult time it is a relief to know that our mother is not only being cared for, but also cared about.

With warm appreciation,
The Devou Family



MARCH OF DIMES walk-a-thoners accepted a plaque recently. From left, Mary Kaczowka, RN, L & D; Deborah Splude, Linen Services; Anita Marston, RN, Asst. Head Nurse, R2; Patricia Amato, Community Director, Southern Maine Chapter, March of Dimes; Cynthia Bridgham, RN, Head Nurse, R2; Janice Charek, MS, RN, Staff Development; Jean Kahn, RN, Head Nurse, L & D; and Mark Munson, MCRI, Vice Chairman, Executive Committee, State Chapter, March of Dimes. A/V Photo.

HOW CAN YOU GET YOUR NEWS ITEM IN *WHAT'S HAPPENING*?

When you submit an advertisement, notice, or other item for inclusion in an issue of *What's Happening*, you **must include** the name, department, and telephone extension of a contact person. The item **must be** double-spaced. Please make it easier for editorial staff to verify and clarify information submitted for publication!

Time again for fire safety training

Each year, Maine Medical Center holds mandatory fire safety training classes in the Dana Health Education Center. Departments providing their own approved training programs are excused from this training. Nursing Services is one such department; nursing staff receive fire safety training on their Units.

As with previous years, employees will document their attendance at a training session by signing a roster under their departmental cost center. *Please know your cost center number when you attend the training session.*

Tuesday, October 1
9:00-10:00 AM
10:00-11:00 AM

Thursday, October 3
2:00-3:00 PM
3:00-4:00 PM
4:00-5:00 PM

Tuesday, October 8
8:30-9:30 AM
9:30-10:30 AM

Friday, October 11
5:00-6:00 AM
6:00-7:00 AM

Sunday, October 13
6:00-7:00 AM
7:00-8:00 AM

Monday, October 14
6:30-7:30 PM
7:30-8:30 PM

Thursday, October 17
11:00 AM-Noon
Noon-1:00 PM

Monday, October 21
2:00-3:00 PM
3:00-4:00 PM
4:00-5:00 PM

Thursday, October 24
5:00-6:00 AM
6:00-7:00 AM

Saturday, October 26
8:30-9:30 AM

Monday, October 28
3:00-4:00 PM
4:00-5:00 PM

Volunteers needed for walk checkpoint

You can participate in the American Diabetes Association, Maine Affiliate, "Walk on the Wild Side" without taking a step. Maine Medical Center is sponsoring a checkpoint along the "Walk on the Wild Side," on Sunday, October 6, and you can volunteer to help!

Walkers will walk a 15K loop beginning and ending in Deering Oaks Park, rain or shine. Volunteers are needed to staff the checkpoint on the Western Promenade, near MMC's Magnetic Resonance Imaging parking lot. You would need to be available between noon and 4:00 PM to check off walkers' cards, provide water and snacks, and offer encouragement.

If you're interested in helping, contact Rachel Girard, RP 517. Volunteer to support walkers as they walk through Portland's parks and along its scenic waterfront—and help Mainers with diabetes!

Planning ahead

Ready to plan for next year's holidays? Here is a list of holidays and when they will be observed by Maine Medical Center during 1992.

<i>New Year's Day</i>	Wednesday, January 1
<i>President's Day</i>	Monday, February 17
<i>Patriot's Day</i>	Monday, April 20
<i>Memorial Day</i>	Monday, May 25
<i>Independence Day</i>	Friday, July 3
<i>Labor Day</i>	Monday, September 7
<i>Veterans Day</i>	Wednesday, Nov. 11
<i>Thanksgiving Day</i>	Thursday, November 26
<i>Christmas Day</i>	Friday, December 25

Independence Day actually falls on a Saturday in 1991; MMC will observe it on Friday, July 3. All employees have a Personal Day, a floating holiday, that may be used any time during the year with prior supervisory approval.

MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

FOR SALE

3-4 BR home in New Gloucester, 3 acres with barn and 1 1/2 acre pasture with electric fencing. Beautiful view of rolling hills, 30 min. from MMC. Asking \$122,900. Call 926-3386.

Lange mid ski boots, men's size 10 1/2, brand new, list \$360, asking \$100.00. 25" console color TV, \$75. Room air conditioner, \$50. Call 767-4457.

Krups espresso and capuccino maker \$45. BSR 16" subwoofer, \$70. Both mint with manuals and original boxes. Call 774-8666.

13" Quasar color TV, almost new. Exercise bike. Moving, must sell. B.O. Call 879-2572

AKC Black & chocolate Lab pups, parents OFA approved. Ready 10/2, \$300. John Deere ride-on mower & bagger, 9 H.P. 3 yrs. old. \$1000 or B.O. JD snowblower, 10 H.P., 32" cut, 2 yrs. old. \$1000 or B.O. 20-26 foot roof trusses, \$20 each. Call 839-6341 days.

2-horse trailer. New floor, ramp load, front door. Complete with ties, tack hooks, hay bags, buckets. \$650. Call 892-0344 eves. or 871-2357 days.

Remo 3 piece drum set, black with high hat, cymbal & cowbell. Exc. cond., \$350. Call 284-2135.

1986 Celebrity Station wagon, V6/automatic, \$3,600. Yamaha alto sax (new \$995) \$400. Call 846-3083.

One 8' curved Aquaslide, \$400. Two 3-tread stainless steel ladders, \$100. One 6' Cantilever diving board, \$150. Sand filter and pump, \$75. Telescoping pole & hoses, B.O. Perfect for pool or camp. Call 846-3083.

Sega Game System, includes 3-D glasses, guns and games. Call 284-8998 before 2 pm.

1981 Buick Regal, 27,000 miles, one owner, \$2,800. Call 767-3678.

1983 Yamaha Bravo snowmobile. \$699. Call 284-2135.

Portable Kenmore dishwasher. Convert-able. \$125 or BO. Call 283-7135 days.

IBM Personal System/2 Model 25, color monitor, Proprinter II, Microsoft Windows. \$2,000 or BO. Call 767-0958.

FOR RENT

Mod. newly renovated, 3BR, fireplace, garage, large yard, beach rights, large family room. Laundry avail. Ideal for prof. Long term pref. by yearly lease. Avail. 10/1 if nec. \$1,000/mo. + utils. Call 799-6310.

3 BR furnished ranch, N. Yarmouth. Avail. 10/10 to 4/10. \$500/mo. No pets. Call 846-6562.

W. Prom. area. Clean, quiet efficiency. All util. for single person. No smoking. Call 998-2373 eves.

3 BR luxury condo on West St. Partially furn. or unfurn. to suit tenant. Some occasional shared space, with compensatory reduction in rent. Call 774-1707 or 824-3709.

5 rm., 2 BR, lg. duplex apt. Sunny, spacious, new paint, w/w, easy to heat, on busline, off-street parking. \$550/mo. + util. Call 839-8941 eves.

3BR, 1st fl., W/W carpet, W/D, stove, refrigerator,

parking/garage. Western Prom. \$700/month, incl. heat & hot water. Sec. dep., no pets. Call 883-5336.

3 BR furnished home, Pinepoint Beach, 10 min. to MMC. 2 baths, dishwasher, W/D. Spectacular ocean views from every window. \$700/month + utils. Call 883-6270.

2 super beach winter rentals. 1 BR and 2 BR on busline, carpool possible. Call 934-2102.

2 BR, oil heat, furnished, fireplace, Higgins Beach (on beach). \$700 + utils. Sept.-June. Call 883-9440.

2 BR 1st floor apt. Hot air heat, sunny, off street parking, 1/2 block off Danforth. Owner occupied, 9 Briggs St. Call 772-8397 (eves), 865-4743 (days).

Jonesport cottage. On harbor, boat, dock, lawn, privacy & views. Sleeps up to 6 easy. Walk to stores, restaurants & church. No smoking, no pets. \$375/week available thru Oct. Call 497-2100 or ext. 2758. Also weekend rate.

ROOMMATE WANTED

Non-smoking, prof. female to share townhouse condo in Westbrook. \$375 incl. all. Call 856-6860.

M/F, non-smoker to share 7 room apt. West End. Off-street parking, W/D, \$300/mon. + 1/2 util. Call 874-0779 after 4pm.

Avail. immed., 8 mi. from MMC, huge (18 x 24) room with bath and priv. entrance in rural home. Kitchen and laundry facilities. \$75/wk + 1/2 utils. Sec. dep. and ref. Call 839-5385.

F non-smkr to share clean, State St. apt. \$275/mo., incl. heat. Share other util. Must like cats. Call 772-9749.

CHILD CARE

Child care for your infant, toddler or pre-schooler. Meals provided, large outdoor play area. Open 6AM-5PM for your convenience. Call 797-6985.

Will care for your 18 mon. or older children, full- or part-time in our home while we care for ours. Deering High area. Call 774-7478.

WANTED

Housecleaning, excellent references. Reasonable rates. Call 761-0316.

Top-of-line child carrier for 10-speed bike, helmet for 2 yr. old., tricycle or small bicycle w/trng. wheels. Call 767-2990 after noon.

Light trucking, cleaning attics, cellars, or yards. Call 773-7598 and leave message.

Housecleaning jobs. References, insured, bonded. Call 772-9749.

Resumes and reports to personally create on any p.c. program. Spreadsheets on Lotus & Database. Call 934-3629, leave message.

Parts car slant 6 or 318 motor, auto trans. Call 772-4177.

Person(s) interested in partial lease of horse. Opportunity for those who don't own, but enjoy riding or people to ride with. Call Angie at 892-0344 or x2357.

Foreign Accent Improvement students. Certified speech pathologist, Compton P-ESL program. Call 879-6007.



SUMMER YOUTH Employment Program participants were treated to a luncheon in recognition of their accomplishments. They were hosted by Dept. of Rehabilitation staff. A/V Photo.

Safety Snippet

It's Fall and the steam heat will be coming on. Make sure radiators are free of combustible items such as electrical cords and books.

Make the deadline!

The deadlines for announcement-length items and **MARKETPLACE** ads in *What's Happening* are Oct. 9 for the Oct. 23 issue and Oct. 23 for the Nov. 6 issue. All items must be in writing.

What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, ME 04102-3175

What's Happening is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102-3175. (207) 871-2196. Editor: Wayne L. Clark.

New Employees

- ANESTHESIA:** Kathleen Deleon
- CARDIOGRAPHY:** Robert Hunt
- DATA MANAGEMENT:** Annabell Dumbrocyo
- DIAGNOSTIC RADIOLOGY:** Bob Plouffe
- DIAGNOSTIC ULTRASOUND:** Lisa Blackburn
- EMERGENCY:** Alan Martin
- ENDOCRINOLOGY:** Maryanne Best, Priscilla Mathieu
- FOOD SERVICES:** Alan Ashton, Steve Berube, Brian Keith, Tressa King, Timothy Ostrowski, Elizabeth Seaburg
- HOUSE STAFF:** George Frem, M.D.
- ADMINISTRATION:** Edie Gribbin
- LIBRARY:** Anne Hooke
- MEDICAL RECORDS:** Michael Muchie
- MEDICAL REHABILITATION:** Linda Brooks
- NURSING:** Tracey Beedle, Alicia Cloutier, Cathy Swope
- OB/GYN ASSOCIATES:** Bonnie Cruz, Nancy Frye, Linda Goulet
- OCCUPATIONAL THERAPY:** Vianka Vives-Gilmore
- PATHOLOGY:** Denise Worcester
- PRINTING:** Roy Creelman
- PSYCHIATRY:** Jennifer Boudreau
- PULMONARY MEDICINE:** Dennia Swan
- SOCIAL WORK:** Jane O'Rourke
- SWITCHBOARD:** Maureen Estes

PHOTOS AVAILABLE FOR PICK-UP

If you entered photographs in the Employee Photo Contest and haven't picked them up yet, you may do so between the hours of 8:00 AM and 4:30 PM at Public Information, x2196.

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