

What's Happening

a newsletter for the employees of Maine Medical Center

October 10, 1990

Vol. 21, No. 20

Pension plan is review subject

MMC's pension plan, basically unchanged since it was adopted in 1962, is under review by a hospital-wide committee. The past 28 years have seen numerous changes in laws, in the number and variety of possible plans, and in the nature of the workforce. The question in front of the Pension Review Committee is "does the plan as currently structured still serve employees best?"

According to Committee Chair Donald E. Quigley, Esq., MMC's General Counsel, the group will study the plan's goals and objectives and how they fit with current needs. "The current plan is quite straightforward," he says. "It's based on years of service and the average compensation during the last years of employment. It's a traditional retirement-oriented plan, particularly valuable for those who have long careers with a company and retire from that company."

Employee Benefits Director Lynn Breckinridge, who with Associate Vice President Michael Kilmartin staffs the committee, says some companies are reviewing their long-standing pension plans for a variety of reasons. "Employees today are likely to be more mobile," she explains, "less likely to spend their entire careers with a single company. In light of that, some companies are changing their plans to be more savings oriented, to allow shorter-term employees to realize greater benefits."

The difficulty in reviewing pension plans, Quigley notes, is the need to take into account both present and future employees. The committee is very sensitive to the needs of long-term employees under the current plan, and it will carefully examine suggestions for changes—if any—in light of their

impact on those already in the system.

Pension plans are complex, and the committee has retained the Boston consulting firm of Ropes & Gray to assist in its work. A questionnaire has already been used to sample committee opinion on pension plans, and will provide a starting point for discussions. Quigley says the committee is planning to issue its report by the first of the year.

Committee members are: Donald E. Quigley, Esq., Vice President and General Counsel (Chair); Robert S. Hillman, M.D., Chief of Medicine; Allen L. Pusch, M.D., Chief of Pathology/Laboratory Medicine; Kim Thomstad, RN, Director of Nursing Ambulatory Care; Marie Turcotte, RN, Head Nurse, R7; Mary Smith, RN, Assistant Head Nurse, R2; Sarah Dalton, RPT, Rehabilitation Medicine; Jim Mitchell, Vice President for Human Resources; William L. Gousse, III, Assistant Director for Purchasing/Systems, Pharmacy; Daniel Nein, Director of Environmental Services; Jeffrey Winchenbach, Director of Internal Auditing; Lynn T. Breckinridge, Director of Employee Benefits (staff); and Michael L. Kilmartin, Associate Vice President for Finance (staff).



MMC'S UNITED WAY Pacesetter campaign is over for 1990! We met and exceeded our goal of \$84,000: we contributed \$87,083 as of Oct. 5. Don McDowell, Interim President, left, congratulates The Rev. Alex Cairns, Campaign Chair, and all who took part in the campaign. A/V Photo.

Nurses, look for *Bi-Line* in this issue!

Scholarship awarded by Friends of MMC

Ivan Russell, a Unit Dose Technician in Maine Medical Center's Pharmacy, was chosen as recipient of a full tuition scholarship to the School of Radiology Technology at Southern Maine Technical College by the Friends of Maine Medical Center, according to Kathy Drake, Friends Second Vice President and Scholarship Committee Chairman.

A native of Aroostook County, Russell has attended the Massachusetts College of Pharmacy and the University of Southern Maine. He is also an on-call voluntary translator for MMC's French-speaking patients.

Funding for Friends of Maine Medical Center scholarships comes from interest earned from Life Membership dues and occasional supplemental money from the Friends' general operating account.

Breast Screenings offered to employees

October is National Breast Cancer Awareness Month, and across the country emphasis is being placed on mammography as a life-saving screening tool. In cooperation, mammography centers in Maine will offer screening mammograms at low cost.

Maine Medical Center employees who meet the eligibility criteria will be able, for their convenience, to have screening mammograms at MMC during October. To be eligible, you must be asymptomatic, 40 years old or older, and not have had a mammogram in the past two years. (If you meet the other criteria and *have* had a mammogram in the past two years, congratulations! You are already following accepted guidelines to protect your health.)

The Mammographic Imaging Services of MMC's Radiology Department are accredited by the American College of Radiology.

To schedule a mammogram, call x4810 Monday-Friday, 8-11:00 AM. You will receive more information when your appointment is scheduled. These are *screening* mammograms; you will be responsible for following up with your physician after the results are in. This service is provided at no cost to you.

Psychiatry Chief announces retirement

Alan M. Elkins, M.D., Chief of the Department of Psychiatry, will retire December 31 after 22 years in that role.

Carlyle B. Voss, M.D., will serve as Acting Chief of the Department until Dr. Elkins' replacement is named.

Diagnosis & Management of HIV Infection

11:30 AM to 4:30 PM

Wednesday, November 7

Dana Education Center Auditorium

Call x2550

for additional information.

In celebration of National Central Service week, October 7-13, this poem is dedicated to the hard-working Central Service Technicians and Managers who work every day to ensure that physicians and clinical personnel have the supplies, equipment, dressings, and instruments needed to care for their patients.

You don't know me

*You don't know me.
I work in the basement
of the hospital.
Day in, day out,
I clean instruments,
set up trays, sterilize
all kinds of medical devices
for surgery.
I deliver medical supplies
and equipment.*

*I work hard to make sure that
doctors and nurses who care for
you have all the supplies and
equipment they need
to give you quality care.*

*No, you don't know me.
I work hard for you every day.
Who am I?
I am a Central Service Technician.*

--Reny F. Moses



NURSING BI-LINE

NURSE TO NURSE

Recruitment and retention of nurses has been central to our professional work and planning during the last four years. We were jolted into the painful reality of a scarcity of talented persons interested in practice in this field when suddenly our needs for nurses exceeded our ability to find them. It was a time and circumstance that called for careful analysis for the profession and for each institution, agency, and person involved with nursing. There were a number of clear, consistent themes which demanded attention and we set about the task of addressing them.

Of particular concern to the profession and those of us who are nurses was the matter of *image*—how we project ourselves and our work, and how the public perceives nursing. If we are to compete in the '90s and beyond for talented men and women to choose nursing over other fields, that concern needs our best effort as well as that of those who rely on our service.

There have been many initiatives throughout the nation, the state, and the community and there was a growing sense that a critical corner had been turned and nursings' image had achieved higher regard. Positive signs include increased enrollment in

nursing programs and new levels of recognition for nurses in the workplace. These signs should not imply that we have accomplished our goal. Hopefully, we recognize that the image needs constant tending. Diligence is still in order.

I hope that we also recognize that articles like one in a recent *Maine Sunday Telegram* describing nursing as one of the "Jobs from Hell" will not undo what has been achieved. It is clear that bad press can be injurious, but the fact remains that the only true and sustaining image of what nursing is comes from those of us who *are* nurses. We hold the primary responsibility and ability to represent our profession through excellence in practice, pride in the role, and articulation of what nursing does for healthcare in this country. Our *image* will continue to gain positive public regard if we continue to demonstrate belief in the value of our work whenever and wherever we are given the opportunity.

Personal experiences make lasting impressions. The public wants and needs bright, skilled nurses who like what they do. Only we can offer them that assurance, build that trust, and create that image.

--Judy Stone, RN
Vice President for Nursing

HIGHLIGHTING...

The Division of Nursing Resources

Individuals in nursing resource roles apply advanced skill and knowledge in areas of clinical nursing, leadership, education, and research to the practice of nursing and the development of nursing services. This Division includes Staff Development, Clinical Nurse Specialists, Outreach Education, and Educator/Clinicians in unique nursing roles like parenteral and enterostomal therapy.

--Linda Pearson, RN, Director

Staff Development

The Staff Development Faculty plans and offers educational programs to the nursing staff at MMC. Through orientation, in-service, and continuing education, clinically relevant education is provided. The theme of continual learning carries through all programs; for example, in Competency-Based Orientation (CBO), the knowledge and skills an orientee needs to perform in a new role are evaluated and developed. CBO is a flexible approach to orientation based on

standards designated by the professional staff of each nursing unit.

Staff Development faculty are responsible for program development and also have clinical areas of expertise. Encouraging career development of individual nursing staff members is another component of the role. Working collaboratively with the Outreach Education staff, Staff Development instructors offer educational programs to nurses from York to Fort Kent!

The instructors also participate in the education of students in nursing; the Student Nurse Employment Program is coordinated by Staff Development. In 1987 MMC created a partnership with Westbrook College to offer a 4-year BSN program. Many MMC Staff Development Instructors hold faculty appointments in this joint program.

--Lois Bazinet, RN, and
Deborah Kinney, RN

Nurse Educator/Clinicians

The Diabetes Nurse Educator, Enteros-tomal Therapy Nurse, Parenteral Therapy Nurse, and Perinatal Outreach Nurse Educator assist nurses and other health professionals in providing care that is consistent with defined standards. They influence patient care through various educational and practice activities. For example, the Parenteral Therapy Nurse Clinician helps staff to remain current in IV therapy; one recent project was the evaluation and implementation of patient-controlled analgesia pumps housewide.

Nurse Educator/Clinicians offer expertise in determining MMC's policies, procedures, and standards of care. They provide direct services to patients and families with defined clinical problems and assist patients in adapting to changes in health status. These nurses are vital links between the community and the medical center.

--Susan Garrett, RN, and
Candie Smith, RN

Clinical Specialists

Clinical Nurse Specialists (CNS) are experts in specialized areas of nursing, such as diabetes, oncology, and mental health. Components of the role include patient care, consultation, education, and research. Functioning as catalysts for change, nurse specialists address the needs of individual patients, as well as the educational and consultative needs of nurses who provide care to those patients.

The Parent Visitation Program in the Post Anesthesia Care Unit is the result of a Clinical Specialist's work to promote a program which would meet psychosocial needs of children and their parents. Education and consultation by the CNS promoted nursing staff involvement; parents are now encouraged to stay with their children during recovery from anesthesia.

As practitioners, specialists provide direct nursing care to select groups of patients with complex needs. The approach each uses may vary. For example, one of the mental health specialists chose to establish a support group for women who had experienced pregnancy loss. The needs of a large population were therapeutically addressed in a cost-effective manner.

Nurse Specialists bring their knowledge of research, national standards of care, and clinical expertise to program planning and patient care delivery in the specialized areas they represent.

--Pat Todorich, RN

ON THE SCENE....

Over 50% of the **CICU** Staff are now educated to care for patients with Intra-Aortic Balloon Pumps. Since July they have had about 15 IABP patients.

Did you know that October 7-13 was **National Central Service Week?** Hats off to all our staff involved in the reprocessing and transportation of patient care supplies!

National campaign under way

If caring were enough, anyone could be a nurse. That's the theme of the 2-year National Nursing Image Campaign now under way. Launched in February, its goal is to improve nursing's public image so that more people will choose it as a career.

The campaign reaches the general public through television, radio, magazines, and newspapers. This public-service announcement shows how challenging and rewarding a nursing career can be. The television ads now running depict nurses in two situations—in one, an acute care nurse cares for a cardiac arrest patient, and in the other, a school nurse helps a student who's in hypoglycemic shock. If demand is sufficient, the campaign creators will develop ads featuring nurses in other settings too.

To support the campaign and contribute to its effectiveness, *call* or *write* your local media when you hear or see these public service announcements. Thanking them for their support will provide incentive to continue these ads. A sample response letter has been developed by our Nursing Recruitment Subcommittee and may be obtained from Dee Roberts, RN, x2397.

Exploring Nursing

Exploring is the young adult program of the Boy Scouts of America for men and women aged 14 through 20. The program is developed by local community organizations such as businesses, industries, professions, churches, and civic groups to match the interests of young adults with the program resources of the organization.

The hosting community organization is responsible for providing adult leadership, a meeting place, and program resources.

Donna Conley, RN, P3CD, and Kelley Boruden, RN, NICC, have volunteered to be advisors for the Portland Area Exploring Nursing Post which will meet 2 evenings each month in the Dana Center. They hope to offer a variety of experiences to the students.

Congratulations to Donna and Kelley for coordinating this exciting program! Nursing

Speakers Bureau members may be called upon to assist. Any nurse with topic ideas or program suggestions--highly visual "hands on" topics are best for this age group--is encouraged to contact Donna or Kelley, or call Dee Roberts, Nursing Outreach, x2397.

Cardiac Rehabilitation

The World Health Organization defines rehabilitation of cardiac patients as "the sum of activity required to ensure them the best possible physical, mental, and social conditions so that they may, by their own efforts, regain as normal as possible a place in the community and lead an active, productive life."

MMC's Cardiac Rehab Committee has been meeting since June of 1988 and in that time has developed a comprehensive Phase I program which includes both patient education and supervised progressive activity. The Phase I program is being piloted for 6 months on R1, R7, R9W, and CICU. Patients with a documented myocardial infarction and those having coronary artery bypass surgery are included in the pilot study.

The nurse's role is to introduce the patient to the concept of cardiac rehabilitation, to educate the patient and family in the disease process, to encourage independent decision-making by the patient, to monitor and evaluate the patient's response to progressive activity prior to discharge, and to provide the patient with information regarding Phase II and III programs so that the rehab process is continued upon discharge.

For more information about this pilot program, contact the following resource people: Linda Brewster, R1, Jane Cleaves, R7, Kathy Giobbi, R9W, and Diana Martin, CICU.

--Linda Brewster, RN

Innovative ideas

Have you heard about "Midnight Madness?" This is what Tony Otis, RN, SCU, is calling his hemodynamic updates presented on the midnight shift for staff in Special Care. For more information call SCU.

Spotlight on....

...**Betsy St. Germain, RN**, Clinical Specialist, whose poster "Fatigue in Bone Marrow Donors: A study of incidence and related factors" will be presented at the Northeast Regional Oncology Nursing Conference in Durham, N.H.

...**Dee Roberts, RN**, and **Rachel Girard, RN**, who coauthored "The Use of a Poster to Market Nurse Experts", presented in Boston at a Clinical Nurse Specialist research conference in October.

...**Jackie Campbell, Jan Pflugradt, Julia Longfellow**, and **Janet LeBrasseur** who all passed the CCRN certification exam. Congratulations!

...**Kathy Nadeau, RN**, Staff Development, who attended the National Education conference on Gerontological Nursing in Washington, DC.

...**Patrick P. Caporino, RN, CSD**, who attended a conference for Health Care Central Service Personnel in Las Vegas, NV. The 3M Company presented him with the Thomas Samuels Award for his manuscript, "Developing a Pulmonary Equipment Manual."

...**Sandy Burtchell, RN, PACU**, is now a Level III RN. R7 has two new Level III nurses: **Pam Batchelor, RN**, and **Janice Guiggey, RN**.

...**Linda Malmquist, RN**, MIS Nurse Analyst, attended the Medical Information Systems conference in Santa Clara, CA.

Cast your vote....

The **Nursing Services First Annual Employee Recognition Program**, initiated and developed by nurses on the Retention Subcommittee, honors our nursing colleagues.

Unit-based employees to receive peer recognition will be selected based on criteria showing that he or she promotes a positive attitude; is flexible and receptive to change; has respect for patients and coworkers; meets role responsibilities, enhancing quality care; and provides peer support, contributing to the unit team effort.

Think about who on your unit best meets the criteria and cast your vote! Ballots will be available October 17. Unit winners will be regaled at a reception on November 13.

Throughout the year, Bi-Line is honoring nurses who responded to MMC's National Nurses' Day writing challenge by publishing their unique and thought-provoking Vision Statements.

My vision of nursing is...

My vision of nursing is...
that the nurse shall always care
that what she does and how she does it
will make a difference somewhere.

My vision of nursing is...
that the patient shall always come first
as a human being who is ill,
not just a number with a diagnosis.

My vision of nursing is...
that the nurse shall be willing to lend
her time, her mind, and her heart
so that the patient will continue to mend.

My vision of nursing is...
that the nurse shall always respect
a patients right to live and right to die
and who and how this will affect.

My vision of nursing is...
that the nurse shall always wonder
what is new and how it will change
the daily tasks that confront her.

My vision of nursing is...
that the nurse shall always hold dear
her profession as an art and a science
and take pride in her career.

--M. Patricia Caselden, RN, P3CD

Legal Issues in Nursing

Constance M. Cummings, JD, MBA, RN
Speaker

8:00 AM -- 4:30 PM

Tuesday, November 13

Dana Health Education Center

Registration deadline is October 29

For more information, call x2397

MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

FOR SALE

American Field Registered Bird Dogs, English Setters, ready Nov. 1st. Call 773-5144 to order.

In time for Fall, 17 ft. Mark Twain tri-hull, 120 I/O, trailer, excellent condition. \$3000 firm. Call 892-2508.

Ski boots, Raichle, size 10, worn 3 times. \$75, call Penny, 874-2466.

1989 Volvo 760GLE, loaded, unlimited mileage factory warranty. \$18,500. Call 657-4307 after 5:00 PM.

Unframed mirror, 6 Ft. x 3 Ft., best offer. Call 774-5828.

Oak hall tree, \$475; GE 30" elec. range, \$125; West. dbl. door refrig., \$155 or BO; Panasonic microwave, \$175; microwave table and hutch, \$135. Call 799-8364.

Lazy Boy rocker recliner, brown cord., good condition, \$100. Small microwave, \$50. Call 783-4179 after 5 PM.

Snow blower, Sears, 8HP, 24 in., 2 stage, well maintained, \$350. Call 829-3648 eve.

South Portland condo, near MMC, \$70K or for rent \$700/mo., lease-to-own option avail. Call 767-0903.

1985 Mercury Grand Marquis, 16K miles, 2 dr, 2 tone gray, exc. cond., no rust. \$7,975. Call 883-6032.

1988 Ford Bronco, Eddie Bauer model, exc. cond. \$13,500. Call 929-4051.

1988 Mercedes Benz 300E, silver gray, phone, 4 new snow tires, radar, mint cond. \$29K. Call 282-2673 or 284-5336.

Woodstove, Forester, model #280, front loading, good cond. \$200. Call 929-4076 after 7:00 PM.

Ski rack for car, \$35. Bike rack, \$25. Humidifier, 12-16 gal., \$30. 2 sets apothecary scales, O'Hauss, \$100; Pelouze, \$75. Call 773-7152.

Excercise bike, K table & chairs, end tables, lamps. Very reasonable. Call 839-4585.

FOR RENT

New 1 BR apt, overlooking water, all appliances, fenced yard, no pets, walk to MMC. \$600/mo. Call 775-0385.

1 BR efficiency apt with water views, appliances, fenced yard, parking, no pets, walk to MMC. \$325/mo. Call 775-0385.

Small 1 BR apt, avail after Oct 15, W/D in building, Cape Elizabeth. Call x4302 days, or 767-8180 nights.

4 BR Freeport house, new, furnished, appliances, 2 car garage. Avail. December 1 to May 1. Call 865-0468.

3 BR home, garage, W/D hookup, row to beach, on Little Sebago in Windham, avail. year-round. \$675/mo. Call 879-1886.

2 BR house, Danforth Cove, den, LR, formal DR, garage, private beach, tennis. Avail. Sept. to June. Call 799-0283 weekends, or 617-891-1777 weekdays.

3 large BR Woodfords area apt., 2 floors, hardwood floors, very clean, backyard, patio, W/D hook-up, parking. \$695/mo + utils. Call 871-1599 or 871-1052.

4 BR, 2 bath, waterfront house, Peaks Island, no pets. \$550/mo + utils. Avail now -- May. Call 829-3650.

2 furnished rms. in South Portland home, non-smoker, share kitchen and bath. \$350/mo. inc. utils., avail. immed. Call 799-2292 after 5 PM.

1 BR apt. Danforth St., quiet, secure bldg, 1st floor, W/D, parking, yard, walking distance to hospitals. \$525/mo. + utils. Call 772-0860.

1 BR OOB oceanfront condo, furnished, parking, 25 min. from Portland. Avail. Sept. thru May, \$500/mo. + utils., sec. dep., refs. Call 773-7100, days; 767-4622, eves.

3 BR, large 2nd floor condo, hdwd floors, LR, DR, porch, ocean views, quiet neighborhood, bus line. \$695/mo. Call 781-2611 or 617-698-0980 collect after 7 PM.

3 BR, 4th floor condo, hdwd floors, LR, DR, den, storage, porch, views, quiet neighborhood, bus line. \$795/mo. Call 781-2611 or 617-698-0980 collect after 7 PM.

2 BR home in Raymond, wood stove or elec. heat. \$500/mo. Call 883-5651, leave message.

Old Orchard, 1, 2, 3 BR apts., fully furnished, in residential neighborhood, avail. now through June. \$375 - \$675/mo + utils. Call 865-6269.

S. Ptld., 2 BR home, Meeting House Hill area, private yard, deck, garage. \$795/mo. + utils. Call 799-9265.

Eastern Prom 2 BR, 1st floor, well, kitchen, DR, laundry area. \$450/mo + utils. Call after 5 PM, 846-4150.

Western Prom 2 BR, waterviews, newly and nicely decorated with architectural amenities. \$735/mo. utils. inc. Call 775-6733 or after 3:30 PM, 773-2213.

South Portland 2 BR, spacious, LR, kit. w/dining area and sliders to deck, garage, near Maine Mall. \$795/mo. inc. utils. Call 799-7452.

Furnished BR, sit. rm, deck, bath in Falmouth Foreside home, K priv., separate entr., pkg, refs., sec. dep. F non-smoker. \$400/mo., incl. utils. Call 781-5646, after 6 PM.

ROOMMATE WANTED

F non-smoker, 3 BR Vaughan St. apt., deck, W/D, no pets. \$275/mo. + utils. and sec. dep. Call 871-0684.

To share 2 BR apt., Back Bay Towers, Cumberland Ave., security, indoor pool, sauna, laundry. Call 774-7706.

Professional M/F to share 2 BR apt. in South Portland, Spring Point area, \$275/mo. + 1/2 utils., no security dep. necessary. Call 767-3119.

To share house in South Portland, private bath, yard, \$325/mo. + 1/2 utils., avail. Oct. 1. Call x4061.

WANTED

Ride needed from East Deering (Kensington St.) to MMC, Sunday thru Thurs., 11 PM - 7 AM shift. Call 772-7548.

Carpentry, remodeling and restoration work. Quality work done at reasonable prices. Call 625-8276.

CHILD CARE

Mother of 2 will care for 3 or 4 year old. Days, evenings, weekends available for your needs. Call 871-1460.

Need mature, responsible person to care for our 2 children in Falmouth home. Call 781-4385, leave msg.

Mother of one will care for your child, 2 mi. from MMC, will work off shift hours, refs. available. Call 772-7145.

The next *Healthviews*, MMC's healthcare television program, will feature a discussion of cardiac care issues.

Moderated by Donald Nicoll

8:00 PM, October 19

Public Cable Channel 37

The program will be re-broadcast the following Saturday, Sunday, and Monday at 2:00 and 8:00 PM, and Tuesday, Wednesday, and Thursday at 10:00 AM.

Volunteers needed for study

Healthy adult women, aged 25 to 45, are needed to participate in a study involving an oxygen consumption test, echocardiogram, and blood sample. This project is managed by the Division of Endocrinology.

Volunteers will be paid \$35.00. If you are interested in participating, contact Christine at x4689, Tuesday--Friday, between 8-10:00 AM or 2-4:00 PM.

"Gourmet Cooking Made Healthy"

When you watch "Gourmet Cooking Made Healthy," you'll be enticed by culinary delights prepared by Chef Wil Beriau, Southern Maine Technical College (SMTC), and assured by MMC dietician Pam Perkins that these dishes are all heart healthy.

The program is produced by the American Heart Association, Maine Affiliate, Inc., and SMTC, with assistance from MMC's Jane Conner, RN, CCRN, and John Love, M.D., and others. Support came from MMC's cardiologists, cardiac surgeons, the Lipid Clinic, and Nutrition Services.

You can view the programs remaining in the eight-week series on Public Cable channel 37 at 9:00 PM on October 12, 19, and 24. You'll wish you were right there in the studio for a taste during "Shell Fish Shuffle," "Baker's Best," and "Vegetarian Vibes."

What's Happening is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102. (207) 871-2196. Editor: Wayne L. Clark.

There will be a meeting of the **Pine Tree Chapter of Health Unit Coordinators** on October 11 at 7:00 PM in Dana Education Center Classroom 1.

NEW EMPLOYEES

ANESTHESIOLOGY: Edward Bauer, Kathleen Pacent

VOLUNTEER SERVICES: Sandra Cranford

ENVIRONMENTAL SERVICES: Norman Frock

FOOD SERVICES: John Hall, Stephanie Larrabee

CENTRAL SUPPLY: Deanna Hill

NURSING: Naomi Jensen, Mark Nabozny, Kemily Peterson

MEDICAL RECORDS: Jennifer Lohnes

OPERATING ROOM: Barbara Powers

Safety Snippet

It's Fire Prevention Week. Check to make sure electric circuits aren't overloaded, keep space heaters away from burnables, and don't use appliances with frayed cords.

What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, Maine 04102

NON-PROFIT ORG.

U.S. POSTAGE
PAID

Portland, Maine
PERMIT NO. 35