

What's Happening

a newsletter for the employees of Maine Medical Center

August 1, 1990

Vol. 21, No. 15

Appointments to Medical Staff

The Board of Trustees of Maine Medical Center has approved the following appointments to the Medical Staff:

Nancy B. Beecher, M.D., Courtesy Staff without Clinical privileges, Department of Family Practice.

A. Jan Berlin, M.D., Associate Attending Staff, Department of Surgery, Division of Ophthalmology.

David C. Conway, M.D., Associate Attending Staff, Department of Obstetrics and Gynecology.

Joseph E. Corbett, M.D., Associate Attending Staff, Department of Surgery, Division of Neurosurgery.

George K. Dreher, M.D., Associate Attending Staff, Department of Family Practice.

John F. Erkkinen, M.D., Associate Attending Staff, Department of Medicine, Division of Gastroenterology.

Karl V. Hakmiller, M.D., Associate Attending Staff, Department of Medicine, Division of Internal Medicine.

Steven A. King, M.D., Associate Attending Staff, Department of Psychiatry.

William G. Smith, M.D., Associate Attending Staff, Department of Obstetrics and Gynecology.

David K.R. Thomson, M.D., Associate Attending Staff, Department of Surgery, Division of Otolaryngology.

Charles M. Zacks, M.D., Associate Attending Staff, Department of Surgery, Division of Ophthalmology.

The Board of Trustees has approved several appointments to the Clinical Affiliate Staff.

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MMC physician elected to AMA post

Robert E. McAfee, M.D., attending physician in Maine Medical Center's Department of Surgery, has been elected Vice Chairman of the Board of Trustees of the American Medical Association. Dr. McAfee was re-elected for his third and final three-year term as a Trustee.

Dr. McAfee has long been involved with the AMA as a Maine delegate and as a previous chairman of the New England delegates. His service has included chairmanship of the Council on Long Range Planning.

The physician is the first from Maine to serve on the Board and the only representative from a small state to do so in forty years. "Maine and New England have been very supportive, assisting in my campaigns for Board terms," says Dr. McAfee. "I'm indebted for the help I've received."

Dr. McAfee says that being co-chair of the AMA Board is "the fun job of the AMA." The chairman and vice chairman serve as co-chairs, making appointments to the Residency Committee, providing input to Ethics and Medical Education Committees, making assignments to other Trustees to respond to the more than 1,200 weekly media requests for information.

Twice a year, Dr. McAfee and his Board colleagues participate in media training. This is time well spent, given the number of interviews he gives for network news, *The Washington Post*, *The New York Times*, talk shows, *USA Today*, the "MacNeil/Lehrer NewsHour," and others. In addition, Dr. McAfee has testified before the Social Security Commission.

About half of the Board members are practicing physicians, according to Dr. McA-
AMA, SEE P. 2

Don't forget to enter your photos in the Employee Photo Contest! See page 6.

Turn your paycheck from pink to gray

In early 1988, Maine Medical Center employees were first offered the opportunity to have their paychecks deposited directly into their bank accounts. Now 450 of MMC's 3,800 employees are taking advantage of this easily arranged, cost-free option.

"The Payroll office currently deposits checks to 39 banks and credit unions in Maine, New Hampshire, and Massachusetts, but there are literally hundreds of banks in the New England Automated Clearing House system," says Associate Vice President for Finance Michael Kilmartin. "This means that an employee could have their paycheck deposited to virtually any area bank."

Requesting direct deposit is an easy matter. You can obtain an authorization form from the Payroll office. Attach a voided personal check or deposit slip for the bank or credit union account you want your paychecks deposited to. This provides for correct transcription of your account number. Decide how much of your check you want deposited to checking, savings, or both; you can even have funds deposited to your mortgage account, if you have one.

Allow for ten to fifteen days for the first check to be automatically deposited. For the most part, your money will be available on Friday, the day after payday. When your paycheck is gray instead of pink, you'll know it's in the direct deposit system. Your check stub will still list all of the information it does now.

With direct deposit, employees don't have to worry about getting to the bank or credit union before it closes. Deposits are made when you can't make them yourself because you're on vacation or ill.

Direct deposit doesn't create any more or less work for Payroll employees. They simply send your earnings to the designated bank or credit union account rather than to you.

"We want to encourage people to participate in direct deposit," says Kilmartin. "It's a real benefit to employees."

Look for EAP at new location

Maine Medical Center's Employee Assistance Program (EAP) has moved to 200 Vaughn Street.

A confidential resource addressing a wide array of personal problems, the EAP is for all MMC employees and their family members. Assistance is available for family tension, financial difficulties, marital conflict, drug and alcohol abuse, mental illness, stress, and other issues. Call for an appointment. The phone number remains 761-8345.



DURING APPRECIATION Days, Annual Fund contributors heard about "Major Concerns of Physicians in the 1990's" from, left to right, Philip G. Stubblefield, M.D., Chief, Obstetrics and Gynecology, Donald W. Abbott, M.D., Medical Staff President, and F. Stephen Larned, M.D., Vice President for Medical Affairs. Events were held June 4 and 5. A/V Photo.

They help deliver the goods, too

We've found that there are two other people who help deliver the goods at MMC; Michelle Devou and John Meehan are Inventory Control Coordinators at the Offsite Distribution Center. A profile of the distribution network was published in the last issue of *What's Happening*.

AMA, FROM P. 1

fee. He is one of them, deriving great satisfaction from his surgical practice. "I've been blessed with the support of my associates and support staff," he says. "I'm not ready to give up my practice or my work on the Board."



Soviet guests tour MMC

On June 25 and 26, Maine Medical Center hosted two groups of Soviet guests. The visitors were from Maine's sister city, Archangel, and they visited Portland as part of USA/USSR People to People.

A medical team of four toured much of the Medical Center, visiting Pathology and the Laboratory, Radiology, the Pharmacy, the Special Care Unit, the Blood Bank, Dialysis,

and the offices of a local physician and dentist.

Tours were organized and led by Dr. Kirsten Krauss, Dr. Nat James, Dr. David Scotton, Dr. Barb Harvey, and Sue Fielding, RN, Nurse Practitioner.

MMC's Chaplains spent a morning with a Bishop and a Priest of the Diocese of Murmansk and Archangel. They also toured the hospital, learning about the work of spiritual advisors in a healthcare setting.



Child care confusion?

Maine Medical Center has contracted with two sources of referrals to Child Care as a benefit to its employees: CARESHARE Network and Child Care Connections. Although these two services work in similar ways, they differ in very important ways.

Child Care Connections (CCC) is a Resource and Development center, one of ten in Maine. CCC provides written child care information and referrals to many employee groups in Cumberland County. If an individual or organization in this county is providing child care or children's programming—nursery school, day care center, family day care, after school program, summer camp, in-home agency—that program may be listed with CCC. All of its referrals must have state licensure or registration before parents are given information. CCC currently lists nearly 400 of these providers and will provide lists of options to parents requesting information.

CCC does not necessarily visit these facilities, nor does it guarantee the quality of care provided. It does, however, support training opportunities for providers and parents are given information designed to help them to be good consumers, choosing the arrangements best suited to their family's needs.

CARESHARE Network is a project funded by MMC that offers a network of family day care homes. A full-time Field Coordinator works for the Diocesan of Human Relations Services, the group with whom MMC contracted to develop and administer the Network. The Field Coordinator gives referrals only to MMC employees. Caregiver referrals are just the beginning of CARESHARE's services. They also try to help ensure the quality and continuing success of those child care arrangements.

To do this, CARESHARE follows a selection process before accepting caregivers into the Network. Licensure is only one requirement. The process involves one or more visits by the Field Coordinator to the home, reference checking, a contracting procedure, and review of other considerations including location, program, and schedule. Only after

successful completion of these steps will that caregiver be considered as a participating CARESHARE provider.

The Field Coordinator continues to visit CARESHARE homes, offering support and consultation to the caregiver. Equipment can be loaned to providers, vacant slots are occasionally reserved, and CARESHARE providers are offered many training opportunities designed specifically for their needs. The Coordinator is also available to MMC parents to discuss general child care concerns, communication with the child care providers, child development, and other issues.

The final choice of child care is up to you, the parent. Here's a breakdown of how CCC or CARESHARE Network can help you.

<i>If you are looking for . . .</i>	<i>start with . . .</i>
Nursery schools	CCC
Day care centers	CCC
Family day care homes	CARESHARE
Infant/toddler home care	CARESHARE
School-aged care or programs	CCC
Flexible hours care for toddlers/preschoolers	CARESHARE
Summer programs	CCC
Home-based care for all ages	CARESHARE

Call Child Care Connections at 871-7449; you can reach CARESHARE Network at 871-7462.

The Pinetree Chapter of Health Unit Coordinators will meet August 9 at 7:00 PM at Southern Maine Technical College. All are welcome to help finalize preparations for the August 23rd celebration. Call Pat Bernard for more information, 871-2176.

STAFF, FROM P. 1

Joseph R. Fitzpatrick, Psy.D., Department of Psychiatry. Dr. Blattner is his supervising physician.

Andrea M. Weiss, PA-C, Department of Surgery. Dr. Bredenberg is her supervising physician.

New coordinator will help children, families

Maine Medical Center has a new coordinator for its effort to identify children and families at risk. As a half-time social worker within the Social Work Department, Layne Gregory, LCSW, will explore resources available to families needing support during times of stress.

Gregory will assist staff to become more aware of indicators of family strain and to recognize potential child abuse or neglect. She will manage collaboration with the Department of Human Services Child Protective Services in developing plans for families when abuse or neglect is suspected. She will work closely with care providers on nursing units and in outpatient areas and will support the social workers assigned to those areas in providing services to families. Initially, Layne is meeting with key people within the hospital and with a variety of community resources to assess needs for families at risk and establish priorities for her work.

Gregory will work closely with MMC's Facilitating Committee for Suspected Child Abuse or Neglect. Now in its fourth year, the Committee oversees the hospital's effort to

identify families at risk, provide appropriate diagnostic and supportive services to alleviate stressors, and to make referrals to Child Protective Services when situations of abuse or neglect are suspected. The Committee has recently revised MMC's Procedure for Suspected Child Abuse or Neglect.

The new coordinator received her Masters of Social Work from Simmons College School of Social Work in Boston. She has worked in a variety of settings in Massachusetts, including Tufts New England Medical Center's Substance Abuse Clinic and the Middlesex County Probate Court Clinic in Cambridge. Most recently, Gregory worked for the Judge Baker Children's Center in Boston as a clinical consultant to the Massachusetts Department of Social Services.

Facilitating Committee members Gregory will work with are: Elisabeth Belmont, Esq., Legal Affairs; Paul Dyment, M.D., Chief of Pediatrics; Adair Heath, M.D., Director of Child Psychiatry; George Higgins, M.D., Chief of Emergency Medicine; Lynn Moulthrop, RN, Director of Parent Child Nursing; Michael Ryan, Associate Vice President for Clinical Services; Pamela Taylor, LCSW, Director of Social Work; and Kim Thomstad, RN, Director of Ambulatory Nursing.

CMN coordinated by a "veteran"

Maine Medical Center's Children's Miracle Network (CMN) Coordinator brings with her a varied experience in volunteerism and development. Dodo Stevens came to MMC in March to begin organizing the year's CMN events, beginning with the telethon held June 2 and 3 on WGME.

Before coming to MMC, Stevens was Director of the Maine State Office of Volunteerism. Prior to that, she planned local involvement in a national telethon as Coordinator for the March of Dimes, planning that was good preparation for MMC's part in the CMN Telethon.

Stevens holds a Bachelor's degree from the University of Maine at Orono. She has served as a volunteer and Board member of

numerous local organizations, including the Junior League of Portland, Greater Portland Landmarks, and the United Way Budget Committee.

The CMN office is located in the Thomas House, where Stevens and her assistant, JoAnn Campbell, are already putting together next year's telethon.

This year's telethon raised nearly \$59,000; MMC's new CMN Coordinator is hoping next year's telethon will surpass that success.



DODO J. STEVENS
A/V Photo.



AUDREY GOUGH AND William B. Deal, M.D., President, laugh at a comment from an onlooker at her retirement coffee on July 6. Audrey was Director of Volunteer Services for nearly eleven years. A/V Photo.

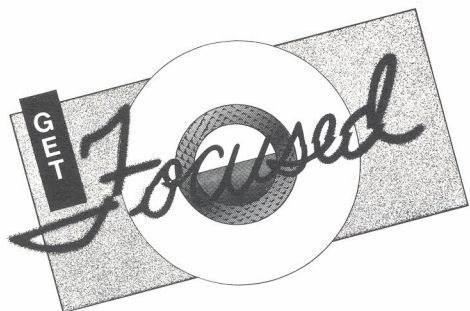
Did you smell that?

You may have sniffed an orange peel-like odor in hospital hallways on Wednesday, July 25th, and wondered what it was.

The odor's source was an adhesive remover, "Orange Off AS175." The non-hazardous substance was used to remove an adhesive containing asbestos in the Emergency Department renovation project. Because the product contains no hydrocarbons and is biodegradable, it is recommended for use in confined work areas where other solvents might release vapors that pose a risk to workers.

Orange Off, made up of mostly pure citrus extract, was considered to be the safest, cleanest method for removal of the asbestos adhesive.

The citrus smell may annoy and prompt questions, but Orange Off's benefits mean less risk to those who use it.



Buy some film and get those shutters clicking! Show us your best! Enter MMC's Tenth Annual Employee Photo Contest.

*Judges will select 1st, 2nd, and 3rd place winners in each category: **Scenic, People, Animals, and Open.** All entries will be on display in the Dana Center Lobby for employees to select their favorites for the People's Choice Awards.*

All part-time and full-time employees are eligible to enter, as are volunteers, students, and members of the medical staff. Entrants must be amateur photographers and may

on the MMC Employee Photo Contest!

enter as many photos as desired.

Entries may be in color or in black and white and must be 5" x 7" or 8" x 10". They must be unframed and unmounted. All photos will be mounted on black board for display. Each entry must be accompanied by an entry form; the forms may be found outside the Cafeteria or at the Public Information Office.

The deadline for entries is Friday, August 10. The photographs will be judged by local experts and will be on display the week of August 27 for viewing and for voting in the People's Choice Awards.

Get Focused! You could be one of the winners announced in the August 29 *What's Happening!*

MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

FOR SALE

Queen-size cherry wood bed frame, \$175; Loden coat, olive green, worn once; 1974 VW super beetle with roof rack, light blue, great condition. Call 688-4737.

White Birkenstock clog style shoe size 40 (9), worn a couple of times. Too large for owner. Call 761-0716.

Red River kayak, very durable. Good for running river. \$275 or B.O. Call 799-5238.

Scarborough townhouse, 2 BR, 1 1/2 baths, fully appliances, garage, storage area. 10 mins. to MMC. 3 years old. Low 80's. Call 775-2869.

Large capacity refrigerator, excellent working condition, great for camp. \$125. Call 284-2135.

2 new Purelux water purification systems. Both with ultraviolet and carbon filters. Units include documentation. Never used. Must sell. Call 883-8294.

1985 Nissan Sentra, well maintained, good cond., no rust, 5 speed, new clutch. \$2,200, or B.O. Call 773-5190.

New electric lift recliner, used only 3 months, asking \$550; 3 level automatic electric hospital bed, exc. cond., asking \$500. Call 799-1637 or 767-1309.

3 BR, 2 bath, ranch. New 20x20 addition. Home well maintained. workshop with 220 outlets. \$91,500. Call 799-9266.

Scooter, \$35, firm. Call 773-5844.

1984 black 4 cyl., 4 speed, Ford Ranger. Ziebart, 74,500 miles, exc. cond. Call 929-4483.

2 new beige/mauve upholstered chairs w/ottoman, \$500. Call 871-2491, or 883-9228 after 8 PM.

12 speed city bike, 19" frame, 2 years old, exc. cond., \$160. Call 774-7383.

Electric eady lift chair w/remote. Exc. cond. Tweed material. Asking \$725 or BO. Call 783-8454.

2 month-old female Cocker Spaniel, first shots and vet checked. \$200. Call 283-0584 after 5:30 PM.

19' Wilderness camper. Great cond. (1976). Asking \$3,150; 1988 Kubota mower/loader. Asking \$8,500. Call 282-3765.

1989 Winnebago Warrior RV, 27', class C, A/C, 17 K miles, sleeps 6; 1985 Skidoo Formula MX with cover, warmers, tack, 12 K miles, exc. cond. Call 883-6307 days, or 283-0584 evenings.

Twin mattress, box spring, and frame, exc. cond. \$100; 1 year old 27" Panasonic console color TV, \$1,000 or BO. Call 775-5817.

Complete windsurfing package. 2 boards (12', 19'), 5.4 Neil Plyde sail, mast, boom, farmer-john wetsuit, life preserver. Exc. cond., must sell. \$499. Call 883-9457.

FOR RENT

Scarborough townhouse, 2 BR, 1 1/2 baths, fully appliances, garage, storage area. 10 mins. to MMC. 3 years old. \$675/mo. Call 775-2869.

2/3 BR house near ocean, fireplace, W/D, 1 car garage.

\$850/mo. + sec. dep. Avail 9/1. Call 797-5887.

3 BR home, North Yarmouth, bath, kitchen, LR, oil heat, garage, 2 1/2 acres. 25 mins. to Portland. Avail. 9/1. Call 846-9432.

2/3 BR, 6 room apt. separate entrance, W/D hook-up, 15 min. to Portland. \$650/mo. + utils. Call 829-4249.

4 BR house, K, DR, LR, sunroom, garage, W/D hook-up. Off Baxter Blvd. \$1060/mo. + utils., sec. dep., and refs. Call 774-4732.

1 BR efficiency apt. in Cape Elizabeth. Non-smoker. \$400/mo. includes utils. and parking. Refs. requested. Call 767-3029.

2 BR, 2nd floor apt. w/porch and off-street parking. W/D included. \$575/mo. + utils. Call 774-4440.

2 BR furnished home, Cape Eliz. 11 mo. lease, \$650/mo. + utils., sec. dep., refs. No pets. Call 799-6693.

1 BR apts. on upper floors, 1 block from MMC. \$375/mo. includes heat. Call 774-6860 evenings until 9 PM.

3 BR condo, walking distance to hospital. \$800/mo. includes heat and hot water. Call collect 603-539-4651.

4 BR Stroudwater home, available 8\15. \$895/mo. Call 856-0007 after 6 PM.

Falmouth Foreside, 2 1/2, 1 1/2 baths, private road, dock, deep water mooring. \$1,000/mo. Call 874-2947.

Furnished room plus share home, and kitchen, parking. \$75/wk. Call 799-7864.

ROOMMATE WANTED

Professional non-smoking F to share home in Saco. Private bath, 20 mins. from MMC. Car pooling an option. Package, \$375/mo. Call 282-3940.

M/F non-smoker to share 2 BR furnished Ranch in Scarborough. Yard and parking. \$390/mo. + 1/2 utils., sec. dep. and refs. required. Call 883-8691.

M/F non-smoker to share 3 BR house in South Portland. \$295/mo. + 1/2 utils. Call 799-1741.

F non-smoker to share house in Gorham. 8 1/2 miles to MMC. \$350/mo. + 1/2 utils. Call 839-5730.

F non-smoker to share large 3 BR apt. near Western Prom. \$250/mo. plus utils. Call 871-0900.

CHILD CARE

Day and night shift care. Complete play, meal, and sleep programs. Call 761-1857.

TLC, 5 mins. to hospital. 12 years experience. Reasonable rates. Call 799-8649.

WANTED

Homes to clean. Come home to a clean house after work. Reasonable rates. Daily or weekly. Refs. Call 799-8649.

Used sea kayak. Call 727-5945 after 6 PM.

Furnished apt. or room for student in Physical Therapy. Non-smoker. Needs to be on busline. Needed from 8/20-9/28. Call x2266.

Home projects to fix up or complete. Concrete patios, decks, fences, painting, etc. Call 774-6556.

What's Happening is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102. (207) 871-2196. Editor: Wayne L. Clark.



MMC GRADUATED another class of School of Medical Technology students on June 29, 1990. These women are the fiftieth class to complete the twelve-month program of study. From left to right, they are Deborah Gentile, Christine McNally, Karen Stickney, and Stephanie Libby. A/V Photo.

Safety Snippet

When on vacation, bring along emergency phone numbers and prescription information. Carry an emergency kit--for first aid and car problems.

About People

- **Deborah Nowak** has been named Acting Head Nurse on R6. She will serve in this capacity until a permanent replacement is found for **Linda Rousseau**.
- **Don Lewis** is MMC's new Assistant Director of Materiel Management. Don counts 18 years of purchasing and distribution experience, primarily with Data General and L.L. Bean.

What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, Maine 04102

NEW EMPLOYEES

NURSING: Theresa Becker, Stacey Knudsen, Carol Melanson, Liz Podett, Tara Reid, Shannon Darr, Richard Boisselle, Donna Burt, Rhonda Dube, Katherine Erickson

FOOD SERVICES: Vanessa Panagakos, John Patrizi, Richard Malloch, III, Sarah Baker, Maria Ciccarella, William Carson, James Seiban

OUT-PATIENT CLINIC: Susan Gearhart, Christina Keilt, Kimberly Forst, Lehman Jones, Jr., Holly Miller, Kevin O'Reilly, Meghan Powers

ACCOUNTING: Tavia Corey

MEDICAL REHABILITATION: Joyce Branaman

CARDIOGRAPHY: Kazi Azam

CENTRAL SERVICES: Gretchen Gosselin

RADIOLOGY: Sean Kelly, Carl Pickus, Chantel Couture, Dawn McDonald

MATERIEL MANAGEMENT: Marilyn Lunt

MIS MAINTENANCE: Scott McCutcheon

MEDICAL RECORDS SERVICES: Anita Mercier

COFFEE SHOP: Patricia Blake

PATHOLOGY: Linda Corkhill, Ann Ferreira, Deborah Czarnecki

SOCIAL WORK: Layne Gregory

STAFF DEVELOPMENT: Barbara Haas

OCCUPATIONAL THERAPY: Denise Houston

ENVIRONMENTAL SERVICES: David Pippin, Leslie Salvatore, Deborah Warren

EMERGENCY DEPARTMENT: Patricia Rutherford

PATIENT ACCOUNTS: Trudy Manning

LIBRARY: Jennifer Lyons

MCRI: Marina Kuperman

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