

# What's Happening

a newsletter for the employees of Maine Medical Center

July 5, 1990

Vol. 21, No. 13

## MMC has new Vascular Surgery Director

Wishing to devote more time to his surgical practice, Richard C. Dillihunt, M.D., has decided to step down from administrative responsibilities as Director of Vascular Surgery at Maine Medical Center. Dr. Dillihunt has long been a leader in Vascular Surgery in Maine and has been known, not only as an excellent clinical surgeon, but as a respected teacher of surgical skills to residents. Dr. Dillihunt will continue his surgical practice and teaching activities here. Dr. Jens Eldrup-Jorgensen has been appointed to succeed Dr. Dillihunt as Director of the Division of Vascular Surgery at Maine Medical Center.

Dr. Eldrup-Jorgensen earned his B.S. in 1974 at the Massachusetts Institute of Technology and received his M.D. in 1978 from the University of Rochester School of Medicine. He completed the general surgical residency at New England Deaconess Hospital, Harvard Fifth Surgical Service, which included one year at the Aberdeen Royal Infirmary in the Royal Aberdeen Children's Hospital in Aberdeen, Scotland. After completing his general surgical residency, Dr. Eldrup-Jorgensen was a fellow in the Division of Vascular Surgery at Tufts University School of Medicine from 1984 to 86.

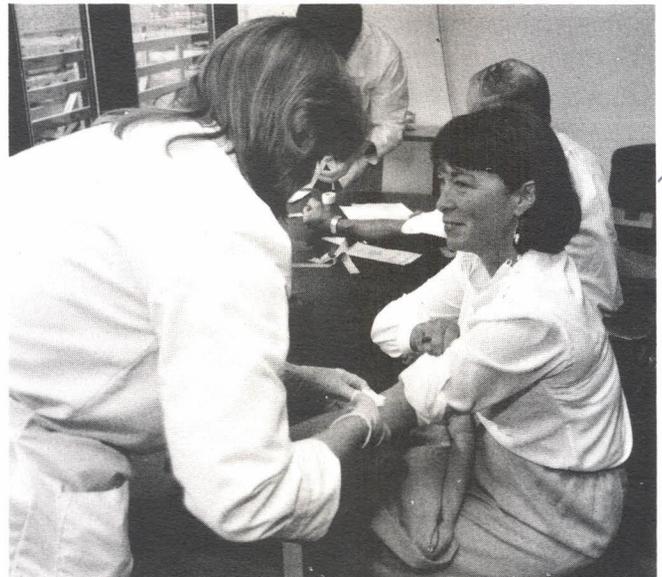
The new division director has been an attending surgeon at MMC since 1988. Prior to coming to Portland, Dr. Eldrup-Jorgensen was Assistant Professor of Surgery at the University of Illinois College of Medicine at Chicago. He was attending surgeon at University of Illinois Hospital in addition to positions at Cook County Hospital and the West Side Veterans Administration Hospital.

Dr. Eldrup-Jorgensen is certified by the  
**DIRECTOR, SEE P. 5**

## MMC's Annual Fund sets goal

The Maine Medical Center Annual Fund Committee has set a \$405,000 goal for the 1990 campaign, Chairman Daniel P. Johnson announced today. The 78-member committee of volunteers conducted personal solicitations during June, seeking leadership gifts from MMC Trustees, Corporators, Medical Staff, and some 1,500 other key community leaders. A general mail campaign will follow in the late summer and early fall.

The MMC Annual Fund provides funds for critical equipment and program needs that cannot be met in the highly regulated hospital budget. Since 1973, nearly \$3.3 million has been contributed and used to fund a variety of projects that make the difference in patient care, education, and research.



AT THE June 6 semi-annual MMC Board of Corporators meeting, attendees were given the opportunity to have their cholesterol checked. Above, phlebotomist Pam Doucette, Lab Central Processing, draws blood from the arm of Kaye Flanagan, MMC Corporator and Trustee. A/V Photo.

(From Colored Prints)

Get Focused! The MMC Photo Contest is back. Watch for details.

Food Services presents  
**Courtyard Barbeques**  
Mondays, Wednesdays, and  
Fridays, 10:30 AM to 2:00 PM, and  
Wednesdays , 4:00 to 6:00 PM.

## Staff changes announced

John Tooker, M.D., formerly Assistant Chief of the Department of Critical Care Medicine, has assumed the position of Assistant Chief in the Department of Medicine.

MMC's new Assistant Chief of the Department of Critical Care Medicine is Sandra Bagwell, M.D.

**SIX STUDENTS** graduated March 8 from Maine Medical Center's School of Surgical Technology. The twelve-month program is fully accredited . The graduates are, back row, from left, Linda Hebert, Audrey Danforth, and Nancy Raymond; front row, Jennifer Moore, Kim Scherer, and Dawn Gilbert. Nancy and Kim are now employed at MMC as Operating Room staff. A/V Photo.



## Miracle Network Telethon is a success

Maine Medical Center's first Children's Miracle Network Telethon raised nearly \$59,000. After a week of tabulating and confirming pledges, Telethon Coordinator Dodo Stevens declared the effort "a success, much better than we could have hoped for in our first year."

The hospital and WGME-TV joined forces to bring the eight-year old nationwide telethon to Portland for the first time June 2 & 3. Nationally, the 170-hospital Children's Miracle Network raised nearly \$90 million for pediatric programs and children's hospitals, making it the largest telethon in the world.

The local segments of the telethon were

co-hosted by News 13 co-anchor Jeff Barnd and 1st News anchor Felicia Knight. The segments featured videotaped vignettes of the pediatric programs at Maine Medical Center and live interviews with patients, parents, and staff.

Local phone banks and support operations were manned by hospital employees, members of the three hospital auxiliaries — The Visiting Board of Children's Hospital, The Women's Board of Maine General Hospital, and the Friends of Maine Medical Center — and volunteers from the community, all of whom donated a sizable portion of their weekend to the telethon. With more than 300 volunteers there are literally too many to name, but the hospital sends its sincere thanks to each and every one.



HOLDING THE "Silver Shovel," Robert Hillman, M.D., Chief of the Department of Medicine, and John Tooker, M.D., Assistant Chief, are flanked by some of the students who chose MMC's Department of Medicine as that providing the highest level of teaching excellence for the year. A/V Photo.

## MMC receives graduation honors

The "Silver Shovel" is back at Maine Medical Center's Department of Medicine for the fourth time in six years. The shovel, a silver-plated spade used in the groundbreaking for the University of Vermont College of Medicine, is awarded each year by the college's graduating class.

MMC is a clinical affiliate of the UVM College of Medicine, providing third and fourth year rotations for its students. The "Silver Shovel" award is made to the teaching

department at either UVM's Medical Center Hospital of Vermont or Maine Medical Center judged to have provided the highest level of teaching excellence during that year. MMC's Department of Medicine also received the award in 1984, 1987, and 1989.

The Department of Medicine is MMC's largest teaching department, providing post-graduate training to 44 residents and rotations for most of the 150 medical students training here. Chief of Medicine Robert S. Hillman, M.D., accepted the Silver Shovel on behalf of the medical staff and the residents, who carry teaching responsibilities for the students.



AS A TEACHING institution, Maine Medical Center is producing graduates all year long. This group has completed the Nursing Care Assistant program. They are, back row, from left, Tracy Lowe, Julie Hendry, Sue Charles, and Kirsten Nielson; middle row, Gretchen Bernard, JulieAnn Garland, Shane Ellis, Michelle Ingalls, and Chrystal Katzenmeyer; front row, Heidi Goodall, Patricia Haverty, Michelle Lashor, and Kim Brown. A/V Photo.

## MMC's patient meals get a taste test

Just about every month, for nearly eighteen months, a group of people has been meeting in the Dana Center for lunch. It's part of the Food Services quality assurance program.

There are 150 diets for patients with different nutritional needs. To make sure the meals arrive in the patients' rooms at the right temperature, with good flavor, and attractively presented, Director of Food and Nutrition Services Mary Keysor, MSRD, tests her production by having well people taste the kinds of meals patients eat.

Her guests may include ex-patients, volunteers, dietitians, social workers, administrators, nursing unit managers, and others. Almost every invitation is accepted.

Guests select their lunch from the same menus offered to patients. When served, they check to see that what's on the tray matches what they ordered. They assess the appearance and actually take the temperature of everything on the tray!

Keysor finds that the meals are very well accepted, from the sodium-restricted menu to the calorie-restricted selections to the regular menu.

**AT THE LATEST Tray Audit, Mary Keysor, Director of Food and Nutrition Services, shows Kim Thomstad, Ambulatory Care Nursing Director, to her seat. John Romano, Assistant Director for Production, helps a volunteer to "take her lunch's temperature." A/V Photo.**



## Something to think about

In recent weeks, there has been growing interest in the Right to Die issue. Living Wills and Durable Powers of Attorney are terms on many people's lips.

This week the U.S. Supreme Court handed down a decision in a Right to Die case and new Maine legislation will soon impact on Living Wills.

The media has been visiting MMC, talking with staff about these issues. Diane Atwood, Healthbeat reporter for WCSH 6Alive!, has interviewed MMC's John Tooker, M.D., Assistant Chief in the Department of Medicine, and Susan Goran, RN, CCRN, Assistant Head Nurse in the Special Care Unit. Social Work Director Pamela Taylor, ACSW, LCSW, was interviewed by the Evening Express.

Many of us are thinking ahead to the future and considering what we would want should we be unable to make healthcare decisions for ourselves. We're thinking about Living Wills and Durable Powers of Attorney.

If you would like to obtain a copy of a Living Will or a Durable Power of Attorney, contact the Public Information Office at x2196.

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## Ask Away!

Several MMC employees have asked about the hospital's policy on recycling. A Plan and Shape Committee has been formed to look into this issue and present recommendations to administrators.

MMC already uses energy from the incineration of trash to create steam for power.

The Committee hopes to present further recycling options that will exceed the requirements mandated by the Maine legislation that takes effect July 1, 1991. On that date, companies must begin recycling paper and cardboard.

New recycling efforts will tentatively begin by Christmas; that allows six months to work out any problems in the process.

All of the employees who **Asked Away!** will receive an MMC coffee mug. They are: Nancy Gordon, Division of Nursing Resources; Irene Delicata, Radiology; Sandra Mills-Bernier and Tracy Coffin, Medical Records Services; Chris Jacobs, Cytology; and Meg and Nancy in Anesthesiology.

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### DIRECTOR, FROM P. 1

American Board of Surgery and was awarded the Certificate in Added Qualifications in General Vascular Surgery by the American Board of Surgery. He has published over thirty journal articles and abstracts as well as eight book chapters on aspects of vascular surgery. He has written on a broad variety of topics including carotid artery disease, renovascular surgery, and lower limb ischemia, as well as on basic research in coagulation and arterial prostheses.

The days come and go like muffled and veiled figures sent from a distant friendly party, but they say nothing, and if we do not use the gifts they bring, they carry them as silently away.

EMERSON

### A NOTE FROM ONE OF US

*On behalf of my family, I want to thank and offer sincere appreciation to the caring professionals who saved my dad's life and helped him to regain an independent state of wellness. I have worked in several healthcare facilities these past thirteen years and have never taken for granted the special care and caring found at Maine Medical Center. It just doesn't get any better than MMC!*

*God bless all of you.*

*Patrick P. Caporino, RN*



## Attention NewsTippers!

The Public Information Office is still looking for **NewsTips** for *What's Happening*.

We want to know about employee promotions, accreditations, special projects, committee work, research projects, and other newsworthy happenings.

If you have a **NewsTip**, pick up a form near the Cafeteria entrance or at the Public Information Office and give us the necessary information.

We want to know all about it!



## Learning opportunities

Want better skills in mathematics and reading? Want to earn a high school diploma equivalent?

Sign up *now* for classes starting in September. Call Janet Eastman in Training and Development, x2824.

### THANKS TO ALL

*I want to thank all of my friends and colleagues who contributed to my retirement from MMC by sending me cards, notes, and gifts, and by giving me wonderful hugs and best wishes.*

*I shall miss you all, but I am really looking forward to this new phase in my life.*

*Nancy Wynne, RN*

Mary Keysor, Director of Food and Nutrition Services, shares this look into the past. These are two Maine General Hospital menus, one from 1877, the other from 1950. Maine Medical Center's three parent institutions were Maine General Hospital, the Maine Eye and Ear Infirmary, and Children's Hospital.

#### An 1877 Menu

We invite your attention to the house diet of the Hospital and will take as an average sample the bill of fare for the present month of October.

### Maine General Hospital Diet List

#### Breakfast

Each day of the week: tea and coffee; milk and sugar; bread (wheat and brown) and butter.

Sundays	Baked Beans
Mondays	Cold Meat
Tuesdays	Ham
Wednesdays	Cold Beef
Thursdays	Tripe
Fridays	Fish
Saturdays	Fish Balls

#### Dinner

Sundays	Roast beef, Vegetables, Bread
Mondays	Soup, Vegetables, Bread
Tuesdays	Boiled Corned Beef or Mutton, Vegetable, Bread
Wednesdays	Fish, Potatoes, Bread
Thursdays	Beef Steak, Vegetables, Bread
Fridays	Fish, Potatoes, Bread
Saturdays	Roast Beef, Vegetables, Bread

Each day for dessert, Boiled Rice or a Plain Pudding or Pie.

#### Supper

Each day of the week: tea and coffee; milk and sugar; bread and butter; gingerbread or plain cake.

The above constitutes the regular house diet. The attending physicians and surgeons prescribe, of course, from day to day, the kind and form of nutrient which the condition of their patients may require.

The next list of selections is from a Saturday and was accompanied by humorously expressive drawings of patients at mealtime.

#### A 1950 Menu

### Maine General Hospital

#### ★ Menu ★

#### Breakfast

Tomato Juice or Bananas  
Oatmeal or Cold Cereal  
Soft Cooked Eggs  
Bran Muffins  
Butter, Toast  
Milk  
Coffee  
Tea  
Cocoa

#### Dinner

Soup  
Baked Sausages with Gravy  
Roast Lamb with Gravy  
Mashed Potato  
Buttered Carrots  
Frozen Peas  
Bread, Butter  
Fruit Jello with Cream  
Custard  
Jello  
Junket  
Tea  
Milk

#### Supper

Cream of Asparagus Soup  
Boiled Franforts with Mustard  
Baked Beans  
Brown Bread  
Creamed Eggs  
Delmonico Potato  
Baked Potato  
Bread, Butter  
Cabbage Salad  
Canned Cherries  
Custard  
Jello  
Junket  
Tea  
Milk

The Public Information Office will give an MMC coffee mug to the first person who can tell us what "junket" is!

## MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

### FOR SALE

- Kelvinator 10.1 cu.ft. chest freezer, like new, \$170; Gitane 10 speed bike, \$50; fishing rods and reels. Call 883-3007.
- 1987 240 Volvo sedan, AM/FM cassette, A/C, exc. cond., auto., 4 dr., cruise, well-maintained. \$11,000. Call 829-3648 or x4556.
- 18' Hobie Cat, trailer and more for \$2,500. Call 892-5517 after 5 PM.
- 3 BR ranch in North Deering, oil heat, hearth w/wood/coal stove in living room. \$95,000. Call 797-9981.
- 8 meter sloop/cutter rig; overall length 38', built 1949, mahogany construction, new diesel. \$9,000, offers encouraged. Call 775-0510.
- Draw drapes, 2 pair for large window, mini blinds to match, beige background. Will accept reasonable offer. Call x4238 or 934-9356 eves.
- 2 BR log cottage on Saddleback Lake. Shared sandy beach, dock, boats, and tennis courts. \$93,500. Also available for rental by the week or longer. Call 773-1943.
- Something for everyone. Large Yard and Bake Sale. July 14 & 15. 9 AM-3 PM. 16 Burnham Road, Gorham.
- IBM PS/2 30-286, 20 MB hard drive, VGA monitor, mouse, lots of software, \$2,000. Call x2780.
- Mattress and box spring, full-size. \$50 for both, or B.O. Call 775-1736 after 6 PM.
- 8 rm. home and 3 rm. apt. 100+ year old farmhouse in Scarborough. Completely redone, new roof and furnace in last five years. 2.76 acres, 20x40 inground pool. Country feel, 6 min. to Mall. \$205,500. Call 839-4106.
- 2 BR townhouse, 1 1/2 bath, 15 min. from Portland, 1 1/2 mile to turnpike. Balcony w/sliding glass doors. \$76,000. Call 282-1740.
- 4 piece wicker set w/cushions. Love seat, stationary chair, rocker, and oval table. Slate blue and salmon. Paid \$750 new, asking \$300. Exc. cond. Call 892-6897.
- 7 month-old male Wire Fox Terrier, AKC papers, all shots, housebroken, good with children. Family moving. Call 772-8066 evenings.
- Child's black stenciled rocker and matching half-moon stenciled table. Like new. \$75 for both. Call 772-5103.
- Almost new furniture, twin beds, springs, mattresses, frames; vacuum cleaner; wooden cabinet; hassock; sofa; microwave oven; bar stool; sewing machine; TV stand; 15" color TV; camel saddle foot stool; ceiling kitchen light fixture. Call 797-5427.
- 1983 Chevy Chevette, good cond., blue, 4-door, has new parts. \$700 or B.O. Call 284-9255 or x2586.
- 17' 1987 Larson Runabout 130 HP I/O, w/Load-rite trailer and extras, exc. cond., asking \$8,900, \$9,400 with towing vehicle. Call 934-4512.
- 1987 GMC 1 ton catering truck, 350 - V8, 12,481 miles. Stainless steel throughout, fully equipped. Call 998-2887 after 6 PM.
- 1987 Subaru 4x4 wagon. 40 K miles. \$6,000 or B.O. Call 767-4643 evenings or weekends.

### FOR RENT

- 2 BR duplex, sunny w/porch. 3/4 acre lot. 7 min. to MMC or beach. \$575/mo. + utils. Call 883-9737.
- 2 BR duplex apt. Office, ample storage, W/D, 2 full baths, fireplace, private yard, one-car parking. No smokers/no pets. \$900/mo. Call 718-786-0585.
- West End 2 BR townhouse apt. 1 1/2 bath. Near MMC. Eat-in K, yard. W/D hook-up. \$650/mo. Heat and water incl. No pets. Sec. dep. and lease. Call 985-2982.
- 2 BR, 2 living room, large kitchen, walk-in closet, 2 decks, nice yard. \$925/mo. + utils. Avail. July/August. Call 767-1327.
- 2 BR, second floor apt., living room, kitchen, dining room, deck, off-street parking. \$525/mo. plus utils. and sec. dep. No pets. Call 774-2194 evenings.
- 3 BR Cape style house, finished basement, nice yard, close to schools, tennis courts, and ball fields. \$1,000/mo. Call 773-4738.
- 2 BR passive solar contemporary house. 2 car garage. 4.5 acres, very private. Sun room and multi-decks. Call 784-5411 x294.
- 4/5 BR passive solar home in Brunswick. New K, DR, laundry area, study, LR w/piano. For rent while family on year sabbatical. No smkg, pets negot. Call 725-2225.
- 3 BR furnished house from 9/90-6/91. 1 block to beach. \$700/mo. + utils., sec. dep. Call 773-1943.
- West End apt., 4 rooms, incl. new bath and kitchen. Gas heat, basement storage, W/D hook-up. \$540/mo. + utils., 1 year lease, ref. sec. dep. Call 772-1831.

### ROOMMATE WANTED

- Professional non-smoking F seeks same to share house. \$350/mo. + 1/2 utils. Call 871-5730.
- House to share, seaside community, beach privileges, priv. bath, pkg. \$600/mo. Call 767-3822 bet. 5-6PM.
- Non-smoking F, 30-35 to share 2 BR condo. \$250/mo. + 1/2 utils. No pets. Call 773-0919.

### CHILD CARE

- Mature college student will watch your child Tuesdays and/or Thursdays. Also available weekdays August 3-24. Great references, own transportation. Call 761-5670 evenings.

### WANTED

- Old set of ladies or men's golf clubs in reasonable condition. Call 443-6794.
- Ride to MMC, AM only, Mon.-Fri. One person and guide dog. Pkg avail. in Bramhall lot. Should arrive 7-8 AM. Live on Hicks St. Call 797-8187, leave message, 797-5452 after 1 PM, or x2463 8 AM -12 noon.
- Home for 2 free parakeets. Cage incl. Call 767-3111.
- Houses to paint. Interior or exterior. Quality work at reasonable prices. Call 883-6983.
- Child's table/chair set; chalkboard; bookcase. Toys for young boy. Will pay reasonable price. Call 767-2990 after noon.



**THIS ADVANCED Biology class from York High School** spent a recent morning touring MMC. Dee Roberts, RN, above, and Susan Garrett, RN, not pictured, introduced the students to several hospital units, including R4, P2CD, R2, NICC, Post Anesthesia Care, SCU, R9W, the Laboratory, and Radiology. They were here to observe applications of the information they've been studying in class and to consider healthcare career options. Incidentally, that's Dee's son in the center of the photo. A/V Photo.

## About People

• Maine Medical Center trustee **Betsy Anne Holmes** of Falmouth has published a chapter in "What Hospitals Owe Physicians; What Physicians Owe Hospitals," the report of the 1989 National Forum on Hospital and Health Affairs.

Mrs. Holmes' chapter explained the relationship between the Medical Staff and the Board of Trustees.

**Robert E. McAfee, M.D.**, published a chapter sharing the physician's view. The Forum was sponsored by Duke University in Durham, North Carolina.

# What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, Maine 04102

*What's Happening* is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102. (207) 871-2196. Editor: Wayne L. Clark.

View the new exhibit of watercolors by Jules Vertig in MMC's Coffee Shop through August 2.

## New Employees

**NURSING:** Lisa Rouillard, Amy Strum, Nora Abbott, Annette Arseneault, Sonja Boyle, Ellen Emerson, Dianne Foster, Kathryn Hoffman, Patricia Hutchinson, Deborah Jackson, Colleen Jensen, Patricia Lambert, Michelle Michaud, Glenn Moore, Jr., Nancy Morrison, Lisa Ouellette, Donna Reed, Jenny Lefebvre

**CARDIOGRAPHY:** Brenda Baird

**ENVIRONMENTAL SERVICES:** Lenore Bernabei, Donald Roberts

**STAFF DEVELOPMENT:** Frances Casey

**FOOD SERVICE:** Maureen Densmore, Shannon Miller

**PULMONARY MEDICINE:** Faythe Henry

**PATHOLOGY:** Anthony Osagie

**LIBRARY:** Nancy Chalmers

**RADIOLOGY:** Jeanne Ferguson

**OPERATING ROOM:** Mary Glendenning

**RADIOLOGY:** Dennis Leaver

## Safety Snippet

Avoid strong midday sun:  
10 AM to 3 PM.

Drink plenty of water; it's  
the best thirst quencher.

NON-PROFIT ORG.

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