

# What's Happening

a newsletter for the employees of Maine Medical Center

June 6, 1990

Vol. 21, No. 11

## MMC program receives National accreditation

The Hospital Industries Program (HIP) at Maine Medical Center has received a three-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF). The accreditation follows a finding by CARF that the program embodies a dedication and commitment to improving the quality of the lives of people with disabilities.

HIP's mission is to integrate persons with physical, mental, and emotional handicaps into the workforce. Since its inception seven years ago, HIP has trained and placed over 250 people. "HIP functions so well," says Program Manager Brenda Harvey, "because of our basic recognition that people with disabilities are a viable part of the human resources of Maine."

The program offers real-life, on-the-job training rather than a sheltered workshop environment. Participants have been placed in a number of departments in the hospital, including Environmental Services, the Flower Shop, Rehabilitation Medicine, Food Services, the Print Shop, Radiology, the Copy Center, Parking, and Materiel Management.

Since 1986, HIP has worked in conjunction with the Training Resource Center's Summer Youth Employment and Training Program (SYETP) to train and place special education students in summer jobs at MMC. This program offers youths the opportunity to earn money, build an employment record, and gain experience holding a job. This program received the Governor's Distinguished Performance Award in 1989 and was named "Employer of the Year" by the Maine Human Resource Development Council.

The accreditation rationale states that "The Hospital Industries Program of Maine

**HIP, SEE P. 3**

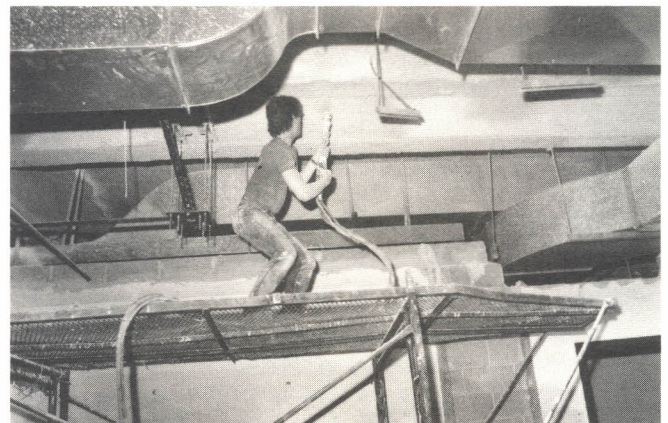
## MMC's Emergency Department gets a facelift

MMC's Emergency Department returned to its newly renovated quarters in the middle of the night May 29. With careful planning and a dedicated staff, business continued as usual throughout the construction process, begun in November of 1989.

What follows is a pictorial record of the renovation progress in the ED at Maine's only Level I trauma center.



**BY FEBRUARY**, the walls were studded, as seen in the corridor, above, and fireproofing was prepared and applied to columns and beams, below.



**RENOVATION, SEE P. 4**

**Folk music and Summer sunsets on the Western Promenade . . . See p. 8.**



## R4 nurses are learning by doing

Maine Medical Center nurses are learning new techniques for safely moving patients while saving themselves from injuries such as pulled back muscles and herniated discs.

R4 is a pilot unit for the Back Injury Prevention Program, "The Dynamics of Moving Patients," developed by the Mobility Committee, a joint effort of Nursing Services, Physical Therapy, and the Safety Office. Staff Nurses Debra McPherson, CRRN, and Louise White, CRRN, attended training sessions led by Jana Lynch, RPT, and now teach their R4 colleagues how to safely lift and transfer patients. The program includes a pre-session information packet and a video on body mechanics as well as practice sessions using lifting aids and case scenarios.

The Mobility Committee's goal is to make available primary prevention educational sessions for all interested nursing units. P3A plans implementation of the program soon. If you would like to learn more about

this program, speak with your Head Nurse or contact Committee Chairperson Janet Sakolsky, RN, Outpatient Department Head Nurse. \* (90-1176)



DURING A PRACTICE session, Debra McPherson, CRRN, center, supervises Chris Libby, LPN, left, as she transfers "patient" Drew Van de Krol, RN, from a wheelchair to a bed--the safe way. A/V Photo.

\* See W.H. 6/20/90

## Women's Board bestows gift of scholarships

Maine Medical Center's School of Medical Technology is the recipient of a gift of \$6,000 from the Women's Board of the Maine General Hospital. Each of the six students enrolled in the 1990-91 Clinical Laboratory Education Program will receive a \$1,000 scholarship.

Barry Corriveau, M.Ed., MT(ASCP), Program Director, says "This award will greatly assist our students to achieve their goals of becoming competent clinical laboratory professionals and will help our School to continue attracting the 'brightest and best'."

The School, soon to celebrate its fiftieth anniversary, offers a twelve month program, beginning this year on July 2. About 25 medical technologists, pathologists, and other MMC Laboratory professionals assist Corriveau, the only full-time Lab educator, in teaching the program.

Students are usually admitted from Westbrook College, the University of Maine, and the University of New England. They have completed Baccalaureate degree programs or three years of an approved Medical Technology program at the college level, studying Biology, Chemistry, Microbiology, and Lab Science.

Class are taught during the summer; students begin clinical rotations in September. Each Laboratory section has a staff coordinator who, along with other staff, has direct supervision of the students. "The Laboratory staff are good role models for the students," Corriveau says.

Most of the Medical Technology program graduates stay in Maine upon completion of their educational requirements. The gift of the Women's Board will go far toward helping graduates to assume key roles at Maine Medical Center and in other hospitals in Maine, enhancing healthcare in the state.



## What your blood can do for others

Blood. We think of it as an entity unto itself, sustaining life. When we give it away, it becomes a life saver for others.

Blood and blood products can now be used in treating many different illnesses. In the United States, according to the American Red Cross, the leading uses of blood are: treating cancer patients (19%), for people with heart disease (16%), treating gastrointestinal disease (15%), and for fractures and trauma, such as burns (12%).

Other uses are for people with anemia (5%), treating obstetric procedures and complications (4.3%), treating bone and joint diseases, such as arthritis (4%), for lung disease (3%), for liver disease (3%), and for kidney disease (3%).

Your life saving donation of whole blood is divided into components that are used in a variety of ways. The red cells are used for most transfusion needs, for surgical and trauma patients, and for patients with anemia. Platelets help people with bleeding problems, for instance, leukemic and other cancer patients who must undergo chemotherapy.

Patients undergoing massive transfusions receive plasma, as do those with liver disease or some bleeding disorders. Plasma is also used for fractionation.

Fractionation produces clotting factor concentrates for bleeding disorder treatment; gamma globulin for the prevention of viral infectious diseases, hepatitis or chicken pox, for example; and albumin for the treatment of shock in patients suffering from massive trauma.

At Maine Medical Center, employees are given four opportunities each year to give the gift of life. The next time *you* can do so is June 21 or 22.

It takes just about an hour to give a pint of blood—and to give someone else another chance.

Medical Grand Rounds  
**The Lipid Controversy**  
William Castelli, M.D.  
Director, Laboratory Heart Disease  
Epidemiology Study  
Framingham, Massachusetts  
Wednesday, June 20  
9:00 AM  
Noyce Auditorium  
Dana Health Education Center

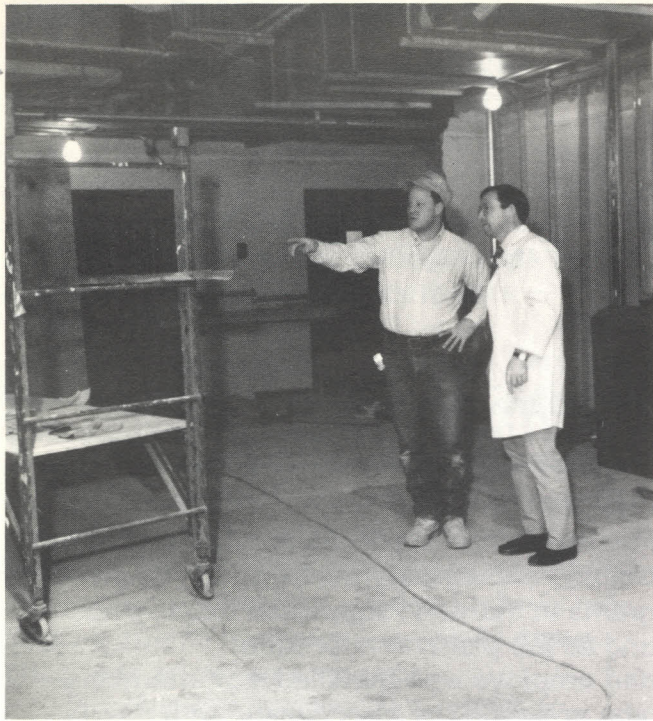
### HIP, FROM P. 1

Medical Center is providing programs of job training and employment through its programs in industry: supported employment and its job placement program ... HIP attracts and employs well-qualified staff members who appear to be enthusiastic with a high degree of concern and dedication. The commitment of the program to provide work-oriented services to the clients it serves has resulted in strong support from referral sources and impressively growing support from the business community for the services which are provided."



WHICH ONE beeped? On Webber Day, the 21st Annual Surgical Symposium, attendees listened to Norman W. Thompson, M.D., discuss "Current Diagnosis and Treatment of Pheochromocytosis--Benign and Malignant." Meanwhile, Judy Curran, RN, Sheila Ek, and Karen Floyd, left to right, kept track of the myriad beepers and pagers left with them for safekeeping. A/V Photo.





**TIM BLACKIE**, Murray Construction Supervisor, brings **George Higgins, III, M.D.**, Chief of Emergency Medicine, up do date. They are standing in what would soon be the main exam area.



**IT MAY NOT** look like it, but this is now the Emergency Department reception area. The entrance and waiting room are out of the picture to the right.

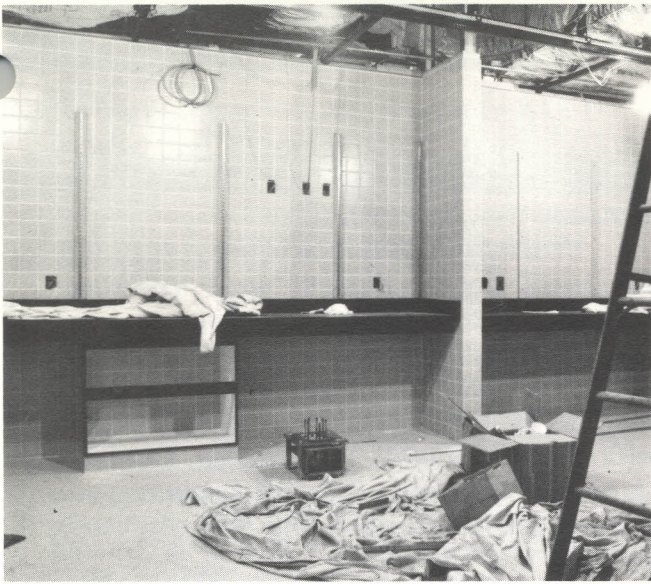


**THE QUIET ROOMS** and Psychiatry office are shown above. It is now March and the project is progressing as planned.



**LOOKING PAST** the future nurses' station, Emergency Department Administrative Director **Karen Colby** talks with a Murray carpenter. The rooms now have walls.





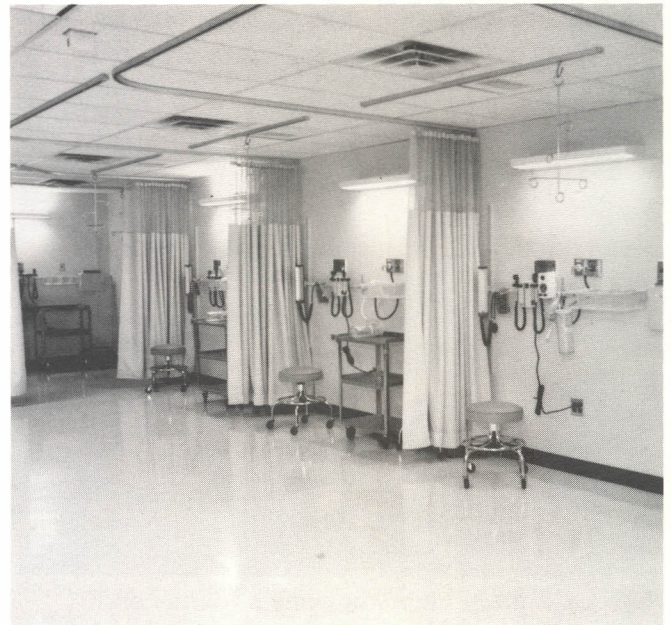
**HERE ARE THE** Critical Care rooms, above, before the equipment arrived and staff moved in to stock the walls and the shelves a week ago, below.



Now that Phase I of the renovation project is done, Phase II, the administrative areas, will commence. The Emergency Department would like to extend its sincere thanks to the following for their contributions to this effort: Hospital Engineering, Clinical Engineering, Pulmonary, Environmental Services, Unit Management, Nursing Services, Technical



**IN MAY,** the computer terminal was installed at the nurses' station in the main exam room.



**PATIENT CARE** areas in the main exam room look ready for business at the end of May, complete with Fairfield Rails. All photos by A/V staff.

Services, Department of Surgery, Psychiatry, Audio/Visual Resources, Radiology, Security, Ambulatory Care Nursing, Receiving, Volunteer Services, Materiel Management, Medhat Mankarious, Murray Construction and their subcontractors, architects Stevens, Morton, Rose & Thompson, local rescue squads, and all hospital employees.



The next *Healthviews*, MMC's healthcare discussion television program, is

**Looking Ahead**

with John Tooker, M.D.,  
Assistant Chief, Special Care Unit  
Donald Quigley, Esquire,  
Legal Counsel, and  
Judith Harrington, ACSW, LCSW,  
Assistant Director, Social Work  
Moderated by Donald Nicoll

8:00 PM, June 15

Public Cable Channel 37

The program will be re-broadcast  
the following Saturday, Sunday, and  
Monday at 2:00 and 8:00 PM, and  
Tuesday, Wednesday, and Thursday  
at 10:00 AM.

**THANK YOU ALL**

*My daughter Hannah recently had emergency surgery. I would like to thank everyone who made a very stressful situation into a pleasant experience.*

*I feel very fortunate to have a hospital like MMC, doctors like Dibbins and Ritger, and dedicated residents and nurses.*

*I would like to thank everyone for asking about Hannah, for the support of my colleagues in the Emergency Room, Deana in X-ray, and a special thanks to Lisa, Elizabeth, Janice, and Donna, Hannah's primary care nurses, and an outstanding Pediatric Department.*

*Sincerely,*

*Kate Wurgler, RN  
Emergency*

**MMC 1990 SOFTBALL SCHEDULE**

MMC's 1990 softball season has just begun. Here are the teams and the playing schedule.

1 Ted Sox	4 Free Radicals
2 Technicats	5 Exterminators
3 Blue Stars	6 RSVP
June 5 Team 1 vs. 6	July 10 4 vs. 6
June 6 2 vs. 5	July 11 3 vs. 5
June 7 3 vs. 4	July 12 1 vs. 2
June 12 2 vs. 4	July 17 1 vs. 6
June 13 1 vs. 5	July 18 2 vs. 5
June 14 3 vs. 6	July 19 3 vs. 4
June 19 5 vs. 6	July 24 2 vs. 4
June 20 2 vs. 3	July 25 1 vs. 5
June 21 1 vs. 4	July 26 3 vs. 6
June 26 1 vs. 3	July 31 5 vs. 6
June 27 4 vs. 5	August 1 2 vs. 3
June 28 2 vs. 6	August 2 1 vs. 4
July 3 3 vs. 5	August 7 1 vs. 3
July 4 No game	August 8 4 vs. 5
July 5 1 vs. 2	August 9 2 vs. 6

All games will be played at Mackworth Island at 6:00 PM. Come to cheer on your favorite MMC teams!

(See 90-1126 Neep 6/20/90)



MANY OF Mary Ellen Mahoney's friends and colleagues brought suggestions for survival in Toledo, Ohio, to her farewell coffee on May 8. Mahoney was MMC's Director of Medical Record Services; she has moved on to pursue other endeavors in the Midwest. A/V Photo.

Nursing Scholarship applications for the 1990-91 school year will be accepted until July 2. Contact Dee Roberts, RN, Nursing Education Outreach, x2397, for more information.



## MARKETPLACE

order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

### FOR SALE

- 1984 33' Franklin travel trailer, all self-contained, A/C, built in battery charger, sliding glass doors, awning, sleeps 6, exc. cond. \$7,500. Call 846-9424.
- Purebred West Highland terrier puppies. \$275 firm. Parents on premises. Call 642-3697.
- 1988 Silver Isuzu truck, 13 K miles, new tires and bed liner, \$5,800 firm. Call 797-3643, 11 AM-5:30 PM.
- 1983 Honda Goldwing-Interstate motorcycle, 16 K miles, black, exc. cond., saddlebags, trunk, farring, etc. asking \$4,200. Call 247-3468.
- 16' Hobie cat with extras, galvanized trailer used 2x, \$3,300 or B.O.; 1964 BMW R-50-2, perfect condition, \$2,000; 1987 BMW R-80. 6 K miles, extras, \$4,500 or B.O. Call 781-3900.
- 2 10-speed Schwinn bicycles, good cond. \$50 each or \$90 for both. Call 772-5493 after 6 PM.
- Emerson Quiet Kool air conditioner, Consumer Reports top rated model. 6,100 BTU. efficiency rating 9.5, \$225. Call 799-5183.
- Car bike rack, holds 2 bikes, \$35; magnesium expedition backpack frame, very light, \$80. Call 773-7152.
- 1984 Volvo 240 DL, auto., 4 door, blue, great shape, \$5,250. Call 878-5026.
- 3 lovely birds for sale, 1 parakeet and cage, \$20. Color, yellow, blue, light green. Call 774-0099.
- 92" off-white cut velvet couch, \$125. Good cond.; 2 lemon yellow bucket style matching chairs. Good cond., \$50 each. Call 772-5103.
- 1976 25' Winnebago Sportsman Den. New transmission and tires. Very good cond. \$10,000. Call 797-4621.
- Gorham home on 10 private acres. Pond, family room, kitchen with 3 sided fireplace. BR suite with whirlpool, finished cellar with wet bar, recessed sliding doors to the den. \$289,000, or lease with option. Call 675-3317.
- 24' Rienell cabin cruiser with fly bridge. Exc. cond. Asking \$10,000. Call 856-1182.
- 84" couch, \$150, and chair, \$35. Navy blue with wheat pattern. Call 775-2869.
- Nurse-mate oxford style shoes, size 7, like new, worn only a few times. Were \$42, now \$15. Call 775-4217.
- 6 yr. old white registered Appaloosa mare, 15.3 1/2 sound. Very calm and good-natured. Trained Western trail lunges. Price negotiable. Call 871-2877 days.
- 14 x 70 mobile home. Large deck, all appliances inc. Down payment and closing costs negotiable. \$25,000. Monthly payment \$485, incl. lot rent. Call 854-1989.
- Kawasaki 100 dirt bike, exc. riding cond. Looks good too. \$350. Call 284-2135 eves.
- 3 BR, 2nd floor condo, fireplace, parking, storage, appliances. Exceptional, offered at \$124,900 or rent for \$700 + utils. Sec. dep., refs. Call 883-6654.
- Misc. medical equipment. Call 324-2380 or 324-7531.

### FOR RENT

- 2 BR condo, patio, front, back and side yards, off-street

parking, 2.5 miles from MMC. \$650/mo. + utils. No smokers, no pets. Call 772-8533.

- 2 BR condo, appliances, W/D, 5 minutes to MMC, no smokers, no pets. \$625/mo. Call 772-8533.
- 2 BR, 1 bath, home, finished basement, fully insulated, off-street parking, garage. \$650/mo. plus utils. sec. dep., ref., 2 year lease. Avail. 9/1. Call 772-4946.
- Country guest house, 11 miles from MMC. BR, kitchen, LR, bath. \$400/mo. No pets. Call 892-6085.
- 5 room, 2 BR apt. Eat-in kitchen, close to MMC, no dogs. \$485/mo. inc. hot water. Call 799-8895.
- 2 BR Ashland, NH, condo. July 13 to 20. Golf, tennis, pools on premises. \$400. Call 854-1555.
- 2 BR townhouse off Washington and Ocean Avenue, fully appliance kitchen, new carpet, 10 min. to MMC. \$750/mo. Call 799-2700.
- Peaks Island, 2 BR Victorian cottage, wrap-around porch. 4 min. to ferry or beach. \$425/wk., or \$325/wk. off season. Call 766-2385.
- Woodfords area, 2 room studio, cable and parking, bath, no shower. No pets, non-smoker. \$375/mo. plus sec. dep. Utils. incl. Call 761-4328.
- 2 BR apt., 5 rooms, back yard, parking, W/D hook-up, hardwood floors. Call 774-4013.
- Eastern Prom area, 1st floor, 2 BR. \$425/mo. + utils, ref. and sec. dep. Call 627-7214.
- 3 BR bungalow, new kitchen, new bath, fireplace, 3/4 acre lot. 1 car garage. Minutes from Pine Point. \$119,000. Call 883-5452.

### ROOMMATE WANTED

- To share 4 BR house in Portland, nice yard, W/D, \$250 + 1/4 utils. Call 879-3538 days, or 797-2405 evenings.
- Non-smoker to share 2 BR condo in nice development, private parking, W/D, backyard. \$350/mo. incl. everything. Call 878-3383 (h), 773-1990 (w).
- Efficiency apt. near MMC, non-smoker, no pets, \$395/mo. incl. heat and electric. Ref. and sec. dep. req. Call 773-0454 evenings.

### WANTED

- Live-in night attendant to help young, active, disabled man with personal care and hskpg. Private BR, shared living space, local phone service, small wage. S. Portland on busline. Part time hours also available. Call 879-9185.
- Homes to clean, exc. ref. Thorough cleaning for weddings, showers, parties, etc. 774-9504.
- MC Sport Touring riders to explore back roads of New England, Call 892-5261.
- 36" 4 harness floor loom. Call 774-7479.
- 15 or 25 gallon fish tank. Need not be in perfect condition. For pet rats, not fish. Call 773-1170.
- Home for free male lop-eared rabbit with cage. Call 767-5540.
- Dehumidifier for daylight basement. Call 839-3946.
- F MMC School of Medical Terminology student seeks room or apt. to rent in family residence. Call 935-4225.
- Homes to wallpaper, US School of Professional Paper-hanging graduate. Free estimates. Call 874-6688.





MMC'S DIALYSIS UNIT was the scene of an anniversary party on May 18. It is the longest-standing unit of its kind in Maine and it is twenty years old. Well-wishers saw dialysis equipment, old and new, and a preservation machine, used to transport kidneys from the donor to the transplant recipient. Above, Joan Smaha, RN, left, presents an award to Head Nurse Simone Blanchette, RN. A/V Photo.



Spend Summer sunsets enjoying  
Portland City Hall's  
*Sunset Folk Concert Series*  
Wednesday evenings  
from June 20 to August 16  
in MMC's own backyard  
on the Western Promenade  
... at sunset, of course!



## ABOUT PEOPLE

- Elizabeth Wooley, Medical Transcription Supervisor, has been named Acting Director of the Medical Record Services Department. Liz will serve in both capacities until a permanent director joins the staff.

# What's Happening

Maine Medical Center, 22 Bramhall Street, Portland, Maine 04102

*What's Happening* is published every other Wednesday at Maine Medical Center for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions, and suggestions may be addressed to the Office of Public Information, MMC, 22 Bramhall Street, Portland, Maine 04102. (207) 871-2196. Editor: Wayne L. Clark.

The next meeting of the  
**Pine Tree Chapter of  
Health Unit Coordinators**  
will be held Thursday, June  
14, at 4:00 PM, in the Dana  
Center, Classroom 4.

Lee Freeman must have been surprised to learn in the last issue of *What's Happening* that he was retiring from the Carpentry Division. Lee was actually the retiring Supervisor of Mechanical Engineering. Sorry, Lee!

## NEW EMPLOYEES

**NURSING:** Kathy Bennett, Elizabeth Elliot, Brian Flavin, Dale Harrison, Debra Manter, Cynthia Rodgers, Juliann Viola

**ELECTRICAL MAINTENANCE:** Brian Boudreau

**FOOD SERVICE:** Tammi Brown

**COFFEE SHOP:** Paula Towle

**HUMAN RESOURCES:** Stacey Manning

### Safety Snippet

School's out--drive safely.  
Teach children to ride  
bicycles *with* the traffic and  
to walk them through  
intersections.

NON-PROFIT ORG.

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