

# What's Happening

a newsletter for the employees of Maine Medical Center

November 8, 1989

Vol. 20, No. 51

## ER Remodeling Will Need Everyone's Help

How do you renovate the busiest emergency department north of Boston without closing it or curtailing services? Very carefully, with a great deal of planning, with a dedicated emergency department staff—and with help from everyone else who works at MMC.

Maine Medical Center's Emergency Department is undergoing extensive renovation, but by careful use of space and by borrowing space from adjacent areas—including hallways, waiting rooms, and foyers—business will go on as usual during the 8-month project. Because the borrowed space lies along a major traffic path from the parking garage, all employees can help out by adjusting their routes.

During the renovation, much of Emergency will occupy the large corridor between the Richards wing and the Ambulatory Surgery Unit. Employees and others entering the building from the ramp are asked to avoid using the Richards elevators at the Basement level. Instead, turn hard right at all smoking inside the building and control



BARBARA LINNEHAN got a big send-off recently when she left MMC for Maine Orthotic Lab & Physical Therapy, Inc. Linnehan, Director of Therapeutic Recreation, was a staff member of Rehabilitation Medicine for seven years. A/V Photo.

RENOVATION, SEE P. 6

## MMC's New Smoking Policy Follows State Law

*It is now proved beyond doubt that smoking is one of the leading causes of statistics.*

Fletcher Knebel said that in 1961. For years, smoking has also been a leading cause of controversy.

Little did Knebel know that, in 1983, smoking would be called "the most widespread example of drug dependence" in the country. For the first time, the federal government—in the person of Surgeon General C. Everett Koop, M.D.—spoke out strongly against cigarette use, saying that smokers are actually addicted to nicotine.

Now the Maine Legislature has spoken. As of November 16, 1989, smoking will be prohibited in any enclosed area of any hospital in the state.

Since Maine Medical Center's smoking policy was under review before the new legislation was passed, the hospital's Smoking Task Force was able to move quickly to discuss with employees how to implement the new law here. MMC's policy will prohibit smoking outside entrances.

SMOKING, SEE P. 2

Remember the Nation's veterans on Friday, November 10, 1989.

## SMOKING, FROM P. 1

Smoking and non-smoking employees alike attended these discussions. Their consensus was that compliance with the law was a given, that smoking cessation programs should be made available, and that it was inappropriate for smoking to take place outside highly visible hospital entrances because of secondary smoke issues and the poor image it would create.

The Task Force has presented its recommendations to the Medical Staff Executive Committee, the Head Nurses, and the Management Group. They are as follows:

- No smoking will be allowed inside the buildings of MMC.
- No smoking will be permitted in highly visible areas immediately adjacent to the hospital, specifically, the areas near entrances and the main courtyard.
- The normal disciplinary process will apply to employee violations of this policy.
- Outdoor smoking areas will be designated at the loading dock, the employee entrance, the parking ramp, and on the outdoor terrace of the Cafeteria. Space currently used in the Cafeteria as a smoking area will be reclaimed as a dining area.
- In recruiting staff, the Human Resources Department will advise applicants that Maine Medical Center is a smoke-free environment.
- Access to smoking withdrawal programs will be provided by MMC. Participating employees will contribute financially to the program and attend on their own time. However, recognizing cigarette smoking as a major public health issue and understanding that nicotine is addictive, MMC is committed to an on-going partnership with employees wishing to quit smoking.

"Smokebusters" is a new MMC program that will reimburse people who participate in smoking cessation activities. Employees will be reimbursed half of the program cost, up to a lifetime maximum of \$100. Reimbursement will be offered only upon completion of a program. Employees may participate in more than one cessation activity, if necessary, receiving reimbursement as long as their "Smokebuster" account is not ex-

hausted.

Because different methods work for different people, smoking employees are encouraged to use any cessation program that can be documented with a receipt and proof of program completion. The "Smokebusters" program will be administered by Human Resources. Reimbursement forms are available from the Human Resources receptionist.

One program is the American Lung Association Clinic. MMC hopes to offer the eight-session clinic here once or twice a year. A minimum of ten participants must register; the cost is \$50 per person, with \$25 reimbursed upon completion of the clinic.

Orientation sessions for this clinic are scheduled for Monday, November 13, in the Dana Center. From 8:00-9:00 AM, the session will be in classroom 7; the same session will also be offered from 12:00-1:00 PM in classroom 1. Employees interested in the clinic should attend the first meeting. Registration and payment will take place at that time if participants wish to continue the series.

A "Smokebuster Station" will be set up in the cafeteria during the first week of the new legislation. It will be stocked with free gum and hard candy. And those who kick the habit will be recognized on the "Smokebuster Honor Roll."

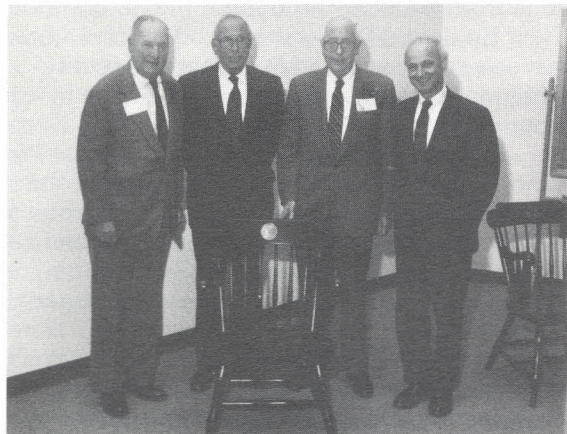
Knebel's leading cause of statistics has turned into the leading cause of premature death in the United States. New laws will increasingly make it harder for smokers to smoke in public, but employers like MMC will make it easier for smokers to quit.

Maine Medical Center's  
School of Medical Technology  
will accept applications for the  
Class of 1990-91  
until December 15, 1989.  
Contact Barry Corriveau, B.S.,  
M.Ed., MT(ASCP), for more  
information at x2440.

## Roger F. Woodman Lecture Established by Corporators

The Corporators of the Maine Medical Center Foundation have honored outgoing Trustee Roger F. Woodman by establishing an annual lecture in his name. The first Roger Woodman Lecturer, Dr. Eli Ginzberg, spoke at the October 18 annual meeting of the Corporation.

Dr. Ginzberg is a nationally recognized authority on healthcare policy and author of more than 80 books on a variety of subjects. His topic, "Health Care: Challenges of the Future," was a fitting inauguration of the Woodman lecture series.



THE CORPORATORS OF Maine Medical Center Foundation honored Roger Woodman by establishing an annual lecture in his name. Pictured above are, from left, George Lord and Woodman, both out-going Trustees, Merton G. Henry, Esq., Chairman, and William B. Deal, President. A/V Photo.

The MMC Board of Trustees elected two new members at the annual meeting. James F. Orr, III, and David E. Shaw were installed for four-year terms. Mr. Orr is Chairman, President, and CEO of UNUM. He came to UNUM in 1987 from Connecticut Bank and Trust Corporation, where he was Executive Vice President and Treasurer. Mr. Shaw is founder and CEO of IDEXX, a privately-held bioscience company in Portland. A graduate of the University of New Hampshire and the University of Maine, Mr. Shaw resides with his family in Portland.

Trustees Roger F. Woodman and George Lord, whose final terms ended at this meeting, were elected Honorary Trustees in recognition of their long and dedicated service to the hospital. Mr. Woodman served as a trustee for 27 years, Mr. Lord for 25 years.

Re-elected to four-year terms on the MMC Board were Thomas M. Armstrong, Merton G. Henry, Esq., and Ann W. Williamson. The officers of the Board remain: Merton G. Henry, Esq., Chairman; John R. DiMatteo and Owen W. Wells, Vice Chairmen; William B. Deal, M.D., President; Donald L. McDowell, Executive Vice President, Treasurer, and Registered Agent; John D. Duncan, Secretary; Kaye Flanagan and Donald E. Quigley, Assistant Secretaries; F. Stephen Larned, M.D., Vice President, Medical Affairs; and Judith T. Stone, RN, Vice President, Nursing.

## "Our Choice for the Day"

"Our Choice for the Day" is a heart healthy selection of entrees, sandwiches, and homemade soups offered in the MMC Cafeteria.

Watching for these low-cholesterol foods will soon be easier. Heart-shaped labels will signal them, making it possible for diners to choose between low-fat, low-cholesterol foods and those that are not.

The Food and Nutrition Services Department is committed to providing a cost effective, quality cafeteria program for MMC employees and visitors. The intent is to offer a variety of foods to meet the needs—and tastes—of a variety of customers.

For some time, the Department has offered low-fat, low-sodium meals. Now, the nutrient content of heart healthy foods will be listed in the Cafeteria. A poster will list nutrition information and Food and Nutrition Services production techniques. For instance, did you know that 95% of the entrees prepared at MMC are made from "scratch" and contain no additives or preservatives?

By making information available about what they serve, MMC's Food and Nutrition Services staff hopes to help customers make heart healthy choices more often.

**EMPLOYEE HEALTH PROMOTION COMMITTEE**

A Maine Medical Center Plan and Shape Committee was recently formed to investigate the possible need to reinstate a formalized employee health promotion program. If such a need does exist, the committee will review the various ways of designing such a program and will prepare a report and recommendations for the Management Group.

One of the first things the committee did was review some of the activities which are already offered at MMC for employees' mental and physical well-being. These include the Culinary Hearts Program and Healthy Hearts meals offered through Food Services, the Employee Assistance Program, group sports such as volleyball and softball, the Employee Health Unit and the workshops and films offered through Human Resources on substance abuse, ACOA issues and stress management.

Because it's important to know what *your* needs and interests are, an employee survey will be taken in the next few weeks. Please take a few minutes to complete the survey.

Companies in the Portland area have taken a variety of approaches in creating employee health promotion programs. These range from educational activities and newsletters to employee reimbursement programs and even on-site exercise facilities. The committee will research these models and make recommendations for the most realistic, feasible option that will work for MMC.

You will be kept informed as the committee's work progresses. In the meantime, please feel free to contact any of the following committee members with your thoughts and suggestions:

- Cathy Roberts, Human Resources 6202
- Al Wicken, Physical Therapy 2463
- Janet Beecher, Employee Health 2911
- Sharon Monn, Lab Office 2753
- Paul Maniscalco, Phlebotomy 4048
- Louise Swift, Human Resources 2350
- Tim Neill, Engineering 2307

- Nancy Noyes, P3A 2995
- Kathy Halpin, Food Services 2511
- Kathy Harris, Pulmonary 2154
- Mike Katz, Resident R.P..R353
- Patty Langkopf, Employee Assistance Program 761-8345
- Mike Swan,  
Administrative Services 2944
- Dr. Roger Pezutti, Radiology 2571
- Sue Doughty,  
Critical Care Nursing 2894

**SCHOOL CATALOG COLLECTION CREATED**

From now on, MMC's Library will house a collection of college and university catalogs from schools throughout Maine and New England. These should be a time-saver—and maybe an eye-opener—to anyone considering a return to school or a continuation of recent studies.

The collection will be kept up to date by Library staff, and managed as a part of the regular collection. If you'd like to suggest additions to the collection, please contact either the Library, extension 2201, or the Office of Training and Development, extension 2824.

For those interested in a new job or a change of pace, a variety of career planning and resume design resources are also available in the Library. As with the catalog collection, suggestions are welcome concerning career planning materials you have found especially helpful.

**TUITION ASSISTANCE PROGRAM APPLICATION DEADLINE**

If you're a user of the tuition assistance program, remember that you must complete your application for reimbursement no more than 3 months after finishing a course. If you have some difficulty in getting a grade report, contact the Office of Training and Development to ask for an extension of the deadline. Exceptions to the 3 month rule will generally be allowed if there is a good reason, *and* if you assume the responsibility of asking for an extension.

### EMPLOYEE ASSISTANCE PROGRAM OFF TO A STRONG START

Since its formation last spring, MMC's Employee Assistance Program (EAP) has really taken shape.

As of October, 73 MMC employees and family members have used the confidential resources of the EAP. Most of these were people who asked for assistance voluntarily; some were following a supervisor's suggestion. This mixture of self and supervisory referrals is a good sign that the program is working as it was intended to. Employees and their families are getting the advantage of a confidential source of help, and supervisors are taking a positive approach to addressing job performance problems.

Patty Langkopf, EAP manager, has spent many hours during the last few months contacting resources in the community to whom she can refer employees. This is an important part of the EAP service. In her evaluation of each possible resource, Patty considers the provider's education and experience, specialty, location, and fees. Her goal is to match employees with the most capable and affordable resources she can find.

An extensive in-house training and information-sharing program has also taken place. Other in-service and workshop presentations are planned for 1990.

### HUMAN RESOURCES DEPARTMENT OFFERS EARLY OPEN HOURS

Work nights? Have busy days? Remember that the Human Resources Department is open every Thursday morning at 7:00 AM for drop-in visits about benefits, job opportunities, training programs, pay issues, or job-related problems.

### LOAN FORGIVENESS FOR RNS

During November, some MMC employees will start to get the benefit of a "loan forgiveness" program created by the State of Maine last year. The program allows healthcare employers to help employees pay back government student loans they

obtained in order to get an R.N. degree. Eligible employees can be reimbursed for loan payments they have made since August 1988 and may continue to receive reimbursements through August 1991.

The loan forgiveness program is part of the Health Occupations Training (H.O.T.) program created by the Maine Legislature last year. During 1989 there was discussion of an expanded program to benefit other groups of health professionals. However, until experience shows that the loan pay-back approach has positive effects, no expansion will be likely. What happens to the current program for R.N.s depends on the Legislature's actions in 1991 and on MMC's evaluation of how the program has worked.

It is important to note that this program does *not* take away dollars which might otherwise be used to benefit all employees. MMC is allowed, under the H.O.T. program, to recover the cost of the loan paybacks rather than including it as an operating expense.

If you think you may be eligible for loan reimbursement, or if you have questions regarding this program, contact the Compensation Office at extension 2350.

### EMPLOYEE MANAGER EXCHANGE

Talk to William B. Deal, M.D., President of MMC, about Job Satisfaction. Breakfast will be served from 7:30 to 8:30 AM at the November 29 Exchange. Sign up near the cafeteria if you are interested in attending.

### STOP BY TO SAY "HELLO"

Representatives from Child Care Connections and the CARESHARE Network will be at MMC's Cafeteria on November 16.

If you have used these services, this is a good opportunity to meet the people behind the "phone voice." If you anticipate using child care services in the future, here's how you can get answers to questions and information about the services. Watch for the display and stop by to say "hello."

## RENOVATION, FROM P. 1

the top of the stairs from the subbasement, and use the stairs to the Ground Floor level. Use the same route in reverse when leaving.

If you plan to use the Bean elevators as an alternate route during the renovation, please remember that they are prioritized for patient care purposes. Please do not board elevators with patients on them, and yield the elevator to employees making urgent equipment or supply deliveries.

Renovation may be too mild a word for the \$2.1 million Emergency Department project. The entire configuration of the department, essentially unchanged since it was built 30 years ago, will be rebuilt to provide more space and better space. The treatment areas will be clustered around a central nursing station, an additional critical care area will be added, and specialty areas will be enlarged. The new ED will even have a special room for children.

MMC's Emergency Department logs 42,000 visits each year. As the only Level I trauma center in Maine, MMC receives an ever-increasing number of seriously injured patients in addition to other patients with urgent and emergent problems.

Chief of Emergency Medicine George Higgins, III, M.D., says, "the construction period will be difficult for staff, but patient care won't suffer. It would have been nice to simply move somewhere else while the work is done, but that wasn't an option. We appreciate the assistance of others in avoiding the temporary Emergency Department, so we can continue to make patient care our first priority."

The construction work will be performed in two stages, to lessen the disruption. Most of the clinical areas will be finished in Phase One, which began last Wednesday, and support areas in Phase Two.

### Safety Snippet for Hunters

Always treat a firearm as if it is loaded. Wear blaze orange clothing in good condition, bright enough to be seen from any direction.

## The Rewards of Teamwork

Teaching a patient to manage diabetes offers many challenges. These challenges are acknowledged during National Diabetes Education Week, November 13-18. At Maine Medical Center, the nurses, dietitians, and physicians who encounter individuals with diabetes know the benefits of a quality diabetes education program.

Instituted eighteen years ago, MMC's program was truly a pioneering effort in this country! The program continues today, offering to individuals with diabetes, and their families, the opportunity to learn the self-care skills needed to lead an independent and fulfilling life. Self-monitoring of blood glucose, insulin injection techniques, and principles of nutrition are some of these skills.

MMC's diabetes educators use a team approach so that individuals receive the benefits of expertise from a variety of specialties. Recent developments have included the implementation of education classes specifically designed for children with diabetes and their families, a meter-lending program instituted in cooperation with the Maine Affiliate of the American Diabetes Association, and the availability of a team concept in the Pediatric Endocrinology Clinic.

As individuals with diabetes become more active participants in their own healthcare, MMC's team will continue to respond to their needs by providing those services which will enhance knowledge, promote optimum health, and provide for a greater sense of personal control. For more information about diabetes education, contact either Georgette Carpenter, RN, or Rachel Girard, RN, x2336.

### ATTENTION SKIERS!

The Benefits Office will be offering discount tickets for popular ski areas throughout the winter. They will be on sale Thursdays and Fridays. Look for more details in *What's Happening*, or call Karen Foster at x2973.

## MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

### FOR SALE

- GE washer, 2 years old, \$150. 874-8045.
- Tandy 1000TX computer, 640K RAM, 42 meg HD, 3 1/2" drive, 5 1/4", printer, 14" color monitor, modem, mouse, 2 joysticks, software. Asking \$2,500. 1 1/2 year old. 934-5118.
- 1988 VW 4 door Jetta, 5 speed, sunroof, AM/FM cassette, 29K miles, \$8,600. 934-9380.
- Queen size waterbed with heater, liner and headboard, \$100; 2 girl's bikes. 856-2292.
- 2 BR townhouse condo in Saco. \$78,000. 282-1740.
- New Sunbeam electric blanket, twin size, light blue. Asking \$45. 799-2502.
- 2 studded snow tires, size 175SR14; Auto. Sony tape deck with auto reverse and synthesizer. Best offer. 767-0606.
- 1981 310 Datsun, 5 door hatchback, auto., 78K miles. \$975 or BO; full bed, low 4 poster style, \$135 firm; Grummun 17' aluminum canoe, \$425 firm; 12" Sears bandsaw, exc. cond., \$225 or BO. 773-2723 (W), or 799-8416.
- 1983 GMC Sierra Classic 1/2 ton pick-up, 4 WD, Fisher quick swith plow. Turbo 400, auto. trans., many extras, exc. cond. 42K miles, \$5,800. 655-7944.
- Sears Kenmore box freezer 15.1 cu. ft., \$175; new rowing machine, \$100, portable sewing machine, \$50. 865-4202.
- 82" ivory colored sofa, good cond., \$75; dark red rocker recliner, \$50; 2 teak and leatherette office chairs, \$20 each; 2 matching children's car seats, \$15 each. 727-3910.
- Dover woodstove, 4 heat exchanger w/blower, \$300 or BO. 929-4051.
- 7' Landsen cross-country skis with Rottefella bindings. Used once. \$50. Call x4226 or 871-4775.
- High quality skate board with gull wing trucks. \$80. Call 781-2854, leave message.
- 1983 Honda Civic, 2-door hatchback. \$1,700. Call 767-3524, leave message.
- 27' O'Day sailboat. Family cruiser with inboard engine. Sleeps 5, enclosed head and good galley space. Call 767-2271.
- Glenridge 2 BR condo. 1 1/2 baths, end unit. Must sell. \$79,900. Call 874-0240.

### FOR RENT

- 1 BR beach front apt. \$550/mo. inc. utils., laundry, cable, and garage. Little Sebago Lake. 782-8331 or 655-7244.
- 2 BR apt. on 3rd floor of quiet East End residence. \$550/mo. inc. heat and utils. Sec. dep., no pets. 774-4899.
- OOB, 2 BR house, fully applianced kitchen, \$550/mo. plus security, no pets, 1-2 year lease. 839-3946.

- 4 room, 3rd floor apt., Woodfords area. \$375/mo. plus utils. Avail. 12/1. 774-2194.
- South Portland, 2 BR apt., \$650; 1 BR apt., \$400; both have W/D, no pets. 773-4293.
- 2 BR apt. near MMC, \$450/mo. & sec. dep. and utils. Avail. 12/1. 839-8146.
- 1 BR Harbor view apt., living room with fireplace, \$450/mo. plus utils. 799-5175 or 767-5868.
- 1 BR apt. Heat & hot water incl. \$400/mo. Call 775-1066.
- 2 BR apt. Neal St. Unfurn. Sunny, Victorian, many amenities. \$695/mo., heated. Avail. Feb. 1. Call 774-4732.
- 3 BR apt. Osteopathic/USM area. W/W carpet, pkg., first fl., W/D hookup. Avail. Dec. 1. \$585/mo. plus util. & sec. dep. Call 892-7146.
- 3 BR apt. USM area. 1 bath, pkg. Avail. immed. \$565/mo. plus util. & sec. dep. 1 year lease. Call 761-0812.
- 4 BR large, antique country home. S. Windham. Ptlly furn., 3 fireplaces, 2 coal stoves, separate zone oil heat. 2.5 acres, 2 car garage. Avail. Dec. 1. \$1,000/mo. plus util. Call 775-3064 days, 892-3600 eves.

### WANTED

- Home for lovable 5 month old tiger kitten. 799-7846.
- Homes for 4 free kittens. 774-1862.
- Person to rake leaves in Cape Elizabeth. Call after 11/12. 799-7979.
- Homes for healthy cats and kittens. 773-4217.
- Wallpapering jobs. References available, reasonable rates. Call 799-6549.

### CHILDCARE

- Mature person will take care of infants in my home. Experienced and references. CNA. 773-9066.

### ROOMMATE WANTED

- Professional F wanted to share waterfront home in Freeport. \$450/mo. Non-smoker. 865-0621.
- M/F to share 2 BR house in South Portland. W/D, parking storage, yard. 767-4459.
- F non-smkr to share house in quiet Deering neighborhood. W/D, D/W, hardwood flrs. \$300/mo. Call 883-2383, Mon.-Sat.
- F to share 2-BR house, N. Yarmouth. Barn storage, garden, W/D. Oil & wood heat. \$325/mo. Call 829-4147, leave message.
- To share Windham condo. 1/2 hour to Ptld. 1 1/2 baths, 2 BR, LR, DR, basement. Furnished. Pool, tennis court. \$320/mo. plus \$300 sec. dep. and 1/2 electric. Call 892-3971.

### Dine with Art

A new exhibit is on display in the Coffee Shop through December 8.



**GETTING READY FOR** the Annual Christmas Sale, Virginia Camp, left, Barbara Goodwin, and Esther Wood inspect their greens and red ribbons. The Sale is November 13 through December 1. A/V Photo.

## About People

- **Ronald Gillis**, Audio/Visual Resources Medical Photographer, recently completed the Public Relations/Corporate Communications course at the renowned Winona International School of Photography in Mount Prospect, Illinois. The program is sponsored by the the world's oldest and largest association for professional photographers, Professional Photographers of America, Inc.
- **Lisa Richard, RN**, has been appointed Assistant Head Nurse on R7, day-evening rotation. Lisa has been a member of the R7 staff since the unit opened in February 1986, most recently as a staff nurse.
- Several employees of the Department of Pathology and Laboratory Medicine have successfully completed the certification examination in Medical Technology. They are: **Lisa Huff, BS, MT(ASCP)**; **Lora Reynolds, BS, MT(ASCP)**; and **Regena Sayers, BS, MT(ASCP)**. Certification is recognized as the final step to full qualification as a Medical Technologist.
- **Camille Cordis** is the new Manager of Laboratory Information Systems and Special Services, a division of the Department of Pathology and Laboratory Medicine. Camille is a graduate of South Hampton College and the MMC School of Medical Technology. She is presently at work on her Master of Business Administration at George Mason School of Business. Camille comes to MMC from Alexandria Hospital in Alexandria, Virginia.

## NEW EMPLOYEES

- LAUNDRY:** Dana Bartlett  
**OPD:** Leandra Carter  
**OPERATING ROOM:** Debra Davis, Norman Durland  
**CENTRAL SERVICES:** Christian Debor, Jean Dahms, Ralph Demmons, Todd Robichaud  
**MEDICAL RECORDS:** Cindy Horr, Deborah Lipton-Morin  
**PULMONARY MEDICINE:** Michelle Mason  
**NUCLEAR MEDICINE:** Mary Pirkola  
**NURSING:** Karen Ballou, Alice Betterley, Linda Chase, Deborah Dolan, Patrick Dunn, Donna Gould, Kathy Anne MacDonald, Marcia Methven, Karen Metzger, Susan Meyer, Henry Pinette, Barbara Rutherford, Margaret Sawyer, Susan Southwick, Karen Sova, Anne Theriault  
**HOUSEKEEPING:** Stacy Bernheisel, Ferenc Sandor, Jozsef Sandor  
**PATHOLOGY:** Juliann Trusuiani  
**MRI:** Jennifer Sherwood  
**FOOD SERVICES:** Denise Bourgoin, Jessica Cloutier, Mary Saucier  
**DATA MANAGEMENT:** Jeffrey Drumm  
**CARDIOGRAPHY:** Marie Fischette

### Volunteers Needed

If you speak Russian, Amharic, Tigray, Cambodian, Vietnamese, or some other language, consider volunteering as an interpreter for the Dept. of Social Work. Refugees coming to Maine need you! Call Ginny at x2263.

## What's Happening

Maine Medical Center, 22 Bramhall St., Portland, Maine 04102

NON-PROFIT ORG.  
 U.S. POSTAGE  
 PAID  
 Portland, Maine  
 PERMIT NO. 35