

# What's Happening

a newsletter for the employees of Maine Medical Center

September 30, 1989

Vol. 20, No. 48

## New Vice President for Planning

Paul D. Gray has sixteen years of experience working with health care organizations. He now brings this expertise to Maine Medical Center as Vice President for Planning.

In his new capacity, Gray will help medical, administrative, nursing, and health support staff plan programs and services.

The planning doesn't stop at the doors of MMC. As a major employer in the area, the hospital's Planning Office must take into account MMC's community responsibility. The largest health care facility in the state, MMC can also have an impact on what other hospitals, the Maine Medical Association, and state regulatory agencies do.

Gray spent eight years as a senior executive with the Texas Medical Association. Most recently a senior manager of the Douglass Group of Deloitte Haskins & Sells, he spent the last eight years focusing on strategic and facility planning for academic health science centers and teaching hospitals. During Gray's tenure with the Douglass Group, major planning engagements included the University of Florida Health Science Center, the University of Connecticut

Health Center, State University of New York Health Science Center at Brooklyn, and Duke University Medical Center.

The Texas native earned his Bachelor of Arts in Economics at the University of Texas at Austin in 1972. In 1973, a Masters of Labor and Industrial Relations was conferred

upon him by Michigan State University.

Gray looks forward to "providing support to the Medical and Administrative staffs and to the Board of Trustees in determining the future strategic directions for Maine Medical Center."



PAUL GRAY is the new Vice President for Planning. He brings to MMC his expertise as a strategic and facility planner. A/V Photo.

You are cordially invited  
to a farewell coffee  
in honor of

*Ronald J. Baril*

Vice President  
for Human Resources

Thursday, September 28, 1989  
9:30--10:30 AM  
Dana Health Education Center

## The Goal is in Sight

A gift is always appreciated; how much more welcome is a gift that prolongs life or returns an ability that has been lost. An organ or tissue donor can give these gifts.

Transplants of organs, such as hearts and kidneys, must be carefully matched in order for the recipient's body to accept them. Tissues, on the other hand, can be donated to any patient needing them.

Tissue is avascular. This means that there is no blood supply to it, making it more readily accepted by the body; rarely is this new tissue rejected. Eye tissue is a gift that can be given to anyone.

Congenital defects, corneal scratching from a virus, or trauma can cause the loss of sight. To enable more patients to have their sight restored, a nationwide computer network has been established. Tissue Banks International (TBI) makes it possible for technicians to locate needed tissues that can then be transported in a timely fashion to where the transplant will take place.

When a donation is made, trained technicians procure the tissue and a blood sample and transport them to the airport to be flown to Boston where, at New England Eye Bank (NEEB), the quality of the tissue is inspected and the blood sample is tested for the AIDS and Hepatitis B viruses. An ophthalmologist performs the actual transplant. Since virtually all corneas are the same, it doesn't matter who the donor is; the fit will be right.

Donna Libby is the first Maine coordinator for NEEB, an affiliate of TBI. For the past year, she has been speaking to groups and schools, providing in-service presentations for physicians and nurses, and participating in NEEB seminars.

Libby, a Certified Surgical Technologist since 1975, has trained four technicians in Greater Portland to perform two procedures: enucleations and corneal excisions. An enucleation is the removal of the whole eye. A corneal excision involves taking the clear portion from the front of the eye. The trainees must attend a NEEB training course. In

addition, they must observe, perform half, and then complete an entire procedure under the observation of Libby and Maurice Van Lonkhuysen, M.D., a staff ophthalmologist and corneal surgeon at Maine Medical Center.

Dr. Van Lonkhuysen, appointed to supervise the program at MMC, performed a number of procedures here in 1988 as did William Holt, M.D., in his private surgicenter. Other members of the Dept. of Ophthalmology have volunteered to supervise the program on an annual rotation.

"Dr. Van has been gracious and selflessly generous in giving of his time to help these technicians earn their certification," Libby said. "His support and enthusiasm have helped to further NEEB's efforts to establish this program in Maine." She commended the new technicians. "These highly qualified technicians will be an asset.



GREATER PORTLAND has two newly certified technicians qualified to procure eye tissue for New England Eye Bank. Two others are pursuing this goal. Pictured, from left, are: Maurice Van Lonkhuysen, MD; Jean Macisso, RN, newly certified; Donna Libby, CST, Maine Coordinator for NEEB; David Benes, COMT, also receiving certification; and Sara Sprague, LPN, CST. Missing from the photo is Lisa Witham, COT. A/V Photo.

They will enable the procurement of more donations as they become available and provide information to the staff of hospitals



where procedures take place."

Just as valuable as donations made to patients, eye tissue is also needed for research and training to determine the causes and cures of blindness and vision loss.

If you are interested in being an organ or tissue donor, talk with family members about your intent. A Required Request Law stipulates that, although you may make your intent known in writing, your next of kin must be approached by hospital personnel and their approval obtained, before the enucleation or corneal excision may be performed.

The Maine Transplant Program may be called with potential donor information at 871-2000. If you have questions about the NEEB program or becoming a donor, call Donna Libby at 839-4146.

The gift of sight can bring light to many lives darkened by corneal blindness. Your donation of eye tissue can give your loved ones the knowledge that your giving continues with a precious gift.



"WHAT'S HAPPENING in Scandinavia?" These representatives of Scandinavian neonatal research addressed that question at a conference held at MMC September 13 and 14. Pictured from front to back are: left: Ola Saugstad, M.D., Ph.D., Kari Raivio, M.D., Gorm Greisen, M.D.; middle: Nils Svenningsen, M.D., Ph.D., Alistair G.S. Philip, M.D., Director of MMC's Division of Neonatology; right: Annaliisa Jarvenpaa, M.D., Barbro Carlsson, Ph.D. A/V Photo.

(89-1803)



THE SCHOOL OF SURGICAL TECHNOLOGY recently graduated ten students. They are, from left to right, front: Cherylanne Dumont, Lillian Lingard-Libby, Mark Audet, Donna Bergquist, Nancy Currier; back: Deborah Bodin, Sonja Laiho, Debrah Davis, Lisa Plourde, Benae Francis. A/V Photo.

## Adult Children of Alcoholics Workshop Series

### SCHEDULE CHANGE FOR FALL 1989

To avoid a conflict with the Columbus Day holiday (not observed by MMC, but recognized by some other area businesses), the schedule for the workshop series on Adult Children of Alcoholics will change.

The new dates will be:

October 2, 1989

October 16, 1989

October 23, 1989

October 30, 1989

All sessions will be held on Mondays from 5:15 to 7:15 PM in the Dana Health Education Center Auditorium. If needed, additional seating will be available in Classroom 7, where the presentation may be viewed on video monitors.



Dear Colleagues:

Once each year, your coworkers ask you for help. They ask not for themselves, but for the community and those who need help. The United Way depends on volunteers to do the asking, and on volunteers to do the giving, all for the good of Greater Portland.

You may have used a United Way agency in the past, or you may use one in the future. Certainly, among your friends, neighbors, and colleagues, the United Way has made or will make a difference. Your contribution to the United Way will ensure it will be there when needed.

Please, consider your United Way pledge carefully, and with a mind to those who benefit from it. Each of us can help make a difference, by helping United Way.

Sincerely,  
William B. Deal, M.D.



United Way  
of Greater Portland

*One day on the beach when the tide was very low, an elderly man came upon a young child. The child was busily picking up starfish and throwing them into the sea. The man asked the child, "What are you doing?" and the child responded, "I'm saving the starfish from drying in the sun." "It's an awfully big beach," the old man said. "Do you really think one child can make a difference?" The child threw a starfish into the waves, then turned to the man and said, "To that starfish I made a big difference!"*

Last year, 74,870 of Cumberland County's 200,000 people turned to the United Way for help. Support from your donations made it possible for the United Way to help these people, whether they needed day care, emergency shelter, family counseling, or other services.

To continue reaching out to those who need help, the United Way reaches out to all of us. Our donations enable United Way

agencies to keep making a difference.

Your contribution to this year's United Way campaign will go far toward making someone else's life better. Only \$ .95 per week makes prevention services available to teens who may become involved with substance abuse. For \$1.25 a week, you can provide parenting classes to a teenage mother.

By donating \$2.25 every week, you can see that a sexually abused child gets counseling. Five corrective dental visits can be provided for only \$3.50 per week. A weekly contribution of \$4.00 pays for shelter for a battered woman and her children. For \$7.69 a week, case management services will be available to one person with AIDS.

The United Way funds agencies that serve people who are needy—for many reasons. From shelter for the homeless to Scouting for our children, the United Way can fill all kinds of needs.

Jerry Hamlin, RN, is a member of your community here at Maine Medical Center, and in Greater Portland. When she needed help, the United Way was there. Because her son wasn't speaking by the time he was two years old, she took him to Northeast Hearing and Speech. The United Way paid for speech therapy for Gerry's son when she was unable to.

In 1981, after a long illness, Gerry's husband passed away. As her two boys grew older, it was clear to her that they needed guidance from a male perspective. Gerry turned to Big Brothers/Big Sisters, a United Way agency.

Each boy was paired with a Big Brother, pairings that have lasted for more than five years. Big "siblings" make a commitment to the organization for one year of weekly visits lasting at least four hours. The Hamlin family has reaped a much larger benefit; the Big Brothers have become important role models for the boys, spending time with them and sharing more than just a football game or a hamburger and fries.

"We will never forget them," said Gerry of these two men. "I talk to people about the program all the time. One of the Big Broth-

ers has moved away, but he stays in touch with my son, calling, writing, and remembering his birthday. The other man is still very much a part of my older son's life."

"The United Way is a wonderful program. They back Big Brothers/Big Sisters, making it possible for the agency to provide extensive support and follow-up when they match the kids and adults," Gerry said. "The organization trains the Big Brothers and Big Sisters and they are conscientious in making sure that the right matches are made."

Greater Portland's Big Brothers/Big Sisters is having to go through a restructuring phase. In order for the agency to continue finding "siblings" for kids who need them, they must reorganize. For this, money is needed. This is where your donation will help. Make it possible for other kids to have a Big Brother or Big Sister. The Hamlin boys are two reasons why.

Sally Robbins is another MMC employee who has made use of the United Way. Sally's mother, Katherine Rollins, was a nurse's aide here for fifteen years. A diabetic, Mrs. Rollins woke up blind one day.

United Way agencies were there when Sally needed assistance for her mother. The Regional Transportation Program (RTP) helped Katherine get to where she needed to go and People's Regional Opportunity Program (PROP) assisted with an oil subsidy, a new furnace, and a state medical discount card.

The Maine Center for the Blind (MCB), which receives a portion of its funding from the United Way, sent rehabilitation people to provide mobility training. Katherine had to learn how to do many everyday tasks in a new way. She learned how to mark her clothes, fold money, and operate appliances. These are tasks many of us take for granted—until we can't see to do them anymore.

Sally said, "More than anything, MCB gave Mom the confidence to do what she needed to do. She got involved with the Blind Weavers and the Friends of the Blind. She had a new life of her own through MCB

and the people she met through their programs. They even showed her how to continue to self-administer her insulin."

Because of the support she received through the presence of United Way agencies, Sally was able to take an occasional break from her duties as caretaker. She now refers others to the organizations who helped her and her mother. If there were no United Way, she wouldn't be able to do that.

Remember the Hamlin and Rollins families when you are asked to make your contribution to the United Way campaign this year. You can make a difference for someone like them.

## Run for United Way

United Way's Kick-Off, a walk/run event, takes place October 3, from 11:30 AM to approximately 1:00 PM. MMC's walkers and runners should meet in the Bramhall Lobby at 10:30 AM to travel to the starting point. Anyone interested in participating in the Kick-Off should call x2540.



UP, UP, AND AWAY! Purple, green, and yellow balloons made their ascent into the sky on a windy September 1st as Pediatrics patients made a final trip to the Playground for 1989. The play area will reopen next summer. A/V Photo.



## Nurses Look to the Future

Nurses are challenged to provide quality care at a time when human and economic resources are dwindling and technology is exploding. Nurses must prepare to meet this challenge and develop a vision for the future.

To address this challenge, distinguished lecturer and nurse researcher, Marlene Kramer, Ph.D., F.A.A.N., R.N., will speak at a conference for nurses to be held at Maine Medical Center.

"Shaping our Future: A Challenge for Nurses" is designed for staff nurses, clinical specialists, faculty, nurse managers, or any other RNs committed to shaping the future of the profession. After the conference, participants will understand the concept of "corporate culture," be able to identify contributions that nurses can make to enhance a culture of excellence, know how an environment of excellence promotes professional practice, and be able to discuss potential nursing practice models in the year 2000.

The conference takes place October 12 and 13, from 8:30 AM to 4:00 PM, in the Dana Health Education Center. The same program is being presented both days. Sponsored by the MMC Department of Nursing, the program provides a total of 6.0 contact hours. For registration information, contact Nancy Gordon, Division of Nursing Resources.

## New IUD Study

Maine Medical Center will be one of 12 U.S. centers to compare a new copper intra-uterine device (IUD) to the presently available Paraguard copper IUD. This IUD is intended for women who have had at least one child, are healthy, and want long-term contraception. If you are interested in participating in this study, contact Phillip Stubblefield, M.D., MMC's Chief of Obstetrics and Gynecology at 871-2749.

## Volunteer Opportunities Open House

Volunteer Services hosts an annual Open House that provides an opportunity for interested community members to learn about the important role volunteers play as members of the Maine Medical Center health care team.

The event takes place Tuesday, October 17. There will be two sessions: one at 9:30 AM, the other at 5:30 PM. Following registration and refreshments in the Dana Health Education Center Lobby, guests will view the videotape about MMC volunteers, "A Community of Caring," hear briefly from volunteers about where they work in the hospital and what it means to them, and tour various locations to see other volunteers at work. Each session will last about an hour and a half.

### "What's it all About?"

Information sharing on  
**SURGICAL TECHNOLOGY**

September 27, 1989

10:30 AM, Classroom 7

or

7:00 PM, Noyce Auditorium  
Dana Health Education Center  
Accepting applications for the  
classes of March & September  
1990

Call the School  
for further information  
871-2141

### PICTURE PICK-UP

There are still many photos left to be claimed from the Employee Photo Contest display. If you haven't retrieved yours, you can do so at the Public Information Office between 8:30 AM and 4:30 PM, any day of the week.

## MARKETPLACE

In order to ensure that everyone has an opportunity to use the "Marketplace," ads may be placed *once only*. Repeats will be allowed only on a space available basis.

### FOR SALE

- Brass bed, box spring, mattress, \$300; Old style pedal Singer sewing mach. \$200; Seth Thomas grandfather clock, \$250; 772-9085.
- Tandy 1200 home comp. hard drive IBMXT compat. w/ monochrome mon. Tandy dot matrix printer. Software incl. 627-7033.
- Ruger M-77, 30-06 + extras, \$400; Ruger single 6, 22-22WMR, \$150; 874-4906.
- 1987 Nissan Pulsar NX, low miles, \$10,000. 892-4108.
- Dictaphone desktop transcriber, \$375. 883-5644.
- Technics stereo system, receiver, tuner, tape deck, turntable, 2 Technics spkrs. 140 watts. \$550. 797-7786.
- 4 Saab wheels, good. cond. star design w/ hubcaps + clips. 767-2960.
- 1982 Subaru GL, 60k, 1982 Subaru wagon, 79k. 773-2427.
- Baby grand piano, ebony, 5'2", mint cond. 4 yr. old. 766-5670.
- 1987 Dodge D50 Power Ram 4x4. Low miles. \$6,500 or BO. 774-4898.
- 5" sliding glass patio door set w/ storm door. Ideal for hunting camp. \$100. 839-4664.
- Townhouse, Glenridge, \$79,000, 2 BR, 1 1/2 bath. 874-0240.
- 12 speed Fuji Allegro bike, \$125; new rowing mach., \$150. 772-0754.
- New Nissan Pathfinder, 4 wheel drive, x2608 or 767-3462.
- 1987 Mazda B2200 pickup. 32k mi., \$5,500 or BO; 1968 Ford Falcon Futura, 67k mi., \$2,100 or BO. 725-5656.
- 2 BR starter home, looking for an offer, 892-3337, or 657-2856.
- 1985 Toyota Corolla, SR5, \$2,900, 642-2186.
- King size wtrbld, 4 poster, mattress, htr incl. \$75; 12 speed Fuji bike, 883-0298.
- 9 triple track storm window 6 - 38 3/4" x 54" and 3 - 28" x 49"; \$100 or BO. 767-3676.

### FOR RENT

- Crescent St., effic. \$350/mo. w/heat and hot wtr. 774-6112.
- House on Peaks Is. 2 BR, avail. Oct-June 766-2385.
- Furn. BR, bath, in Falmouth Foreside home. \$400/mo. + sec. dep., w/utills. 781-5646.
- 2 BR, bth, LR, K. \$525/mo. + utills., 1st mo. rent + dep. 799-5019.
- 1 BR condo, 30 min. to MMC, \$550/mo. + utills. 985-2883.
- Apt., 61 Veranda St. 3 BR, \$600/mo. + utills. Ref. and

sec. dep. 829-6555.

- S. Ptld, Lovett's Field, 6 rm cape, Sept-June, \$895/mo., (617)570-9534 wkdays, 799-0283 wknds.
- OOB, 3 BR, 2 bth, \$790/mo. or \$190/wk + utills. sec. dep. 282-4703.
- OOB, 2 BR \$550/mo. or \$140/wk + utills. sec. dep., 282-4703.
- 1 BR apt. Morrill's Corner, \$450/mo. + utills. sec. dep. and lease. 797-0860.
- S. Ptld, 1 BR apt. \$550/mo. w/heat. 883-5501.
- 2 BR home, \$750/mo. may be possible to keep horse. 926-4611 or 926-3698.
- OOB home, Prof. M/F \$350/mo. utills. incl. 772-8519.
- 2 1/2 BR apt. \$600/mo. utills. incl. 797-3675 or 846-5229.
- 3 BR, 2 bth Sebago lakefront home. Sept-June. \$600/mo. 774-3343.
- 2 BR on W. Prom. \$675/mo. w/heat. 774-4732.
- 3 level, 2 BR twnhse, \$700/mo. 878-3328 or 865-4761, x3052.
- 2/3 BR apt. \$625/mo. 781-2308. MMC area.
- Country guest home, near MMC, 1 BR. 892-6085.
- OOB, 2 BR furn. home, Oct-June \$550/mo. + utills. sec. dep. 934-2659.

### ROOMMATE WANTED

- Non-smkg. F 25-35 for furn. 2 BR condo, N. Deering. \$300/mo. + 1/2 utills. 878-8854.
- F for S. Ptld apt. \$312.50/mo. w/heat. 767-4631.
- Home on Highland Lake in Windham. Non-smkg. \$300/mo. 892-8391.
- 2 BR apt. Brackett St. \$332.50/mo. (617)244-8817.
- Deering area, F for apt. \$325/mo. incl. all. 774-4440.
- Non-smkg. prof. for N. Deering home. 871-0379.

### CHILDCARE

- Will care for newborn + up. PT/FT. E. Prom area. 871-9312.
- Mother to share child care. Will trade PM for AM care. 879-0666.

### WANTED

- Housekeeping jobs, \$25 for 1st 2 hrs. 797-8316.
- Position for middle-aged lady as companion, lt. hskpg. Have car, exc. ref. 865-0683.



### **"Update in Psychiatry"**

A review of recent clinically relevant advances across a broad spectrum of psychiatry.

Elissa P. Benedek, M.D.  
Professor of Psychiatry  
University of Michigan  
and

William Z. Potter, M.D., Ph.D.  
Chief, Section of Clinical Pharmacology  
National Institute of Mental Health  
Bethesda, Maryland  
October 3-6, 1989  
Dana Health Education Center  
20 credit hours  
Category 1, CME  
To register, contact  
George N. McNeil, M.D.  
Director of Training  
MMC Dept. of Psychiatry

## **New Employees**

**NURSING:** Linda Dickson, Nancy Faulkner, Anne Garriepy, Sheila Jordan, Sharon Linscott, Therese Mirisola, Deborah Petty, Donna Reinhardt, JoAnn Shoemal, Judith Thompson, Alice Doyle, Sara Thompson, Melissa Wooster

**RADIATION THERAPY:** Lewis Bradley

**HOUSEKEEPING:** Donnie Conrow, Ginger Geyer, Karen Brown, Dianna Smith

**FOOD SERVICE:** Floyd Parish, Velma Gonzales, Robert Knox

**OPERATING ROOM:** David Giguere, Peter Mulkern

**MATERIEL MANAGEMENT:** Joel Joyner, Christopher Myrick

**PATIENT ACCOUNTS:** Ernestine Connors

**PLANNING:** Paul Gray

**SWITCHBOARD:** Michelle Johnson

**PARKING:** Gary Osgood

**STAFF DEVELOPMENT:** Mary Wheelden

## **About People**



• Barbara Banach, EKG technician, became a United States citizen this September. Born in Poland, Banach has been in the United States for five years. Before joining the Cardiology Division a year ago, she worked in Maine Medical Center's Division of Physical Therapy for three years.

### **The Friends of Maine Medical Center Fall Meeting**

**"How to Talk Your  
Physician"**

Donald W. Abbott, M.D.  
President, Medical Staff  
9:30 AM

Friday, September 29  
Noyce Auditorium, Dana  
Center

## **What's Happening**

Maine Medical Center, 22 Bramhall St., Portland, Maine 04102

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