Maine Medical Center Portland, Maine 04102 - happemi

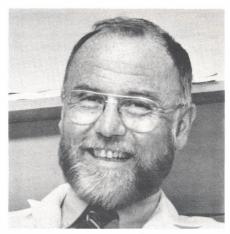
July 19, 1989

Vol. 20, No. 41

New Surgery Chief named

Herbert J. Proctor, M.D., has joined Maine Medical Center as the new Chairman of the Department of Surgery. He comes to Portland from North Carolina Memorial Hospital in Chapel Hill, where he was a member of the Vascular, Cardiothoracic, and General Surgery staff.

Earning his A.B. in 1958 at Princeton University, Dr. Proctor continued his education at New York University College of Medicine, graduating in 1962. He was a surgical intern and resident, and then a fellow in Cardiothoracic Surgery,



HERBERT J. PROCTOR, M.D. (A/V Photo).

at North Carolina Memorial Hospital.

Dr. Proctor is Board certified in General and Thoracic Surgery. He is a diplomate certified by the National Board of Medical Examiners. The new Surgery Chief is a member of numerous professional organizations and has published extensively.

The doctor held academic appointments in the Department of Surgery at the University of North Carolina School of Medicine and in the Department of Pysiology at Duke University. As Clinical Professor of Surgery at the University of Vermont, Dr. Proctor was chosen Outstanding Teacher by the Residents for 1989.

Want to take a better picture?

The deadline for the 1989 Employee Photo Contest is August 11—only three weeks away! Ron Gillis, Audio/Visual Resources Photographer, reveals some of the tricks of the trade so that amateur camera wielders may feel more comfortable about preparing their entries for the contest.

"When I was again asked to write a photo column, I looked at the article I had written previously and came to the conclusion that the basic rules of photography had not changed. Try to keep these PHOTO, page 3

Medical Grand Rounds



A PARADE of patriotic Pediatric patients could be perceived promenading Monday, July 3. The Independence Day marchers wended their way from the Play Room to the Playground, applauded and appreciated by observers throughout the hospital. (A/V Photo).

Syncope in the Elderly Lewis A. Lipsitz, M.D. Harvard Medical School Wednesday, July 26, 1989 9:00 AM Novce Auditorium Dana Health Education Center

About People

Pauline LeVasseur, R.Ph., has been awarded the Maine Society of Hospital Pharmacists (MSHP) Pharmacy Practice Award for 1988.

The MSHP uses the program to recognize members involved in a variety of activities which promote the image of pharmacists and the profession. Pharmacists are encouraged to use their expertise and to become more actively involved in their respective hospitals and communities.

Program credit is given for continuing education hours approved by the Commission of Pharmacy, activities associated with pharmacist-to-pharmacist interaction, and presentations or activities the pharmacist presents or participates in with non-pharmacists.

Human Resources
announces
Early Hours each Thursday
through the summer
Representatives from
Benefits, Compensation,
and Employment
will be available beginning at
7:00 AM
effective July 20

Endocrinologist joins MMC

The Endocrinology Department at MMC welcomes Daniel S. Oppenheim, M.D., formerly on the staff of the Thyroid Unit at Massachusetts General Hospital in Boston.

Dr. Oppenheim is a 1972 graduate of the University of Colorado at Boulder, and earned his Ph.D. at Stanford University in 1980. After earning his M.D. at the University of Miami School of Medicine, he was a resident in Internal Medicine at Brigham and Women's Hospital in Boston and a Clinical and Research Fellow in Medicine at Massachusetts General Hospital.

The Endocrinologist is a member of the Massachusetts Medical Society and an associate member of the American College of Physicians. Dr. Oppenheim is a diplomate certified by the American Board of Internal Medicine.



WANDA WHITTET, R.N., M.S.N., has been appointed R1 Head Nurse. Whittet has worked as a per diem staff nurse on R3 and has most recently been on the faculty at St. Joseph's College. (A/V Photo).

New Employees

RADIOLOGY: Heidi C. Brown, Matthew Cowen, Patricia Flynn-Henderson, Jason Morgan

FOOD SERVICE: Mathew S. Capron, Jayson Craft, Kelly A. Ryan-Biskup

LAB CENTRAL PROCESSING: Ellen N. Daggett, Beverly A. Ricks

CAFETERIA: Jennifer Edwards

NURSING: Bonnie L. Brown, Heather L. Connolly, Barbara L. Duguay, Angela Lee Gammon, Gail Ann Johnsen, Susan Bailey Knight, Frank P. Kosciewicz, Aileen R. Mann, Debra E. McGill, Jean L. Murphy, Christina Ann Narsiff, Carol E. Rundle, Lori E. Sturgeon, Diane E. Titcomb, Maureen L. Williams, Donna J. Zimmerman, Pauline Burns, Lisa Anne Crawford, Terri D. Mathew, Rhonda J. Smith, Julie Ann Wing

SURGICAL PATHOLOGY: Heidi Dalessandri, Catherine Passmore

PATIENT ACCOUNTS: Bronwyn L. Head

EMERGENCY MEDICINE: Mark D. Earnshaw, Waldemar Henniger, Stephanie Kimball

MEDICAL RECORDS: Suelene E. Houser, Andrea M. Thurston

PSYCHIATRY: Lorna Jewell, Glenda L. Hood

MEDICAL REHABILITATION: Michael L. Adams

HOUSEKEEPING: Nicholas L. Anastacio, David A. Day, Sherry L. Joy, Sterling J. Boulier

ADMINISTRATION: Laura C. Kilmartin

ADMITTING: Jeanne M. Lambrew, Karen A. Dobransky, Belinda Goodrich

LINEN: Leon D. McKay

CHEMISTRY: Rosalie A. Milliken

SURGERY: Herbert J. Proctor, MD

FAMILY PRACTICE: Penny A. Savage

STAFF DEVELOPMENT: Dorothy L. Smith

ULTRASOUND: Helen Smith

HEMATOLOGY: Lois J. Thompson

CENTRAL SUPPLY: Linda R. Welch

PHYSICAL THERAPY: Kathleen M. Wilkin

PHARMACY: Gwen S. Estes, James A. Katz

PULMONARY MEDICINE: Steven Lagasse

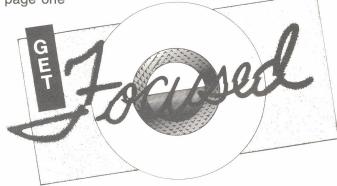
SWITCHBOARD: Denise A. Morrison

CENTRAL SERVICE: Brent J. Rolfe

SOCIAL WORK: Katherine C. Sherrard

POISON CONTROL: Brian M. Tomney

PHOTO, from page one



tips in mind when taking photographs.

"Composition is the initial key step to a winning picture. How much do you want to include in the photo? Remember: the simpler a photograph is in terms of visual content, the more impact it has. In other words, you don't want superfluous detail in the picture to blunt the importance of the subject.

"If you're photographing scenic land-

New radiographers finish program

Thirteen students recently completed the 24-month Southern Maine Vocational Technical Institute Radiologic Technology Program and have accomplished eir clinical practicum requirements at Maine Medical Center and at the Osteopathic Hospital.

The seniors attended graduation exercises at SMVTI on May 13. Several were honored with scholarships and awards. For outstanding performance, Carol Woodward received the Distinguished Director's Award. The Dean of Students Award went to Sandra Levesque.

The traditional pinning ceremony marking the end of the program for these Radiologic Technologists, or Radiographers, will be held at 7 PM, July 21, at Noyce Auditorium in the Dana Health Education Center.

Healthy women wanted to take standard Insulin Tolerance Test Takes two hours, pays \$50.00 Call x4689 or x2710 ask for Linda or Ellen scapes, try shooting in the early or late part of the day, when the sun is closer to the horizon. You'll get better color saturation and contrast, warmer tones, and more three-dimensional depth in your photographs, especially when you use a polarizing filter over your lens.

"If you plan to use a flash indoors, try "bouncing" the flash off of a white ceiling if possible. This gives the room and

the subject a feeling of "natural" light that is softer and more pleasing to the eye than a straight-on flash burst.

"Cropping is an integral part of the photographic process. If you plan on printing your own photographs, you have total control. If you depend upon a photo lab to print your negatives or slides, be sure to specify which area you want printed. If you're not specific with instructions, the lab will crop your picture and might miss the portion you wanted in the picture.

"The last step in submitting photographs in a contest is—and should be—the hardest. Lay your photograph in front of you and pick out the ones that are the strongest visually, not personally. Ask yourself if the pictures you've chosen have the basic ingredients of good lighting, good composition, and dramatic impact. If so, you might be a winner in the MMC photography contest. Good luck!"



SOME VERY NEW Radiographers are pictured above: left to right, back, Patricia Flynn, Stella Poirier, Matt Cowan, Heidi Brown; middle, Jessica Dumais, Carol Woodward, Janet Kerrigan, Janice Martel, Ann Bunker; front, Diane Gallant, Lynn Rowe, Sandy Levesque. Missing is Sue Jameson. (A/V Photo).

MMC employees support the AHA

Many Maine Medical Center employees are donating their time as volunteers to the Maine Affiliate of the American Heart Association (AHA).

At the Annual Meeting, held May 11, 1989, the officers and Board of Directors of the Cumberland County Division of the AHA were elected. Feted for her dedication and hard work in advancing the mission of the AHA was outgoing President

Patricia Fallo, RN, Head Nurse in the Ambulatory Surgical Unit.

MMC staff members on the Board of Directors include: Jane Connor, RN; Marie Aiken, RN; Patricia Fallo, RN; Pamela Perkins, RD; Russell Correia, MSW; and Susan Doughty, RN

Connor also serves as Chairman of the Community Programs Committee.

"We appreciate the support and many hours of volunteer effort they give to AHA," said Susan Rowan, Field Representative, of the MMC employees who are so giving.

Marketplace

FOR SALE: 1982 Chevrolet step-side truck, 6 cylinder, standard, 78,500 miles. Good condition. \$2,400 or best offer. Call 926-4895 after 5:30PM.

FOR SALE: Small cottage to move off lot in Raymond Cape. Size 12' 3" x 20' 3" x 13' high. Winterized, screened porch, sleeping loft, sink, flush, Franklin fireplace, refrigerator. Solidly built (about 10 years old). \$4,000. Call 655-7944.

FOR SALE: 1986 Ford Ranger 4x4 with super cab. 50,000 miles, new tires. Never plowed. \$6,000. Call 774-2778.

FOR SALE: 1975 Harley Davidson, 2 stroke street bike. Needs brake job, \$450. Schwin LeTour III, \$65. Predrepression china hutch, \$75. Call 892-4561 evenings.

FOR SALE: 50% off selected items at the Flower Box. Sale starts July 26.

FOR SALE: 1984 Dodge Charger, automatic, light blue, 2 door hatchback, excellent condition, 79,000 miles. Asking \$2,450. Call 761-5670.

FOR SALE: Marquette treadmill, \$5,000. Cybex Fitron cycle, \$925. Monark 818 cycle, \$500. Paramount Lex Extension/Curl, \$1,800. Call 878-2448.

FOR SALE: Raspberries, U-Pick, ready by July 15. Call 883-9737 for directions, times, and berry report.

FOR SALE: 1985 Cadillac Eldorado, low mileage, all equipment. \$12,900. Call 856-6360.

FOR SALE: 1979 Olds Cutlass Supreme. Very good condition. 80,000 miles. \$500. Call 774-6962.

FOR SALE: Womens 19 inch Shogun touring bike, new. \$300 or trade for canoe or windsurfer. Call x4542 days, 767-6349 nights.

FOR SALE: 1978 Ford LTD, green with cream top. Asking \$500. Call 797-4500 after 5PM.

FOR SALE: House in Gray across from Crystal Lake, 2 BR, \$89,900. Call 854-3912.

FOR SALE: 1 Sears Queen, apartment size, portable washing machine. Excellent condition. \$150 or best offer. Call 247-5984.

FOR SALE: 1988 22' Boston Whaler, Temptation, 200 H/P Mercury Black Max, whaler drive, mint condition. Asking \$24,000. Call 846-5796.

FOR SALE: 1985 Nissan Sentra, 5 speed. 43,000 miles, 4 door sedan, AM/FM/tape deck. Call 797-7901.

FOR SALE: 1987 17' Larson Citation DC175, I/O with Galvanized Load Rite Trailer and Suzuki auxilliary engine. Loaded with extras. Excellent condition. Asking \$14,800. Call 934-4512 after 5PM.

FOR SALE: 1965 Ford Mustang, southern car, restored, rust and bondo free, all original, all numbers match. First \$6,500 cash. Call 879-0025.

FOR SALE: 2 BR home in Old Orchard Beach, 5 minute walk to beach, full cellar, small lot. \$68,000. Call 773-5853.

FOR SALE: Immaculate Yarmouth Condo, 2-3 BR, 1½ baths, fully applianced oak kitchen, LR, DR, 3rd story with skylight, deck, garage. \$111,900. Call 846-3508 after 5PM and weekends.

FOR SALE: Chevrolet starter, \$10. Mopar starter, \$10. Girls 3 speed bike, \$15. Call 878-8472.

FOR SALE: 1988 Sunline "Runabout" Camper, like new, sleeps 5, stove, refrigerator, gas heater. Used 4 times. Coleman Powermate Generator, oversize fuel tank, automatic throttle control, can be used as battery charger. Used 3 times. 800 watts max. Call x2463 or 839-2156

FOR SALE: Electric lawnmower, 20" cut, used 1 season, \$65. Call 797-5452.

FOR SALE: Must sell, 1968 I5' Starcraft Aluminum, shoreline trailer, 1984 30 H/P Evinrude approx. 60 hrs., elec. start, excellent condition. \$3,000 or best offer. Firewood, dried pine, approx. 1 cord cut, free. Call 774-9231.

FOR SALE: 1984 Jeep CJ-7, Renegade, 5 speed, hardtop with sunroof, stereo, superb condition. Best offer. Call 767-5026 evenings.

FOR RENT: 3 BR ranch, 10 minutes from Biddeford. Late August occupancy. \$850/mo. plus utils. Must have references. Call 499-2347.

FOR RENT: 980 Forest Avenue, 2 professional office spaces available. 1,600 & 1,100 square feet. Ample parking, ideal medical space, examining rooms, lab area, receptionist area, business area. \$10/square foot. Handicapped accessible. Available immediately. For details call 846-9300 or 797-0990.

FOR RENT: 73 Emery Street, 10 minute walk to MMC, 1 BR apartment to sublet for summer, share kitchen, bathroom, dining and living room with semiretired doctor. \$250/mo. utils. included. Call 874-6956, leave message.

FOR RENT: High Street, 2 BR apartment, parking, heat and utils. included. \$600/mo. Security deposit, lease, no pets. Call 892-6538.

what's Maine Medical Center Portland, Maine 04102

— happening

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what's — happening

WHAT'S HAPPENING is published exwednesday at Maine Medical Center, Pland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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FOR RENT: Windham, 3 BR on Little Sebago, 25 minutes to Portland, garage, deck, W/D hookup, 2 fireplaces, on 1 acre. \$675/mo. winter, \$1,000/mo. summer for year lease. Will consider summer rental furnished for \$400/wk. Call 879-1886.

FOR RENT: 2-3 BR, hardwood floors, W/D hookup, fully applianced, decks, working fireplace, 5-10 min. to MMC and USM. \$650/mo. plus utils. Security deposit. Call 874-2448.

FOR RENT: Rooms, includes all linens, laur cleaning, meals, non-drinkers. Newly separated mother seeking short-term people for now. Call 854-9872 after 4PM.

FOR RENT: 1 Br, Woodfords area, parking, single tenant only. \$375/mo. includes utils. Call 773-2696 evenings.

FOR RENT: Portland, 2 BR, parking, on bus line. \$600/mo. plus utils. and security deposit. Call 797-5428 after 5PM.

ROOMMATE WANTED: 27 year old male seeking non-smoker to share 2 BR apartment in West side, close to MMC, W/D available, off-street parking. \$240/mo. Call 774-9066.

ROOMMATE WANTED: Deering area, apartment, hardwood floors, small yard. \$325/mo. plus utils. Professional, smoker okay. Call 775-4858.

ROOMMATE WANTED: Scarborough Condo, includes parking, laundry, cable, and all utils. No pets, non-smoker, \$300/mo. Call 883-3239.

ROOMMATE WANTED: Professional woman to share 2 BR apartment 3 blocks from law school. Off-street parking, laundry in basement. \$300/mo. Call 774-0892 7-8AM or after 5:30PM.

ROOMMATE WANTED: Portland, furnished or unfurnished, use of W/D, on bus line. Call 772-5737.

WANTED: Flute in good condition. Call 797-8187 or x2463.

WANTED: Mystery, Western, and Humo paperback booksneeded by Volunteer Office for tribution to patients.

WANTED: Babysitter for two girls, ages 3 and 5, Rosemont area, 3-4 days per week. Competitive salary. Call 775-2613.