

what's happening

Maine Medical Center
Portland, Maine 04102

June 14, 1989

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The 0% Solution pays off in big way

Earlier this year, we reported on efforts by MMC's managers to trim their budgets. Challenged by a projected \$2 million deficit, they spent the winter taking a critical look at their staffing, supply and operating expenses. By the conclusion of the process in April, they had identified a staggering \$1.806 million in savings for this year.

It was a significant challenge to find that level of savings in an institution with a tradition of lean budgets. The bulk of the savings were the result of more aggressive purchasing, changes in procedures, or reductions in usage. Further savings came from changes in staffing patterns and levels.

Dubbed "The 0% Solution," the budget review process sought to reduce spending to the absolute minimum level necessary to provide services. The philosophy was to spend what was necessary, but no more.

Taking the positive approach—"spend 0% extra"—as opposed to the negative approach—"reduce spending by X%"—made it possible to make rational decisions. It recognized that some areas had greater opportunities for savings than others, and placed a strong emphasis on maintaining quality.

By carefully reassessing workloads and levels of services provided, managers were able to eliminate more than 21 positions and reclassify 15 more to lower grades. No employees were laid off or downgraded, because the savings will come from vacant positions that will not be filled, or positions that will be eliminated or downgraded when they become vacant.

Executive Vice President and Treasurer Don McDowell, who has overseen the budget review, says it places the hospital in a much better financial position.

BUDGET, page 2

Child Care Available

There are immediate openings in homes which are part of the CARESHARE Network, Maine Medical Center's network of family day care homes. Care is available for infants and toddlers in South Portland and several Portland locations. There are openings for children over 2 in Portland and Westbrook, and new homes are joining the network on an on-going basis.

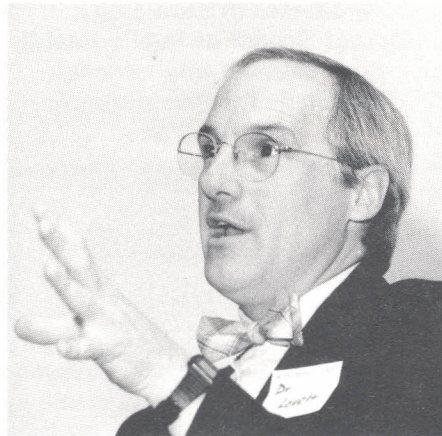
These homes are licensed and insured, and caregivers have indicated a willingness to work with fluctuating schedules. Providers will interview now for anticipated care needs in the fall. For further information, contact CARESHARE through Child Care Connections at 871-7449.

Deadline coming for nursing scholarships

The Scholarship and Loan Committee of Maine Medical Center's Department of Nursing will soon be considering grants for the 1989-1990 school year.

Any MMC employee who is enrolled in or has been accepted into an accredited nursing program (MS, BS, AD, Diploma, LPN, CNA) is eligible to apply. The committee considers grants for both Spring and Fall semesters at the same time, so applicants should anticipate their needs for the full year.

Applications are available in the office of the Vice President for Nursing. The deadline for applications is July 1. For further information contact committee chairperson Lois Bazinet, RN, CCRN at 2397.



THE GENEROSITY OF DONORS to the Annual Fund was recognized recently at the 1989 Appreciation Days Programs on May 17 and June 2. Two agendas offered comments by Mrs. Bruce T. Myers, Chairman of the programs; Merton G. Henry, Esq., right, Chairman of the Board of Trustees; and Robert Traill, Jr., Corporator and Chairman of the 1989 Annual Fund; and presentations by William B. Deal, M.D., President, "Maine Medical Center: Current and Future," Daniel I. Spratt, M.D., Attending Physician and Director of Neuroendocrine Research Laboratory, "Endocrinology Research: Studies in Stress and Hormones;" Edmund J. Lovett, III, Ph.D., Director, Maine Cytometry Research Institute, "MCRI: Cytometry on the Frontier of Medicine;" and Roger T. Pezzuti, M.D., Acting Chief of Radiology, "Magnetic Resonance Imaging: A New Inside Look." Dr. Lovett, left, illustrates a point during his presentation. (A/V Photo).

New Employees

ENDOCRINOLOGY: JoAnn Campbell
PHARMACY: Carolyn A. Baril, Diann J. Giroux, Stephen B. Plummer
RADIOLOGY: Teresa M. Conley
CLINICAL ENGINEERING: Christine L. Cragin
CT SCANNING: Tracy A. Deiscering
CARDIAC CATH LAB: Anita L. Finn
LAUNDRY: Heng Hout, Mao Sokhan
PATIENT ACCOUNTS: Mary P. Keaney
BLOOD BANK: Cheryl A. Kierstead
SWITCHBOARD: Elizabeth Lacroix
BUILDINGS & GROUNDS: Brian A. Pooler
SURGICAL PATHOLOGY: Anna G. Raia
DEVELOPMENT OFFICE: Esther R. Ranger
MEDICAL RECORDS: Joanne E. Williams
HOUSEKEEPING: Cesar L. Anastacio, Carrie M. Forst
FOOD SERVICES: Leslie A. Carlson, Nathan J. Cloutier, Lynn M. Almond, Dary G. Carver
NURSING: Candace A. Anthony, Sherrie L. Benner, Denise P. Bilodeau, Jeffrey M. Brown, Linda Conti, Margaret E. Dearden, Anne T. Disanto, Tami Ann Gipson, Stavey J. Grass, Eileen F. Gwinn, Christina M. Hopkins, Gertrude S. Kent, Yvonne Lahaie, Carolyn J. LaMarre, Margaret M. MacDonald, Christine E. Marshall, Janette L. Martin, Kristin L. Mason, Kimberly I. O'Donnell, Donna J. Pinette, Bonnie L. Ramsdell, Beth A. Sawyer, Jennifer, R. Shearer, Cynthia A. ST. Pierre, Ann Marie Taliento, Tori Lynn Ware, Jerilyn F. Ward

Donors needed to meet goal

The summer blood drive is scheduled for Thursday, June 22, from 11 AM to 4 PM and on Friday, June 23, from 7 AM to 1 PM. This is the second in a series of four drives scheduled for this year with a target goal of 1,000 donations for the year.

Registration for donating blood will be held Monday, June 19, through Wednesday, June 21, outside the Blood Bank and outside of the cafeteria. Anyone wishing to assist in recruiting donors may contact Mary Main in the Human Resources Department at X2997.



BEST WISHES to Patricia Brown, CNA! At her retirement party on June 1, friends gathered to say farewell and remember her 36 years at MMC. (A/V Photo).

Wednesday, June 21
9 AM - 10 AM
Noyce Auditorium
Department of Medicine
Presents
"Physicians Confront
the Nuclear Age"
Bernard Lown, M.D.
Professor of Cardiology,
Harvard School of Public Health
Co-President, International
Physicians for Prevention of
Nuclear War

Lunch and Learn Seminar

Looking for Childcare for the First Time, a seminar for MMC employees, will be offered on Wednesday, June 21, from 12-1 PM in classroom 3 at the Dana Center. The group will hear useful tips on where to start their search for childcare, what to say, and what to look for. Parents will have an opportunity to explore some of their feelings about this important step. It is an emotionally charged and difficult time for families and this workshop will give support to those families who are in the decision-making process. Kay Mishkin, Field Coordinator of the CARESHARE Network, will facilitate the seminar.

BUDGET, from page one—
tion and fulfills our social responsibility to be as prudent as possible in our expenditures.

"Every department participated," he notes, "and many department heads included their entire staffs in the discussion. It was truly a grassroots effort, and its success is testimony to the hard work of a dedicated group of staff members. We still have a ways to go, but we've proven we can work together to effect significant savings."

A new home for MMC's materiel

Maine Medical Center will be moving its Offsite Distribution Center to a new location in late August of this year. The new building is presently under construction on Route 22 at Glass World Industrial Park in Westbrook.

Though the new building is 6,500 square feet smaller than the present warehouse, it will, due to a more practical design, allow the Materiel Management Department a more efficient layout of Medical Supplies, Records and Equipment, thereby ensuring an ability to meet the present commitment.

The task of moving to the new location is currently being planned. The goal is to make the move with as little impact as possible on regularly scheduled services.



▽ 1989 ▽
HONOR
NIGHT



Marketplace

FOR SALE: 1984 Volkswagon Rabbit, 4 door, AM/FM, tape deck, standard, \$2,100 or best offer. Call x4238 days or 934-9356 or 883-1613 evenings and weekends.

FOR SALE: Craftsman 10 H/P snow blower, used 1 season. \$850. 14 foot Lonestar aluminum boat, deep set, 20 H/P Mercury & 2.5 H/P Johnson, trailer included. \$1,500. 1973 Chevy 1 ton pickup truck, needs body work, 85,000 miles. \$1,500. Call 782-4485

FOR SALE: Singer portable sewing machine, \$40. New snowmobile suit, large, \$60. Humidifier, \$15. Colonial style wood TV stand, \$15. Call 657-3915 evenings.

FOR SALE: 1972 Bristol sailboat, 30 foot, sleeps 4, Atomic 4 gas engine, excellent condition. Call 288-4129 evenings or 288-3358 mornings.

FOR SALE: 1986 Ford Mallard Motor Home, 27 foot, 6,200 miles, sleeps 6, excellent condition. Asking \$25,000. Call 597-2538.

FOR SALE: 3 BR house in Portland, Cheverus area, living room, dining room, eat-in kitchen with woodstove and hearth. Oil heat. Income from basement apartment, separate entrance. Asking \$135,000. Call owner at 774-0854.

FOR SALE: 1975 20 foot Winnebago, Class C Motor Home, self-contained, sleeps 6, roof air, awning, cruise, 60,000 miles, good condition. \$7,500. Call 883-4221.

FOR SALE: Queen-size waterbed, excellent condition. \$80. Call 883-4601.

FOR SALE: Queen-size Somma Water Mattress with boxspring, only 2½ years old. Asking \$400. Call 846-6219.

FOR SALE: 1984 Buick Century 4 door, power steering, power brakes, sunroof, tilt steering, creme color, great condition. Asking \$4,000. Call 774-4815.

FOR SALE: AKC registered black Lab pups, father shown successfully. \$300. each. Call 622-4262.

FOR SALE: Wooden picnic table with 2 benches, \$60. 4 wooden stools, \$40. Call 774-1824.

FOR SALE: 1987 300 SX Jet Ski, mint condition, used only 1 summer. Best offer. Call 284-8951 after 5 PM.

FOR SALE: Full-size Thomas Playmate Organ with bench. \$400. or best offer. Call 878-2197.

FOR SALE: Dark pine, king-size, bookcase waterbed with 6 drawer pedestal. Complete with side rails, heater, mattress pad, 3 second recovery mattress. \$400 firm. Call 775-0817.

FOR SALE: Pleasant Hill, Scarborough, 8 room cape on wooded lot, wood floors, cathedral ceiling, deck, fireplace. Asking \$189,000. Call 883-5993.

FOR SALE: 1988 Jeep Wrangler, burgundy with gray hardtop, loaded, automatic, low mileage, 6 cylinder. \$12,500. Call 772-8579.

FOR SALE: Yamaha Electric Piano (CL-30), multiple settings, full keyboard, weighted keys, soft and damper pedals, headphone outlet, Midi transposer, synthesizer compatible. Asking \$1,400. Call 773-5177.

FOR RENT: Efficiency apartment, Western Prom area, clean, furnished, heated, hot water, parking. Call 775-6373 days or 1-998-2373 evenings.

FOR RENT: Available July 1, 2 level apartment in West End, skylights, modern appliances, sun-deck, parking. \$575/mo. Call 774-7295 days or early evenings.

FOR RENT: Available July 1, Osteopathic/USM area, 2 BR, 2nd floor apartment, living room, dining room, W/D hookup, parking. \$550/mo. plus utils. Security deposit and lease. Call 892-7146.

FOR RENT: By the week, cottage on Peaks Island. 2 BR, woodstove, porch, minutes to beach. Call 766-2385.

FOR RENT: Share home on Highland Lake with friendly family, VCR, laundry, meals optional, no smoking. \$325/mo. Call 892-8391.

FOR RENT: Westbrook area, 1 BR apartment, W/W carpet, W/D, stove, refrigerator, off-street parking. \$450/mo. plus utils., security deposit. Call 878-2816.

FOR RENT: 2nd and 3rd story of Victorian home in back cove area to share with non-smoker. \$250/mo. plus ½ utils. Call 773-1646 after 7 PM.

FOR RENT: 3 BR, ½ duplex, off-street parking, 10 minutes from MMC. Call 871-1052 after 5 PM or 871-1599.

FOR RENT: 1/2 House, Deering high area, non-smoker. \$250/mo. includes utils. No pets. Call 772-8699 after 6:30 PM.

FOR RENT: MMC area, 1 BR apartment, non-smoker, laundry, porch, no pets. \$325-\$350/mo. heated. Call 772-1061.

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WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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FOR RENT: 1 BR apartment, private wing in Falmouth colonial. 5 minutes from Portland. Living room, dining area, kitchen, bath, large foyer, all new appliances, W/D. Attached garage, parking for 1 car. Some furnishings available. \$750/mo. plus security deposit and references. Call 781-5219.

ROOMMATE WANTED: Non-smoker to share home in South Portland. Off-street parking, W/D, full kitchen privileges. \$350/mo. Security dep. One month free rent for one year commitment. Call 775-6000, ext.130 days or 799-3962 evenings.

ROOMMATE WANTED: Non-smoker to share 2 BR townhouse in Portland. \$300/mo. plus ½ utils. Must like cats. Call 874-0378.

WANTED: Part-time housekeeper 5 mornings for 4 hours, no weekends, in Yarmouth for 2 mature adults. Duties include preparing one hot meal. No stress. Call 846-4885.

WANTED: Small freezer, upright preferred, good running condition. Call 657-3915.

WANTED: Homes to clean. Professional house cleaning, 10 years experience, excellent references. Call 767-4460.

WANTED: Homes to clean in Portland/South Portland. Reasonable rates, excellent references. Call 799-6208. Leave message.

WANTED: Windows to clean, commercial and residential. Special 2 for 1 until June 17. Office cleaning too. Call 657-2033 or 799-6208.

WANTED: 3 BR apartment or house in South Portland for couple with no children, only an elderly parent. Please call 799-7929, leave message.

WANTED: Ride to MMC by 8 AM, willing to arrive earlier. Will pay weekly parking in Bramhall lot. Have big yellow lab guide dog. Live on Hicks Street. Call 797-5452 or 797-8187, leave message.

CHILDCARE: Mother of 1 wants to care for your child in her Deering Center home. Infants welcome, 5 years experience, references on request. Call 773-9676.

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