

# what's happening

Maine Medical Center  
Portland, Maine 04102

March 8, 1989

Vol. 20, No. 23

## Homelessness is focus of Social Work Month

"There's No Place Like Home," but for many Americans "home" is no place. An estimated 2 million people in America are homeless. The number of families seeking emergency shelters increased 31% between 1985 and 1987. In the past fifteen years, average housing costs have risen three times faster than incomes. Two and one-half million people a year are displaced from their homes as a result of rent increases, urban development, condominium conversion, or arson. Almost one in every five homeless people has a job, but due to inflation they may not be able to afford housing.

March is National Social Work Month, and each year the profession embarks on a public service campaign to further understanding of matters bearing on the social and economic well-being of the American people. This year the focus is on homelessness and its impact on families and children.

At Maine Medical Center social workers try to help homeless persons and families connect with shelters and the community resources that will help with long-term solutions. Homeless inpatients may include families who have been burned out, or elderly persons whose confusion leads to eviction from their apartment or boarding home.

Social Workers Julie Schirmer and Ursula Pascarella in the Emergency Department and Karen Curley in the Outpatient Department, frequently assist outpatients, individuals and families who come for treatment for medical conditions or emotional crisis and may also be without the financial resources to have a permanent living situation. The person may be a teenager trying to establish him or herself as an adult; an individual with a serious mental illness; a person travel-

**SOCIAL WORK**, page 3

## MMC helps Dietetic Technician students

How many onions does it take to make onion soup for 600? By the end of 20 weeks, students in the Dietetic Technician Field Experience Program will know how many onions are needed and what happens to the soup before it is ladled into a bowl in the cafeteria or on a patient's tray. In fact, the number of onions is the most basic of the knowledge these students will carry into their new profession.

Maine Medical Center's food preparation area, the largest in the state, is where students gain hands-on experience in a joint program set up by MMC Food Services Director Mary Keysor and Alice McFarland, Instructor in the Dietary Technician Department at

Southern Maine Vocational Technical Institute (SMVTI). Jerry Goulet, MMC's Production Manager, coordinates the supervising of the students and oversees their activities in the Food Services areas.

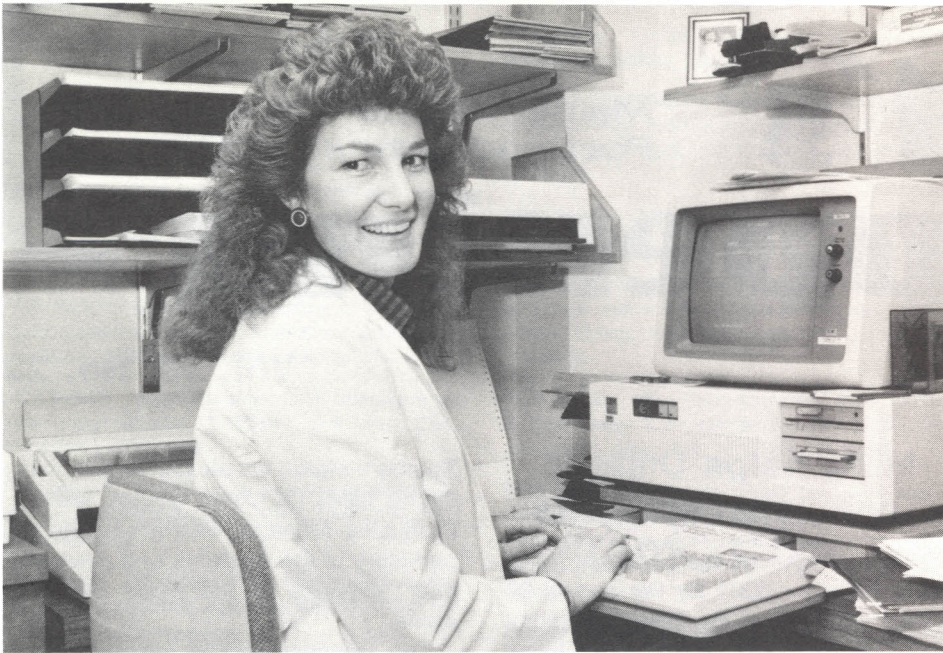
The American Dietetic Association accredited program requires students to spend time in the classroom and in the field. "Maine Medical Center approached the school," Keysor said, "and a program was devised that would benefit everyone involved: the hospital gains much-needed workers and fulfills its mission as a teaching institution and students gain valuable practical knowledge during the first of a two-year program."

Students are allowed flexibility in arranging their schedules around classes

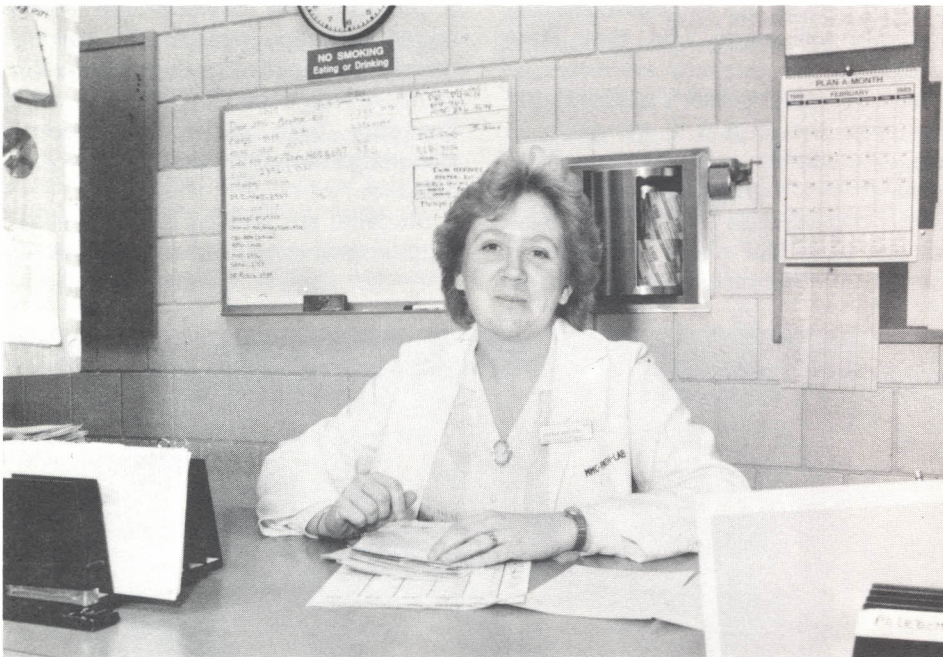
**PROGRAM**, page 3



**FOOD SERVICES** Production Manager Gerry Goulet with two of the students in the MMC/SMVTI Dietetic Technician program. Left, Candie Horton, right, Jean Murdoch. (A/V Photo).



**SHARON MONN** has been appointed Office Manager, Department of Pathology and Laboratory Medicine. She has worked in MMC's Department of Pathology since 1978. (A/V Photo).



**BRENDA WASOWSKI** has been promoted to Phlebotomy Supervisor, days. She has worked in MMC's Phlebotomy section since 1976, most recently as Lead Phlebotomist on weekends. (A/V Photo).

## New Employees

**EMERGENCY MEDICINE:** Geoffrey Beckett.

**NURSING:** Jean Bildodeau, Rachel Clewley, Mary Costello, Lana Ladd.

**NUCLEAR MEDICINE:** Debra Christiansen.

**CARPENTRY:** Leonard Douglass.

**RADIATION THERAPY:** Joyce Franklin.

**PULMONARY MEDICINE:** Christopher Hanson, Donald Libby.

**MEDICAL RECORDS:** Jennifer Horton.

**HUMAN RESOURCES:** Perry McCourtney.

**MATERIEL MANAGEMENT:** Tonya McGinley.

**HOUSEKEEPING:** James Potter.

## Dietitian shares view of professional roles

March is National Nutrition Month, and we've asked Pam Perkins, RD, of MMC's dietitian staff, to share her thoughts on the role of the hospital dietitian.

*"Nothing about feeling sick is easy, particularly when it comes to food. It's too hard to chew, too painful to swallow, or too nauseating to contemplate. It's a strange topic to think about in a month dedicated to the celebration of healthy food choices, but it's a topic to remember when caring for any patient intolerant to food."*

*"As a dietitian, my job is to carry through the concepts of healthy food choices as they apply to various diseases. For other health professionals my roles involve offering educational programs and information as well as recommendations regarding the optimal variety, consistency, nutrient content, and mode of diet therapy."*

*"For the patients, I'm a visitor, someone without a needle or diagnosis, who can talk about something comforting and familiar: food. Often it's not the food that is therapeutic, but the smile, touch, or conversation."*

*"Although March is National Nutrition Month, it's always refreshing from my standpoint to remember that although maintaining good nutrition is essential to health and recovery, food isn't always everything."*

## Now Playing

### New Perspectives

#### Coaching and Counseling

Monday, March 13  
12 noon-12:45 PM  
Classroom 1

Tuesday, March 14  
9:30 PM-10:15 PM  
Classroom 4

### Substance Abuse

#### Marijuana

Wednesday, March 8  
4:30 PM-5:30 PM  
Classroom 4

Thursday, March 9  
12 noon-1 PM  
Classroom 3  
30 minutes

## **SOCIAL WORK**, from page one

ing who became ill and has no local supporters or resources; or an employed person unable to afford the high cost of housing in Greater Portland.

The social workers help these patients to obtain shelter, food, work or income while helping the individual also work towards a plan to come up with a long term resolution of the problem, such as mental health treatment or vocational rehabilitation.

You may learn more about homelessness in this community at a panel presentation Thursday, March 23, 1 PM-4 PM, in classroom 7. Speakers will include: Jeannine Jordan, Jordan House; Joel Rekus, Preble Street Resource Center; A representative from the Salvation Army; Anne Wolfe, Y Street Program; A representative from City of Portland Health & Human Services; Peggy Dunn, Special Services Unit, Department of Human Services; and Julie Schirmer, Maine Medical Center Emergency Department Social Work.

## **Blood drive reception**

The Blood Drive Committee held its annual reception February 23 for those employees who gave blood at least three times in 1988. The donors received a tee shirt, mug and a chance to win the drawing for a \$75 gift certificate at Raphael's Restaurant. The gift certificate was won by Donald Dewever of Engineering.

Those invited who could not attend may pick up a tee shirt in the Human Resources Department.

## **Adult children of alcoholics workshop**

### **ACOA's: An Overview**

March 22

### **ACOA's in the Workplace**

March 29

### **ACOA's in Intimate Relationships**

April 5

### **ACOA's and Spirituality**

April 12

### **ACOA's and Recovery**

April 19

All workshops will be held on Wednesdays in the Dana Center Auditorium from 5:30 PM-7:45 PM.

For details of the program, contact the Office of Training and Development at x2824.

## **PROGRAM**, from page one

and part-time jobs in order to accommodate the requirements of the program. By spending a specified number of hours in each of eleven food service areas, for a total of 135, participants are familiarized with:

- inventory and budget review of foodstuffs and supplies in the Storeroom;
- processing and distribution of recipe ingredients;
- the Cook/Chill production and inventory systems;
- production and distribution in the Bakeshop;
- sanitation and infection control, cafeteria service, and safety procedures in the Dishroom;
- special dietetic and formula preparation in the Diet Kitchen;
- short order grill procedures, menu orders, and patient line service;
- quality assurance and record keeping in team tray service;
- menus, records, audits, and public relations in the cafeteria; and
- special functions, ordering, and billing in Catering.

Students choose the Diet Tech program for various reasons. Candie Horton became interested when she was a Dietary Aide here at MMC and saw students "learning by doing." Jean Mur-

doch had a personal interest in nutrition and someday would like to work in a school cafeteria.

Each week, two new students are phased into the program. What they learn in classes at SMVTI is highlighted by what they do here at MMC. Since they are exposed to all facets of the Food Services operation, the future Dietetic Technicians get the opportunity to see which phase they may be most interested in. By the second year of the program, participants will most likely have focused on a career, such as hospital, nursing home, WIC, HeadStart, or like Murdoch, school food services. When they leave SMVTI, some may even be hired by MMC. At this point, they will all know exactly how many onions are needed to make 600 servings of onion soup: 64 pounds.

Developing Managers: Observation and Feedback

Mondays, March 13-March 27  
9 AM-12 noon

Susan Williams, and Eleanor Seager

Enrollment limit: 10  
CEU's: 4



**BETTIE LEONARD**, Administrative Secretary to Vice President for Nursing **Judith T. Stone**, retired last month. Her retirement ended a 12-year working relationship, beginning at the University of Southern Maine when Stone was Acting Dean of Nursing. (A/V Photo).

# Marketplace

**FOR RENT:** Vacation rental, luxury townhouse, 2 BR, 2 bath, fully applianced, sleeps 6. Virginia estate 2 miles from Williamsburg, tennis pool, sauna, etc. Near Busch Gardens. \$529. Available April 15-22. Call x4238 days, or 883-1613 or 934-9356 evenings.

**FOR RENT:** Sunny 1 BR apartment, hardwood floors, located in Western Promenade. Available immediately. \$560/mo. includes utils. Call 774-1774.

**FOR RENT:** South Portland, 2 BR apartment in quiet neighborhood, \$625/mo. plus utils. Call 767-3085 or 772-9538.

**FOR RENT:** 1 or 2 rooms for quiet responsible person, walking distance to MMC. Call 773-3346, leave message.

**FOR RENT:** 1/2 duplex, 3 BR, W/D hook-up, parking, oil heat. \$650/mo. plus utils. Call 871-1052, or 871-1599, leave message.

**FOR RENT:** 40 miles south of Portland. Minutes from I-95. Spacious apartment in Victorian home overlooking ocean, year round. Large living room, 1 BR, storage space, 1 car garage. No children or pets. \$750/mo. plus lease, references, security deposit. Call 912-238-4918.

**FOR RENT:** MMC area, Crescent Street. Large heated 1 BR apartment, parking, no pets, security deposit, lease. \$425/mo. Call 774-6621.

**FOR RENT:** 2 BR apartment behind Osteopathic hospital, 1st floor, 2 car parking, hardwood floors, kitchen, dining room, W/D hook-up. Available 3/1/89. \$575/mo. plus utils. Call 775-3291.

**FOR RENT:** Near MMC. 2 BR, large kitchen, dining room, parking. \$400/mo. plus utils. and security deposit. Call 774-9613.

**FOR SALE:** 1981 Ford Escort, no rust. 65,000 miles, runs good, looks good. \$800. Call 854-3504 days, or x2198 nights.

**FOR SALE:** 1988 Nissan/Pathfinder, brand new, loaded, 4x4, A/C, power windows, much more. Take over payments. Call 761-6976 after 5 PM, or x2608.

**FOR SALE:** 1983 GMC 1/2 ton Sierra Classic, 4 WD, Fisher QS 7 1/2 foot plow. PS, PB, automatic turbo 400 transmission, power windows and locks, cruise control, AM/FM stereo cassette. Excellent condition, 39,500 miles. Asking \$7,300. Call 655-7944.

**FOR SALE:** Ladies brown leather jacket, size 5, excellent condition, \$40. Call 797-9127.

**FOR SALE:** 1982 Red Pontiac J200, approximately 86,000 miles. Front wheel drive, 4 speed, AM/FM radio, digital clock, \$2,200. Call 883-0370, or 770-3628.

**FOR SALE:** Gibson yellow side by side refrigerator, asking \$100. Call 797-9127.

**FOR SALE:** Natural black mink waist length jacket with black leather trim. Small size. Casual contemporary styling, very good condition, \$110. Call 799-9266.

**FOR SALE:** 1984 Pace Arrow, 27' motor home. A/C, generator, 3 way refrigerator, microwave, radi- als, 36,000 miles. \$25,900. Call 781-5130.

**FOR SALE:** By owner, 8 year old Scarborough home with 2000 + SFLS including 3 BR, 2.5 bath. 2 car attached garage 1/3 acre landscaped lot on cul de sac in Olde Milbrook. \$178,500. Call 883-4480 nights/weekends.

**FOR SALE:** Maple coffee table and 1 end table, good condition, \$65. 8 drawer maple desk and chair, \$100. Call 761-3914 before 3 PM.

**FOR SALE:** Moving to England, must sell 1987 Chevy Blazer S10. Well maintained, excellent condition, 25,000 miles, \$11,000. Call 774-9504.

**FOR SALE:** 1978 Ford Pinto station wagon. Automatic, 100 K miles, solid body, new sticker, battery, front brakes, looks good, runs good. \$700 or best offer. Call 799-5459 evenings.

**FOR SALE:** Open House, March 11-12, 1-4 PM, 6 Austin Place, Westbrook. Garrison style condo with 1 1/2 baths, 2 BR, living and dining room, kitchen with appliances, deck, loft with 2 skylights, full basement. \$89,900 by owner. Call 854-5411.

**WANTED:** Pianos to tune. Piano tuning by a professional with excellent references. Call 767-4770 from 7 AM-11 PM, keep trying.

**WANTED:** Homes to wallpaper or paint. Professionals with excellent references will wallpaper your rooms (\$75 for an average room, wall preparation extra), or paint (estimates given). Please call 774-9506, or 799-6208, leave message.

**WANTED:** Homes to clean. No job is too small. References available. Call 774-9195 evenings.

**WANTED:** Apartment, small house or cottage in Bath-Brunswick area to rent August 6-26 by clergyman attending Shelter Institute. Call 773-6500 or x4671.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

**Contributors to this issue:**

Terry McGarvey, Public Information  
Martha Mann, Public Information  
Ann T. Boyle, A/V Resources  
Ron Gillis, A/V Resources  
Larry Gorton, A/V Resources  
Sandy Walling, Print Shop  
Jeanette King, Print Shop  
Louis Harvey, Print Shop  
Mark Daly, Print Shop

**WANTED:** Birthday parties. Let the "Clowning Around" clown take care of your child's birthday party while you relax and enjoy the fun. Includes set up, cake, balloons, games, favors, goody bags, paper products, and clean up. Call 929-6788 for information on our reasonable rates.

**CHILDCARE:** Full time or before/after school care provided. Lunches and snacks served. Reasonable rates. Approximately 3 miles from hospital. Call 799-0991.

**ROOMMATE WANTED:** Non-smoking female wanted to share 2 BR apartment. Off-street parking, yard, no pets. \$275/mo. plus 1/2 utils. Call 797-7306.

**ROOMMATE WANTED:** To share Portland house, 3 BR, dining room, kitchen, living room, 1 1/2 baths, W/D, dishwasher, microwave, etc. \$375/mo. plus 1/2 utils. Call 797-8811 evenings.

**ROOMMATE WANTED:** Female non-smoker, age 25-30 to share house in USM area. Laundry and parking. \$205/mo. plus 1/3 utils. Available March 1. Call 773-9067.

**ROOMMATE WANTED:** To share home in Windham, one block from Highland lake. Non-smoker, no pets. \$425/mo. Call 892-8391.

## Advanced Tai Chi and Qi Gong (7 weeks)

(original time postponed two weeks)

Thursdays, March 23-May 2

5:15 PM-6:15 PM

1st floor gym, McGeachey Hall

Participation fee: \$35 per person for the seven week program

Enrollment limit: 20

Call the Office of Training and Development x2824 for more information

**what's happening** Maine Medical Center  
Portland, Maine 04102

NON-PROFIT ORG.  
U. S. POSTAGE  
PAID  
Portland, Maine  
PERMIT NO. 35