What's Maine Medical Center Portland, Maine 04102 happening

Vol. 20, No. 20

February 15, 1989

Blood drives scheduled for 1989

The Bloodmobile returns to Maine Medical Center March 2 and 3 for the first of four two-day blood drives in 1989. The four bloodmobile visits in 1988 netted 537 pints with 51 of those from first time donors. This was a 9.4% increase over calendar year 1987. The Blood Drive Committee hopes to double the number of pints donated this year.

The Bloodmobile will be in the Dana Center, classroom 7 on Thursday, March 2, from 11 AM-4 PM, and on Friday, March 3, from 7 AM-1 PM. All first time donors during the March blood drive will receive a free MMC visor.

The Bloodmobile is scheduled to return on June 22-23, September 28-29, and December 21-22. These are all Thursday-Friday drives, and the times will remain the same. Employees who donate at least three times throughout 1989 will receive a free T-shirt.

An adequate blood supply is crucial to adequate patient care. The support of each and every MMC employee is needed. Please, come to the Bloodmobile and give the gift of life.

Healthcare in Maine:
A New Perspective

featuring MMC President William B. Deal, M.D.

on Healthviews
Public Cable Channel 16

February 17 8-9 PM February 18,19,20 2-3 PM and 8-9 PM

"What's Happening" is what will happen

The people have spoken, and the name of our newsletter will not change when the format changes later this year. "What's Happening," one of the choices on the ballots distributed two weeks ago, was the overwhelming winner on the several hundred ballots cast.

The closest contender was "The Center," placing a distant second with 14 votes. Also receiving multiple votes: "Pulse" and "Focus." As expected, the write-in opportunity produced some good options ("MMC Courier," "Heartbeat," "MMC Review," "Insider") and some tongue-in-cheek suggestions ("The

Maine Med Enquirer," "McNews Center," "What Gives?").

The name choice was obviously a topic of some discussion, given the eight votes that came in about the same time for "Who Cares?" (They probably work with the person who simply suggested we "get rid of it.") One essay-style response wondered why we would even contemplate a name change ("is it getting married?") and suggested that "What's Happening" is a familiar name and works just fine.

So look this June for an updated, "new and improved" version of "What's Happening." And thanks for the help.



MORE THAN 190 nurses from member hospitals of the Outreach Education Council for Critical Care recently attended two days of Trauma Care education at Maine Medical Center. The Council, composed of 17 hospitals in southern, central, and western Maine, provides continuing education for nurses. MMC's Paula White, RN, CCRN, is the program coordinator. (AN Photo).

Community support key to hospital health

Former MMC trustee Rosalyne S. Bernstein, newly-appointed chair of the Maine Health Care Finance Commission, spoke recently at the first of a series of Camden Conferences on Health Care in Maine. Her remarks at the conference, sponsored by the Commonwealth Fund, stressed the importance of remembering that hospitals occupy a special place in their communities. Any regulation, she said, must recognize the need for community control.

Following are excerpts of Bernstein's remarks:

"Hospitals in Maine exist in a particular cultural context, in a special community environment. The role they occupy in our society must be understood before issues of cost, quality, and access can be addressed in any useful way. That role is embodied in their governance, in the vision of their Trustees for their institutions. Any statewide system which attempts to control costs will not succeed without the confidence and commitment of Trustees. In short, [Trustees] must buy into any system to have it work well.

"Hospitals occupy a very special place in people's lives. They deal in life and death... Ties to them are emotional and intensely personal as well as rational. [trustees are] citizens boards...who see themselves as representatives of and guardians of the interests and well being of the people in their communities... Reinforcing this almost sacred view of Trustee responsibilities is the fiduciary duty of each board to maintain the financial health and quality of care of its hospital.

"Hospital boards of Trustees, therefore, do not and cannot be expected to think globally, to consider statewide hospital and other health care needs and priorities if they perceive that doing so will not serve the needs of their own institutions and communities."

Thanks

Heartfelt thanks to all my friends and colleagues for a memorable 19 years at Maine Medical Center, and for a wonderful retirement party. I miss you all.

Sadie Hawkins, LSW

Nursing honor society recruiting new members

Sigma Theta Tau, the International Honor Society of Nursing has established the first Maine-based chapter. The Kappa Zeta Chapter-at-large was chartered last April with an initial induction of 244 RN's. The organization is currently recruiting new members for its 1989 induction on April 14 at the University of Southern Maine.

The honor society recognizes leadership and creative work, and supports professional standards and a committment to nursing research. Kappa Zeta's activities for its first year of operation include the planning of a Research Conference for April 29, 1989 at St. Joseph's College jointly sponsored with Eta lota, the University of New Hampshire Chapter of Sigma Theta Tau.

Nurses with a minimum of a baccalaurete degree who have demonstrated marked achievemnet in practice, education, administration, research or publication are encouraged to apply.

Details may be obtained by calling Claire Brannigan at 772-6047.

About People

Mary Morin, MT(ASCP), has been appointed Senior Medical Technologist in Microbiology. Morin, a graduate of Westbrook College and the Maine Medical Center Medical Technology Program, has been employed as a Medical Technologist in Microbiology since 1976.

Gina McLaughlin, MT(ASCP), has been appointed Senior Medical Technologist in Microbiology. McLaughlin, a graduate of the University of Vermont Medical Technology Program, worked for 10 years in other large institutions prior to joining the Microbiology staff in 1986. She is currently a member of the American Society for Medical Technologists.

David Mattingly, MT(ASCP), has been appointed Senior Medical Technologist in Microbiology. Mattingly, a graduate of the University of Steubenville and the Ohio Valley Hospital School of Medical Technology, worked at the Werton Medical Center for six years before joining the Mocrobiology staff in 1987. He is currently a member of the American Society for Microbiology.

Spring 1989 substance abuse film series

The Process of Recovery Wednesday, February 22 4:30 PM-5:30 PM Classroom 1 Thursday, February 23 12 noon-1 PM Classroom 9 50 minutes

Marijuana

Wednesday, March 8 4:30 PM-5:30 PM Classroom 4 Thursday, March 9 12 noon-1 PM Classroom 3 30 minutes

I'll Quit Tomorrow

Wednesday, March 22 4:30 PM-5:30 PM Classroom 1 Thursday, March 23 4:30 PM-5:30 PM Classroom 9 30 minutes

Women, Drugs and Alcohol

Wednesday, April 5 4:30 PM-5:30 PM Classroom 1 Thursday, April 6 12 noon-1 PM Classroom 5 20 minutes

Cocaine Pain

Wednesday, April 19 4:30 PM-5:30 PM Classroom 1 Thursday, April 20 12 noon-1 PM Classroom 3 30 minutes

New Employees

PULMONARY MEDICINE: Robert Cronin.

NURSING: Carol Doane, Rosemary McBride.

PATHOLOGY: David Doerfler.

CARDIOGRAPHY: Ceilia Griffin.
RADIOLOGY: Thomas Johnson.

FOOD SERVICES: Danny Hoffman,

Heidi Lilly.

HOUSEKEEPING: Heidi Morton.

PATIENT ACCOUNTS: Yvonne Pink-

ham, Claire Sheehan.

MMC produces 39 more Maine doctors

Thirty nine of the sixty-nine young physicians who left Maine Medical Center's residency programs in 1987 and 1988 are practicing in Maine. Another 20 went on to further education at other locations, and 13 went into practice outside Maine. (One more was undecided at last report.)

The past two years continue MMC's tradition of providing significant medical manpower to the state. More than half of those leaving MMC residency programs have historically remained in Maine, and for 1987 and 1988, the figure is 56%.

Most of those who left for further education are entering fellowship programs in their specialties. In the past, a number of those who leave have returned once they have completed their education.

Maine Medical Center attracts residents from medical schools across the country to its programs in Anesthesiology, Family Practice, Medicine, Obstetrics/Gynecology, Pediatrics, Psychiatry, Radiology, Surgery, and Child Psychiatry. There are currently 129 residents in the various programs.

Lenten services scheduled

There will be a series of Interdenominational Lenten Services held in the Chapel, first floor of the Maine General Building at 12 noon.

February 15

Agnes LaStoria*
Chaplain Cairns**

February 22

Chaplain McLaughlin* Chaplain Milbury**

March 1

Chaplain Milbury*
Reverend Kenneth Wish**

March 8

Chaplain Mary Coffey* Chaplain Cairns**

March 15

Chaplain McLaughlin* Chaplain Milbury**

March 22

Chaplain Delafield* Chaplain Cairns**

- * liturgy
- ** meditation



Grad students need to report reimbursement

Any MMC employees who received tuition reimbursement for graduate level classes during the calender year 1988 may have some extra income to declare to the IRS.

After repeated changes in the rules, the IRS declared late in 1988 that tuition assistance payments for graduate level courses must be reported as income on the federal tax return. On very short notice, an attempt was made to identify employees who have the extra tax liability. However, some people may have been overlooked.

If you have questions about what shows up or what doesn't appear on your year-end statement or check stub, call the Office of Training and Development at extension 2824. We know our system for reporting this information to the IRS is still far from perfect, so we'll need your help to be sure the records are correct.



ANN McPHEE, RN, has been named Assistant Head Nurse in the Outpatient Department. She had been a Level 3 Staff Nurse in SCU since 1977, and was previously Assistant Head Nurse on the Orthopedic Unit. (A/V Photo).

Marketplace

FOR SALE: 3 BR cape, Rosemont area, dead end street, large kitchen, den with sliding doors and deck. Finished basement. Call 774-4866 evenings.

FOR SALE: RCA-100, 25" color console with swivel base, good condition, works well, \$150, or best offer. Call 767-4476.

FOR SALE: Magnavox TV, excellent condition. 1 year old, must sell. Call 854-4302.

FOR SALE: Sectional couch with full-size sleeper. Good condition, 2 years old. Asking \$400. Call 772-2029 weekdays after 3 PM.

FOR SALE: Reproduction, oak, rolltop desk. \$300. Call 772-3949.

FOR SALE: 1982 CBX Honda. Good condition. Saddlebags included, low mileage. \$1,700 or best offer. Call 799-0991 after 4 PM.

FOR SALE: Blue fox jacket, worn once, excellent condition, size small, \$350. Call 767-5857 after 5 PM.

FOR SALE: Open House February 18-19, 1–3:30 PM, 6 Austin Place, Westbrook. Garrison style condo with 1½ baths, 2 BR, living room, dining room, kitchen with appliances, deck, loft with 2 skylights, full basement. \$89,900 by owner. Call 854-5411.

FOR SALE: Soundmate mini mate 6550 answering machine, 1988 model, \$75; Wilson T 2000 tennis racket, 4 1/2" grip, with cover, \$25; 6 nylon string folk guitar, Sear's Roebuck, hardwood back and sides, excellent condition, comes with hard case, \$80. Call 284-7817.

FOR SALE: 1985 mobile home, 2 BR, microwave, stove, refrigator, W/D, oversized lot. Call 934-4289.

FOR SALE: 1987 21' Searay seville mid cabin V6 inboard/outdrive, sleeps 4, electronics included. \$19,900. Call 883-9452.

FOR SALE: 1988 Panasonic 19" color TV; AM/FM stereo radio and dual cassette recorder; household items. Moving overseas. Please call 774-9699 from 5 PM-7 PM.

FOR SALE: Ladies Peugot 10 speed bike, straight handlebars, 2 years old, good as new, back carrier included. \$100. Call 871-8654 after 6 PM.

FOR SALE: Glenwood wood stove. Holds 26" wood. Good for camp or cabin, \$50. Call 892-8391.

FOR SALE: 1976 AMC Hornet wagon. In good shape for its age, 98,000 miles. Must go soon. Best offer. Call 772-7193.

FOR SALE: 2 end tables and octagonal coffee table. Country dark wood with parquet top, good condition. Enclosed storage underneath end tables. 3 pieces \$175. Call 772-7193.

FOR SALE: Pine twin bed and matching night stand, \$130. Call 934-9356 or 883-1613 or x4238.

WANTED: Family home for 10 month old springer spaniel, AKC, all shots. Warm, loving, gentle with children and other animals. Needs more attention than I can provide. Please call 839-5940 after 6 PM or x4503.

WANTED: Homes to clean. Housecleaning done to your specifications. Excellent references. Call 767-5130.

WANTED: Birthday parties. Let the "Clowning Around" clown take care of your child's birthday party while you relax and enjoy the fun. Includes set up, cake, balloons, games, favors, goody bags, paper products, and clean up. Call 929-6788 for information on our reasonable rates.

WANTED: Homes to clean. Housecleaning, \$10/hour, or by the job. Call 854-4302.

WANTED: Homes to wallpaper or paint. Professionals with excellent references will wallpaper your rooms (\$75 for an average room, wall preparation extra), or paint (estimates given). Please call 774-9506, leave message.

WANTED: Pianos to tune. Piano tuning by a professional with excellent references. Call 767-4770 from 7 AM-11 PM, keep trying.

WANTED: Camera lenses, tele ext, for Pentax K mount. Please call 799-7929, leave message.

WANTED: Caring sitter for home and pets in Scarborough. Needed from Sunday March 5–Saturday March 11. Call 839-6117 8 AM–2 PM or after 6 PM.

FOR RENT: 107 Brackett Street, 3rd floor. Small, 3 rooms, easy to heat. Skylights and eaves, completely renovated. Available 3/1/89. Call 766-2385.

FOR RENT: Cumberland Foreside, Cape Cod house with water view. 3 BR, 2 bath, living room, dining room, kitchen, 2 car garage, newly painted. Call 781-2854 after 5 PM.

FOR RENT: Deluxe oceanfront condo, 2 BR, 2 bath fully furnished, W/D, heated pool, lease. \$700/mo. plus utils. Call 934-9356 or x4238.



WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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FOR RENT: Sunny 2 BR, living room and dining room. Stove, refrigerator, off-street parking. \$550/mo. plus utils., security deposit. Available immediately. Call 773-4305.

FOR RENT: Vacation rental, luxury townhouse, 2 BR, 2 bath, fully applianced, sleeps 6. Virginia estate 2 miles from Williamsburg, tennis, pool, sauna, etc. Near Busch Gardens. \$529. Available April 15-22. Call x4238 or 883-1613.

FOR RENT: South Portland, unfurnished 3 BR, dining room, large kitchen, newly renovated, \$695. Heat and hot water included. Call 797-6740 after 5 PM.

FOR RENT: South Portland, 2 room efficiency, newly renovated, heat and hot water included. \$350/mo. Call 797-6740 after 5 PM.

ROOMMATE WANTED: Female to share Cape Elizabeth home. \$300/mo. Call 767-5636 after 4:30 PM

ROOMMATE WANTED: M/F professional to share new South Portland home. Convenient to MMC. Non-smoker preferred. Call 767-0978, leave message.

CHILDCARE: Full-time or before/after school care provided. Lunches and snacks served. Reasonable rates. Approximately 3 miles from MMC. Call 799-0991.

CHILDCARE: Full time daycare needed for infant beginning in September, your house or mine. 799-0099 evenings, or pager 198 days.

New Employees

ENDOCRINOLOGY: Christine Wilbur-Welling.

FOOD SERVICE: Carol Toomy.



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