

what's happening

Maine Medical Center
Portland, Maine 04102

September 21, 1988

Vol. 19, No. 52

MMC Trustee receives award for leadership

MMC Trustee Roger Woodman, former president of Campbell, Payson and Noyes, has received the Henri A. Benoit Award for leadership in the private sector. He was one of three community leaders presented awards for community leadership by the Portland Chamber of Commerce.

Woodman is being recognized for his outstanding contribution to the Greater Portland community through his active leadership in civic activities. He has been trustee of Maine Medical Center since 1963; president of the Portland Museum of Art since 1986; trustee and treasurer of the Episcopal Diocese of Maine; trustee emeritus of Waynefleete School and director of the Phillips Exeter Academy Alumni Association, among others. Woodman is a director of Maine National Bank and Gannett Publishing Co.



United Way

Help launch the 1988 United Way Campaign and participate in the Fun Run on Tuesday, October 4. Runners should meet outside the Bramhall entrance at 10:30 AM, rain or shine, for the 1.1 mile course to Monument Square where there will be a rally to initiate the campaign. Free T-shirts will be given to the first 60 participants. For more information call Ken Sawtelle, CSD x4609.

Nursing power is topic of conference

"In order to be successful you need to think, act, speak and look like a winner." That was the message given by keynote speaker Kit Stahler-Miller, RN, MSN, to an audience of 230 nurses at the conference "Professional Image: How Successful People Recognize Each Other," at Maine Medical Center last week.

Stahler-Miller, founder and president of the Philadelphia based image consulting firm Images in Transition, spoke on professional image and career development for nursing. How to translate the changes, choices and challenges facing nursing today into actions that positively influence one's career and the nursing

profession were the topics of discussion.

"Power can be considered the ability to positively influence others," said Stahler-Miller. "Nurses can actively seek influence among people and be influential anytime in any setting. Personal power is the cornerstone of projecting a credible professional image. It is necessary to manage self before managing others.

"Professional image, risk-taking and networking can help nurses position themselves to achieve or create innovative and satisfying career opportunities in the dynamic and competitive marketplace of today. Image, risk-taking and

NURSING, page 2



LAUGHTER and good memories were shared with Dr. and Mrs. Edward C. Andrews at a farewell reception attended by employees, friends and colleagues, in honor of Dr. Andrews who is retiring after 13 years as president of Maine Medical Center. More pictures inside...

NURSING, from page one

networking reflect credibility, power, and potential.

"You are your product," said Stahler-Miller. "Your image and behaviors are the basis for other's first impressions and recognition of you. Look inward to examine your personal and professional self-concept, look forward to consider your options, and reach upward to develop your personal and professional potential.

"To enhance image and empowerment of the nursing profession, nurses need to maximize their assets and minimize their limitations. And that's the bottom line."

The conference was presented by Staff Development in the Department of Nursing.



Nancy I. Resi, RN, MSN, has been named Head Nurse on R9W. Resi comes to Maine Medical Center from the University of Vermont upon completing her Masters degree in Nursing. She formerly was a staff nurse for the Judson Retirement Community in Cleveland, Ohio, responsible for the coordination of nursing care for the Community Outreach Program. Prior to this, she was a respiratory nursing supervisor at the Medical Center Hospital of Vermont in Burlington. Resi completed her MSN program with a dual major in Nursing Administration and Gerontological Nursing at Case Western University in Cleveland, Ohio. She has her BSN degree from Vermont College in Montpelier, Vermont and ADN degree from Castleton State College in Castleton, Vermont. Her memberships include, Sigma Theta Tau, American Nurses Association, and Gerontological Society of America.

CENTERVIEW looks at MMC's trauma care

A Little Help From His Friends, the cover story in the August issue of **CENTERVIEW**, is the story of a trauma victim who returns to visit Maine Medical Center 15 months after a car accident nearly took his life.

Trusteeship is for Volunteers, an editorial by MMC's Chairman of the Board of Trustees Mrs. Herbert S. Holmes, Jr., disputes the disturbing suggestion that compensation is necessary to attract the very best talent to hospital boards. In her editorial, Mrs. Holmes points out that "what attracts any trustee worth having to the service of his or her community is not money, but social conscience. And social conscience, as those who have it know, is its own reward."

Computers Come to Health Care takes a look at how virtually every department within the hospital is working to bring the speed, accuracy, and capacity of the computer to bear on our most important goal: quality patient care.

The magazine also includes an article on President Edward C. Andrews, Jr. M.D., who retires this October after 13 years at the helm of Maine Medical Center, a story about MMC's Linen Services Department, and other news and items of interest.

CENTERVIEW is now available in the Public Information Office, x2196, to anyone who would like a copy.



Getting Old is Not a Disease

Wednesday, September 21, 1988
Dana Center, Noyce Auditorium
Maine Medical Center
1:00 to 3:30 pm

Health care professionals talk about the physical and emotional changes that come with aging. Find out what to expect as we get older and what is normal, such as sore joints, skin blotches, and memory loss. Learn how to treat these ailments and where to get help for more serious problems. The discussion will include home care nurses, medication, and health care options. Presented by Leonard M. Keilson, M.D., Director, Division of Ambulatory Medicine, Maine Medical Center, Deborah DiDominicus, L.M.S.W., Agency on Aging, and Michelle Renaud, R.N., Maine Medical Center.

This is another in the continuing "HealthTalks" series. All programs are offered free to the public. To sign up for this special afternoon session, contact the Office of Public Information, x2196.

New Employees

NURSING: Eileen Taggart.

HOUSEKEEPING: Cindy Butts, Do-na Cape, Jody Lynn Miller, Philip Roucraft, John Stoddard.

PHARMACY: Julie Cromwell.

CARDIOGRAPHY: Lori Crosby.

FOOD SERVICES: Brenda Littlefield, Elizabeth Wheeler.

OCCUPATIONAL THERAPY: Patricia Perry.

OB/GYN ASSOCIATES: Francine Rideout, Jetta Watts-Smith.

CARDIAC CATH LAB: Diane Roy.

MATERIEL MANAGEMENT: Michael Stilphen.

RADIATION THERAPY: Marcy Usher.

PHLEBOTOMY: Kimberly Preston.

CENTRAL SERVICE: Thomas Pride.

MIS MAINTENANCE: Ernest Weeman.

PULMONARY MEDICINE: Mary Amoroso.

HOUSEKEEPING: Kenneth Bobbitt, Maurice Hincks, Alan Ward.

MATERIEL MANAGEMENT: Jayne Dedek.

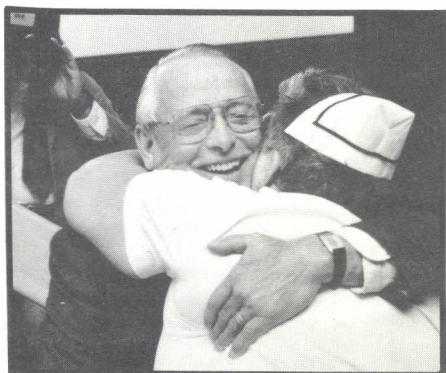
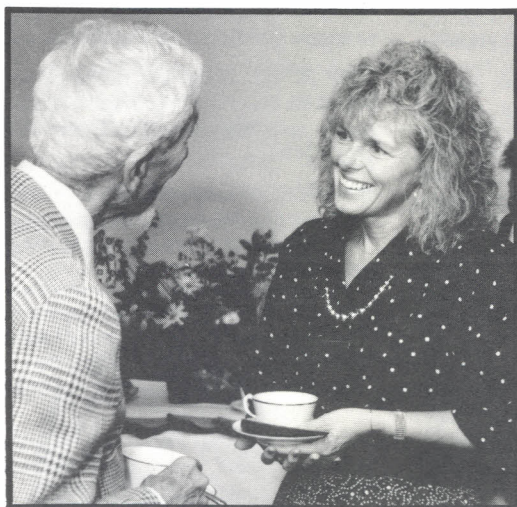
CANCER REGISTRY: Francis Orlowski.

PHARMACY: Margaret Randall.

PERSONNEL: Lisa Finger.

FOOD SERVICE: Kimberly Gadbois, Tina Rossetti.

President Andrews' Farewell



Marketplace

FOR SALE: Coal stove, never used, perfect condition. West German made Olsberg, fire brick liner, manual and thermostatic control. Golden brown enamel finish. 30" x 24" x 16". \$475. Call 761-1688 or 774-6921.

FOR SALE: Set of men's Wilson golf clubs. 5 woods, 16 irons, putter, cart, bag, box of 12 balls, \$125; Sylvania stereo with 8 track, \$30. Call 781-3940 after 5 PM.

FOR RENT: Spacious 2 BR, 1½ bath apartment. Large eat-in kitchen, living room, and dining room. Victorian features. \$560 including utils. Call 781-9931, leave message.

FOR SALE: Sansui stereo system w/turntable, equalizer, tuner, cassette deck and cabinet—\$500. Call 883-5469 after 7 PM.

ROOMMATE WANTED: M/F to share with professional female in early thirties. Spacious 5 room apartment with yard, garage, basement, W/D, dishwasher, hardwood floors and Victorian charm in Woodsfords, USM neighborhood. \$275/mo. Call 879-1886.

FOR SALE: 1978 Buick Le Sabre. Runs well, new registration. Call 854-9936.

FOR RENT: 2 BR apartment near Westgate, West End. Completely renovated with new W/W carpeting, stove, refrigerator. W/D on premises, 1st floor, heated. \$725/mo. plus security deposit. Call 773-0747.

FOR SALE: Spring lamb, \$2.50/lb. hanging weight, halves or whole lambs. Call 892-4087 after 5 PM.

ROOMMATE WANTED: Available 11/1. \$225 plus ½ utils. and ½ security deposit. Call 772-671 after 6 PM.

FOR SALE: 1982 Toyota Tercel; AM/FM cassette, 5 speed. One owner, excellent condition, low mileage, asking \$2,500. Call 767-4279 evenings.

FOR SALE: Univega Rover Sport women's 15 speed all terrain, \$225. Call 854-4007 after 6 PM, or 892-3151, Mon. Wed. and Fri. 9 AM–5 PM.

FOR RENT: North Deering residential area. 2 BR apartment, off-street parking, yard, storage, washer hook-up, no pets or waterbeds. Working couple desired. \$525 plus utils. Call 892-8209 evenings.

FOR SALE: 8 room Gambrel, living room, dining room, family room, kitchen with breakfast nook, 4 BR, 2 full baths, oversized 2 car garage, deck and patio. \$172,500. Call 892-8209 evenings.

FOR SALE: Men's Dolomite ski boots, size 8. Excellent condition, \$65. Call 761-2762.

WANTED: Homes for free puppies. Mom, purebred Old English sheep dog; dad, mostly black lab. Call 933-2057.

1983 GTI, low mileage, black, great condition. \$4,500. Call 854-4489, leave message.

ROOMMATE WANTED: Female to share 4 bedroom house in Portland, W/D, nice yard. \$245/mo. plus ¼ utils. Call 871-9255 after 5 PM, or 797-2405 before 5 PM.

ROOMMATE WANTED: Female to share 3 BR trailer in Windham. Lovely private setting. \$184/mo. plus share of utils. W/D and many more extras. Call 892-7824 after 6 PM.

ROOMMATE WANTED: Responsible M/F to share intown Portland location. \$54/wk plus ½ utils. non-smoker preferred, no pets. Call 774-7085.

FOR RENT: Mature female, non-smoker to share home in quiet Falmouth neighborhood. Private bath and kitchen privileges. References requested, \$60/wk. Call 773-1413.

ROOMMATE WANTED: Female to share 2 BR, 1½ bath apartment in Yarmouth. Swimming pool, tennis court and laundry. \$342/mo. heat included. 15 min. to MMC. Call 846-4847.

FOR RENT: 2 BR East Deering apartment, freshly redone, very nice, small bedroom off master bedroom. All new shag carpet, oil heat, \$575/mo. plus utils. and security deposit. Call 761-2137 evenings.

WANTED: Homes for free kitten. Born July 19, white male, adorable, house trained. Call 775-5339.

ROOMMATE WANTED: Looking to share 2 BR, sunny, spacious apartment with non-smoking M/F, no pets. 5 minutes from MMC in the Woodfords area. Call 874-2940, leave message.

FOR RENT: Newly renovated townhouse. Large 1 BR basement apartment with patio, 144 Spruce Street. Everything included. \$450/mo. Call 761-2036.

FOR SALE: Forest Lake Windham, ½ acre, soil tested building lot, right of way to water, 15 minutes to Portland, \$24,000. Call 854-3456.

what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

Contributors to this issue:

S. Helena Goss, Public Information
Terry McGarvey, Public Information
Ann T. Boyle, A/V Resources
Ron Gillis, A/V Resources
Larry Gorton, A/V Resources
Judy MacKenzie, A/V Resources
Sandy Walling, Print Shop
Jeanette King, Print Shop
Louis Harvey, Print Shop

ROOMMATE WANTED: To share 2 private rooms upstairs, plus run of large Westbrook apartment. Parking, yard. \$375/mo. plus utils. and deposit. Call 772-7682, Thursday through Monday, 7 PM–9 PM.

WANTED: Ride from Lewiston to MMC, 1st shift. Call x2721 days, or 782-0752 nights.

FOR RENT: Room and private bath in Gorham, \$265/mo. includes utils., kitchen, laundry privileges, parking. Call 839-3127 after 4 PM.

FOR RENT: Room with house privileges. Cape Elizabeth near South Portland. Non-smoker, female preferred. \$75/wk. includes utils. Available 10/1. Call 767-1743.

WANTED: Young professional couple looking to rent apartment in Freeport/Yarmouth vicinity as of 11/1. Please call x6169 before 4:30 PM or 865-4410 after 5:30, leave message.

FOR RENT: 3 BR home, full upstairs living room, den, dining room, fully appliances kitchen, and full bath downstairs, plenty of storage. Security deposit, lease, no pets. \$900/mo. Call 773-3839.

FOR RENT: 3 BR apartment, huge sunny, w/office, living room, dining room, newly renovated. \$660/mo. plus utils. Call 773-9022.

WANTED: Homes for kittens. Call 773-4217 days, or 773-4383 evenings.

FOR RENT: 12/10–12/17, 2 BR luxury condo at the base of Mount Cranmore. May use amenities at the Cranmore Raquet Club. Also discount lift tickets for the mountain available. \$800/wk. Will consider partial week rental. Call 647-2100.

FOR RENT: Oceanfront condo at Old Orchard Beach, 2 BR, 2 bath. September to June. Call 767-2045.

FOR SALE: 1976 Dodge Aspen. Good condition. Call 871-1052 evenings for details. Asking \$500.

ROOMMATE WANTED: To share 3 BR apartment in Woodfords area. \$250/mo. plus ½ utils., off-street parking, storage space, pool. Non-smoker only. Call 871-1052 evenings.

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