

# what's

Maine Medical Center  
Portland, Maine 04102

# happening

August 24, 1988

Vol. 19, No. 48

## Wynne appointed to BLS National Faculty

Nancy L. Wynne, RN, Education Coordinator for the Operating Room at Maine Medical Center, has been appointed a member of the American Heart Association's Basic Life Support National Faculty for a two year period.

As a member of the National Faculty, Wynne will act as the liaison between the Subcommittee on Emergency Cardiac Care and the Maine Affiliate ECC Committee. She will be responsible for assisting affiliates in the organization and implementation of training programs in BLS, integrating BLS courses into the curriculum of medical training institutions, and assisting in the development of local, state, or national emergency medical service systems.

Wynne has been an active member of the Affiliate Faculty for BLS for 13 years including four years as chairman. She is the co-founder and past chairman of the Portland CPR Task Force, a group of volunteers dedicated to providing CPR training to citizens. Wynne continues to coordinate local CPR courses, instructor courses, and recertifications in Cumberland County. She also teaches Instructor Training Recerts, BLS and Heartsaver courses regularly.

In honor of her leadership and dedication to the provision of high quality Basic Life Support services over the past 20 years, the 1988 CPR volunteer award has been named the Nancy Wynne CPR Volunteer Award.

The award was developed by the

WYNNE, page 2

## Letters to Geoffrey help others cope

Life is a very precious gift, and sometimes a very fragile one. It was the birth of Geoffrey that helped Robert Webster, a pastor in Portland, and his wife Linda, understand the fragility of that gift. Geoffrey was born by an emergency Caesarean section 15 weeks premature and hospitalized in MMC's Neonatal Intensive Care Unit for several weeks.

Letters to Geoffrey, a father's letters to his premature son from birth to death, was written by Robert Webster. The book has been made available to hospitals nationwide in hopes of helping others cope with their baby's struggle for life.

Copies of the book are available in NICU, and from the lending library for bereaved parents. (call Connie Korda ext. 4226) Here are a few excerpts:

February 2

Dear Baby Geoff,

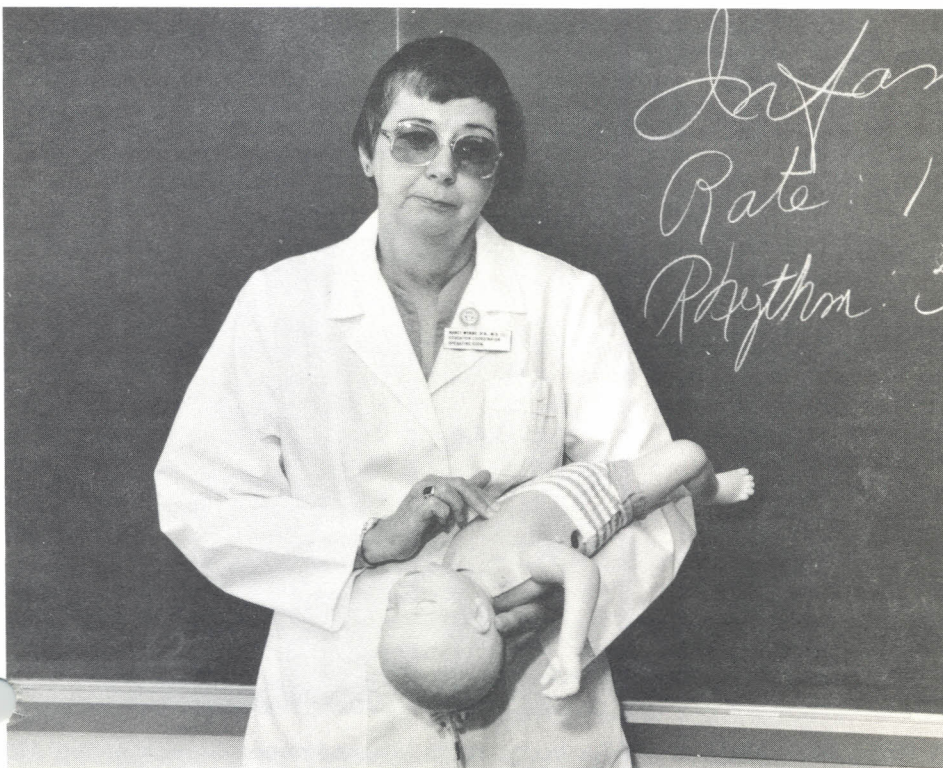
Welcome to this unsteady and frightening world. A nurse came to tell me we had a son who weighed 1 lb 5 oz. My first glimpse of you was very early this morning. I almost didn't want to see you. I knew the less I became attached to you the easier it would be to accept your death.

You looked so tiny and frail, but so very normal, like a miniature baby. And you were so much alive, even with all the wires, tubes, machines and blinking numbers.

I touched you. I am overwhelmed by my feelings of you and the excitement of seeing you, my son, but I cannot hide my fear of what the future almost certainly holds for you and us.

Love Dad

LETTERS, page 2



NANCY WYNNE, RN (AV Photo)

**LETTERS**, from page one

February 10  
Dear Geoff,

I'm really worried about you, little guy. You're not doing well with your feeding. They're going to wait awhile before they try again. You had a good night, even if you did have some trouble breathing and your vital signs are good. Waiting for phone calls to tell us how you are this morning is really hard.

The phone just rang. The nurse says you are doing pretty well, but you're still having trouble breathing. I cried when I hung up the phone. I guess it's a mixture of joy, relief and being scared.

Hang in there, Geoff! Keep fighting!  
Love Dad

February 13  
My Dear Geoffrey,

I hope someday you will know how precious you are to me. I guess I've been guilty of taking birth and life for granted. Now that I stand so close to losing you, I realize what a precious gift life is.

You continue to amaze me. Every day has a little miracle in it, and I continue to ask for more.

Love Always,  
Dad

March 7  
Dear Geoffrey,

Well, my Son, your struggle is over and mine is just beginning. The doctor called and said you couldn't last much longer. We drove as fast as we could. Then Mommy and I stayed with you through your long, long night.

When you died I was holding you in my arms. You are free at last, but turning you loose is the hardest thing I've ever had to do, Geoff.

We left the hospital with a plastic bag that held your 'things'. . . the puppy block your sisters had given you, their school pictures, the little stuffed monkey and tiny pink teddy bear. There was a lucky penny a nurse taped to your isolette, your ID bracelet, some valentines and your name card—GEOFFREY. We carried out a bag full of memories instead of a son.

So many things remind me of you, Geoff, of all the things you and I will never do together. I guess that is the most painful thing of all.

Goodbye Geoffrey,  
Daddy Loves You

**United Way  
Fun run**



A Fun Run will be held October 4, 1988 to launch the 1988 United Way Campaign. Participants in the run should be at one of the starting stations, Deering Oaks, the Ferry terminal, or Jack Jr. Elementary School at 11:30 AM. The runners will then follow a 1.1 mile course to Monument Square where there will be a rally to initiate the campaign.

MMC employees who wish to participate in this run should sign up by calling Ken Sawtelle at x 4609. There will be T-shirts available for the first 60 participants to sign up.

**WYNNE**, from page one

Maine Affiliate Faculty for BLS to recognize the dedication, service, and accomplishments of individuals who have participated in promoting and teaching all aspects of CPR in the community, and/or in the capacity of their job.

Wynne will present the award to the first recipient at the annual CPR Week-end Seminar held in Bangor, Maine next month.

**Critical Care Seminar**

**Wednesday, August 31, 1988**  
**Dana Education Center**  
**Classroom 7**  
**A Forum on Ethical Dilemma's**  
**Kevin McIntyre, MD**

**Call CICU x 2236**  
**for more information**



**A REAL HOT SPOT** is MMC's boiler room where temperatures reached 120 degrees this past week. Richard Doughty, BST adjusts the boiler controls during one of his hourly rounds.



**WORTH MORE THAN A THOUSAND WORDS** were all the wonderful photographs in the 1988 MMC Photo Contest on display in the Dana Center. Viewing the photos, from left to right, are Merrill Woodworth, Planning Office, Ron Gillis, Audio Visual, and Celeste Glover, Planning Office. (A/V Photo)



Please be sure to use the special "burn bags" provided for the disposal of sensitive patient information in all forms including computer reports. Sensitive information should be placed in the sealed bags to be transported by the Housekeeping staff to the incinerator for disposal.

## Please Note

Male volunteers needed for blood donations. Give 1 tube (10 ml) of blood once a day for 5 consecutive days (Monday-Friday) and receive \$35 after the fifth donation. Call Ellen at x 4689 for further details.

## More Marketplace

**ROOMMATE WANTED:** Professional female to share spacious apartment, Rosemont area. Off-street parking, large yard, W/D on premises. Nice neighborhood. Non-smoker only, no pets. \$300/mo. plus utils. Call 775-5125, 5 PM-9 PM and weekends.

**FOR RENT:** Spacious 3 BR condo with marsh views, cathedral ceilings, 1 mile to 3 beaches, 1 car garage, 2 baths, W/D hook-up, woodstove hook-up. Call 883-4104 evenings.

**FOR RENT:** M/F to rent room in private home, non-smoker, quiet street, walk to bus, stores, Quick care. Rosemont area of Portland. \$225/mo. includes all. Call 772-3058.

## New Employees

**NURSING:** Angela Albert-Mitchell, Vicky Sue Bartholomew, Noreen Boardman, Carla Dodge, Diane Fournier, Susan Gear, Nancy Gilligan, Anne-Marie Harris, Kathryn Lade, Gail LeClare, Paul Murphy, Sheila Nichols, Giselle Pankrac, Cheryl Pooler, Judith Sabani, Debra Sweatt.

**LINEN PROCESSING:** Eugene Bryant.

**HOUSEKEEPING:** Charles Bushnell, Clara Mello, Ronald Merrithew, Cesar Viola.

**PRINT SHOP:** John Harrington, Louis Harvey.

**PULMONARY MEDICINE:** Kathryn Harris.

**ADMITTING:** Kevin Manzo.

**OCCUPATIONAL THERAPY:** Denise Tanguay.

**PSYCHIATRY:** WShelley St. Clair.

**MIS MAINTENANCE:** Jay Weisberg.

**RADIOLOGY:** Lisa Varney.

**RADIATION THERAPY:** Stephanie Rubin.

**FOOD SERVICE:** Michele Thacker, Bernard Powers II.

**PHARMACY:** Mark Cameron.

**DATA MANAGEMENT:** Nicholas Kampf.

**ACCOUNTING:** Lynne Robidoux.

**BUILDINGS AND GROUNDS:** Ernest Simard.

**CHEMISTRY:** Wendy Vacarro.

**MECHANICAL SERVICES:** James Bergeron.

**OUTPATIENT SERVICES:** Richard Bilodeau.

**MEDICAL RECORDS:** Antionette Smith.

**REHAB MEDICINE:** Todd Berstein.

**COFFEE SHOP:** Julie Bumpus.

**BLOOD BANK:** Tracy Marie Green.

**CHEMISTRY:** Kevin Maxim.

# Marketplace

**FOR SALE:** Queen Anne cherry dining set, 9 piece. Oval table, 44" x 66", with 2 leaves opens to 44" x 98". 4 side chairs, 2 arm chairs. Large china and buffet server, excellent condition. Was \$6,400, moving, must sell, \$3,500. Call 774-2149.

**FOR RENT:** Washington Avenue, 2 BR, yard, back bay views, parking. \$425/mo. plus utils. Call 767-4279, leave message.

**FOR SALE:** Vermont castings resolute woodstove, used only 2 seasons, \$500, or best offer; queen size waterbed, complete, good condition, make offer; Honda motorcycle helmet, worn 3 times, \$50 or best offer; Century way-to-go stroller, \$35. Call 883-3774 after 4 PM.

**ROOMMATE WANTED:** Professional female, non-smoker to share large 2 BR, 1½ bath apartment in Yarmouth. Swimming pool, tennis courts, and laundry facilities. \$342/mo. heat included. 15 minutes to MMC. Available September. Call 846-4847.

**FOR SALE:** Sealy Posturepedic queen size mattress. Mint condition. \$75. Call 767-3612.

**ROOMMATE WANTED:** 1 or 2 roommates to share 3 BR townhouse in South Portland. Quiet neighborhood, fully applanced and mostly furnished. No bureaus in bedrooms, but plenty of closet space. \$250 each covers everything except phone. Located in Jamestown Court near Cash Corner. Non-smokers only. Parking available, 5 minutes from MMC. Call 775-1477.

**FOR RENT:** Room and private bath. \$300 monthly. Family environment. Parking and shared kitchen privileges. Call 839-3127.

**FOR SALE:** Utility trailer with sides and back, \$200; 2 table lamps of hand painted glass, \$15 each. Call 657-3915.

**FOR SALE:** Portland, under \$100,000. 3 BR, great neighborhood, real sharp. Call 775-0660.

**FOR RENT:** MMC area, new efficiency with parking and laundry. \$380/mo. plus utils. Call 775-1677.

**WANTED:** Swap for fitness row machine, one gas power Sears weedwacker 26.2cc, 17 in wide, semi-automatic line feed used only 2 hours, like new. Please call 797-6008 and leave message.

**FOR RENT:** 3 BR Brownstone, semi-furnished, for 3 single woman applicants, walk to MMC. \$250/mo. plus utils, each. Call 879-0289 or 729-3686. Available 9/1/88.

**CHILDCARE:** Day care, full or part-time, 2 to 5 years, 27 Puritan Drive, Westbrook. Call 854-5351.

**FOR SALE:** 1987 Toyota Tercel, 2 door hatchback, 4 speed. \$5,400. Call 878-3759, evenings.

**FOR RENT:** 3-4 BR, 1¾ baths, family room with woodstove, walking distance to schools, large kitchen-dining area, 2 car garage, private setting. \$875/mo. plus utils. and security deposit. Call 878-3568.

**ROOMMATE WANTED:** Female non-smoker for 2 BR apartment on Veranda Street. \$200/mo. plus ½ utils. Call 761-3837 after 3:30 PM

**FOR RENT:** Quiet Scarborough 2 BR townhouse, fully applanced, W/D hook-up, W/W carpeting, 1½ baths, patio through sliding glass doors, opens to large field. \$565/mo., plus utils. Call 883-2182.

**FOR RENT:** Charming 1 BR in quiet Victorian building. No pets, references, all utils. included. \$445/mo. Call 774-8473.

**ROOMMATE WANTED:** Responsible female, non-smoker needed immediately to share 2 BR semi-furnished 2 floor apartment in the Woodfords area. \$285/mo. heat included. Call 879-0489.

**ROOMMATE WANTED:** Professional male seeking 2 M/F to share spacious 3 BR condo in Scarborough. Woodstove, 2 full baths w/jacuzzi; great views. Non-smokers only. Call 883-4104.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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**ROOMMATE WANTED:** M/F non-smoker to share spacious, quiet furnished 7 room condo on Eastern Promenade (ocean views). \$395/mo. inclusive. Call 1-236-1875 days until Labor Day, and 773-0663 thereafter.

**FOR SALE:** 1981 Toyota Tercel, 2 door, 100K, some rust but runs well. \$800 or best offer. Call 761-8198 evenings, or beeper -261 days.

**ROOMMATE WANTED:** M/F non-smoker to share spacious, quiet furnished 7 room condo on Eastern Promenade (ocean views). \$395/mo. inclusive. Call 1-236-1875 days until Labor Day, and 773-0663 thereafter.

**FOR SALE:** Men's size 10½ Tecnica ski boots, 2 lightweight 2 person tents, down sleeping bag. Call 799-3623, keep trying.

**FOR SALE:** 1982 Honda CBX 1100. Detachable saddle-bags. Good condition. Call 799-0991 after 5 PM.

**FOR SALE:** 1980 Ford Granada, 4 door, full vinyl roof, plush velvet interior. 36,000 original miles, power brakes, power steering, AM/FM stereo. Excellent condition, moving, must sell. Asking \$2,495. Call 774-2149.

**WANTED:** Commercial cleaning accounts in the Greater Portland area. Specializing in doctor's offices. Services performed by , experienced, dependable professionals. Free estimates given. Work absolutely guaranteed. Call 774-9506.

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