

what's happening

Maine Medical Center
Portland, Maine 04102

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Commitment and Care were program topics

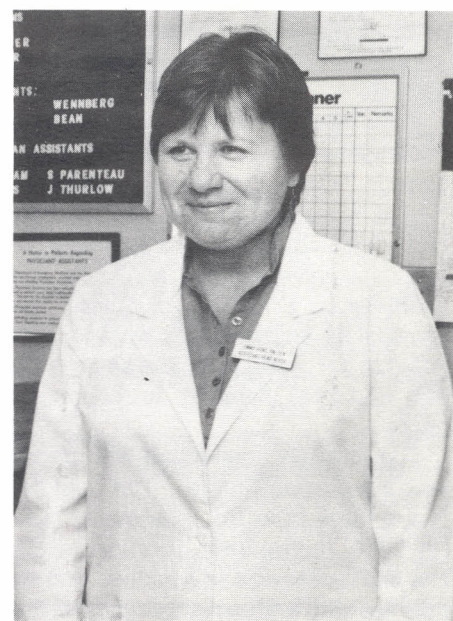
The premise was simple: a sharing of experiences and feelings about being a nurse. The issues and emotions that came to light, however, were more complex and profound than anyone expected. Nine Maine Medical Center nurses shared those insights with their colleagues and others in the Dana Center on May 26.

The occasion was a presentation organized by the Nursing Image Committee. The committee, composed of MMC head nurses and Vice President for Nursing Judith Stone, RN, chose to culminate the first phase of its work with a program in which several MMC nurses answered the questions: Why did you go into Nursing? and Why do you remain a nurse?

The presenters were a cross section of staff nurses who had participated in roundtable discussions over the previous six months. The Image Committee, according to Chair Phyllis Bastone, RN, Head Nurse, P1C, wanted to examine the internal image issues. "We felt that before we could move toward any external activity," she says, "we had to bring the global issues down to the tangible, and find out what *nurses* thought of nursing. Creating a forum for a meaningful interchange among nurses was the first stage of the process."

The program opened with a motivational videotape from the American Organization of Nurse Executives, titled "High Tech and Hands-on Care." It featured a collage of scenes about nurses and nursing care, with the message "We are there for You."

The nurses on the panel then shared their own feelings about their profession, sharing their insights with the audience. Each presenter had a slightly different



FOUR presenters at the Nursing Image Program on May 26, were clockwise, Cathy Sumpter, RN, Emmy Hunt, RN, Beth Thompson, RN and Alleen Eastwood, RN. (A/V photo)

tact; some spoke with humor, some with gratitude, some energetically. There were the common threads, however, of pride, a sense of worth, and a feeling of privilege.

In her introduction, Phyllis Bastone noted that the technical knowledge of the nurse is critical, but "I can have all the facts, but holding someone's hand, touching them, and crying with them is the most meaningful part of nursing."

"I'm rewarded every day by what I do," said Emergency Department Assistant Head Nurse Emmy Hunt, RN. "The personal intimacy, and the ability to make someone feel better about themselves and preserve their dignity," are the special things she recounted.

"Maybe those of us who are the happiest at nursing don't talk about it enough," Cathy Sumpter, RN, observed. She has worked in MMC's Operating Room for many years, and has "seen the other side several times, so I know what a difference a nurse can make." Her greatest affirmation of her worth and the value of her profession, she says, is that her daughter decided to become a nurse.

The intimate connection with people was a recurring theme. "The best part is the hugs from the little guys," says Pediatric nurse Beth Thompson, RN. Her first career was as a mother, and she bubbles with enthusiasm about her new career working with children.

P6 Nurse Barbara DeCoste, RN, sees nursing as one of the "heroic pursuits."

You see an interweaving of the tragic in life," she says, "something important that's often missing today. I'm proud to be able to stand with the person in pain."

Nancy Sturdevant, RN, Head Nurse on R3, and R7 staff nurse Alleen Eastwood, RN, both addressed professional growth. Sturdevant told of a patient who made a point of saying goodbye to her, even though she wasn't intimately involved in her care. "It's nice to learn that even as a head nurse, I can still have that kind of impact on a patient," she said. Eastwood talked of her experience in changing the kind of nursing she did when her unit changed. The transition was difficult, but she reported that she believes she's a better nurse for having worked through the changes.

Special Care Unit Assistant Head Nurse Sue Goran, RN, gave two examples to illustrate the spectrum of emotion nurses confront: the 28 year old man who died shortly after admission from injuries received in a car accident and whose wife couldn't assimilate what was happening, and the 15 year old who suddenly woke from a two-week coma with the announcement "I'm hungry."

"In the first case," she said, "there was nothing I could do, but I was *there*. In the second, the sheer joy felt by the entire staff was very special."

Pediatric Unit Assistant Head Nurse Nancy Tkacz, RN, echoed the range of emotion: "there are tragic lows, and highs you won't get anywhere else."

Staff appointments announced

The Executive Committee of the Medical Staff is pleased to recommend the following appointments to the Medical Staff:

Jens Eldrup-Jorgensen, MD, Associate Attending Staff, Division of Vascular Surgery, Department of Surgery.

Thomas J. Kirby, MD, Associate Attending Staff, Division of Thoracic Surgery, Department of Surgery.

Thomas G. Lantos, MD, Associate Attending Staff, Department of Psychiatry.

Samuel S. Scott, Associate Attending Staff, Division of Orthopedics, Department of Surgery.

Lee. L. Thibodeau, MD, Associate Attending Staff, Division of Neurosurgery, Department of Surgery.

The Executive Committee is pleased to recommend the following appointments to the Clinical Affiliate Staff:

Diana W. Brennan, PA-C, Division of Orthopedic Surgery, Department of Surgery. Dr. Crothers is her supervising physician.

Michael J. Brennan, PA-C, Division of Thoracic Surgery, Department of Surgery. Dr. Lutes is his attending physician.

Jane Cox, PA-C, Department of Emergency Medicine. Dr. Higgins is her supervising physician.

Barbara Boyle, RN, Division of Plastic Surgery, Department of Surgery. Dr. Attwood is her supervising physician.

Lisa Johnson, RN, Division of Plastic Surgery. Dr. Attwood is her supervising physician.



MARGARET MARTIN, who turned 80 last Wednesday, blows out the candles on her birthday cake while fellow volunteers look on. Margaret is going on her 13th year of volunteer service delivering mail to MMC patients. (A/V Photo)

Deadline coming for nursing scholarships

The Scholarship and Loan Committee of MMC's Department of Nursing will soon be considering grants for the 1988-1989 school year.

Any MMC employee who is enrolled in or has been accepted into an accredited nursing program (MS, BS, AD, Diploma, LPN, CNA), is eligible to apply. The committee considers grants for both Spring and Fall semesters at the same time, so applicants should anticipate their full year's needs.

Applications are available in the office of the Vice President for Nursing. For further information contact committee chairperson Lois Bazinet, RN, CCRN, at 2397.

CENTERVIEW looks at MMC's night side

"The days come and the days go, but patient care goes on all night long. . . ." The hospital is a different world from dusk to dawn. *All Night Long*, the cover story in the May issue of CENTERVIEW, explores the evening and night shifts at Maine Medical Center.

Linking Physicians and Hospitals, an editorial by Don McDowell, Executive Vice President and Treasurer, discusses the forces of financial constraint, technological development, and legal challenge that are bonding the ties between physicians and hospitals, and reshaping the entire world of health care.

Radon...the Unseen Carcinogen, takes a look at a study on the natural radioactive gas in bedrock that seeps into homes and poses as a significant public health risk.

The magazine also includes a list of the 1987 Annual Fund donors, an article about the Switchboard, and other items of interest.

CENTERVIEW is now available in the Public Information Office x2196, to anyone who would like a copy.

New Employees

NURSING: Mary Frances Adams, Cynthia Bartlett, George Bebout, Wanda Bellefountaine, Susan Bicknell, Kimberly Lee Clark, Janice Davis, James Gil-mour, Ann Goodman, Kellie Guerrette, Catherine Hersom, Suzanne Hurd, Michelle Gae levers, Virginia Kazarian, Mary Beth Kearney, Christine Kelly, Katherine Kimborowicz, Paul LaRocque, Leanne Lusk, Jon R. McGarvey, Mary Meehan, Lisa Jeanne Miles, Kimberly Lynn Murphy, Cynthia Palmer, Christine Piet, Lori Reynolds, Mary Spencer, Elaine Stanhope, Sara Vreeland,

FOOD SERVICE: Anne Amabile, Justina York.

ACCOUNTING: Maureen Anderson.

HOUSEKEEPING: Vivian Hale, Dina Levasseur.

COFFEE SHOP: Kathryn Johnson.

DATA MANAGEMENT: Cheryl Johnson.

PATIENT ACCOUNTS: Kathleen Sangillo.

DELIVERY ROOM: Juliette Valls.

HEMATOLOGY: Terry Wiley.

About People



Sharon A. McInnis RN, has been named to the new position of Evening Co-ordinator in Admitting. She will be responsible for handling bed shortages, coordinating patient placement, and staffing employees, for the evening shift. McInnis, who has worked at Maine Medical Center since 1982, was most recently a charge nurse on P3A. She is attending St. Joseph's College in Windham for a BS degree in Health Care Administration, and received her nursing diploma from Mercy Hospital School of Nursing.

More Marketplace

FOR SALE: 1966 Cox tent trailer, sleeps six, stove, sink, icebox, good condition, \$500 or best offer. Call 929-4483.

FOR SALE: 1976 Chevrolet Impala Custom, recent inspection and body work. Automatic hydromatic transmission. AM/FM cassette, power everything. 350/8 cylinder engine. \$1,800. Call 797-9126 evenings.

FOR SALE: Portland, 3 BR ranch, 1½ baths, fireplace, hardwood floors, Anderson windows, oil heat, daylight basement with large carpeted family room and garage. Also large oversized detached garage and storage shed. Very large private lot. \$138,900. Call 774-9395.

FOR SALE: Apple IIe computer, 2 disk drives, 80 column card, 128k memory. \$975 firm. Call 865-4891.

FOR SALE: Custom made picnic tables, up to 12' construction. No nails, screws and bolts only. Finished or unfinished. Call 775-0817.

FOR SALE: 1981 Pontiac T1000 tan, runs well, no rust, Jensen AM/FM cassette, automatic, \$1375. Call 846-4429.

FOR SALE: 5 year old modular on its own lot in Windham. It has a nice open floor plan. The kitchen has an island and built in hutch. 3 BR and 1½ baths and laundry area. \$73,000. Call 892-9472 or 657-4454 after 1:30 PM.

FOR SALE: 1985 Britanica and Compton Encyclopedia sets with update yearbooks. Never used, \$800, or best offer. Call 775-4327.

FOR SALE: 1985 Starcraft tent trailer. Used only twice. \$2,650 or best offer. Call 879-0284 after 3 PM.

FOR SALE: 1974 Dodge ¾ ton pickup, 4x4, 318 automatic with plow. \$2,400 or best offer. Call 879-0284 after 3 PM.

FOR SALE: 1981 Mustang hatchback, 6 cylinder, 4 speed, \$1,000. Call 773-7548 between 10 AM and 2 PM, or leave message.

FOR SALE: 16' "compac" sloop, over-nighter, sleeps two adults and a child, main, jib, and 150% genoa. Fully equipped including a custom trailer and a 4 HP Mercury motor with only 4 hours running time. Everything in excellent condition. Call 799-1434 after 4 PM.

Michael Sweatt, Supervisor of the Laboratory Data Management System, has been selected President-elect of the Terrano User's Group Meeting. Sweatt, who has worked at the Maine Medical Center for nine years, has been instrumental in the installation and implementation of the ILS-5 system.

Susan Guillerault, MT, and Gail Hayden, MT, Hematology, have passed the Specialist in Hematology examination of the American Society of Clinical Pathologist Registry. The applicants must have worked in a clinical area for five years to be eligible to take the exam.

Sydney Daugherty, MT has been promoted to Senior Medical Technologist in the Hematology section of the Laboratory. Daugherty, a graduate of the University of Maine at Orono, has been employed at Maine Medical Center since 1987.

Marketplace

WANTED: Dresser/bureau. Call 774-4866 evenings.

FOR SALE: 1982 Datsun B210, oldie but goodie. 2 door, well-maintained, reliable, runs well, some rust. \$750 or best offer. Call 774-8088 evenings.

FOR SALE: Maple chest of drawers, \$125; maple coffee table and step end table, \$40 each; set of hand painted table lamps, \$25 each; new snowmobile suit, large, \$60; Call 657-3915 evenings and weekends.

WANTED: Homes to clean. Experienced, trustworthy person will clean to your specifications. References available. Call 799-6208.

WANTED: Pets to watch. Pet Pals, drop-in pet-sitting at your home. Food, exercise, love. Call 799-1639.

FOR SALE: Spacious raised ranch on Pope Road in South Windham. 3 BR, 1½ baths, cozy family room, hearth with coal and wood stove, oil heat, large game room, 2 car garage. Property has river frontage—1.3 acres of land, close to schools. Asking \$185,500. Call 854-8491.

WANTED: Commercial cleaning accounts in the Greater Portland area. Specializing in doctor's offices. Services performed by experienced, dependable professionals. Free estimates given. Work absolutely guaranteed. Call 774-9506.

CHILDCARE: Offered by certified nurses aid (mother of 1). Will care for children 0 to 24 months in my North Deering area home. Excellent neighborhood, lots of TLC. Call 797-2896.

CHILDCARE: 12 years of experience, reasonable rates, reference, flexible hours. Call 799-8649.

FOR SALE: Sears Lady Kenmore portable washer and dryer. Excellent condition. \$425 for the pair. Call 871-7057.

FOR RENT: Weld-lakefront cottage with charm and character. Fireplace in the living room, rocking chairs on the porch. Full kitchen and bath. Near Mt. Blue and Tumbledown mountain. 4 BR, prefer non-smokers. Available 6/26/88–7/2/88, \$295; 8/14/88–8/20/88, 8/21/88–8/27/88, \$350/wk., or \$650 for both weeks. Call 773-0607.

FOR SALE: Refrigerator, top freezer, 15.3 cu.ft., excellent condition, \$75. Call 829-3865.

CHILDCARE: Mother with lots of TLC will babysit full or part time. Approximately 3 miles from MMC. Call 799-0991.

WANTED: Residential or commercial cleaning accounts. Services performed by professional with ten years experience and excellent references. Estimates given. Please call 767-4460, leave message.

WANTED: Gardening positions. Post-college student willing to do perennial gardening, lawn maintenance, landscaping, odd jobs. Call 926-4611.

WANTED: Homes to wallpaper or paint. Professionals with excellent references will wallpaper your rooms(\$75 for an average room, wall preparation extra), or paint (estimates given). Please call 774-9506, leave message.

FOR SALE: Cape Cod residence in historical Stroudwater section of Portland. 3 BR, 2 car garage with carriage doors, fireplace in living room and recreation room, maple hardwood floors throughout. Over ½ acre lot, 20' x 40' in ground pool, exterior newly renovated. Minutes from MMC. Asking \$209,900. Call 773-1900, or 772-0049, days, or 773-0609, evenings.

FOR SALE: 14' Hobie Cat sailboat with extras, jib, trapeze trailer, 2 vests, etc, best offer; 10 speed Puch bike, \$95; call 761-3915.

FOR SALE: 1986 tan VW Jetta four door with good AM/FM cassette and 2 extra snowtires. About 40,000 miles. Excellent condition. Asking \$6,900. Call 774-8547.

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WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

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FOR RENT: Pine Point beach luxury ocean front condo, 2 BR, 2 bath for short or long term lease available 9/1/88. W/D included. Unit available furnished or unfurnished. \$800/mo. plus utils., security deposit and references. No pets, 20 minutes from MMC. Call 1-934-9356 evenings.

FOR SALE: 1978 Silver Celica GT lift-back, 5 speed, power steering, power brakes, A/C, AM/FM stereo, single owner, 95,000 miles, reliable and clean, \$850. Call 767-5914.

FOR SALE: Huge multi-family yard sale. Something for everyone at low prices. Saturday and Sunday, June 18 & 19, 9 AM–4 PM. Come early for the best buys. 39 Pine Point Road, Scarborough.

FOR SALE: 2 family income property with additional in-law apartment in Portland. Extremely well-maintained, 3 BR, living room, formal dining room, eat-in kitchen, pantry, front and back hallways in both units. 2 car garage, East Deering area. \$187,500. Call 774-6921 or 761-1688.

FOR RENT: In Saco, 25 minutes to Portland, sunny 2½ bedroom apartment. ½ room may be used as a computer room or nursery. Quiet neighborhood. No pets. \$450/mo. includes hot water and parking. Call 284-9216.

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Portland, Maine 04102

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Charles A. Dana Education Center