

# what's happening

Maine Medical Center  
Portland, Maine 04102

June 1, 1988

Vol. 19, No. 37

## 1988 HONOR NIGHT

Maine Medical Center's 40th annual Honor Night will be celebrated Friday, June 10, 1988 at the Downtown Holiday Inn. As always, the occasion will be in recognition of all employees who have completed at least five years of service (as of June 30). The Honor Night tradition includes dinner and dancing, as well as formal remarks from the Reverend Alexander Cairns, Chairman of the Board of Trustees Mrs. Herbert S. Holmes Jr., and President Edward C. Andrews Jr., M.D.

Employees attending Honor Night may invite a spouse or friend to join them after dinner for dancing (at 8:30 PM). Space limitations won't allow the invitation to include dinner, but spouses and friends are encouraged to come for the dancing.

This year the program will include a special presentation of Employee Service Awards for those employees with 20, 25, 30 or more years of service. (Those employees with 5, 10, or 15 years of service will receive a recognition award at a presentation in their own department during Employee Award Week, June 6-10, 1988.)

Questions about Honor Night should be directed to the Employee Benefits Office at extension 2973.

### Flower business has Patient care benefits

When a customer buys flowers at the Flower Box at Maine Medical Center, it's not just the recipient who benefits. The Visiting Board of the Children's Hospital operates the Flower Box for the benefit of the pediatric programs at MMC, continuing the mission to which the auxiliary committed itself in 1910.

The Flower Box had humble beginnings in 1951, when Visiting Board members began selling flowers supplied by a local florist. Today, it's a full service shop, selling everything from a single rose to special orders for luncheons and parties. Board members staff the Flower Box, performing all the necessary functions, from purchasing to ringing the cash register. The use of volunteers, many of whom contribute many hours each week,

increases the amount of money available for the Visiting Board's work.

In just the past year, the Visiting Board has donated the following:

- two pulse oximeters to the Pediatric Unit
- \$10,000 to the Foster Grandparents program
- a credenza for the lounge on Pediatrics
- four VCRs for the Teen Unit
- a portion of the salary for the Child Life Supervisor
- a portion of the cost of sending two nurses to the Association for Care of Children in Hospital Conference
- \$1,000 to the Maine Poison Control Center at MMC

"Even though the Children's Hospital joined the Maine General Hospital in the

FLOWER, page 2



CAROLE DUNCAN, Director of Audio/Visual Resources (right) gets a big "good-bye we'll miss ya" hug from one of her staff, Judy MacKenzie (left). Carole is leaving MMC after 15 years to freelance and travel. (A/V Photo)



**DANIEL F. HANLEY, M.D., D.Sc.**, special guest speaker for Appreciation Day, spoke to an audience of 75 Annual Fund contributors about the success of the Maine Medical Assessment Programs. Dr. Hanley, well known as Bowdoin College Physician (1946 - 1979), and Executive Director of the Maine Medical Association (1946 - 1979), has directed the MMAP since its inception in 1983.

(A/V Photo)



**MRS. LAWRENCE DANA**, a member of the Development Committee, was recently honored for her devoted services at a surprise reception. She was awarded with a special smoked lucite pyramid with the MMC bronze seal and the inscription, "Presented to Barbara Dana with gratitude and appreciation - 1988". Mrs. Dana is also a member of the Corporators, the Annual Fund, and a volunteer at Maine Medical Center. (A/V Photo)

## FLOWER, from page one

1950's to form the Maine Medical Center, it lives on, both in spirit and in form of the Visiting Board of the Children's Hospital. This group of community-minded citizens works to develop resources to improve the physical and emotional well being of the many infants, children and adolescent patients here," Chief of Pediatrics Paul G. Dymont, M.D. says. "Their most recent contributions to our patients include special pediatric medical equipment, pictures to decorate the ward and clinic, and eight VCRs so the inpatients can pass their time enjoying video movies. Our patients are fortunate to have such an effective group interested in their welfare."

## Healthviews to look at state regulation

Maine Medical Center Executive Vice President Don McDowell and Frank McGinty of the Maine Health Care Finance Commission will discuss hospital regulation on this month's *Healthviews* program. "Hospital Regulation: Where are we headed?" will be shown at 8 PM Friday, June 3, and at 2 PM and 8 PM Saturday, June 4-Monday, June 6.

*Healthviews* is seen on Channel 16 of the Public Cable system in Greater Portland.

Up for discussion: what led to the creation of Maine's current regulatory system? what have been its successes and failures, what has changed? what does the future hold?

## More Marketplace

**FOR SALE:** 1985 MacGregor sloop, trailer, 3 sails, most equipment included. Used one season in fresh water. \$8,300. Call 767-4634 after 6 PM.

**FOR SALE:** Baldwin spinet piano with bench. 1 year old. \$800. Must have own transportation from Freeport area. Call 865-4161 or x2397.

**FOR SALE:** 1988 VW Fox GL 4 door, A/C, many extras, 4,000 miles. Over 9,000 new, asking \$7,750. Call anytime, leave message, 767-2020.

**FOR SALE:** 2-8 storm door, steel with half light. Storm door also included, \$75. Also 2-1 interior door-prehung, \$25. Call radio page 172 before 4 PM and 797-7014 after 5 PM.

## Nicotine joins list with heroin, cocaine

A new report by the U.S. Surgeon General calls nicotine an addictive drug, comparable to cocaine, heroin, or morphine. Surgeon General C. Everett Koop issued the report, a compilation by 50 scientists, with a call for action on tobacco addiction, which he said kills more than 300,000 Americans each year.

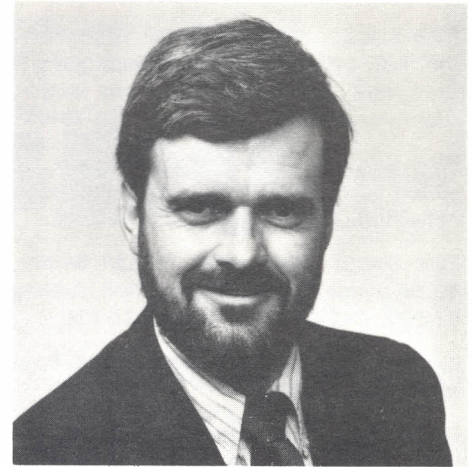
Nicotine, the report says, acts on specific receptors in the brain and other parts of the nervous system. It also relaxes skeletal muscles and affects the heart, blood vessels, and hormonal system.

Like those addicted to other drugs, the report says smokers use the drug compulsively, develop tolerance to it, and suffer physical withdrawal symptoms when they try to quit. Relapse rates among those who quit smoking, the report says, are similar to those who quit illicit drugs.

Nicotine's addictive properties include its mood-altering, stress-reducing properties. It also helps suppress appetite.

The good news is that 37% fewer Americans smoke now than a decade ago, and that smokers now comprise only 27% of the population. The bad news is that 320,000 deaths each year are caused by tobacco products.

## About People



David H. Wehmeyer has been named the new Float Unit Manager for Maine Medical Center. Wehmeyer has worked in MMC's Burn Unit as a Burn Technician for the past ten years. He came to MMC in 1970 as a Supervisors' Orderly. Wehmeyer has an associates degree in Applied Science from Andover College in Portland, Maine.

### Come partake . . . in the biggest cake . . . Food Services ever did make . . . for employee recognition sake!

Everyone's invited to drop by for a piece of the 8ft. x 4ft. cake in the cafeteria, Wednesday, June 8. The cake will be cut around Noon. Cake will be available for the evening and night shift as well. Courtesy of Food Services. (Producers of the giant cake are Jerry Goulet, Executive Chef, and John Romano, Production Manager.)

## New Employees

**NURSING:** Rita Dow, Jane Lockhart.

**HOUSEKEEPING:** Nancy Anderson, Leonard Benzin, Michael Cooper, Daniel Daigle, William Harrigan, Mary Paradis, Jason Robertshaw.

**ENDOCRINOLOGY:** Sharon Feagans.

**FOOD SERVICE:** Christine Hall, Nicole LaBonte, Brenda Page, Ferydon Panahi.

**DATA MANAGEMENT:** Lynn Kinney.

**PATIENT ACCOUNTS:** Cheryl Maloney, Priscilla Oxtan.

**HEMATOLOGY:** Leah Quensenberry.

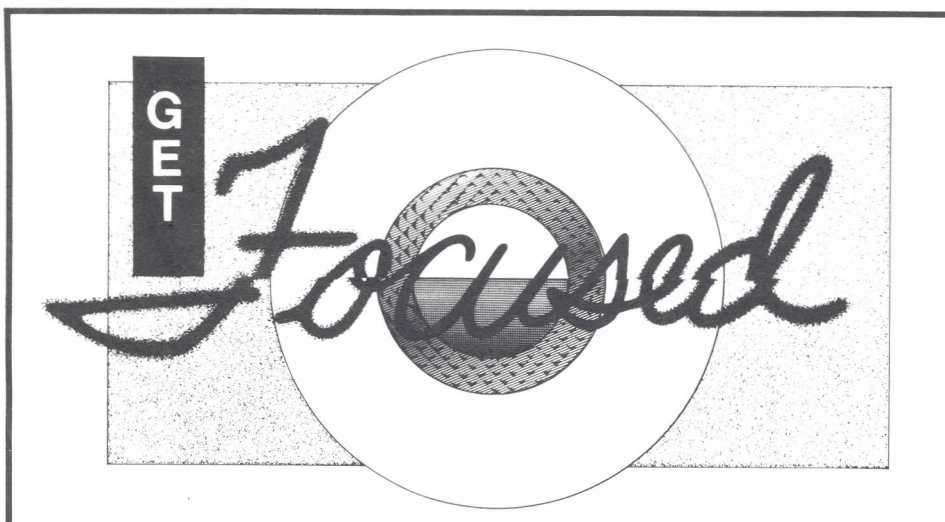
**EMERGENCY MEDICINE:** Kevin Wallace.

## Management Inside

### "The Impaired Hospital Worker"

**Edward Robinson, M.D.**  
**Thursday, June 2, 1988**  
**11:30 AM-12:30 PM**  
**Dana Classroom 3**

More than ten years ago the American Medical Association began to focus attention on physicians whose ability to provide patient care was reduced because of overwhelming personal problems or by abuse of drugs or alcohol. Nursing organizations also raised concerns about nurses whose abilities were compromised. Today annual conferences are devoted to the problem of impaired professionals. Dr. Edward Robinson, of MMC's Department of Psychiatry and a consultant for chemical dependency, will speak about the dilemma created when the effectiveness of hospital employees is reduced by addiction, psychiatric problems, age, or infirmity. What dangers exist for patients and other staff members? How can co-workers recognize impairment? What resources are available to combat this difficult problem? Come find the answer to these concerns and others.



# Marketplace

**FOR SALE:** 1975 Plymouth Gran Fury, V-8, A/C, 4 door, new tires including snow tires, new muffler, dented front fender, rust in rear panel, \$500. Call 846-3919.

**FOR SALE:** Men's green, Schwinn, 10 speed bike. 19" frame, 27" tires, good condition. Asking \$80. Call 874-0744.

**FOR SALE:** 1985 white Nissan Sentra, 40,000 miles. Excellent condition. Asking \$3,500. Call 892-3115 after 6:15 PM.

Large 4 piece ceramic canister set. Best offer. Call 774-8902.

**FOR RENT:** Scarborough, 5 minutes from MMC, 2 bedroom apartment in duplex on 1 acre lot. Newly remodeled, garden space, privacy, available 7/1/88. \$575/mo. call 883-9737 evenings or weekends.

**FOR RENT:** Heated 4½ large rooms with stove and refrigerator. Hardwood floors. 1st floor, near USM and MMC. \$525/mo. Call 772-4143.

**ROOMMATE WANTED:** Female, preferably 2nd or 3rd shift, to share luxury apartment in Scarborough, 5 minutes to Maine Mall, 10 minutes to MMC or beach, parking, utilities, W/D, deck. \$45/wk or \$180/mo. call 883-2368.

**FOR RENT:** 4 BR apartment Danforth Street, hardwood floors, living room and dining room. Available on or before 7/1/88. \$625/mo. plus utils., call 846-3849 nights or weekends.

**ROOMMATE WANTED:** M/F professional non-smoker to share new home 1 mile from Scarborough beach. \$350/mo. plus utils. Call 883-8454 evenings.

**FOR RENT:** New duplex in Saco. 2 BR, bath, kitchen, dining and living room, basement. Quiet neighborhood, no pets. \$550/mo. plus utils. and deposit. Call 284-2280.

**FOR RENT:** Mature female professional, non-smoker, wanted to share home in Falmouth. Bedroom and private bath, kitchen privileges. No pets, references requested. \$65/wk. Call 773-1413 evenings.

**FOR RENT:** Female, non-smoker to rent room in large house in Freeport, 8/1/88-12/25/88 (approx.). \$60/wk. plus 1/2/ utils. Call 865-4891.

**ROOMMATE WANTED:** Single professional female seeks same to share a sunny apartment located on West Street. Heat included, off-street parking. Please call 774-3695 evenings.

**WANTED:** Sitter for elderly man. Average 3-4 hours weekly, mid-day. Cape Elizabeth vicinity Cape Cottage P.O. Own transportation. Call 799-0527 before 9 AM or after 7 PM.

**CHILDCARE:** The Stevens Avenue Cooperative Nursery School is accepting applications for next year's enrollment (1988-89) for 3-5 year olds. For more information call 797-6502.

**WANTED:** Yard sale. Saturday and Sunday, June 4th and 5th, various household items. 25 Machigonne Street, Portland.

**WANTED:** Someone to commute from Lewiston/Auburn to MMC for the 3-11:30 PM shift. Starting in July. Will help pay for gas. Call 799-4432.

**WANTED:** To purchase one cord of firewood. Please call 773-2920.

**WANTED:** Plumbing and heating services offered. Reasonable prices, 10 years experience, masters license. Call 797-9712 or 767-4038.

**FOR SALE:** Cape Cod residence in historic Stroudwater section of Portland. 3 BR, 2 car garage with carriage doors, fireplace in living room and recreation room, maple hardwood floors throughout. Over ½ acre lot, 20' x 40' in ground pool, exterior newly renovated. Minutes from MMC. Asking \$229,900. Call 773-1990, or 772-0049, days, or 773-0609, evenings.

## what's happening

**WHAT'S HAPPENING** is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

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**FOR SALE:** Contemporary Queen-size sleep sofa, excellent condition, 2+ years old. \$350 or best offer. Call 934-9377.

**FOR RENT:** Sublease furnished apartment downtown Portland from 6/1/88 to 10/1/88 to quiet non-smoking professional. \$575/mo., call 773-2962.

**FOR SALE:** 1986 Ford Ranger king cab truck, low mileage, bedliner, jumpseats, excellent condition. \$6,500. Call 767-4038.

**FOR SALE:** 14' Hobie Cat sailboat with extras, jib, trapeze trailer, 2 vests, etc, best offer; 10 speed Puch bike, \$95; call 1-934-9356 or x4238.

**FOR SALE:** 1986 Jeep Cherokee Chief, excellent condition, A/C, automatic, 4x4, sport wheels, \$10,500. Call 839-8149 after 6 PM.

**FOR SALE:** 1985 Nissan 4x4 pick-up with cap, 21,000 miles, excellent condition, \$6,500. Call 839-3725 before 7:30 PM.

**FOR SALE:** Ladies size 7½ Caber ski boots. Grey/red, fairly new, too small for owner. \$60, or best offer. Call 775-3428 or x2477.

**FOR SALE:** Electric stove (28 inch set-in type) and range hood, good condition, \$50. Metal Swing set (T style) free to a good home. One exterior door with window and wood storm, fair condition, \$25. Call 761-3951 evenings.

1984 Plymouth Horizon. Low mileage, excellent condition, recent tune-up and oil change. Automatic, 4 door hatchback. Asking \$2,000. Will negotiate. Call 773-1635.

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