

# what's happening

Maine Medical Center  
Portland, Maine 04102

April 13, 1988

Vol. 20<sup>19</sup>, No. 31

## April is National Occupational Therapy Month



Occupational Therapists help MMC's patients with physical disabilities regain the skills they need to resume a normal and active lifestyle.

Celebrate with them  
at an Open House  
in Occupational Therapy  
Thursday, April 21, 1988  
11:00 AM — 1:00 PM  
and  
3:30 PM — 5:00 PM

## Committee working on child care options

Finding adequate child care is an ongoing concern for many MMC employees. In an effort to address this need, Personnel has taken a three-fold approach including the use of a referral agency, tax advantages for employees, and the formation of a Child Care Committee.

During the past three years more than 1,000 MMC employees have been helped by Child Care Connections, a resource and referral agency that gives advice and guidance on possible child care providers in the community. Contact with the agency is made through the Employee Benefits Office.

An Employee Pre-Tax Program was initiated in January that enables employees to use pre-tax income to pay for child care expenses. Handled through a payroll deduction account, the program has the effect of lowering the employee's tax liability.

In February a Child Care Committee, consisting of 25 employees from a cross-section of departments, was formed to look at the various options available to meet employee's child care needs. According to Chairman Don Sedenka, Em-

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## Spring fling Boston trip

Take a bus ride to Boston with the Employee Activities Committee for a day of leisure. Take in the sights, go shopping, or see a show.

Saturday, May 21, 1988

Bus leaves Bramhall entrance at 8 AM

\$15 per person—no refunds

Call Bev Cookson in the cafeteria, extension 2563 for reservations.

# About People



Patricia A. Bruce has been named Assistant Head Nurse in the Ambulatory Surgical Unit. Bruce has been a level III staff nurse in MMC's Operating Room for the past four years; responsible for meeting complex needs of patients during surgical intervention. Prior to this, she was Head Nurse at Devonshire Manor, a 39 bed nursing home in Portland. Bruce holds her B.S. degree in Nursing from the University of Southern Maine.

## Develop your performance skills

*Improving performance*, the third module of the management and supervisory development program will be offered on six consecutive Tuesdays, starting April 26, 1988. This in-depth course will develop your skills in:

- identifying strengths and weaknesses in job performance;
- stating expectations, observations, and concerns clearly;
- drawing out employees' thoughts and feelings;
- dealing with differences of opinion;
- supporting positive change.

Videotape will be used to help you see your own behavior objectively, and draw on actual situations to help you develop a variety of techniques on working with your staff.

Tuesdays, April 26–May 31, 1988  
9 AM–12 Noon

Susan A. Williams, Director  
Training and Development  
Enrollment Limit: 12

CEU's: 1.8

Please call the Office of Training and Development at extension 2824 to sign up.

## Secretarial Forum

The Secretarial Forum of Maine Medical Center extends an open invitation to all clerical employees interested in joining our group. The Forum meets the fourth Wednesday of the month at 12 noon in the Dana Education Center. Please bring your lunch and join us for a short business meeting followed by a guest speaker. Please call Nancy Baker at ext. 2526, or Jeannette Rossi at ext. 2417 for further information. Our next meeting will be on April 27 at 12 noon in classroom 2.

## Course offers tips on money management

The workshop *You Can Manage Your Money* will help you see how simple it is to handle day-to-day financial affairs. Almost all of us have anxiety about:

- balancing checkbooks
- handling debts
- paying taxes
- keeping expenses in line with income
- selecting insurance

Fred Brown, financial consultant and trainer, will show you how to use your financial records for planning and control, and teach you simple systems for money management.

To sign up for this 5 hour program (2 sessions, 2½ hours each) call the Office of Training and Development at extension 2824. Enrollment will be limited to 15.

Thursday, April 28  
Thursday, May 5  
3 PM–5:30 PM



## Continuing Education

Nursing Staff Development

### Principles of Teaching and Learning Applicable to Contemporary Nursing Practice

Wednesday, April 20, 1988  
8 AM–4:30 PM

prior registration only  
eight contact hours

### Nursing in an Ambulatory Setting: Making a Difference

Saturday, April 23, 1988  
8:30 AM–4 PM

prior registration only  
five contact hours

## CHILD CARE, from page 1

ployee Benefits Manager, the needs of MMC employees are varied and unique. Because of the nature of work hours, child care is needed for all three shifts including weekends.

Sedenka says the Committee will attempt to meet the needs of most employees by exploring all possible alternatives. The Committee is researching what others have done, and examining child care legislation. It has looked into the child care solutions of most major organizations in the Portland area, including the three major hospitals in the state. In addition, the Committee is discussing alternatives ranging from a child care center to a network of day care homes.

Don Sedenka will be leaving MMC in April, and Lynn Breckinridge will take over as chair of the Committee. The Committee hopes to present its report and recommendations to senior management by the end of May.

## Thanks

*On March 3, my father John Beckett had bypass surgery at your facility. I want you to know that the nurses in the Special Care Unit were very special. Ila, Bonnie, and Debbie were the three who spoke to me—at all hours—over the telephone. They were friendly and so helpful to me! As a nurse myself in a critical care unit, I found it particularly hard to be 3,000 miles away as Dad had surgery—yet, Ila, Bonnie and Debbie kept me informed and put me at ease. They are great PR people for MMC. Thank you.*

Sincerely,  
Kathleen S. Day, RN

*Just a note of appreciation regarding all the services rendered to my wife, S. Margaret Merrill, during the last few days of her life in room 503.*

*Although there was little to be done, everyone was most kind and thoughtful in making her life as comfortable as possible.*

*Thank you so much.*  
Jerry M. Merrill

PC User Group  
Wednesday, April 20, 1988  
4:30 PM–6:30 PM  
Dana Classroom 1  
Introduction to Lotus

# National Medical Laboratory Week

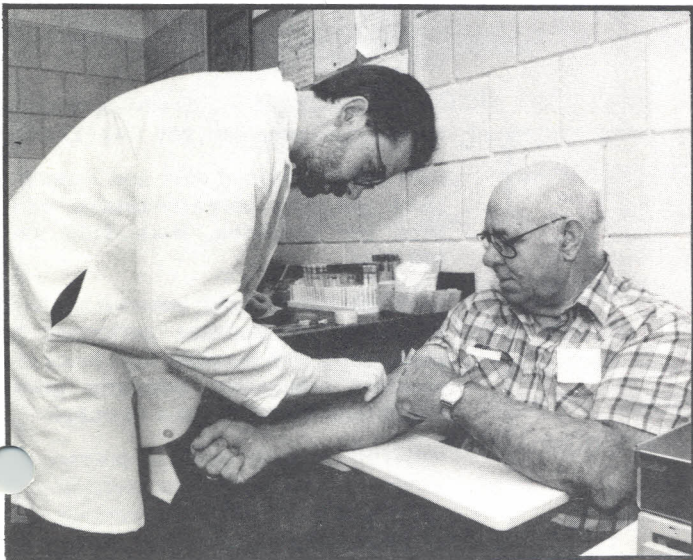
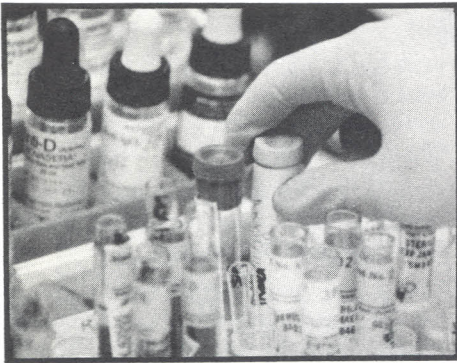
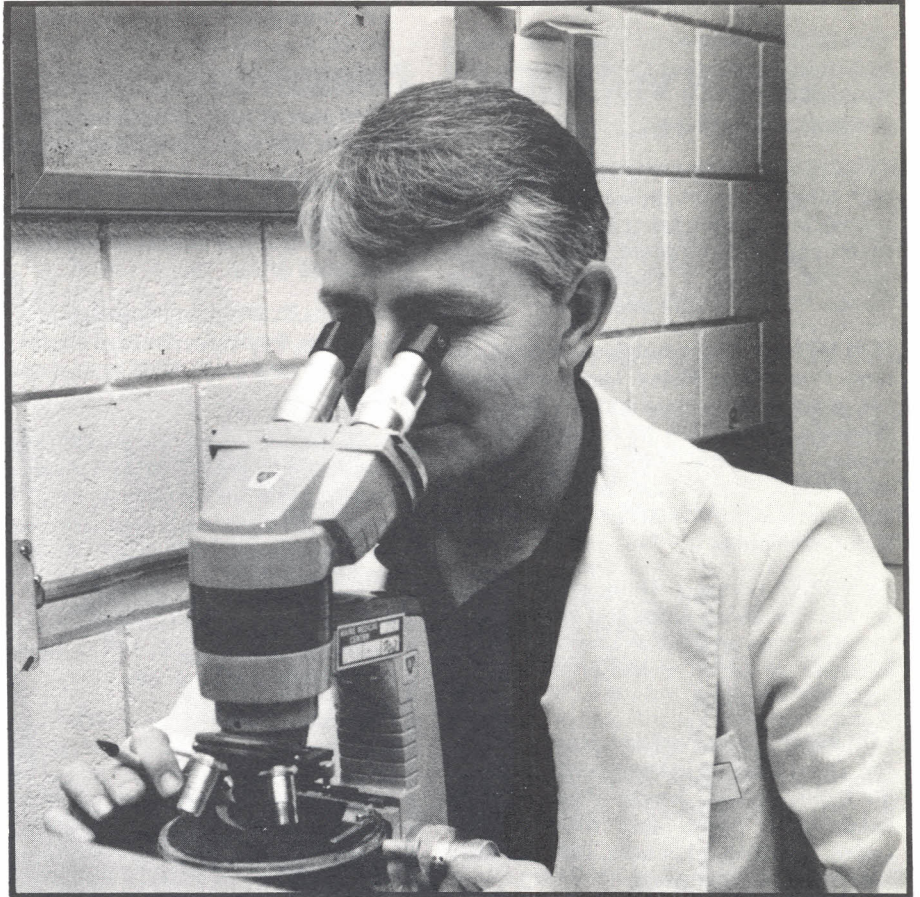
April 10-16

## Working For Your Good Health

Medical laboratory professionals at Maine Medical Center along with their colleagues across the nation are celebrating National Medical Laboratory Week, April 10-16.

This year's theme is *Our Knowledge, Skills, and Dedication — for Your Good Health.*

The event salutes the important work of medical laboratory professionals, MMC's second largest group of health care workers. The Department of Pathology, with a staff of 240 professionals, performs approximately 2 million procedures each year. The results of these procedures are critical in the diagnosis and treatment of disease. *Shown here are scenes from various sections in the laboratory. (A/V photos)*



# Marketplace

**WANTED:** Homes to sit. Responsible 22 year old student willing to care for your home. Available May 7 through August. Pets and plants welcome. References available upon request. Call 874-3110 or 780-5240, leave message.

**WANTED:** Small furnished apartment or rooms for 2 UVM students, June, July, August—near MMC. Call x2226.

**CHILDCARE:** Mother of 4 year old willing to babysit in Deering Ctr/Woodfords area home. M-F, 7:15 AM–5:30 PM. References available. Call 773-9676.

**CHILDCARE:** Loving mom of 6 month old with prior childcare experience willing to babysit in my home full or part time. Would prefer child under 2 years. Large backyard and lots of love. 2 miles from Standish Center. Call 642-2819 evenings.

**FOR RENT:** Summer rental, oceanfront cottage, Friendship, Maine. Large, comfortable, private 6 BR cottage with 1½ baths and fireplace. Completely furnished, utils. included. Available 7/30/88–8/20/88 for \$550/week; June and September for \$390/week. Call 799-4604 after 6 PM for further information.

**FOR RENT:** Sunny, 1 BR apartment w/galley kitchen, living room and storage area in quiet home on Beacon Street. \$325/mo. includes all utils., available 5/1/88. Call 773-2696 evenings.

**FOR RENT:** South Portland, Meetinghouse Hill. Quiet location in neighborhood of single family homes. Sunny, attractive 2 BR w/hardwood floors and W/D hook-up. Lease. \$540/mo. plus utils. Call 799-3508 evenings and weekends.

**FOR RENT:** 1 and 2 BR apartments. Quiet neighborhood on busline. Laundry facilities, off-street parking, W/W carpeting. Sorry, no pets. \$400 and \$450/mo. Call 799-4554 or 799-9265.

**FOR RENT:** 1 BR, large kitchen and living room on the West End. Parking for one car. \$400/mo. One month security deposit required. Non-smoker. Call 761-1638.

**FOR RENT:** Unfurnished apartment. MMC area, heated 2 BR apartment, stove and refrigerator, 2nd floor, no pets, security deposit and lease. \$450. Call 774-6621.

**FOR RENT:** Newly renovated 1 BR apartments now available within walking distance to MMC. Hardwood floors, new kitchens, on-site laundry. \$450 - \$475 heated. Parking and storage available. Phone 871-7072 or 767-2832, M-F, 8 AM–5 PM.

**ROOMMATE WANTED:** Emery street, M/F, \$245 plus ½ utils. private entrance. Available 5/1/88. Call 773-6639 after 4 PM.

**ROOMMATE WANTED:** Female to share apartment close to MMC. \$275/mo. including heat and hot water, off-street parking, available 5/1/88. Call 871-0445.

**FOR SALE:** 1976 Ford Maverick, 64K original miles, 6 cylinder die-hard engine, stickered and runs great. \$500 or best offer. Call x2526.

**FOR SALE:** 23' O'Day Tempest fiberglass sloop, self bailing, 8' cockpit, new 7.5 Mercury electric start w/generator, 2 berths with cushions, head, 3 sails, VHF, excellent starter boat. \$6,250. Call 799-5650 or 871-2199.

**FOR SALE:** 1982 Datsun pick-up, 5 speed, excellent condition, \$1,600 or best offer. Call 856-6514 after 5 PM.

**FOR SALE:** 1985 Volvo 244DL, excellent condition, rare dark-grey-blue velour interior color, automatic, low mileage, 26,000, AM/FM cassette, A/C. Call 767-4038, leave message.

**FOR SALE:** 1986 Ford Ranger truck-king cab deluxe model, excellent condition, automatic, AM/FM cassette, bedliner, jump seats, have new company truck, must sell, \$6,999. Call 767-4038, leave message.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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**FOR SALE:** Dining room table and chairs, \$150; Westinghouse electric stove, \$300, like new, only used 5 months; 1979 Ford Granada, asking \$600. Call 797-8595 after 6 PM.

**FOR SALE:** 14' Hobie cat sail boat and jib, other extras. Call 934-9356.

**FOR SALE:** 1982 Mazda RX-7, automatic, mint condition, sunroof, A/C, power windows, mileage, 77,000. \$5,800 may be negotiable. Call 829-5172.

**FOR SALE:** Sofa bed, queen size, excellent condition, beige color with brown accent. \$250 firm. Call 878-2046.

**FOR SALE:** 1980 AMC Spirit. 2 door, 6 cylinder, good condition, snow tires included, \$900 or best offer. Call 761-9092 between 8 AM–4 PM.

**FOR SALE:** 1985 V-Max motorcycle, adult ridden, garaged, accessories, mint condition, \$4,300. Call 773-2920.

**FOR SALE:** Singer treadle sewing machine in very good condition, \$50. Call 773-9676.

**FOR SALE:** Colonial sofa and matching chair, well made, very comfortable, wood trim, fair condition. Both \$150. Call 839-3168.

**WANTED:** Residential or commercial cleaning positions. Services performed by professional with ten years experience and excellent references. Estimates given. Please call 767-4460, leave message.

**WANTED:** Income taxes to prepare. individual tax returns by tax preparer w. H&R Block and Big Eight experience. MBA in accounting, reasonable rates. Call 774-6481.

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