

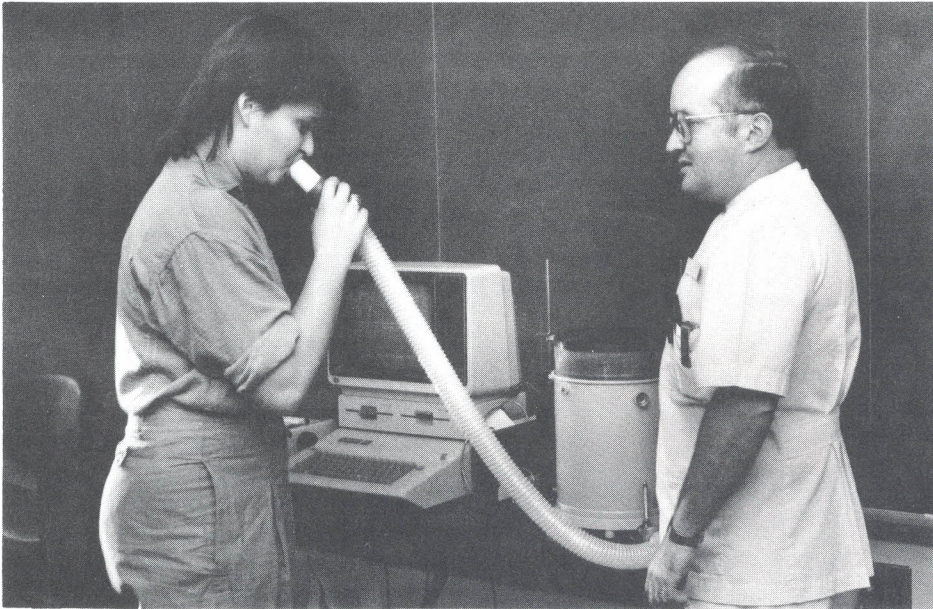
# what's

Maine Medical Center  
Portland, Maine 04102

# happening

November 25, 1987

Vol. 19, No. 13



GEORGE BLAISDELL, JR., R-PFT, measures the lung capacity of Barbara Banach, PT with a spirometer. 25 employees took advantage of the free testing as part of the Great American Smokeout last Thursday. (A/V Photo)

## MMC on American Top 40

The Public Information Department recently received a tape from Larry Boivin, Operations Manager and morning DJ for radio station WIGY in Bath, Maine. It included a long distance "thank you" from former MMC patient Richard Lake.

As an ABC affiliate, WIGY carries the weekly broadcast of Casey Kasem's *American Top 40*. This program is heard on 495 radio stations nationwide, as well as in 42 countries worldwide, and has an estimated audience of over 7.9 million in the United States alone. As a part of the four-hour broadcast, one "Long Distance Dedication" is selected from the hundreds received weekly from listeners, to be played on the air.

On October 3, 1987, this is what listeners heard:

**DEDICATION**, page 3

## Expand your horizons Career Education Day

Employees who are interested in becoming nursing assistants, nursing unit clerks, LPNs, RNs, or Surgical Technologists are invited to a Career Education Day, Thursday, December 3, 2:30 PM-6 PM, in the Dana Center.

Representatives from area schools will be on hand to provide information about educational opportunities available to begin a career in the Department of Nursing. LPNs wishing to become RNs; RN's interested in earning a BSN; or BSN prepared nurses wishing advancement through MSN study are invited to speak with personnel from the schools. Representatives will also be here from CNA, Surgical Technology, and secretarial programs; and information will be available about MMC tuition reimbursement, nursing scholarships, and other benefits.

## Storm policy sets foul weather rules

Maine Medical Center's storm policy clarifies employee responsibility and hospital pay practices during severe weather conditions:

*Maine Medical Center provides essential public services and must remain in operation 24 hours a day, every day of the year, in all seasons and kinds of weather. Every MMC employee is essential to the hospital in his or her primary role, or in an emergency, filling in where the need is greatest.*

*The hospital's policy regarding employee responsibility and pay practices during severe weather conditions is based on our public obligations as members of the MMC health care and support team. It recognizes that some employees may be delayed in reaching the hospital, some may be unable or unwilling to come to work during severe storms, and some who are at the hospital during storms may have to work overtime for long hours when their colleagues do not arrive for their regularly scheduled work times.*

*Those circumstances put extra strain on employees at the hospital, interfere with efficient delivery of high quality care, and increase the cost of health care. Therefore, it is imperative that absences induced by storm conditions be reduced to an absolute minimum.*

1. Each employee is expected to make every reasonable effort to report to work as scheduled.

2. An employee who is unable to get to work because of the storm should notify his or her supervisor as far in advance as possible. In that case the employee may take an excused absence without pay or, with his supervisors approval, use accrued vacation or holiday time.

3. An employee who is delayed by storm conditions, but arrives within two hours of the scheduled start of his or her

**STORM**, page 2

**STORM**, from page one

shift, will be paid from the beginning of that shift.

4. An employee who wishes to leave work early because of storm conditions may do so only with his or her supervisor's permission and may not be paid for that time except from accrued vacation or holiday time.

5. Normal MMC pay practices will apply to those employees asked to work beyond their scheduled shift to cover for late or absent employees, just as for any other reason.

6. Supervisors will make arrangements for coverage of vacant positions, including placement of substitute personnel in positions where regular personnel are not available.

**\$66,387**

**Raised in MMC's  
1987 United Way  
Campaign**



This year's goal of \$64,000 was exceeded prior to the end of the campaign for the first time ever at MMC.

**Reward Program  
Series Scheduled**

A series of informational meetings to review the *Sick Time Reward Program* will be held from December 2-8. The program has been developed based on comments gathered during the attitude survey and in employee meetings. If you'd like to hear details, please attend one of the meetings listed below.

**Wednesday, December 2, 1987**

- 8:00 AM Classroom 3
- 12:00 Noon Classroom 3
- 2:30 PM Classroom 7

**Thursday, December 3, 1987**

- 1:00 AM Classroom 7

**Monday, December 7, 1987**

- 8:00 AM Classroom 3
- 12:00 Noon Classroom 7
- 2:30 PM Classroom 7

**Tuesday, December 8, 1987**

- 8:00 AM Classroom 7
- 12:00 Noon Classroom 7
- 2:30 PM Classroom 7



**IT'S CHRISTMAS AT MMC!** That's the feeling you get walking through the admitting lobby where the Gift Shop Christmas Fair is being held now through December 5. Hurry, only 30 days until Christmas. (A/V Photo)



**THE FRIENDS OF MMC** recently held their annual Fall Meeting, where the 1987-88 Friend's Board of Directors was announced: Mrs. Paul Frinsko (Linda) President; Mrs. Charles Hull (Linda) 1st Vice President; Mrs. Jeffrey Begin (Elizabeth) 2nd Vice President; Mrs. Donald Nicoll (Hilda) Recording Secretary; Mrs. George Lord (Maribel) Corresponding Secretary; Mrs. Alan Leathers (Genny) Treasurer; Mrs. Bruce L. Christiansen (Debbie) Assistant Treasurer; Mrs. James Higgins (Nan), Mrs. J. Richard Clemons (Jeannette), and Mrs. Jeffrey White (Nancy), Members-at-Large. Shown below (left to right) are auxiliary members Elizabeth Begin, Jeannette Clemons, Linda Frinsko, and Hilda Nicoll. (A/V Photo)

## DEDICATION, from page one—

"This is Casey Kasem on American Top 40. Well, now we are up to our long distance dedication; and it's a dramatic story told by a teen-ager from Maine:

Dear Casey,

*This dedication is a special one because I feel it's the only way of saying thank you to a lot of people at once. I celebrated my 17th birthday this past June, and it probably wouldn't have happened without them. I had cancer. Inside my brain there was a slow growing tumor, which by the middle of December was pressing against the two hemispheres of my brain; it was causing a lot of pain.*

*In January, I was taken to Maine Medical Center where I was placed on life support machines in the Special Care Unit. I was starting to swing back, but then suddenly went critical. Dr. William D'Angelo, a brain surgeon at the hospital, operated on me for seven hours non-stop and removed almost all of the tumor.*

*Then, I was taken back to the Special Care Unit to find out how to diagnose my recovery. Well, two weeks after surgery I was walking around the general care ward talking to people. After a month of Radiation Therapy, the remaining tumor cells were destroyed, and I was taken off my prescription.*

*Casey, could you please play "Lean on Me," for my family who stayed with me, for the doctors and the entire staff at Maine Medical Center to let them know that there is living, breathing proof that what they do is not in vain. Thanks Casey.*

"Okay Richard, here's your long distance dedication."

**Lean on Me © 1972**

**Music and Lyrics by Bill Withers**

Some times in our life, we all have pain, we all have sorrow, but if we are wise we know that there's always tomorrow.

Chorus:

Lean on me, when you're not strong, and I'll be your friend, I'll help you carry on, for it won't be long 'til I'm going to need somebody to lean on.

Please swallow your pride, if I have things you need to borrow. For no one can fill those of your needs that you won't let show.

Chorus:

Just call on me brother when you need a hand, we all need somebody to lean on. I just might have a problem that you'll understand. We all need somebody to lean on.



**NATALIE BERGERON, (third from right) Administrative Secretary in the Housekeeping Department, is shown at her surprise retirement tea, hosted by members of the housekeeping staff. Bergeron has been an MMC employee for 18 years.**

(A/V Photo)



### Continuing Education

Nursing Staff Development

- **Nursing Grand Rounds**

"The Patient with Coronary Artery Disease—from Admission to Discharge"  
Wednesday, December 1, 1987

1 PM Classroom 2

Sponsored by CICU, R9W, and SCU  
Kathy Giobbi, RN, Chris Lord, RN, and Ann McPhee, RN

- **Career Education Day**

Area schools of Nursing represented.  
Open to all MMC employees.

Thursday, December 3, 1987

2:30 PM—6:30 PM

Dana Center Lobby and Classrooms  
Refreshments will be served

- **Critical Care Seminar: "Cocaine: Toxic and Adverse Effects"**

William B. Williams, M.D.

Thursday, December 3, 1987

8 AM Classroom 4, repeated

3:45 PM Classroom 2

Sponsored by Special Care Unit  
*one contact hour requested from MSNA*

## Please Note

**Maine Cytometry Research Institute**

has moved to a new location  
109 Park Street Portland, Maine 04102  
(207)761-9090

## New Employees

**NURSING:** Angela Berry, Mary Cardamone, Beverly Chabot, Brenda Clark, Nancy Dexter, Karen Groves, Barbara Lacasse, Tori Lynch, Marianne Marstaller, Paula McKinley, Susan Melcher, Kimberly Moore, Stanley Staples, Susan Trichka.

**ENDOCRINOLOGY:** Trina Maranda, Ellen Wenning.

**ULTRASOUND:** Elaine Michaud.

**PEDIATRICS:** Jan Kooistra, Kathleen Walsh.

**HEMATOLOGY:** Peggie Kruswick.

**COMPUTER MAINTAINENCE:** Eugene Menard.



# Marketplace

**FOR RENT:** Water views overlooking marina. New 1 room apt., elevator, 24 hour security. \$650/mo., call 799-9265.

**FOR RENT:** Bedroom, sitting room, and ½ bath. Suitable for single person, laundry, and kitchen privileges. \$250/mo., 10 minutes from MMC. Call 799-5790.

**FOR RENT:** Clinton street 3 BR unfurnished 1st floor apt., near all schools. Available 12/1/87, garage, parking, all appliances, fireplace, \$560/mo. plus utils., call 829-5320.

**FOR RENT:** Portland 2 BR Townhouse with loft, basement, gas heat, W/D hook-up, many extras. \$685/mo. plus ½ utils., call 829-5320.

**FOR RENT:** 2 BR apt., sunny modern, W/D. \$575/mo. plus utils., call 829-5320.

**FOR RENT:** 3 BR newly remodeled apt. adjacent to MMC. Includes heat, parking and laundry. \$600/mo., call 775-1677.

**FOR RENT:** 3 BR house. Parking, laundry facilities, stove, refrigerator, no dogs. Working couple preferred. \$650/mo., call 775-2112 or x4557.

**FOR RENT:** Small, cozy apt. in quiet building. Parking, and laundry facilities available. No dogs. \$350/mo., call 775-2112 or x4557.

**FOR RENT:** 2 BR apt. updated, hardwood floors, parking, all utilities included, \$690/mo., call 774-9303.

**FOR RENT:** 2 BR Cape Condo, dishwasher, W/D included, 6 month lease, \$585/mo. plus utils., call 774-9303.

**FOR RENT:** 2 BR Townhouse, pet considered, landscaped, \$635/mo. plus utils., call 774-9303.

**ROOMMATE WANTED:** Person to share beautiful residence, lots of privacy, no smoking, no pets, \$275/mo. plus utils., call 774-0852.

**ROOMMATE WANTED:** To share with 2 other females. 10 minutes from MMC, furnished, \$192/mo. plus ½ utils., heat and hot water included. Need security deposit and 1st months rent. Call 879-1514.

**ROOMMATE WANTED:** Professional, non-smoker, to share apt. in Woodford/Osteopathic area. Hardwood floors, garage, driveway, fully applanced, access to yard. \$275/mo., call 879-1886.

**ROOMMATE WANTED:** To share 3 year old, 2 BR Townhouse condo, quiet Westbrook setting. Large closets, living room, dining room, kitchen, \$325/mo. plus ½ utils., call 854-0388.

**ROOMMATE WANTED:** Female to share quiet apt., \$210/mo. plus utils., call 774-6249.

**ROOMMATE WANTED:** Non-smoker to share sunny 2 BR apt. in the Gorham area. \$250/mo. plus ½ utils., oil heat. Call 929-3691 or 839-3096 evenings.

**ROOMMATE WANTED:** Female non-smoker to share sunny 2 BR furnished apt. in Woodfords area. \$240/mo. plus ½ utils., oil heat. Call 761-0452.

**ROOMMATE WANTED:** M/F to share 3 BR, 2 bath townhouse in Westbrook, off-street parking, fireplace, cellar storage. \$325/mo. includes everything. Call 854-9372, leave message.

**ROOMMATE WANTED:** Person who genuinely likes cats and appreciates living very close to the beach. \$200/mo. plus utils., call 774-1189.

**FOR SALE:** Sofa, love-seat size, custom made, red plaid, excellent condition, \$150. Humidifier, floor model, portable, Montgomery Ward, good condition, \$50. Call x4026 or 883-2386.

**FOR SALE:** Men's racing ski pants, detail skiwear, Euro size 48, inseam approx. 29", \$50 (new \$150), black with red. Call x4026 or 883-2368.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

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**FOR SALE:** 1983 Chevelle Malibu, automatic, AM/FM stereo, maroon with cloth interior, one owner, 48,000 miles. Comes with snow tires, \$3,995, call 799-8014.

**FOR SALE:** Apt. sized Whirlpool washer, 2 speeds, 3 water levels, 5 water temperatures, \$125. Call 797-4420.

**FOR SALE:** Full length rust suede coat with honey colored fox fur collar and lapels. Size 12, \$125 or best offer. Call 772-2619 after 8 PM.

**FOR SALE:** 1981 Mercury Zephyr, 6 cyl., 4 door, 41,000 miles, mint condition, must sell. Asking \$2,800. Call 761-2075.

**FOR SALE:** Baldwin Acronsonic upright piano. Excellent condition, asking \$1,300 or best offer. Call 926-3719 evenings.

**FOR SALE:** Queen-sized waterbed and plain pedestal, super waveless mattress. 2 year old, \$75. Call 773-4420.

**FOR SALE:** Man's suits and sport jacket. Size 44 xlong. Excellent condition. Call 773-2300 after 7 PM.

**FOR SALE:** 1979 Subaru D/L hatchback, 5 speed, a/c, runs well, AM/FM radio, call 729-4800 after 5:30 PM.

**FOR SALE:** 1986 Chevrolet Cavalier Type 10 hatchback, red, grey interior, automatic, power steering, power brakes, AM/FM radio/cassette, aluminum wheels, 32,000 miles. Call 284-5338 after 5 PM.

**FOR SALE:** Nurse Mates, white shoes, size 7B, \$30. Originally \$55, worn once, perfect condition. Call 854-8240.

**WANTED:** Ride needed to Boston for 11/25 or 11/26. Will share expenses. Call 772-6952.

**what's happening** Maine Medical Center  
Portland, Maine 04102

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