# what's Maine Medical Center Portland, Maine 04102

#### November 11, 1987

#### Blood Bank provides outpatient treatment

(Part two of a two-part article on MMC's Blood Bank, part of a continuing series on the Laboratories.)

The Blood Bank Therapy Room provides treatment crucial to the well-being of many outpatients at Maine Medical Center. Patients requiring treatment are given the opportunity to obtain the treatment without an overnight hospital admission. These patients range from 2 to 90 years of age. Most have malignancies including leukemia, lymphoma, and other cancers. Many other patients have significant medical disorders requiring replacement therapy such as those with hemophilia and hypogammaglobulinemia. Transfusions, infusions, and chemotherapy are just some of the procedures performed.

Oncology patients, the majority of the patients treated in this unit, receive chemotherapy. This is the treatment of chemical substances used to destroy tumor cells. The drug is administered through an IV and is carefully monitored.

The transfusion of blood products are regularly performed in the therapy room. Some patients with hematologic disorders must receive red blood cell transfusions for anemia. Other clotting dificiencies are treated with a transfusion of platelet concentrates.

It usually takes a two to four hours for a patient to receive a blood transfusion in the therapy room. An IV is started and the patients receive one unit of blood or other blood products at a time. The patient is carefully observed to ensure no adverse reactions occur. Soon after a transfusion is completed, the patient can leave.

Therapeutic Pheresis, the removal of a component from the blood and the reinfusion of the remaining components, is also conducted in the therapy room.

BLOOD BANK, page 2

#### Christmas Fair begins the holiday season

The Gift Shop Christmas Fair will deck the halls of Maine Medical Center's admitting lobby with boughs of holly, stocking stuffers, Christmas decorations, and presents once again this year. The Fair, sponsored by the Women's Board of Maine General Hospital, runs Monday, November 16 through Saturday, December 5. Hours are 9 AM–4:30 PM, Monday–Friday, and 12 noon–3 PM on Saturday. It will not be open Sundays or on Thanksgiving Day.

#### Vol. 19, No. 11

Candles, brass, teak wood, paper mache angels, stuffed animals, toys, and other Christmas goodies await the early bird Christmas shoppers at the Fair.

Proceeds from the Fair support projects of the Women's Board of Maine General Hospital, one of the oldest auxiliaries of its kind in the country. In addition to the fair, the Board operates the MMC Gift Shop, Coffee Shop, and Gift Cart.

Chairman of the 1987 Fair is Joan Delp of Falmouth; co-chairing is Ginny Camp of Cape Elizabeth. Members of the Women's Board prepare and staff the Fair.



CANDLES, ANGELS, and stuffed animals await the annual Gift Shop Christmas Fair, scheduled for November 16–December 5, in the Admitting Lobby. (A/V Photo)

#### AAMT to meet at MMC

On Saturday, November 14, 1987, Maine Medical Center will host a meeting of the Northeastern Maine Chapter of the American Association of Medical Transcriptionists. The meeting, to be held in the Charles A. Dana Education Center, classroom 2, will feature two video presentations regarding the psychiatric patient; Eleonore Dumais, RN, MS Ed., Psychiatric Nurse for nine years in the Boston area will serve as guest speaker. The afternoon session, prepared by guest speaker Patricia Morrow, CMT, will discuss the formation of a new chapter.

All Medical Transcriptionists are invited to attend. Two continuing education credits will be given to those in attendence. A door prize of a Dorlands Medical Dictionary will be awarded to a registrant.

The ten dollar registration fee covers both sessions and a continental breakfast. Further information and registration forms can be obtained by contacting Rita Jean, CMT, at x 2891.

# November 14 diabetes lecture cancelled

Author and educator Lawrence Pray, scheduled to speak at Maine Medical Center Saturday, November 14, has been forced by illness to cancel his appearance. He was to be part of the hospital's observance National Diabetes Month.

Pray has said he will attempt to reschedule his visit to Portland, probably next Spring.

Pray is the author of "Journey of a Diabetic," a book many consider required reading for diabetics and their families. In the book, Pray traces his own struggle to live with his disbetes and examines the lessons to be learned from chronic illness.

#### National philanthropy day Friday, November 13

Maine Medical Center joins thousands of other charitable, non-profit organizations throughout the United States in thanking its many volunteers and donors for their work and contributions. Maine Medical Center was founded and has continued to thrive because of the generous efforts and gifts of many people, over more than one hundred years.

#### Fiore named NorDx Executive VP

Joseph Fiore has been named Executive Vice President for NorDx (Northern Diagnostic Laboratories). The appointment was announced by Donald L. McDowell, NorDx President.

NorDx, a sister corporation of Maine Medical Center, provides diagnostic laboratory services to more than 400 clients throughout northern New England, including allopathic and osteopathic physicians, hospital, clinics, other laboratories, industrial health organizations, and veterinarians. It employs 52 at its facility in Portland, and serves northern New England by courier.

Fiore was most recently Administrative Director of Pathology and Laboratories at Maine Medical Center, and had been employed by MMC for eleven years. He is a graduate of the University of New Hampshire's Health Administration and Planning program.

#### **Employee Benefits Enrollment Meeting**

Thu	sday, November 12
1:00 AM	Auditorium
2:30 PM	Classroom 7
Friday, November 13	
1:00 PM	Classroom 7

#### MMC offers GED program

Maine Medical Center offers the GED preparation class to those employees interested in receiving the high school diploma they never had.

This is a class specifically intended for employees who have been out of school for anything from several years to several decades.

Since instruction is tailored to meet individual needs, you may join the group at any time. The first meeting was held on Tuesday, November 10, 1987 in Classroom 10 in the Dana Education Building, and will meet every Tuesday and Thursday from then until December 17, 1987. The class will meet from 3:45 PM until 5:15 PM. Instruction is free to MMC employees.

If you wish to begin the class, or need more information, please call the office of Training and Development at x2824.

#### BLOOD BANK, from page one-

Blood is spun in a centrifuge to separate components into layers of red cells, white cells, platelets, and plasma. The undesirable component is removed by therapeutic pheresis.

Patients are given infusions in the therapy room for a number of reasons, including certain infections and low level gammaglobulin.

The Blood Bank Therapy Room makes it possible for patients to obtain treatment in a matter of hours and leave soon after.



 "Nursing Care of the Patient with Acute Respiratory Failure" Tuesday, November 17, 1987
8 AM to 4 PM prior registration required six contact hours awarded by MSNA

• "The Nursing Assistant and the Angry Patient"

Carole Johnson, RN, MS Thursday, November 19, 1987 7:45 AM Classroom 2, repeated 2 PM Classroom 1 a program for Nursing Assistants

"Acute Care to Home Care"

Jane Thibideau, RN, Nancy Matteson, RN, Gail Clark, RN, CCRN, and Lynda Punsky, RN, CCRN Wednesday, November 18, 1987 7 PM–9 PM Dana Health Care Center guest fee \$6–student nurses admitted free MSNA CEU's requested

Please Note

Listed are the following changes in the *Weight Watchers at Work* schedule. The upcoming session, which will begin the week of November 16, 1987 has been changed to a five week session. The cost for the five weeks is \$36.

Mondays 12 noon-1 PM (from November 16-December 14) Tuesdays 4-5:30 PM (from November 17-December 15)





VISITORS, PATIENTS, and employees were in for a fright last week as departments "outghouled" one another for the annual Halloween festivities at MMC. The gang in Medical Records was caught clowning around (above); visitors were spooked by Morticia in Pediactrics (upper right); Raggedy Ann and Andy were found all dolled up (right); creatures of the night were spotted in the cafeteria (below); and mad scientists were seen roaming the corridors in search of a run away hotdog! (lower left) (A/V Photos)







## New Employees

NURSING: Glenn Clavert, Kelly Coughlin, Diane Ertz, Stephanie Goulding, Deborah Hubbard-Gray, Louise Masse, Ellen Mouton, Patricia Peters, Donna Tallman.

LAUNDRY: John Becker, Sarith Diep, Bertha Joslin.

DIETARY AIDE: Sandra Clark.

FOOD SERVICES: Jennifer Coakley, Concetta Colello, Michael Rideout, William Strout. HOUSEKEEPING: Ronald Desrosiers, Linda Dunham, Rhonda Erskine, Norma Ruel, Vernon Sells.

MICROBIOLOGY: Loiuse Desjardins.

CAFETERIA: Sheila Flaherty, Mary Walker.

CENTRAL SERVICE: Gloria Guimond.

DIAGNOSTIC RADIOLOGY: Brent Haynes.

DATA MANAGEMENT: Anne Holte.

MEDICAL RECORDS: Cynthia Bergman, Christine DePalmer, Terri Kane.

PULMONARY MEDICINE: Steven Lagasse, Stephen Prato.

MATERIAL MANAGEMENT: David Richards.

FLOW CYTOMETRY: Geng Wang.

SOCIAL WORK: Lola Sommer, Karen Worley.

ACCOUNTING: Colleen Curran, Kim Tripodi.

PERSONNEL: Mary Main, Pamela Michaud.

## Marketplace

FOR RENT: 2 BR oceanfront apt. in Cape Elizabeth, off Shore Road, woodstove, microwave, dishwasher, stove and refrigerator, W/D on premises. \$900/mo. plus utils., and security deposit, no pets. Call 799-3984.

FOR RENT: Beautiful, spacious 2 BR apt. on dead end street, abutting MMC. Victorian; hard wood floors, fireplace, double living room, kitchen fully applianced. \$560/mo. includes heat and hot water. Call 774-9889, or 781-9931.

FOR RENT: 2 BR loft apt. on Williams Street near hospitals and USM. Fully applianced kitchen. \$445/mo. plus utils., call 774-3396.

FOR RENT: 4 room, 2nd floor apt., 4 blocks from MMC. Carpeted, stove, refrigerator, parking, shed, no dogs, but children accepted. \$400/mo. plus utils. and security deposit. Call 8982-6085.

FOR RENT: 2 BR furnished Cape Elizabeth apt., garage, no pets. Available from November–June. \$750 plus utils., call 799-0318.

FOR RENT: 2 BR house on lake Arrowhead, Waterboro, woodstove, gas heat, use of club house, pool and tennis courts. All appliances, W/D on premises. \$600/mo. plus utils. Call 247-5870 evenings.

FOR RENT: Available 12/1/87. Woodsford/Oesteopathic area. 5 rooms, 2 BR, new kitchen, dining room, living room, hardwood floors, garage, storage, W/D hookup, porch and back yard. \$550/mo. plus utils., call 774-2194.

FOR RENT: Large, sunny 6 room, 2nd floor apt. on Pleasant Avenue. Includes garage, W/D, fully insulated. Available 12/1/87. \$650/mo. plus utils. Call 772-1814.

FOR RENT: Small, cozy apt., very quiet building, ideal for working, mature single or couple. Pets will be considered, parking. Call 775-2112. FOR RENT: Newly decorated, 1st floor 2 BR apt. Includes micro, off-street parking w/garage. \$650/mo. utils. included. References and security deposit required. Call 774-1214 days, and 797-2558 evenings.

ROOMMATE WANTED: Looking for female professional, non-smoker, willing to search for apt. in Portland area. Call 775-0560 evenings.

ROOMMATE WANTED: Female nonsmoker to share 2 BR apt. in North Deering. \$275 plus 1/2 utils. and security deposit, includes heat and water, parking available. Call 878-2958.

ROOMMATE WANTED: Professional nonsmoker wanted to share convenient, very attractive 2 BR townhouse in South Portland, 5 minutes from MMC and Maine Mall. Parking, W/D on premises. \$250/mo. plus ½ utils., call 761-3915.

ROOMMATE WANTED: To share brand new 3 BR home on wooded lot, 20 minutes from MMC, 3 minutes from beach, fully applianced, non-smoker, no pets. \$375/mo. plus security deposit and references. Garage space negiotable. Call 934-0702.

FOR SALE: Beautiful house in Saco. Stone's throw to Ocean. Upscale neighborhood. L-shaped cape, solarium, 6 furnished rooms, Russian fireplace, beautifully landscaped. Call 284-7817.

FOR SALE: Sofa bed, love-seat size, custom made, red plaid, excellent condition, \$150. Humidifier, floor model, portable, Montgomery Ward, good condition, \$50. Call x4025, or 883-2368.

FOR SALE: 1984 Jeep Wagoneer, excellent condition, 4 door, 4 WD, manual 5 speed. Call 781-3615 evenings.

FOR SALE: 1976 Chevette, 2 door hatchback. Good condition. \$600, or best offer. Call 934-4512.

FOR SALE: Or lease, office building in convenient Brighton Avenue location, zoned professional. 1,400 plus square feet with ample off-street parking, high visibility, finished to suit. Call 781-4300.





WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

Contributors to this issue: S. Helena Goss, Public Information Terry McGarvey, Public Information Rick Beebe, A/V Resources Ron Gillis, A/V Resources Larry Gorton, A/V Resources Judy MacKenzie, A/V Resources Sandy Walling, Print Shop Henry J. Guiod, Jr., Print Shop

FOR SALE: Dining room hutch, excellent condition, \$150. Couch and matching chair, \$125. Console Magnavox stereo, \$75. Small oak table with slate top, \$75. Oak coat rack, \$75. Sewing machine, in cabinet, excellent condition, \$50. Call 883-4628 evenings.

FOR SALE: 3 year old Sear's Kenmore washing machine, apartment size, wheel to your kitchen sink or regular washer. Excellent condition, barely used, \$175. Cali 773-2894.

FOR SALE: 1980 Fiat Spider, 60,000 miles, garaged most winters, AM/FM radio/ cassette, chapman alarm, best offer. Call 799-6226.

FOR SALE: 1986 Ford Ranger, 5 speed transmission, like new, 19,000 miles, -6,200. Call 655-7944.

FOR SALE: 1985 Toyota Tercel, 2 door hatchback, AM/FM radio/cassette. Excellent condition, 27,000 miles, \$4,200. Call 655-7944.

FOR SALE: West end three story town house. Brick, 6 BR, 2 bath, modern kitchen, master bedroom with fireplace. Parking for 2 cars. \$269,000. Call 773-4216 after 4 PM.

FOR SALE: 1985 Ford Ranger, 5 speed, 4 WD, 26,000 original miles, good shape, Asking \$7,495, or take over payments. Call 428-3519.

WANTED: Babysitting position. Mother of 4 year old is willing to babysit in Woodfords/Deering High home. Monday-Friday, 7:30 AM-5:30 PM. Call 773-9676.

WANTED: Homes to clean. House cleaning available, experienced, with references. Call 775-2860 after 4 PM.