

# what's happening

Maine Medical Center  
Portland, Maine 04102

June 10, 1987

Vol. 18, No. 43

## Gagnon and crew keep hospital's ovens busy

When you combine 2½ pounds of flour, nearly 2 pounds of shortening, and a little over 3 pounds of sugar with a few other ingredients and bake it, you get a yellow cake that can feed 120. To frost it, you need another 4½ pounds of confectioner's sugar and 1½ pounds of shortening.

Quantities like those are nothing new for Marcel Gagnon, who has been running MMC's Bake Shop since March. He worked for 25 years in a retail bakery—Riley's Bakery in Biddeford—and says that the procedures here are different, but not the quantities.

One difference is the way recipes are handled; the ingredients above came from a computer print-out of a recipe for "Cake, Gold, Sheet (scratch)." Gagnon says it was difficult getting used to a computer telling him how much of what to put in, but he's learning. (All recipes at MMC are computerized, to make it easier to control inventory, cost, and nutritional content.)

The products produced by MMC's Bake Shop are similar to those found in a retail bakery: cakes, pies, danish, muffins, etc. Something Gagnon enjoys making but for which there wasn't much call in the retail trade was custards, but now he has more than enough opportunity. One thing he misses is the deep-fried pastries, like bismarks ("maybe if we get a fry-o-lator," he says).

Like other portions of the Food Services operation at MMC, the Bake Shop serves the needs of patients, the Cafeteria, and the Catering service. All three have different needs and place varying demands on the Bake Shop, and Gagnon says balancing those demands is a challenge.

Cakes have proven to be a popular item with Cafeteria customers. Gagnon

BAKER, page 2



**BAKER MARCEL GAGNON** puts the finishing touches on a number of patient birthday cakes. The cakes are given free to any patient whose birthday coincides with their hospitalization at MMC. (A/V Photo)

## Student nurses help MMC, themselves

The MMC Department of Nursing has expanded its summer employment opportunities for student nurses by introducing the Student Nurse Employment Program (SNEP). The program provides clinical exposure and employment for the students and needed assistance for MMC's nursing staff.

The SNEP is open to freshman and sophomore students enrolled in a Bachelor of Science in Nursing program. The students receive an intensive 100-hour classroom/clinical course leading to Certified Nurse Assistant status. On completion of the course, the students work at MMC throughout the summer and perhaps into the next school year.

The program, an extension of one developed in previous years for junior-level students, is mutually beneficial for the student and the hospital. It provides the students with summer employment and earlier exposure to the clinical practice setting than is found in most programs.

SNEP, page 3

## SHOOT 'EM UP!

Then send 'em in  
to the 1987 MMC  
Employee Photo Contest

see complete rules in this  
issue of *What's Happening*

## FAREWELL RECEPTION

Father Frank Murray  
Father Normand Carpentier

Wednesday, June 17

8:30-10 AM

Dana Center Lobby

## New Employees

**HOUSEKEEPING:** William H. Alley, Sophanna Chap, David O. Gagnon, Patricia R. Kelly, Stephen W. Lambert

**DIAGNOSTIC RADIOLOGY:** Alison J. Andrews

**FOOD SERVICES:** Brian M. Arel, Carolyn F. Sayward

**NURSING:** Agathe C. Bellievue, Deborah L. Greenwich, Jennifer L. Kreiss, Danna Laskey, Anthony W. McGuire, Virginia S. Roberts, Lawrence M. Shovelton, Sally A. Smith

**MICROBIOLOGY:** Bruce Cahill

**ANESTHESIA:** Lorraine D. Gagnon

**CLINICAL ENGINEERING:** Michael A. Harmon

**MEDICAL RECORDS:** April L. Heatley

**ADMITTING:** Victoria L. Hill

**HOUSEKEEPING:** Stephen W. Nason, Daniel F. Nein, Karl V. Rawstron, Hazel E. Rodriguez

**HEMATOLOGY:** Laura A. Sudbay

**CENTRAL SERVICES:** Rebecca Plummer

## More Marketplace

**FREE:** Affectionate stray cat moved into our basement and gave birth. We need homes for mama and two gray and white male kittens by the end of the month, when we go on vacation. Call 774-8088.

**FREE:** Neutered male cat, with no front claws; very affectionate. Call x2402 or 846-0892 eves. or weekends.

**FREE:** Kittens. Call 775-0807

**YARD WORK:** Will clean your yard; sweep your driveway; mow, rake, and do other general yard work. I am honest and a very hard worker. Call Henry at 775-6708 after 6 PM.

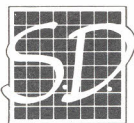
**ROTOTILLING:** Troy-bilt tiller. Good prices. Call Jack at 767-2423.

## All are needed to give Blood next week

The Bloodmobile returns to MMC next Thursday and Friday, on the following schedule: 11 AM-5 PM Thursday, 6 AM-4 PM Friday, in Classroom 7 both days.

Lunch will be available for donors during lunchtime both days. Donors between 6 and 8:30 AM Friday will receive a coupon good for breakfast in the MMC Cafeteria (good until 9:30 AM Friday).

Please, come and Give the Gift of Life.



## Continuing Education

Nursing Staff Development

### • "A Nursing Dilemma: What Would You Do?"

Sponsored by the Professional Perspectives Committee

Wednesday, June 17

12 Noon-1 PM Classroom 3

(One contact hour awarded by MSNA)

### BAKER, from page one \_\_\_\_\_

made fifteen decorated cakes for Mother's Day, and every one was sold. "They caught me short," he says, and with Father's Day approaching he's taking no chances. He'll have many more cakes available this time.

Patient birthday cakes are one of the little known Bake Shop products. When a patient's birthday falls during their stay at MMC, they receive an individual-size decorated cake, courtesy of the hospital.

## HealthStyles program puts you "in the know"

HealthStyles presents a new Lunch and Learn series featuring MMC people speaking on topics of wide interest. Call x2974 for details or to sign up.

**Backyard Pantry** with Ken Cole, MMC Volunteer. *June 17, Classroom 2, 12:00-12:30 PM and 12:30-1:00 PM.*

A half-hour presentation offered twice. Ken, who has been an instructor at L.L. Bean, will discuss which plants are edible and which are poisonous in our own backyard. He may even show us how to create a dandelion salad!

**Pediatric Emergencies** with George L. Higgins, III, M.D., Chief of Emergency Medicine. *July 15, Classroom 7, 12:00-1:00 PM.*

Dr. Higgins will review a number of acute disorders which could present themselves to the lay person at any time. These include tennis elbow, burns, dental trauma, animal and human bites, and the obstructed airway. He will also be available to answer any questions you may have.

**Common Running Injuries** with Douglas Brown, M.D. *July 28, Classroom 7, 12:00-1:00 PM.*

This session will review common problems associated with running. Participants will learn about prevention of running injuries as well as treatment of problems. A runner himself, Dr. Brown is an orthopedic surgeon specializing in sports medicine who has practiced in Portland since 1980. He has served as team physician to the U.S. Naval Academy.

## 1987 Photo Contest rules

• The contest is open to all amateur photographers who are full- or part-time employees, volunteers, students, or members of the medical staff. An amateur is defined as someone who derives less than 5% of his or her income from photography.

• There will be five categories: 1) Scenic, 2) People, 3) Open, 4) Animals, 5) *HealthStyles* (anything healthy, active, etc.). Black & White and Color photographs will be mixed in each category.

• Entries shall be in the form of prints (no slides). All prints must be enlargements (5" x 7" or larger).

• Prints must be unframed, preferably unmounted.

• Each entrant may enter as many photos in as many categories as desired.

• The following information must be fastened (no paper clips!) to the back of each print on a separate piece of paper: entrant's name, title of print (if any), department, telephone number,

and category entered. No name or other information is to be visible on the front of the print.

**Any entry with incomplete or incorrect information will be disqualified.**

• Prints must be submitted to the Public Information Office (MGB-1) between 8:30 AM and 4:30 PM, Monday-Friday, or the the Security Office during other hours. Deadline for submission of entries is June 26, 1987

• Entries must be submitted in person, and entrants must have a MMC Photo ID.

• There is no entry fee.

• Entries will be judged by a panel of judges from the Greater Portland area. The judges' decisions are final.

• First, second and third places will be awarded in each category. The judges may award special citations if they desire, or refuse to award a place if they feel no entry is qualified.

• Winners will be announced July 8, 1987.

• All possible care will be exercised in handling entries, and the prints will be returned after the contest (winners will be placed on display for a time). However, the sponsor cannot be held liable for damage or loss.



THE MMC COURTYARD opened with a flourish June 1, with some help from Executive Vice President and Treasurer Donald McDowell. McDowell led off the summer "Guest Chefs" series, which will feature a number of MMC administrators taking turns at burger-turning. (A/V Photo)



JENNIFER CONNOR (left), a nursing student at St. Anselm's College in Manchester, New Hampshire, is working at MMC this summer as a Certified Nurse Assistant. She and 37 others are participating in the Student Nurse Employment Program, gaining practical clinical experience as they work over the summer. The students work with staff nurses like Heidi Fecteau, RN (right), who serve as both supervisors and role models. (A/V Photo)

## Judy's Stone Ground Round



Look Who's Cookin'

## Judy Stone

Wednesday, June 17  
MMC Courtyard  
11:30 a.m. to 12:30 p.m.

## A/V Resources has staffing changes

The MMC Audio/Visual Resources Department has shifted and added to its staff. According to Director Carole Duncan, the following staff members have new responsibilities:

Larry Gorton is *Photography Services Coordinator*, overseeing production of all photography services.

Elaine Solesky is *Instructional Development Coordinator*, overseeing pre-production preparation of materials and coordinating the production of major media projects.

Pat Studley is *Instructional Designer*, accepting and preparing incoming work for production.

**SNEP**, from page one \_\_\_\_\_

They also have the opportunity to work under the supervision of experienced RNs, who serve as role models for the profession.

The first class of freshman/sophomore students completed its CNA coursework May 29, and entered orientation (Juniors entered orientation May 18). The students will be working in the Parent-Child, Medical, Surgical, Critical Care, and Ambulatory divisions.

# Marketplace

**FOR RENT:** Easy walk to MMC. 4 room apt. with additional storage shed, parking, stove and refrigerator, carpets. Easy to heat. Avail. June 1. \$400/mo. plus utils., sec. dep. No dogs. Call 892-6085.

**FOR RENT:** Walk to MMC from 227 Valley St. 2 BR 1st floor unfurnished apt. LR, dinette, full kitchenette with refrigerator, bathroom, basement storage. Large yard, off-street parking, private deck. \$475/mo. plus electric heat and lights, sec. dep., refs. Avail. now. Call 774-7058.

**FOR RENT:** Crescent St. 2 BR apt. Avail. July 1. No dogs allowed. \$425/mo. plus utils. Call 773-0023.

**FOR RENT:** Old Orchard Beach. Modern year-round apt. with loft and woodstove. Quiet location; minutes to beach. \$375/mo. Avail. mid-June. Call 934-4516 eves.

**FOR RENT:** One week left. Cottage on Big Sebago Lake (Deep Cove Shores in Raymond). Week of August 15-22. 2 BR, full bath, large KT and LR, sun porch. Sandy beach and large grassy lot. \$450/wk. Call 998-4886 eves.

**FOR RENT:** Vacation condo in North Conway. 3 BR, 2½ bath, sun decks, tennis, pool and hot tub. Low rates. Call 797-5151.

**FOR RENT:** MMC area. 3 room apt. for one person. Private entrance; one parking space. \$325/mo. plus heat. Call 774-0299 or 766-4464.

**FOR RENT:** 1 BR furnished apt. next to MMC. Parking. \$360/mo. includes utils. Call 774-2763.

**FOR RENT:** Falmouth. 3 BR home in quiet wooded area with small brook. 1½ bath, LR with fireplace, family room with woodstove, 2 car garage. Avail. July 1. \$900/mo. Call 871-4078 days; 797-7575 eves.

**FOR RENT:** Spacious West End studio condo. Cathedral ceiling, Jotul woodstove, exposed brick, hardwood floor. Avail. July 1. \$395/mo. plus utils. and 6 mo. lease. Call 767-2858.

**FOR RENT:** Off Forest Ave., Oakdale area; near bus line, USM and shopping plaza. Newly redecorated 1 BR 2nd floor apt. Full bath, kitchenette. Avail. July 1. \$450/mo. plus sec. dep.; parking included. No pets. Call 773-8218.

**FOR SALE:** Friendly Village, Gorham. 2 BR 16'x 40' furnished mobile home. \$25,500. Call 839-6814.

**ROOMMATE WANTED:** Nonsmoking female to share 2 BR condo. Parking, W/D. \$350/mo. plus heat. Call 871-0112.

**ROOMMATE WANTED:** M/F to share 2 BR, 1½ bath, townhouse in Portland. Quiet residential neighborhood. W/W carpet, dishwasher, W/D, storage, and off-street parking. Avail. July 1. \$275/mo. plus 1/2 utils. Call Ranie at 871-7105.

**ROOMMATE WANTED:** Female nonsmoker preferred to share large sunny apt. W/D; deck with ocean view; walking distance to hospital. \$275/mo. Avail. July 1. Call 774-3438.

**ROOMMATE WANTED:** M/F professional to share new 2 BR townhouse with 1 person plus cat. 1½ bath, deck, full basement, parking. Nonsmoker. \$295/mo. plus ½ utils. Call Patty at 761-0840.

**ROOMMATE WANTED:** M/F professional to share new 2 BR townhouse with 1 female and cat. 1½ bath, deck, full basement. Nonsmoker please. \$295/mo. plus ½ utils. Call Patty at 761-0840.

**ROOMMATE WANTED:** Nonsmoker to share sunny house in North Deering. Large yard; garage. Avail. immediately. \$275/mo. plus share utils. Call Mary at 797-5919.

**FOR SALE:** Hobie Cat. 14 ft. turbo with trailer, vests; fully equipped. Excellent condition. \$2,600. Call 934-9356 eves.

**FOR SALE:** 1978 Jayco pop-up camper with hard top. Stove/refrig.; sleeps 6. \$1,100 or best offer. Call 839-6613.

**FOR SALE:** 37½" matching brass Rembrandt lamps with neutral shades. Excellent condition. Valued at \$300; will sell for \$150/both. Call 934-9356 eves.

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196. Wayne L. Clark, Editor.

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**FOR SALE:** 8 ft. slate pool table with all accessories. Excellent condition. Call 775-4180.

**FOR SALE:** 2 steel-belted radial snow tires, size 14. Excellent condition. Call 774-3438.

**FOR SALE:** Bicycle. Trek 660 Renolyds frame, Shimano 600 parts, alloy rims, sew ups, 56 cm frame. Freshly tuned and lubed. \$650 new; will sell for \$300. Call Glen at beeper 437 or 773-3706.

**FOR SALE:** Bianchi racing bicycle. Less than 1 yr. old; hardly used. \$450 new; will sell for \$250. Call 774-2306 after 5 PM.

**FOR SALE:** Bassett BR set; chest freezer; water heater with timer; Teac reel-to-reel tape deck. Call 829-3648.

**FOR SALE:** Computer. Tandy 3000, 20 Meg hard disk, monitor, printer, and lots more. Call 774-2306 after 5 PM.

**FOR SALE:** Moving; must sell. Black queen size Sealy sleeper sofa, \$325. Pier 1 rattan chest, \$50. Pine desk, \$50. Dinette set for 2, \$40. Light pine 5-drawer bureau, \$35. 4-drawer bureau, \$25. Full size bed frame, \$10. Call 799-3435.

**FOR SALE:** 5-spd. Schwinn boy's bicycle, \$15. Sears upright scales, \$12. Call x2402 or 846-0892 eves. and weekends.

**FOR SALE:** Dwarf rabbit, \$10; includes food and equipment. Call 774-2763.

**FREE:** Baby hamsters. Call 774-2763.

**FREE:** Ex-stray cats and kittens need a good home. Variety of choices. Call 773-4217 days.

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Portland, Maine 04102

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