

# what's happening

Maine Medical Center  
Portland, Maine 04102

November 5, 1986

Vol. 18, No. 13

## College rescues MMC's teleconference plans

Teleconferences via satellite are a growing educational tool in health care. Maine Medical Center was preparing last Spring to join the ranks of hospitals with the capability of receiving satellite signals, when a problem arose. There was no place on the MMC campus where a dish could be located without being subject to "TI"—terrestrial interference. The problem was microwave signals from a nearby communications facility, and it appeared that an accident of geography might deny teleconference capability to MMC.

Another accident of geography, along with the generosity of another Portland institution, have brought satellite signals to MMC despite the problems. West-

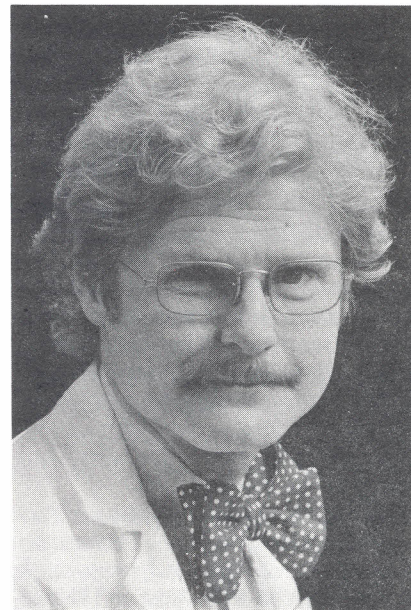
brook College, located four miles from MMC, has established a microwave link to the hospital, enabling MMC to tap satellite signals received by the College's dish.

The link with MMC is the first of its kind for Westbrook College, which opened its Satellite Video Teleconference Center a year ago. It is a member of the National University Teleconferencing Network and the BizNet system, and it can tie into other systems as well.

MMC will now be able to tap into the enormous number of national teleconferences on subjects ranging from administrative and policy issues to medical issues and advances in treatment. The programs are received by a tower on the roof of the Richards wing, and viewed through the hospital's closed circuit television system.



**BEARS AND FRIENDS, including Brian Smith, get ready for the annual Gift Shop Christmas Fair, scheduled for November 17–December 5, in the Admitting Lobby. More details on the sale next week. . . (A/V Photo)**



**J. Mark Kjeldgaard, M.D.**

**1944 -1986**

The Maine Medical Center community was saddened last week by the death of J. Mark Kjeldgaard, M.D., Director of the Division of Pulmonary Medicine and attending physician in the Department of Critical Care Medicine at MMC. Dr. Kjeldgaard died suddenly at his home in Yarmouth, Maine on October 25.

Speaking for the hospital family, Medical Staff President Newell A. Augur, Jr., M.D., said, "Mark was a wonderful person and dedicated doctor who made innumerable contributions to Maine Medical Center, his colleagues, and his community. He was a caring physician who will be missed by his patients, and an active, concerned professional who will be missed by all those with whom he worked. We are all irreparably diminished by his death."

Dr. Kjeldgaard was born in Brush, Colorado, graduating with distinction as a scholar and athlete from Brush High School in 1962 and from St. Olaf College, Northfield, Minnesota in 1966. He

**KJELDGAARD, page 2**



**KJELDGAARD**, from page one —

received his medical degree with honors from the University of Colorado in 1970 and was a resident in Internal Medicine at the University of Colorado Medical Center in Denver from 1970 through 1972.

Following a fellowship in Pulmonary Diseases at the University of Rochester at Rochester, New York from 1972 through 1974, Dr. Kjeldgaard returned to the University of Colorado as Chief Resident in Internal Medicine. He subsequently completed a fellowship in Pediatric Pulmonary Diseases at the University of Colorado.

Dr. Kjeldgaard joined Maine Medical Center in 1975 as an attending physician in Pulmonary and Critical Care Medicine. He was Associate Director of the Division of Pulmonary Medicine from 1975 through 1982 and in 1982 was appointed Director of Pulmonary Medicine and was serving in that capacity at the time of his death. He was appointed Associate Professor of Medicine at the University of Vermont in 1983. He served Maine Medical Center in many educational and administrative capacities, most recently as a member of the Executive Committee of the Medical Staff.

He was active in many professional societies, including the Maine Thoracic Society, which he served as President; the Eastern Section of the American Thoracic Society, which he served as councilor for Maine; the Maine Lung Association; the Maine Medical Association; the Cumberland County Medical Society; and the Society of Critical Care Medicine. He was a diplomate of the American Board of Internal Medicine and of the Subspecialty Board of Pulmonary Medicine.

He was a member of the First Parish Congregational Church in Yarmouth and was active in the formation of the Church Peace Committee. He was on the steering committee of the Maine Nuclear Freeze and a member of Physicians for Social Responsibility. Dr. Kjeldgaard was an avid fly fisherman, an accomplished gardener, a cabinetmaker of distinction, and—by no means the least of his accomplishments—an amateur brewer.

Two special funds have been established in his memory by his family, friends, and colleagues: The Pulmonary Medicine Education Fund, c/o the Pulmonary Medicine Division, Maine Medical Center, and the Kjeldgaard Peace Education Fund, c/o of Physicians for Social Responsibility, P.O. Box 4202, Station A, Portland, Maine 04104.



**SURROUNDED BY HER COLLEAGUES**, R5 Head Nurse Mildred Barnikow, RN, accepts a retirement gift at a coffee in her honor last week. “Barni” retired after more than 19 years of service to MMC, most of it as Head Nurse on what is now the urological-neurological unit. She graduated from the Mercy Hospital School of Nursing, and worked for a time in Connecticut before returning to Maine in 1967. (A/V Photo)

## Alcoholism is topic of upcoming films

The alcoholism film series continues this month at MMC, open free of charge to all employees, their families and friends.

Discussion after the films will be led by Jackie Robinson, Psychiatry, and Al Bergmann, Social Work.

### If You Loved Me

“If You Loved Me” portrays a young woman’s progress toward recognition and acceptance of her husband’s alcoholism. Her efforts to deny, then to resist, her husband’s disease finally give way to a healthier detachment and a willingness to see the problem as one that she cannot control. For anyone with a personal or professional interest in what Al-Anon has to offer, this 60-minute film will be very helpful. *Wednesday, November 5, 4:30–6:00 Pm. Dana Education Building, Classroom 7.*

### Another Chance

In this film Sharon Wegscheider-Cruse leads a family reconstruction therapy session as a woman relives various family scenes from her childhood and adolescence. Fellow group members role-play the parts of her parents, who

were both alcoholics, and her brother, who became an alcoholic as he grew up. Recommended for professionals who are interested in understanding the demands and rewards of this type of therapy. 30 minutes. *Wednesday, November 19, 4:40–6:00 PM, Dana Education Building, Classroom 7.*

## HealthStyles takes you to Alaska...free

A thirty-minute trip to Alaska, hints and tips on travelling, and a chance to ask questions of a seasoned outdoorsman and traveller—all in Classroom 7, Thursday, November 13, 12 Noon–1 PM. *HealthStyles* presents Alex Delicata, L.L. Bean’s all-around expert on the outdoors, with slides of his own trip to Alaska and advice for those wanting to head out themselves.

## Morphology

### FEMO’S LAW OF AUTOMOBILE ENGINE REPAIRING

*If you drop something, it will never reach the ground.*



## Dr. Aranson honored by physician group

Albert Aranson, M.D., was honored with the Laureate Award from the Maine Chapter of the American College of Physicians. The award was presented at the College's regional meeting, held October 17-18 at Maine Medical Center

The Laureate Award is made to Fellows of the American College of Physicians who "have demonstrated by their lives and conduct an abiding commitment to excellence in medical care, education, or research, and in service to their communities and the American College of Physicians."

Dr. Aranson is currently Director of the Division of Utilization Review at Maine Medical Center, and also is Director of the TB Clinic at MMC.

A graduate of Harvard University and Boston University, Dr. Aranson came to Portland in 1948, following residency training and military service. He has served MMC as Chief of Inhalation Therapy and Pulmonary Medicine, Chief of Internal Medicine, and Director of Medical Education.

Dr. Aranson is a Fellow of the American College of Physicians, and has served the Maine Chapter as a Governor. He is a Fellow of the American Society of Internal Medicine and the American College of Chest Physicians.

The regional ACP meeting held at MMC included the Northern New England States, Quebec, and the Atlantic Provinces. A number of MMC physicians served as faculty or moderators at the two-day meeting, including Michael C. Bach, M.D., Louis Bove, M.D., William Ervin, M.D., Robert Hillman, M.D., Leonard M. Keilson, M.D., Costas T. Lambrew, M.D., Robert McAfee, M.D., and Paul R. Minton, M.D.

## Save a space, save money on Thursdays

Hourly parkers have a chance to save some money on Thursdays, and help relieve the payday parking crunch in the ramp at the same time. To lessen the excess pressure—caused mostly by employees coming in to pick up their checks—Parking will provide free parking on Thursdays in the Congress Street lot. This is located across the street from the ramp.



**"WHERE DO I GO FOR MEDICAL CARE"** was the program topic at the Fall Membership Meeting of the Friends of Maine Medical Center. The panel, from left: George L. Higgins, M.D., Chief of Emergency Medicine; Robert S. Hillman, M.D., Chief of Medicine; Newell A. Augur, Jr., M.D., President of the Medical Staff; and Donald W. Abbott, M.D., Attending Physician, Department of Family Practice. The speakers stressed the importance of using a primary care physician (family practitioner, internist, pediatrician) as the link to the health care system. (A/V Photo)

## Campbell named Head Nurse for Burn Unit

Susan Campbell, RN, has been named Head Nurse for Maine Medical Center's Burn Unit. The appointment was announced by Director of Critical Care Nursing Susan E. D. Doughty, RN.

Campbell has been Acting Head Nurse for the Burn Unit for over a year, and has previous experience as a head nurse at another hospital.

## Ethics is program topic for AACN

The Southern Maine Chapter of the American Association of Critical Care Nurses will present "A Framework for Ethical Decisions" at its November meeting. The program will be presented by Susan Doughty, RN, MSN, Director of Critical Care Nursing at MMC, and Assistant Chief of Critical Care Medicine John Tooker, M.D.

The program is Wednesday, November 12, 7-9 PM, in Classroom 7 at MMC. Non-members will be charged a \$6 fee. Two CERPS have been approved.

## New Employees

**NURSING:** Jill B. Ahern, Jean R. Allen, Margaret R. Ayoob, Margaret P. Allegretta, Martha A. Buckley, Bonnie Jo Daugherty, Ann J. Davin, Janet D. Devou, Elizabeth F. Earle, Jeanette M. Gunter, Theresa M. Hamlin, Beth L. Lewis, Wanda L. Merrill, Lorene M. Prescott, Renee Ratte, Shelley S. St. Clair, Deborah A. Stone, Suzanne M. Stiles, Susan S. Wilder, Brenda F. Wilson, Jean P. Williams

**MATERIELS MANAGEMENT:** Trevor W. Bailey, Stephen M. Gauthier, Monica L. Grassi

**PARKING:** Kurt P. Carey, Jay T. Petersen

**CENTRAL SERVICES:** Jeffrey M. Brown

**OPERATING ROOM:** Arthur J. Clements

**INTERNAL AUDITING:** Tammy T. Coffin

**FOOD SERVICES:** Earl W. Cole Jr., Michael L. Diffin, Shelly L. Lewis, Carolyn R. Martin, Andrea G. Punskey

**CARDIOGRAPHY:** Cheryl S. Degrandpre, Patricia A. Miller

**PERSONNEL:** Eleanor Gellman

**SWITCHBOARD:** Jennifer J. Perry

**PHLEBOTOMY:** Heidi S. Anderson



# Marketplace

**FOR RENT:** 6 rooms with modern bath, hardwood floors, fireplace, off-street parking, W/D hookup. Near University. \$500/mo. Call 772-5015 after 5 PM.

**FOR RENT:** 2½ room apt. near MMC. Private entrance; off-street parking. \$325/mo. plus utils. Avail. Nov. 1. Call 766-4464, 774-0299 or 871-7060.

**FOR RENT:** 5 room 2 BR apt. on Howard St. \$350/mo. plus heat, utils., sec. dep., refs. No pets. Call 773-2776.

**FOR RENT:** One year lease, June 1987-June 1988. Newly renovated and redecorated, completely furnished Victorian near MMC. 5 BR, 3 baths, LR, parlor, DR, library. Fireplace in every room; fully applianced KT; W/D; 2-car garage; small fenced-in yard. Sec. dep., lease and refs. required. Call Peter L. Murray at 773-5651.

**FOR RENT:** Furnished room in attractive apt. 1 block from MMC. Ideal for student. Single or double room; reasonable rates. Call 856-6488 after 4:30 PM.

**ROOMMATE WANTED:** Teacher, mid-thirties, seeks nonsmoker to share sunny apt. in East Deering location. Avail. immediately. Call Mary at 772-4890.

**ROOMMATE WANTED:** Female professional seeks nonsmoker to share house in Cumberland. \$310/mo. plus ½ utils. Call 892-3117 after 5 PM.

**FOR SALE:** 1982 Chevy Chevette in excellent condition; 63,000 miles. Must sell. \$2,100. Call 929-4826 or 767-4432 after 6 PM.

**FOR SALE:** 1982 Toyota Tercel. 2-dr, 4-spd. Excellent condition; no rust. \$2,700. Call 1-642-3357 eves.

**FOR SALE:** 1979 Mercury Cougar XR7 in excellent condition. Fully loaded; 60,000 miles. Call 774-5175 after 4 PM.

**FOR SALE:** 1978 VW Rabbit with standard transmission. \$800 or best offer. Call 799-5461 after 5 PM.

**FOR SALE:** 1980 VW Rabbit diesel. Includes sunroof, AM/FM, cruise control. Average mpg in city is 40; excellent commuter car. Asking \$990. Call 247-5861 anytime.

**FOR SALE:** Celestron deluxe C-60 telescope with stand and accessories; like new; great Christmas gift, \$250. Call 799-0118.

**FOR SALE:** Blonde solid mahogany head board and foot board, \$50. Call 772-5103.

**FOR SALE:** Sears portable washer and compact dryer; both in good condition. Asking \$100 for the pair. Call 772-6497 after 6 PM.

**FOR SALE:** 2 self-propelled lawn mowers; both in need of some work. Call 797-7555 eves.

**WANTED:** Live-in nonsmoking companion for elderly lady in Ricker Park condominium on Baxter Blvd. Call x4781.

**FREE:** Kittens and cats; various shapes, sizes, and colors. Or, would you like to sponsor a cat if you can't have one of your own? Call 773-4217 days.

**PORTRAITS:** Soft or dramatic effects. Call Don Brown at 865-6071.

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**MARKETPLACE MECHANICS:** *This column is maintained as a service to the extended MMC family of employees, physicians, trustees, corporators, volunteers, and their own immediate families. It is meant to be an informal forum for the exchange of goods and services and is based on a belief in the basic honesty of all participating. Those buying and those selling do so at their own risk. What's Happening cannot be held responsible for any problems arising from transactions made through Marketplace.*

*Ads must be submitted (by phone, in writing, or in person) to the Public Information Office by noon on Wednesday preceding publication. In the event of*

## what's happening

WHAT'S HAPPENING is published every Wednesday at Maine Medical Center, Portland, Maine for members of the hospital community and for friends of the institution throughout Maine and northern New England. Comments, questions and suggestions may be addressed to Public Information Office, MMC, Portland, ME 04102. Telephone: (207) 871-2196.

Wayne L. Clark, Editor.

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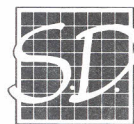
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*space problems, ads are printed on a first-come, first-served basis. Ads can only be run once; repeat ads must be resubmitted.*

*MMC employees may not use hospital telephone extensions in ads without the express consent of their supervisors.*

*The editor reserves the right to abbreviate, edit, or reject advertising material.*

**PLEASE NOTE:** Marketplace ads submitted by mail must be accompanied by the name, hospital department and extension number of the employee placing the ad.



### Continuing Education

Nursing Staff Development

- "Role of Utilization Review Coordinator and Social Workers in Discharge Planning,"

Shirley Mansir, RN and  
Betsy VanBetuw, SW  
Monday, November 10  
2-3 PM R4 Conference Room

Thursday, November 13  
7:30-8:30 AM R4 Conference Room  
(1 contact hour requested)

- "Interpreting Chest X-Rays,"

Robert Pueringer, M.D.  
Thursday, November 13  
2-3 PM SCU Conference Room  
(1 contact hour requested)

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Portland, Maine 04102

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